

Whole Grain Rotini with Marinara Sauce & Cheese (LR100095)

HACCP Process: Process 2: Same day service
 Allergens: Contains Wheat;
 Meal Contribution: 2 WGR, 2 Meat/MA, 1/2 Veg-RO
 Number of Servings: 1.00 Serving Size: 1 Each
 Moisture gain/loss%: 0.0000 Yield: 8 5/8 Ounce
 Waste gain/loss%: 0.0000 Fat gain/loss% : 0.0000
 Total Recipe Cost: \$0.0000 Cost Per Serving: \$0.0000

Stock Item#	Stock Item	Stock Quantity	Cost (\$)	Ingredient Name	Quantity
				Pasta, Whole Grain Rotini, Dakota Growers Pasta Company, 92021, WGR SI105514	2 Ounce
				Marinara Sauce, Multi-Purpose, Red Pack, Red Gold, RPKNA99, Veg-RO SI104998	1/2 Cup
				CHEESE, MOZZARELLA SHRED FEATHER LOW-MOISTURE-PART-SKIM LI100015	2 ounces

Nutritional Information

	Fat	SFat	Carb	Protein	Sugar
% of Calories	27.91	12.77	51.06	22.55	7.565

Nutrients per 100 g

FE (Kcal)	Fat (g)	Sfat (g)	TFat (g) (1)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
167.365	5.189	2.374	0	15.032	348.373	21.363	3.314	3.165	9.436	1.096	191.961	320.102	3.728	(M)	(M)

Nutrients per serving (241.4 g)

FE (Kcal)	Fat (g)	Sfat (g)	TFat (g) (1)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
404.018	12.527	5.732	0	36.288	840.973	51.571	8	7.641	22.778	2.645	463.394	772.727	9	(M)	(M)

(M) Indicates missing values.

1 Trans Fat is provided for informational purposes, not for monitoring purposes.