



INAAP
INDIANA CHAPTER
AMERICAN ACADEMY OF PEDIATRICS

&

BE
SMART

Encourage You to BE S.M.A.R.T.

S

Secure all guns in your home and vehicles

M

Model responsible behavior around guns

A

Ask about unsecured guns in other homes

R

Recognize the risks of teen suicide

T

Tell your peers to BE SMART



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Did You Know?

In INDIANA, there were more deaths from guns than from car accidents in 2014

1.7 million American children live in homes with guns that are both loaded

INDIANA has the highest rate of teens who consider suicide

Every year more than 400 children 17 and under die by suicide with a gun

INDIANA has the 7th highest per capita rate of shootings involving children

A Harvard study found that more than two-thirds of kids know where their parents keep their guns – and many know even when their parents think they don't



Adolescent Suicide Watch

Every year, more than 400 children 17 and under die by suicide with a gun. Further, Indiana has the 3rd highest rate of high school students who consider suicide. Below are signs you can look for that might indicate someone is contemplating suicide.

PERSONALITY CHANGE

- ✓ You may notice sudden or gradual changes in the way someone typically behaves

AGITATION

- ✓ You may notice the person is uncharacteristically angry, anxious, agitated, or moody

WITHDRAWAL

- ✓ You may notice a marked change in someone's typical sociability and increased isolation

POOR SELF CARE

- ✓ You may notice a change in the person's level of personal care or engage in self-destructive behavior

HOPELESSNESS

- ✓ You may notice that someone who used to be optimistic now can't find anything to be hopeful about

National Suicide Prevention Lifeline
1-800-273-8255