

# Chicken Tender Basket with Breadstick and Sauce (LR100045)

HACCP Process: Process 2: Same day service  
 Allergens: Contains Egg, Soy, Wheat;  
 Meal Contribution: 2 WGR, 2 Non-WGR, 2 Meat/MA, 1/2 Veg-RO  
 Number of Servings: 1.00 Serving Size: 1 Basket  
 Moisture gain/loss%: 0.0000 Yield: 10 Ounce  
 Waste gain/loss%: 0.0000 Fat gain/loss% : 0.0000  
 Total Recipe Cost: \$0.0000 Cost Per Serving: \$0.0000

Stock Item#	Stock Item	Stock Quantity	Cost (\$)	Ingredient Name	Quantity
				Chicken, Tenderloin Battered Breaded LI100042	2 ounces
				Whole Grain Breadsticks LI100019	2 breadstick
				Fries, Harvest Splendor Sweet Potato Crosstrax, McCain Foods, MCF05074, Veg-RO SI104573	4 ounces
				Dressing, Honey Mustard Dressing, 1 gallon, Ken's, KE0711 SI101375	2 Ounce

**Nutritional Information**

	Fat	SFat	Carb	Protein	Sugar
<b>% of Calories</b>	48.15	7.17	41.36	11.46	8.020

**Nutrients per 100 g**

FE (Kcal)	Fat (g)	Sfat (g)	TFat (g) (1)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
268.691	14.376	2.141	0	21.785	530.646	27.782	2.713	5.387	7.694	1.499	55.772	2142.5	0.803	(M)	(M)

**Nutrients per serving (283.144 g)**

FE (Kcal)	Fat (g)	Sfat (g)	TFat (g) (1)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
760.783	40.704	6.061	0	61.683	1502.49	78.663	7.681	15.253	21.786	4.243	157.915	6066.35	2.275	(M)	(M)

(M) Indicates missing values.

1 Trans Fat is provided for informational purposes, not for monitoring purposes.