Mankato Area Public Schools' Community Education & Recreation





Assuring learning excellence and readiness for a changing world by providing programming to reach all, teach all, and include all.

mankatocer.com

Community Education & Recreation

FALL 2019



Outstanding Community Leader
Drew Campbell

Outstanding Parent Volunteers
Kelli Hanson Magnuson & Ayan Musse

Outstanding Youth

Marit Nelson, Megan Hiniker & Timothy Cain

Outstanding Youth

Dejanae I. Hampton & Tristan Altenburg

Outstanding Youth Advisor Kelly Firkins

Outstanding Educator
Jen Grosland

Outstanding Youth Worker Ron Flynn

Outstanding Youth Organization
Darby's Dancers



Congratulations to our 2019 Spirit Of Youth (SOY) honorees. This award is presented annually and is sponsored by the Mankato Area Public Schools' Community Education & Recreation Department Advisory Council. Nominations for the 2020 Spirit Of Youth Awards will open in January 2020 and close on March 2, 2020. See our winter seasonal brochure or our website at www.mankatocer.com for more information and an application. The 2020 honorees will be celebrated at a public ceremony at Lincoln Community Center on Wednesday, May 27, 2020 beginning at 6:00 p.m.

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Community



FAMILY COMMUNITY ENGAGEMENT

Mankato Area Public Schools'

Family Academy

Monday, September 16, 2019

4:45-5:30 PM:

Registration and meal

5:30-6:30 PM:

Social/Emotional Development (Birth-8 years)

Presented by: Katti Hurley, Parent and Family Educator

Come and learn what you can do to promote the positive social and emotional development of your early learner. Find out why this is important for your child's overall development and readiness to learn.

Relationships/Sexual Health and Your Student (6-12th grade)

Presented by: Kate Cox, LICSW, Clinical Social Worker, Program Director for Project for Teens

Come and join Kate Cox to learn and discuss how to more effectively open the conversation with your teenager about relationships and sexual health in an age appropriate way.

Are You New to Mankato Area Public Schools? Here's What You Need to Know (K-12th grade)

Presented by: District Leadership Team staff members

Join District Leadership Team staff for this session to learn what a parent/teacher organization is and how to become involved. You will also learn about support services available to your student and family including school psychologists, counselors and social workers. The availability of school health services, mental health and crisis support and a chemical dependency counselor will also be covered.

6:40-7:40 PM:

Understanding High Ability Children: An Overview of Needs, Resources, and Strategies (K-8th grade)

Presented by: Dr. Tania Lyon, Talent Development Coordinator

Parenting and educating high ability children comes with its own set of challenges. This session overviews some of the issues facing high ability students, such as perfectionism, anxiety, underachievement, and motivational concerns. This session will also include an overview of resources and strategies that may help families.

Stress and Your Student (6th-12th grade)

Presented by: Dr. Samantha Steinman, Coordinator of Secondary Special Education In this session, attendees will learn about the warning signs of depression and stress and the impact of depression and stress on student achievement. Attendees will gain knowledge about resources in both the community and school settings as well as specific strategies to support your student.



To register: Go to **isd77.org** and click on **Connect** and then on **Family Academy,** or call **507-387-5501**.





Family & Community Engagement 507-387-5501 atrold1@isd77.k12.mn.us

COMMUNITY VOLUNTEER AWARDS

The Family & Community Engagement Office Announces 2019 Outstanding Volunteer Award Recipients:

The 2019 Outstanding Volunteer Award recognizes exceptional volunteers who engage through Mankato Area Public Schools' classrooms and programming.



Mary Hall



Neil Schuette



Scott Carlisle



Kathy Dierks



Barb Lindholm



Virginia Carr



Ahmed(Jaffer) Mohamud



Many Thanks to all of our amazing volunteers!

MANKATO AREA PUBLIC SCHOOLS' COMMUNITY VOLUNTEER PROGRAM

Help extend the resources of Mankato Area Public Schools and support the education of today's youth while giving back to the community, interacting with children, learning new skills, networking in the district and meeting new people.

VOLUNTEER OPPORTUNITIES INCLUDE:

- reading and math tutors
- resource room tutors
- clerical volunteers
- special event volunteers
- classroom grandparents
- classroom speakers
- AVID tutors
- school-based mentors
- adult EL volunteers

WANT TO LEARN MORE?

Call: (507) 387-5501

Email: volunteer@isd77.org

Visit: isd77.org and click on Get Involved



Early Learning

BIRTH TO 5

ECFE

Early Childhood Family Education (ECFE) is a Mankato Area Public Schools' program that provides parenting information and support to families prenatal and children ages birth to five years. A variety of classes, preschool options and outreach activities are offered for all age groups.

