

Lesson Outline

SUBJECT Human Sexuality Grade 8

TIME PERIOD _____

WEEK BEGINNING _____

TOPIC/OBJECTIVES	ACTIVITY/PROCEDURES	MATERIALS
1) <ul style="list-style-type: none"> The importance of a positive self-image Sexuality and responsible behavior The importance of making respectful and responsible choices 	<ul style="list-style-type: none"> Discuss subject areas to be covered Discuss "Choices" project requirement Review student questioning procedures Discuss what human sexuality means 	<ul style="list-style-type: none"> Choices project guidelines Optional Baby Think It Over Project using Real Care infant simulator Student Unanswered Questions Sheet
2) <ul style="list-style-type: none"> The importance of a positive self-image Sexuality and responsible behavior The importance of making respectful and responsible choices 	<ul style="list-style-type: none"> "The Rose" activity View and discuss "Hannah's Story" 	<ul style="list-style-type: none"> Roses "Hannah's Story" (excerpted from ABC News Family Secrets series) What My Family Thinks worksheet
3) & 4) <ul style="list-style-type: none"> Review reproductive systems Pregnancy and the birth process Physiological changes of the female during pregnancy Responsibilities of parenthood 	<ul style="list-style-type: none"> Review male and female reproductive systems Discuss changes women experience during pregnancy Discuss pregnancy and the birth process (Includes video of birth) 	<ul style="list-style-type: none"> Handouts of male and female reproductive systems www.teenageparent.org activity "How Much Did You Say That Cost?" handout "Pregnant for a Period" (optional activity using empathy belly)
		<ul style="list-style-type: none"> DVD: <u>Discovery Channel's "Conception to Birth"</u> Student Unanswered Questions Sheets
5) <p>Awareness of various types of contraception/ birth control</p>	<ul style="list-style-type: none"> "Roll the Dice" simulation Identify and discuss various types of birth control Answer Questions 	<ul style="list-style-type: none"> "Types of Contraceptives" handouts Dice <u>Contraception</u> Power Point (selected sections) Student Unanswered Questions Sheets

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6) STI Review: signs, symptoms, prevention and treatment of sexually transmitted infections	<ul style="list-style-type: none"> Discuss the more common STI's 	<ul style="list-style-type: none"> STI Fact Sheets STD's: <u>Just the Facts</u> Power Point (selected sections) Student Unanswered Questions Sheets
7) & 8) <ul style="list-style-type: none"> Developing Respectful Relationships Preventing Dating Abuse and Violence 	<ul style="list-style-type: none"> Discussion of qualities of respectful relationships Activity: Develop "Rights and Responsibilities of Dating" 	<ul style="list-style-type: none"> Selected handouts from DVD notebooks DVD: <u>Ten Signs of Relationship Abuse</u> DVD: <u>Dealing With Teen Dating Abuse</u> Online video "Wake Up Call" with brochure www.etr.org/pub/wakupcall Student Unanswered Questions Sheets
9) <ul style="list-style-type: none"> Responsible Behavior Answer Questions 	<ul style="list-style-type: none"> Discussion Activity: "Why Wait?" Answer Questions 	"Why Wait?" Worksheet