

Ingredient Report

Generated 10/12/2016 11:42:10 AM by David Misterka

Ingredient Name: French Toast, Pillsbury Mini Triple Berry Blast, General Mills, 18000-37308, WGR

Ingredient Code: SI103046

Allergens: Contains Egg, Milk, Soy, Wheat

| Measure | Weight In Grams |
|----------------|-----------------|
| 1 pouch (L v1) | 75.00 |

Nutrients per 100 g

| FE (Kcal) | Fat (g) | Sfat (g) | TFat (g) (1) | Chol (mg) | Na (mg) | Carb (g) | TDF (g) | Sugars (g) | Pro (g) | Fe (mg) | Ca (mg) | A,IU | VitC (mg) | Mois (g) | Ash (g) |
|-----------|---------|----------|--------------|-----------|---------|----------|---------|------------|---------|---------|---------|------|-----------|----------|---------|
| 293.333 | 9.333 | 2.000 | 0.000 | 6.667 | 506.667 | 49.333 | 2.667 | 14.667 | 5.333 | 1.440 | 53.333 | (M) | (M) | (M) | (M) |

Nutrients per 1 pouch (75.000 g)

| FE (Kcal) | Fat (g) | Sfat (g) | TFat (g) (1) | Chol (mg) | Na (mg) | Carb (g) | TDF (g) | Sugars (g) | Pro (g) | Fe (mg) | Ca (mg) | A,IU | VitC (mg) | Mois (g) | Ash (g) |
|-----------|---------|----------|--------------|-----------|---------|----------|---------|------------|---------|---------|---------|------|-----------|----------|---------|
| 220.000 | 7.000 | 1.500 | 0.000 | 5.000 | 380.000 | 37.000 | 2.000 | 11.000 | 4.000 | 1.080 | 40.000 | (M) | (M) | (M) | (M) |

(M) Indicates missing values.

1 Trans Fat is provided for informational purposes, not for monitoring purposes.