Most ECFE classes follow a similar format. A half hour of parent/ child activities is followed by an hour for parents to meet in a separate area to discuss common concerns and experiences while their children participate in an early childhood classroom. School readiness skills and activities are an important part of all programming. For detailed class descriptions, please visit us at www.mankatoecfe.org.

Online & walk-in registration begins Monday, August 12. For more information and detailed class descriptions, visit us online at www.mankatoecfe.org or call our office at (507) 625-4620.

FAMILY LEARNING CENTER

820 Hubbell Ave. Mankato, Minnesota 56001 Telephone: (507) 625-4620 Website: www.mankatoecfe.org



READY! FOR KINDERGARTEN

Ready! For Kindergarten is a parent education program whose goal is to honor the parent **REA** as the child's first and most influential for Kindergarten teacher. Classes are held three times each

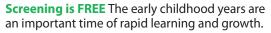


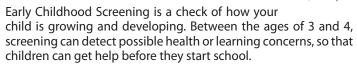
year (Fall, Winter and Spring) for parents of children ages birth to school entrance. Parents/caregivers/grandparents register for classes based on the year the child will enter Kindergarten. Participants receive current brain research, child development information and a set of learning tools for fun and learning at home.

For registration information and class schedule, please see the early education brochure mailed to area families in August.

Early Childhood Screening Best done at age 3

Required in Minnesota before entrance to public school Kindergarten.





Information online at www.mankatoecfe.org Questions? or to schedule an appointment, call (507) 207-4037

HOME VISITING

Our Early Childhood Family Education Home Visit program is designed to provide individual support to expectant parents and parents of children ages 0-5. Home visits are conducted by a licensed parent educator to help support parents in their role as the first and most important teacher of their child. Parents will gain an understanding of child development and ageappropriate behaviors, and receive support with other parenting joys and challenges. For questions and to schedule an appointment with a home visitor, call the Early Learning Department at (507) 625-4620.



SCHOOL AGE CHILD CARE



ACES School Age Care Program offers multiple convenient locations for families throughout the Mankato Area Public Schools service area. ACES has consistent hours, opening at 6:30 a.m. and closing at 6:00 p.m., offering families the option for quality care for their child(ren) before school, after school, and all

day on non-school days and during the summer. ACES serves students enrolled in kindergarten through fifth grade.

ACES offers age-appropriate activities including, but not limited to, outside play, team building games, homework and reading, arts and crafts, stem activities, technology and MORE!

ACES locations are Certified Child Care Centers under the Department of Human Services, subject to the standards of Minnesota Statues, Chapter 245H.

HOW TO REGISTER

Register online at mankato.ce.eleyo.com. Registrations will not be accepted by phone, fax or email. **Registration will close when maximum site numbers are reached, or on the registration deadline.** For more information, contact the ACES Billing Office at (507) 387-5501, or visit our website at mankatocer.com.

2019-2020 SCHOOL YEAR

September 5, 2019-June 4, 2020

All MAPS Elementary Schools offer before and after school care.

Before School Care

Program operates 6:30 a.m. until school starts. Breakfast is offered through School District Meal Plan. Sites must have a minimum of 10 children registered in the morning to offer before school care.

After School Care

Program operates after school until 6:00 p.m. Optional afternoon snack provided by ACES.

Non-School Days

ACES offers all day care on scheduled non-school days. Care will be offered at Monroe Elementary and Rosa Parks Elementary.

2020 SUMMER

June 11, 2020-August 21, 2020

<u>Summer Registration Dates</u> Priority Families: March 4–8, 2020

Priority registration includes families with a current contract with ACES and families that had a contract with ACES for 2019 Summer.

All MAPS Families: March 11–15, 2020 Out-of-District Families: March 18, 2020

Program operates 6:30 a.m.–6:00 p.m. at select locations. Breakfast, lunch and afternoon snack is included.







MIDDLE SCHOOL AFTER SCHOOL

Middle school is a time to explore interests and get involved in school life—after school! Joining clubs and out-of-school time activities is a natural extension of the school day. Each club will be led by an activity coach or advisor. Each club will have goals and outcomes each quarter, such as (but not limited to): games, competitions, contests, showcase events, performances or service projects.

Clubs meet Monday - Thursday with the following schedule:

3:00-3:45 p.m. - Check-in (snack provided) and Student Union*

3:45-5:00 p.m. - Club time

5:00-5:15 p.m. - Student Union & Pick Up

Register by calling Community Education & Recreation at (507)387-5501 or register online at www.mankato.thatscommunityed.com.

Additional information can be found at www.mankatocer.com.

Ouarter 1 Clubs: September 9, 2019-November 7, 2019

Quarter 1 registration deadline: August 16, 2019

Quarter 2 Clubs: November 11, 2019–January 16, 2020

Quarter 2 registration deadline: October 16, 2019

*Week of January 20–24 will be used as a club make-up week for possible weather related cancellations or instructor emergencies. Student Union will also be open.

