

Ham & Turkey Club - Elementary (LR100089)

HACCP Process: Process 2: Same day service
 Allergens: Contains Gluten, Milk, Soy, Wheat;
 Meal Contribution: 1 1/2 WGR, 2 Meat/MA
 Number of Servings: 2.00 Serving Size: 1/2 sandwich
 Moisture gain/loss%: 0.0000 Yield: 9 1/8 Ounce
 Waste gain/loss%: 0.0000 Fat gain/loss% : 0.0000
 Total Recipe Cost: \$0.0000 Cost Per Serving: \$0.0000

Stock Item#	Stock Item	Stock Quantity	Cost (\$)	Ingredient Name	Quantity
				Bread, Whole Grain White Pullman Bread, Nickles, 1254, WG SI102107	3 Slice
				Turkey, Extra Lean Sliced Turkey Ham .51 oz, 4/5.25 lb, Jennie-O Foodservice, 2565-21, MMA SI102393	2 Ounce
				Cheese, Yellow American, Pasteurized Process, 160 Slice Land O'Lakes, 46255, MMA SI100678	2 Ounce
				Ham, Deli Sliced Cooked, Berks, 5200, MMA SI104687	2 ounces
				Lettuce, green leaf, raw 11253	1 leaf inner

Nutritional Information

	Fat	SFat	Carb	Protein	Sugar
% of Calories	41.23	20.23	31.80	28.22	6.730

Nutrients per 100 g

FE (Kcal)	Fat (g)	Sfat (g)	TFat (g) (1)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
208.59	9.556	4.689	0	42.493	859.411	16.582	1.186	3.51(M)	14.715	1.174	201.22	372.943	0.475	1.766(M)	0.012(M)

Nutrients per serving (129.1 g)

FE (Kcal)	Fat (g)	Sfat (g)	TFat (g) (1)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
269.29	12.337	6.053	0	54.858	1109.5	21.408	1.531	4.531(M)	18.997	1.516	259.775	481.47	0.613	2.28(M)	0.015(M)

(M) Indicates missing values.

1 Trans Fat is provided for informational purposes, not for monitoring purposes.