

Grilled Cheese Sandwich w/Tomato Soup (LR100103)

HACCP Process: Process 2: Same day service
 Allergens: Contains Milk, Soy, Wheat;
 Meal Contribution: 2 WGR, 2 Meat/MA, 1/2 Veg-RO
 Number of Servings: 1.00 Serving Size: 1 sandwich
 Moisture gain/loss%: 0.0000 Yield: 13 1/3 Ounce
 Waste gain/loss%: 0.0000 Fat gain/loss% : 0.0000
 Total Recipe Cost: \$0.0000 Cost Per Serving: \$0.0000

Stock Item#	Stock Item	Stock Quantity	Cost (\$)	Ingredient Name	Quantity
				Bread, Whole Grain White Texas Toast, Nickles, 1105, WGR SI1105362	2 Slice
				160 Slice 50% Reduced Sodium, 50% Reduced Fat Process American Cheese 119047	2 Ounce
				Buttermist Oil , Pan Coating Butter Flavor Aerosol Spray LI100032	1 Gram
				Soup, Condensed Tomato Soup, Prepared, Healthy Request, Campbell's Foodservice, 0051000041456, Veg-RO SI104852	1 Cup

Preparation Instructions

- 4 Slices

Nutritional Information

	Fat	SFat	Carb	Protein	Sugar
% of Calories	24.87	12.46	53.81	21.08	13.939

Nutrients per 100 g

FE (Kcal)	Fat (g)	Sfat (g)	TFat (g) (1)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
106.934	2.955	1.481	0	8.085	328.786	14.386	1.331	3.726(M)	5.636	0.479	416.939	683.963	1.597	(M)	(M)

Nutrients per serving (375.7 g)

FE (Kcal)	Fat (g)	Sfat (g)	TFat (g) (1)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
401.75	11.102	5.563	0	30.374	1235.25	54.048	5	14(M)	21.175	1.8	1566.44	2569.65	6	(M)	(M)

(M) Indicates missing values.

1 Trans Fat is provided for informational purposes, not for monitoring purposes.