*STUDENT UNION

The Student Union will feature a study lounge to complete homework, staff support & special events. Students participating in Middle School After School will have input on daily events related to the student union.

This is a drop-in service, offered Monday–Thursday from 3:00–5:15 p.m.

Enrolled in 1 or more clubs-no fee per quarter Enrolled in 0 clubs-\$140 per quarter







CREATIVE YOU

BEGINNING POTTERY MINI CAMP

Katie Dick

2 Sessions

We will work on basic throwing on the pottery wheel in this two-day camp. Beginners' skills will be focusing on wedging, centering, raising clay into pottery vessels, and why and how we glaze.

COURSE #: 5769f \$45

Tue & Wed, Jan 7 & 8, 2020; 4–6 p.m. LCC-Rm 153



Katie Dick
1 Session

We will work with different "found objects" to add textures to clay vessels made on forms. Texture is a great way to dress up clay with simple techniques.

COURSE #: 5767f \$25

Wed, Oct 9; 4:30–6 p.m. LCC-Rm 153

CLAY HOLIDAY ORNAMENTS

Katie Dick

1 Session

We will work with pretty textures to make beautiful ornaments for the Holidays. These will make for a nice keepsake or a thoughtful gift.

COURSE #: 5768f \$25

Wed, Nov 20; 4:30–6 p.m. LCC-Rm 153





BASIC DECORATING COOKIES AND CUPCAKES

Stephanie Johnston

3 Sessions

Using quality decorating supplies and even some inexpensive "cheater" techniques, we will learn the basics of decorating cookies and cupcakes like a pro! Make the next birthday or special event in your life even "sweeter" with decorator tricks you can do at home. All it takes is some practice and creativity!

COURSE #: 4550f

\$49

Thu/Fri/Sat, Oct. 17–19; 9–11 a.m. LCC-Rm 152



CREATIVE YOU

PAINTING WITH RHONDA

Rhonda Johnson

1 Session - Ages 5 & Up

Do you have a child looking for a creative outlet? Join me for my Holiday painting classes!

Instructor Rhonda Johnson has been teaching painting classes to children of all ages in New Ulm for four years, and everyone always has a blast! Come and join in on the fun!

FALL FUN!

Make a fun and spooky painting.

COURSE #: 5750f \$35

Tue, Oct 8; 6–8 p.m. LCC-Rm 152

GIVE THANKS!

Have fun making a festive Give Thanks creation.

COURSE #: 5751f \$35

Tue, Nov 12; 6–8 p.m. LCC-Rm 152

SEASONS GREETINGS!

Create a great December painting that would be great for a Holiday decoration, or a wonderful handmade gift!

COURSE #: 5752f \$35

Tue, Dec 10; 6–8 p.m. LCC-Rm 152



WITCH'S BOOTS CANVAS PAINTING

Laura Doyen

1 Session – Ages 8–12

That pesky witch is at it again! Join us as we paint her boots and crazy Halloween stockings. You can add bubbles, spider webs, ghosts or goblins to the background. We will string the canvas with fun Halloween-themed ribbon once we have completed the painting so it can easily be hung on the wall. Class is held at Design & Wine, 300 Belgrade Ave, North Mankato.

COURSE #: 5717f \$25

Sat, Oct 12; 10–11:30 a.m. Design & Wine

ELF SHOES CANVAS PAINTING

Laura Doyen

1 Session - Ages 8-12

Those sneaky ELVES! Join us as we paint our favorite Elf's shoes and stockings. We will string the canvas with fun Christmasthemed ribbons once we have completed the painting so it can easily be hung on the wall. Class is held at Design & Wine, 300 Belgrade Ave, North Mankato.

COURSE #: 5718f \$25

Sat, Nov 23; 10–11:30 a.m. Design & Wine

GINGERBREAD HOUSE CANVAS PAINTING

Laura Doyen

1 Session – Ages 8–12

A gingerbread house that will last all year! Join us as we paint our very own gingerbread house and decorate it with any candy you can imagine. We will string the canvas with fun Holiday-themed ribbons once we have completed the painting so it can easily be hung on the wall. Class is held at Design & Wine, 300 Belgrade Ave, North Mankato.

COURSE #: 5719f \$25

Sat, Dec 7; 10–11:30 a.m. Design & Wine



will sponsor up to \$15 on most of the Community Education sessions for any eligible Ucare member at any participating school district across the state of Minnesota.

THEATER / MUSIC

PRAIRIE FIRE CHILDREN'S THEATRE – A CHRISTMAS CAROL

Prairie Fire Children's Theatre Directors 6 Sessions – Ages 7–14

A holiday favorite, Prairie Fire's "A Christmas Carol" will return to Mankato in November 2019. This show is based on the classic Charles Dickens story.

