

Cheese Steak Hoagie - Elementary (LR100094)

HACCP Process: Process 2: Same day service
 Allergens: Contains Gluten, Milk, Wheat;
 Meal Contribution: 2 WGR, 2 Meat/MA
 Number of Servings: 1.00 Serving Size: 1 sandwich
 Moisture gain/loss%: 0.0000 Yield: 4 7/8 Ounce
 Waste gain/loss%: 0.0000 Fat gain/loss% : 0.0000
 Total Recipe Cost: \$0.0000 Cost Per Serving: \$0.0000

Stock Item#	Stock Item	Stock Quantity	Cost (\$)	Ingredient Name	Quantity
				Beef, Traditional Flat Slices, Steak-EZE, 4oz. Frz, AdvancePierre Foods, 480200, MMA SI101205	2 ounces
				Cheese, Processed Yellow American Sliced 160 Count Reduced Fat & Sodium, Land O Lakes Inc, 46288, MMA SI101894	1 slice cheese
				Bread, 6" Whole Grain White Steak Bun, Nickles, 1980, WG SI101112	1 Each

Nutritional Information

	Fat	SFat	Carb	Protein	Sugar
% of Calories	43.20	17.40	35.20	22.40	6.400

Nutrients per 100 g

FE (Kcal)	Fat (g)	Sfat (g)	TFat (g) (1)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
271.395	13.027	5.247	0	37.995	341.958	23.883	2.895	4.342	15.198	1.954	144.744	108.558	0	(M)	(M)

Nutrients per serving (138.175 g)

FE (Kcal)	Fat (g)	Sfat (g)	TFat (g) (1)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
375	18	7.25	0	52.5	472.5	33	4	6	21	2.7	200	150	0	(M)	(M)

(M) Indicates missing values.

1 Trans Fat is provided for informational purposes, not for monitoring purposes.