

Macho Nachos (LR100034)

HACCP Process: Process 2: Same day service
 Allergens: Contains Gluten, Milk, Soy;
 Meal Contribution: 2 WGR, 2 Meat/MA, 1/4 Veg-BP
 Number of Servings: 1 Serving Size: 1 Serving
 Moisture gain/loss%: 0.0000 Yield: 15 1/8 Ounce
 Waste gain/loss%: 0.0000 Fat gain/loss% : 0.0000
 Total Recipe Cost: \$0.0000 Cost Per Serving: \$0.0000

Stock Item#	Stock Item	Stock Quantity	Cost (\$)	Ingredient Name	Quantity
				Chip, Tortilla, Yellow Round, Corn, Bulk, Barrel O' Fun, 40404, WG SR101252	2 Ounce
				Turkey, Taco Meat, White and Dark, PreCooked, Jennie-O Foodservice, 2856-28, MMA SI102123	2 Ounce
				Beans, black (turtle), canned dry beans, low-sodium, solids and liquids [100359] 50555	1/4 Cup
				Sauce, Cheese, Cheddar, Trenton Farms, non-creditable SR103033	1/2 Cup (8 oz ladle)
				Vegetable, Lettuce, Iceberg, Shredded, Morkon, Veg-O SI101441	1/2 cup (washed)
				Salsa, Mild Nutritionally Enhanced, Red Gold, REDSC99, Veg-RO SR107003	1 Ounce
				Condiment, Sour Cream, Glennview Farms SI100480	1 Ounce
				Peppers, jalapeno, canned, solids and liquids 11632	1 Ounce

Preparation Instructions

- See product label

Nutritional Information

	Fat	SFat	Carb	Protein	Sugar
% of Calories	48.22	11.93	41.29	13.00	2.137

Nutrients per 100 g

FE (Kcal)	Fat (g)	Sfat (g)	TFat (g) (1)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
154.326	8.268	2.046	0(M)	13.071	514.045	15.931	1.961	0.825(M)	5.016	0.87	45.054	303.055	2.408	5.889(M)	0.299(M)

Nutrients per serving (427.95 g)

FE (Kcal)	Fat (g)	Sfat (g)	TFat (g) (1)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
660.436	35.381	8.755	0(M)	55.937	2199.85	68.175	8.392	3.529(M)	21.465	3.724	192.808	1296.93	10.303	25.2(M)	1.279(M)

(M) Indicates missing values.

1 Trans Fat is provided for informational purposes, not for monitoring purposes.