On Monday of the rehearsal week, some of the actors will be dismissed after the audition that will end at approximately 5:30 p.m. On Tuesday, sectional rehearsals of 1.5–2 hours will be based on the schedule sent home on Monday. All registered actors will be on stage the entire rehearsal time on Wednesday and Thursday. On Friday, a light pizza supper will be served, and all students will stay until after the first public performance (approximately 8:30 p.m.). Two public shows are planned: one on Friday, November 22, at 7:00 p.m., and the other one on Saturday, November 23, at 1:00 p.m. Rehearsals and shows will be at Franklin Elementary School in the auditorium

Rehearsals: 3:30–7:45 p.m. (Monday–Thursday), 3:30–8:30 p.m. (Friday) and 12:00–2:30 p.m. (Saturday) **Show Times:** Friday, 7:00 p.m., and Saturday, 1:00 p.m.

Cost: \$50 per student

Tech Crew: 3:30-7:45 p.m. (Wednesday & Thursday), 3:30-8:30 p.m. (Friday); (includes show time) and

12:00–2:30 p.m. (Saturday) **Cost:** \$3 per student

Please visit our website www.mankatocer.com for detailed class schedule.



DRAMA KIDS

Ray Smart, Claire DesLauriers, Ryan Fiest 4, 9 or 12 Sessions – Grades K–5

Drama Kids is the ONLY after-school program that significantly improves kids' confidence and self-esteem, while also teaching them critical skills that will help them succeed academically and professionally throughout their entire lives. Led by Ray Smart, a musician and writer with Master's degree in Education, kids have TONS OF FUN while learning verbal and public speaking skills, creative thinking skills, empathy, and collaboration skills to name just a few. Everyone gets to participate, everyone has a voice, and no two classes are ever the same.

Drama Kids is offered at the following elementary schools: Bridges, Eagle Lake, Franklin, Hoover, Jefferson, Kennedy, Monroe, Roosevelt, Rosa Parks, Washington & Loyola Catholic Schools. Please visit our website mankatocer.com for detailed class schedule.

COME DANCE WITH ME: MUSIC AND MOVEMENT FOR THE YOUNG CHILD

Lynn Rozen

5 Sessions – Ages 3 months–5 years

Share the joy of music and movement with your child this fall. We'll explore the Fall harvest themes of pumpkins, apples, and leaves in music and movement. Class includes singing, playing rhythm instruments, creative movement and FUN! Class is designed to appeal to young children, infant through preschool, up to age 5. Early music and movement training stimulates language development, builds social skills, and primes the brain for math learning and future music training. A caregiver attends class with child and joins the fun!

COURSE #: 5762-1f \$49; add sibling \$36 Tue, Oct 8–Nov 5; 11–11:45 a.m. LCC-Rm 159

COURSE #: 5762-2f \$49; add sibling \$36

Tue, Oct 8–Nov 5; 6–6:45 p.m. LCC-Rm 159

THEATER

SKILLS DEVELOPMENT / SCIENCE

{YEL!} GRANDMASTERS OF CHESS

Youth Enrichment League (YEL) 6 Sessions - Grades K-5

New and returning students invited. Each {YEL!} Chess class follows four basic components:

- Teach It!... Each class students are taught different chess concepts and coached to implement those concepts into their chess games.
- Practice It!... Students practice positions set by the coach to improve their understanding of the concept.
- Puzzle It!...Students are given chess puzzles (constructed by WIM Serafima Sokolovskaya) and work with coach guidance to solve them.
- Play It!... Each class ends with students playing 20–30 minutes of chess. Coaches often feature in-class tournaments during the session.

Class fee includes ChessKid.com membership for the session (a \$49 annual value).

Grandmaster of chess is offered at the following elementary schools: Hoover, Roosevelt, Washington. Please visit our website www.mankatocer.com for detailed class schedule.

ATTENTION CHESS PLAYERS!

REGIONAL CHESS TOURNAMENT

1 Session - Grades K-12

This contest will recognize the top winners of each age / grade division. 8:30-8:45 a.m. - Check in (Dakota Meadows Middle School); 8:45–9 a.m. - Announcements and rules clarification; 9 a.m. - Round 1 begins. Awards presentation will follow final rounds.

Pizza lunch - All players receive one slice of pizza and a beverage. (Additional pizza sold in concession stand for guests, parents, and players.)

Register online at www.mankatocer.com, or call Community Education at (507) 387-5501.

COURSE #: 5292-Tf Sat, Nov 2; 8:30 a.m.-2 p.m.

