

# CONTACT INFORMATION:

## FOR GENERAL QUESTIONS / TO FIND A MEDICAL DOCTOR

TRS-ActiveCare Aetna 800-222-9205  
Nurseline 800-556-1555  
Caremark Prescription Benefits 800-222-9205

<https://www.trsavecareareaetna.com>

[customerservice@caremark.com](mailto:customerservice@caremark.com) (email)  
<https://www2.caremark.com/trsavecare/>

**TO INQUIRE ABOUT DENTAL / TO FIND A DENTIST** 800-244-6224  
Cigna Dental

[mycigna.com](http://mycigna.com)

**TO INQUIRE ABOUT VISION  
TO FIND A VISION PROVIDER** 800-638-3120  
United Healthcare 800-839-3242

[myuhcvision.com](http://myuhcvision.com)

**TO INQUIRE ABOUT FLEXIBLE SPENDING  
ACCOUNT (FSA) & HEALTH SAVINGS ACCOUNT (HSA)** 866-451-3399  
Discovery Benefits 866-451-3245 fax  
Claim submission and receipt upload

[discoverybenefits.com](http://discoverybenefits.com)  
[customerservice@discoverybenefits.com](mailto:customerservice@discoverybenefits.com) (email)

[discoverybenefits.com](http://discoverybenefits.com)  
or the Discovery Benefits mobile app

**TO INQUIRE ABOUT LIFE AND AD&D** 800-523-2233  
The Hartford Insurance Company

[thehartfordnetwork.com](http://thehartfordnetwork.com)

**TO INQUIRE ABOUT DISABILITY INSURANCE** 800-362-4462  
Cigna

[cigna.com/customer-forms](http://cigna.com/customer-forms) (claim forms)

**TO INQUIRE ABOUT EMPLOYEE ASSISTANCE PROGRAM** 800-538-3543  
Cigna

[cignabehavioral.com/cgi](http://cignabehavioral.com/cgi)

**TO INQUIRE ABOUT HOSPITAL INDEMNITY** 800-937-7039 claims  
Allstate 800-521-3535 customer care

[allstatebenefits.com/mybenefits](http://allstatebenefits.com/mybenefits)

**TO INQUIRE ABOUT ACCIDENT INSURANCE** 800-937-7039 claims  
Allstate 800-521-3535 customer care

[allstatebenefits.com/mybenefits](http://allstatebenefits.com/mybenefits)

**TO INQUIRE ABOUT LONG-TERM CARE** 866-659-1970  
Genworth Financial

[genworth.com/trsaveactive/member](http://genworth.com/trsaveactive/member)

**TO INQUIRE ABOUT LEGAL SERVICES  
AND IDENTITY THEFT** 888-416-4313

<http://legaleaseplan.com/content/springbranchisd>

**TO INQUIRE ABOUT CRITICAL ILLNESS** 800-433-3036  
AFLAC

[aflacgroupinsurance.com](http://aflacgroupinsurance.com)

**TO INQUIRE ABOUT CANCER AND  
SPECIFIED DISEASE INSURANCE** 800-845-7519  
MetLife / Bay Bridge Administrators

[claims@bbadmin.com](mailto:claims@bbadmin.com)

**TO SET UP 403(b) AND 457 ACCOUNT INQUIRIES** 800-943-9179  
TCG Administrators

[tcgservices.com](http://tcgservices.com)  
403b@tcgservices.com or 457@tcgservices.com (email)

**TO INQUIRE ABOUT OTHER RETIREMENT PLANS** 800-943-9179

[www.trsave.state.tx.us](http://www.trsave.state.tx.us), click on "General Information",  
click on "403(b) Certification and Product Registration"

**FOR COBRA SERVICES (Medical)** 833-682-8972  
TRS-ActiveCare

**FOR COBRA SERVICES (Supplemental Insurance)** 866-451-3399  
Discovery Benefits 888-408-7224 fax  
To enroll and manage your account

[discoverybenefits.com](http://discoverybenefits.com)  
[cobraadmin@discoverybenefits.com](mailto:cobraadmin@discoverybenefits.com) (email)  
<https://cobra.discoverybenefits.com/>

