

Elementary, Bagel and Yogurt Lunch, Non-WG, MMA (LR100011)

HACCP Process: Process 1: No Cook
 Allergens: Contains Wheat;
 Meal Contribution: 2 WGR, 2 Meat/MA
 Number of Servings: 1 Serving Size: 1 bag, single serving
 Moisture gain/loss%: 0.0000 Yield: 9 1/8 Ounce
 Waste gain/loss%: 0.0000 Fat gain/loss% : 0.0000
 Total Recipe Cost: \$0.0000 Cost Per Serving: \$0.0000

Stock Item#	Stock Item	Stock Quantity	Cost (\$)	Ingredient Name	Quantity
				Yogurt, Trix Strawberry Banana Bash, 48/4 oz, Yoplait, General Mills Inc, 70470-17726, MMA SI100029	4 Ounce
				Cheese, cream 1017	1 package, small (3 oz)
				Bagel, 100% Whole Wheat 2 oz, Lender's Bagels, Pinnacle Food Service, 00018, WGR SR100634	1 bagel

Nutritional Information

	Fat	SFat	Carb	Protein	Sugar
% of Calories	50.94	28.13	39.55	11.87	16.075

Nutrients per 100 g

FE (Kcal)	Fat (g)	Sfat (g)	TFat (g) (1)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
211.707	11.983	6.616	0(M)	38.567	258.516	20.932	1.566	8.508	6.281	0.69	71.77	642.737	0	18.118 (M)	0.439(M)

Nutrients per serving (255.4 g)

FE (Kcal)	Fat (g)	Sfat (g)	TFat (g) (1)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
540.7	30.604	16.898	0(M)	98.5	660.25	53.46	4	21.729	16.041	1.763	183.3	1641.55	0	46.274 (M)	1.122(M)

(M) Indicates missing values.

1 Trans Fat is provided for informational purposes, not for monitoring purposes.