LCC-152, 154, 157



EXTREME STEM: CATAPULTS AND DRAGONS

Youth Enrichment League (YEL)

4 Sessions - Grades K-3

Youth Enrichment League follows four basic components:

- Teach It!...Each class students are taught the basic STEM engineering concepts behind each project.
- Build It!...Students use LEGO® bricks to build a snapping dragon and a railroad crossing, and design their own marshmallow catapult.
- Explore It!...Then they use the project to explore basic engineering concepts - this session is focused on lever concepts
- Play It!...Finally, they play with their project, modify it, create extensions and have fun working with it.

more details about {YEL!} STEM classes, YouthEnrichmentLeague.com.

LEGO® is a trademark of the LEGO Group of companies, which does not sponsor, authorize or endorse this site or program.

Extreme Stem: Catapults and Dragons is offered at the following elementary schools: Rosa Parks, Hoover, Eagle Lake, Bridges, Monroe, Franklin, Jefferson, Roosevelt, Kennedy, Washington. Please visit our website www.mankatocer.com for detailed class schedule.

{YEL!} FENCING

Youth Enrichment League 6 Sessions - Grades 2-12

New and returning students invited! Join this fast growing Olympic sport. Each {YEL!} fencing class follows four basic components:

- Teach It!... Hall of Fame Olympic Fencing Coach Ro Sobalvarro crafts our lessons and curriculum.
- Practice It!...Students pair up and practice the fencing move or concept, rotate partners and repeat.
- Move It!...Students then participate in fencing matches using only the moves taught so far.
- Play It!...10-15 minutes each class students fence with multiple fencers at their skill level.

All equipment provided. Sign up today to THINK, LEARN and PLAY WELL with {YEL!}.

Grades 2-5

Kennedy Elementary

COURSE #: 4970-1f \$104 Wed, Oct 30-Dec 11: 6-7 p.m. K-Gym

No Class Nov 27

Grades 6-12 **Kennedy Elementary**

COURSE #: 4970-2f \$104 Wed, Oct 30-Dec 11; 7:05-8:05 p.m. K-Gym

No Class Nov 27

PERSONAL SAFETY / ACADEMIC

HOME ALONE SAFETY

Melanie Schmidt 1 Session - Grades 2-6

Staying home alone for the first time is an opportunity eagerly anticipated by most kids; but with opportunity comes responsibility. This course covers a variety of common scenarios and topics specific to boys and girls preparing to stay home alone, or stay home with younger siblings. Topics include, but are not limited to: sibling conflict, stranger danger, healthy choices, problem solving, and identifying emergencies. Parents are welcome but not required to attend.

COURSE #: 5107-1f Tue, Sep 10; 6-7:30 p.m. \$15 LCC-Rm 154

COURSE #: 5107-2f

\$15

Wed, Oct 16; 6-7:30 p.m.

LCC-Rm 154

BABYSITTER TRAINING



Tia Dupont & Melanie Schmidt 1 Session – Ages 11–15

The purpose of the American Red Cross Babysitter's Training course is to provide individuals aged 11–15 with the information and skills necessary to provide safe and responsible care for children in the absence of parents or adult guardians. This training will help participants develop skills in leadership and professionalism, basic care, safety, safe play, and first aid. Class fee includes textbook. This is a 6-hour course. Please pack a bag lunch and beverage.

COURSE #: 4800f \$65

Thu, Oct 17; 9 a.m.-3:30 p.m. LCC-Rm 154

CAPSTONE LITERACY PROGRAM

Christie Skilbred

10 Sessions - Grades 1-5

Does your child struggle with reading? Capstone Literacy at Lincoln provides a fun, research-based approach to helping struggling readers. Students will have customized lessons during a one-on-one weekly tutoring session. This program is designed for students in 1st through 5th grade who are reading at least one grade below. The goal of this program is not only to increase literacy skills, but also to increase confidence and enjoyment in reading!

COURSE #: 5215-f \$30 Tue, Sep 24-Dec 3; 3:15-4 p.m.

LCC-Rm 254

No Class Nov 26

ACT PREPARATION SEMINAR

Doorway to College

1 Session

ZAPS® test preparation seminars are carefully designed to help each student do his or her personal best on the ACT. Students who complete the ZAPS seminar—and practice our tips and strategies at home—typically raise their ACT scores by 1 to 4 points. In the 5-hour ZAPS seminar, students will learn strategies for improving in all four subtests, take shortened practice tests that mirror the actual testing experience, and get suggestions for individualized study in the days leading up to the test. Attendees receive a comprehensive Study Guide and 24 practice test workouts with detailed answer explanations. Students should bring a calculator and two pencils to the seminar. The seminar includes a 45-minute lunch break; students are responsible for their own lunches.

COURSE #: 4700f \$100 Sat, Oct 5; 9 a.m.-3 p.m. EHS-Rm 104

SUCCESSFUL STRATEGIES FOR APPLYING TO COLLEGE

Karen Krall Constantine 5 Sessions – Grades 10–12

Applying to college can sometimes be intimidating and you may feel unsure about how to begin. This course (offered to 10th, 11th, and 12th graders) will absolutely give you the confidence as you begin to plan for your future after high school. The instructor, Karen Krall Constantine, is a nationally known college, career, and job search consultant who has worked with students applying to college for over 22 years with a 100% success rate (97% in college of first choice). Topics will include (but aren't limited to) making the most of your curriculum, how to make yourself stand out, the importance of different application requirements, getting organized, and how to get through the process like a pro. Please contact Karen by email or phone if you have any questions at kkconstantine@msn.com or phone: (757)784-4290. And remember, "Everything you need to accomplish your goals is already within you." NOW—all you have to do is make it happen! Students should bring a pen and notebook to each class. (Parents are invited to attend last class on October 24.)

COURSE #: 4718f \$130 Thu, Sep 26-Oct 24; 6:30-8 p.m. EHS-Rm 104 (Oct 24 – parents are invited to attend the last class)



K-6 GIRLS' BASKETBALL - FALL HOOPS

East & West High Basketball Coaches & Players 8 Sessions – Grades K–6

"Fall Hoops" is an 8-session development program that meets on Monday evenings and Saturday mornings during the month of October. The purpose is for beginning and experienced players to learn individual and team skills in a fun, inclusive environment. Sessions will include both skill development and games, all led by varsity coaches and players from Mankato East and Mankato West High Schools. All girls in Mankato and the surrounding area are encouraged to sign up and help spread the word about this opportunity. Registration and payment are due by the first session (Monday, September 30); early signup is appreciated. Cost of registration includes a T-shirt and basketball.

Grades K-3

COURSE #: 8200-1f \$45 Mon, Sep 30–Oct 28; 6:30–7:30 p.m. **and** PWMS Gym Sat, Oct 5–26; 10–11 a.m. *No Class Oct 19*

Grades 4-6

COURSE #: 8200-2f \$45 Mon, Sep 30–Oct 28; 7:30–9 p.m. **and** PWMS Gym Sat, Oct 5–26; 8:30–10 a.m.



JUNIOR COUGAR BOYS BASKETBALL CAMP

East High Boys Basketball Coaches & Players 4 Sessions – Grades 1–6

The emphasis of the clinic will be placed on ball handling, dribbling, pivoting, passing, and one-on-one moves, perimeter shots, and free throws. The entire objective of the program is to introduce the boys to the correct fundamentals used in the game of basketball. The clinic offers little opportunity in playing real games. In the time allotted for the program, our coaching staff feels it is more important to spend the time teaching proper individual techniques. Members of the Cougar coaching staff will be present at the sessions with the varsity and junior varsity players demonstrating and teaching. We look forward to helping your son get a healthy introduction or progressing further in his current understanding of basketball and love of the game.

Grades 1-3

COURSE #: 8205-1f \$45,

Tue & Thu, Oct 24, 29, Nov 7, 14; 6–7 p.m. \$35 additional player

PWMS

Grades 4-6

COURSE #: 8205-2f \$45,

Tue & Thu, Oct 24, 29, Nov 7, 14; 7–8 p.m. \$35 additional player

PWMS

FALL YOUTH TENNIS

Coach Adam Doll
6 Sessions – Grades 1–5

Youth tennis lessons will be held at Kennedy Elementary School. Group games and interactive play will be the core of this program, along with development of fundamental strokes. Players should wear tennis shoes, bring water and their own tennis racquet. We will have racquets if you are unable to provide their own racquet.

Grades 1-3

COURSE #: 8601-1f \$65 Tue, Oct 15–Nov 19; 5:10–6:30 p.m. K Gym

Grades 4-6

COURSE #: 8601-2f \$65 Tue, Oct 15–Nov 19; 6:40–8 p.m. K Gym

YOUTH RECREATION

Mankato Community Education & Recreation SATURDAY MORNING YOUTH SPORTS
Practice and Game All in One Trip!

PRACTICE AND GAME ALL IN ONE TRIP!

Saturday Morning Youth Sports sessions last for a full hour or an hour and 15 minutes, starting with practice time followed by game time. Make your one-time-a-week trip worth your while! If you like, run a couple of errands while your child plays under the guidance of trained, qualified staff.

Rules & basic fundamentals are covered at the beginning of each session. **No experience or equipment necessary;** we will provide it all! No uniform costs. Colored jerseys provided each week if teams need color distinction. Basic fundamentals are taught along with an emphasis on low-key competition, allowing children to participate equally and to have fun while being physically active. Everyone plays!

In each sport, teams will be formed according to grades, and boys & girls divisions will be formed if participation allows. All sports are held on Saturday mornings. Schedules will be mailed out once registration is complete.

YOUTH FLAG FOOTBALL

5 Sessions – Grades K-4

COURSE #: 8508f \$35

Sat, Sep 7–Oct 5 Community Athletic Fields

REGISTRATION DEADLINE: Tue, Aug 20

YOUTH FALL VOLLEYBALL

5 Sessions - Grades 3-6

COURSE #: 8510f \$35

Sat, Oct 12–Nov 16 LCC-Lower/Upper Gym

No Class Oct 19

REGISTRATION DEADLINE: Tue, Oct 1



PRE-K YOUTH BASKETBALL

5 Sessions – Pre-K (Ages 4 & 5)

This program is designed to introduce Pre-K students to the world of organized sports and will help them develop the fundamental skills of basketball! The program will follow the same format as Saturday Morning Youth Sports in which fun and good sportsmanship are stressed! Stay active this fall and make new friends with Pre-K Basketball! 45-minute program.

COURSE #: 8507f \$35 Sat, Oct 12–Nov 16 RP-Gym

No Class Oct 19

REGISTRATION DEADLINE: Tue, Oct 1



ARCHERY

Certified NASP Instructor 6 Sessions – Grades 4–6

A fun way for girls and boys to get involved in something new! Our program utilizes the NASP curriculum and equipment, and will teach the basics of using a compound bow. Classes are taught by a certified NASP instructor, and provide a safe and fun introduction to the sport of archery. Commands, signals, techniques and shooting challenges are all part of the program. Learn about equipment and participate in a low-pressure and supportive environment. All equipment is provided.

Beginning Archery

COURSE #: 8514-1f \$45

Tue, Sep 17–Oct 22; 4:30–5:30 p.m. LCC-Lower Gym

COURSE #: 8514-2f \$45

Tue, Oct 29–Dec 10; 4:30–5:30 p.m. LCC-Lower Gym

No Class Nov 26

Intermediate Archery**

COURSE #: 8515-1f \$45

Tue, Sep 17–Oct 22; 5:40–6:40 p.m. LCC-Lower Gym

COURSE #: 8515-2f \$45

Tue, Oct 29–Dec 10; 5:40–6:40 p.m. LCC-Lower Gym

No Class Nov 26

**PARTICIPANTS MUST HAVE SUCCESSFULLY
COMPLETED THE CER BEGINNING ARCHERY CLASS TO
REGISTER FOR INTERMEDIATE ARCHERY.

Registration Deadline: Tue, Sep 3

SPACE IS LIMITED; CLASS MAY FILL, SO REGISTER EARLY!

ARCHERY FOR TEENS

Certified NASP Instructor 6 Sessions – Grades 7–12

Teens now have the opportunity to become involved in something new and explore the world of target shooting! Participation within an archery program has been shown to increase student concentration, positive behavior, motivation and focus! Our teen program will also utilize the NASP curriculum and equipment, and will teach the basics of using a compound bow. Students will have the opportunity to shoot from various distances and participate in class competitions!

COURSE #: 8516-1f \$45

Tue, Sep 17-Oct 22; 6:45-7:45 p.m. LCC-Lower Gym

COURSE #: 8516-2f \$45

Tue, Oct 29–Dec 10; 6:45–7:45 p.m. LCC-Lower Gym

No Class Nov 26

Registration Deadline: Tue, Sep 3

SPACE IS LIMITED; CLASS MAY FILL, SO REGISTER EARLY!

ALL SEASONS ARENA



www.asamankato.org • (507) 387-6552 1251 Monks Avenue, Mankato, MN 56001 MN Relay Services V/TTY 711

PUBLIC SKATING

Most weeks Monday–Friday 11:30 a.m.–1 p.m. Saturday, Sunday and Wednesday afternoons Public Skating schedules are subject to change. Rates: \$3 per Person; \$2 Skate Rental

ASA MEMBERSHIP PROGRAM

- Free Admission to all Public Skating Sessions (Regular Admission \$3)
- \$.50 Discount on Skate Sharpening (Regular Sharpening \$5)
- \$.25 Discount on Skate Rental (Regular Rental: \$2)
- \$7 Savings per Session per 1st skater for Skating School

MEMBERSHIP YEAR

Family #2200 \$ 65 Single #2210 ... \$ 40 MSU Student #2220 ... \$ 30

For more information, call All Seasons Arena at (507) 387-6552 or Community Education & Recreation at (507) 387-5501.

LET'S PLAY HOCKEY WITH MANKATO AREA HOCKEY ASSOCIATION

Registration for the 2019-2020 Season

Come play hockey with Mankato Area Hockey Association (MAHA). Online registration for the 2019–2020 season begins July 26, and closes September 15 for Traveling players (born before 7/1/2010) Squirts/U10s to Bantams, and closes October 13 for In-House players (born after 6/30/2015). Please visit www.mankatohockey.com and follow the registration prompts.

New Members

A certified copy of player's birth certificate is required before skating. Please bring to your first team meeting or mail to MAHA Registrar at P.O. Box 1262, Mankato, MN 56002.

Financial assistance is available through Connecting Kids. Please call (507) 387-5501.

Please direct any registration questions to Margot Hansen at registrar@mankatohockey.com.

"MOM OR POP WITH TOT" SKATING LESSONS

6 Sessions - Up to Age 6

Six 45-minute lessons with 15 minutes of free time after each lesson for fun and practice.

COURSE #: 2655-1f \$45

Thu, Sep 5–Oct 10; 9:30–10:30 a.m. All Seasons Arena

COURSE #: 2655-2f \$45

Thu, Oct 24–Dec 12; 9:30–10:30 a.m. All Seasons Arena

No Class Nov 7 & 21

SKATING SCHOOL

6 Sessions - Ages 3 & Up

Skating classes are offered through the **Ice Skating Institute of America** for all recreational skaters at all levels. Students progress at their own pace (Levels of Progression 1–9). Classes will run consecutively, with testing done when the student is ready. Classes are 30 minutes in length. Questions: Sara Otto, johnss19@hotmail.com. **NO MAKEUP DATES AVAILABLE.**

Class Fees: (all classes except Freestyle and Adult) 1st Skater **\$40**, 2nd Skater **\$35**

Freestyle & Adult

1st Skater **\$45**, 2nd Skater **\$40**

Become a member of ASA and receive a **\$7** discount, per 1st skater, per session on lessons.

Registration: Register prior to the first class date Community Education & Recreation 110 Fulton St., Mankato, MN Phone: (507) 387-5501

FALL SESSION I: Sat, Sep 7-Oct 12

FALL SESSION II: Sat, Oct 26-Dec 14

No Class Nov 9 & 30

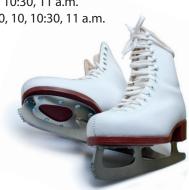
Beginner (ages 3–6) – 9:30, 10, 10:30, 11 a.m. Beginner 2 (ages 7 & Up) – 9:30, 10, 10:30, 11 a.m. Pre-Alpha – 10, 11 a.m. Alpha – 10;10 a.m. Beta – 10:30 a.m.

Delta – 9:30 a.m.

Freestyle 1 & 2 – 9:30 a.m.

Freestyle 3 & 4 – 9:30 a.m.

Adult - 9:30 a.m.



AQUATICS At East High School Pool. (Enter locker rooms at east end of building and park in east end lot.)

Objectives for all levels can be found on our website.

REGISTER ONLINE

- Visit www.mankatocer.com
- View the full listing of Aquatics class offerings
- Register for all the classes that are of interest to you If you have questions call (507) 387-5501

FALL SESSIONS

SESSION A - SEPTEMBER 21 - OCTOBER 26 SESSION B - NOVEMBER 9 - DECEMBER 21

No Lessons Nov 30

All lessons are taught by Certified Water Safety Instructors

PARENT & CHILD AQUATICS

Ages 2 & 3 accompanied by a parent in the water. Six 45-minute Sessions – Saturday Classes

PARENTS: Children not yet toilet trained are required to wear swimsuit diapers or tight-fitting plastic or rubber pants.

PRESCHOOL AQUATICS

Ages 4 & 5 accompanied by a parent in the water.Six 45-minute Sessions – Saturday Classes

LEVEL 1 – INTRODUCTION TO WATER SKILLS

Ages 6 & Up

Six 50-minute Sessions – Saturday Classes

Introduces basic aquatic skills, which continue to be built upon throughout Learn-to-swim levels.

LEVEL 2 – FUNDAMENTAL AQUATIC SKILLS

Ages 6 & Up

Six 50-minute Sessions – Saturday Classes

Builds on the fundamental aquatic locomotion, safety, and rescue skills of Level 1.

LEVEL 3 – STROKE DEVELOPMENT

Ages 6 & Up

Six 50-minute Sessions – Saturday Classes

Expands proficiency of aquatic locomotion, safety, and rescue skills of Level 2 by providing additional guided practice.

LEVEL 4 – STROKE IMPROVEMENT

Ages 6 & Up

Six 50-minute Sessions – Saturday Classes

Increases endurance and improves aquatic skills presented in previous levels.

LEVEL 5 – STROKE REFINEMENT

Ages 6 & Up

Six 50-minute Sessions - Saturday Classes

Coordinates and refines key strokes presented thus far to increase endurance.

FALL LESSON FEES

6 Sessions

Each swimming course: \$45

Family discount for third class and each additional class per

session: \$40

SESSION A – SEPTEMBER 21–OCTOBER 26

| COURSE # | COURSETITLE | TIME |
|--|--|------------|
| 3100-9A 3200-9A 3300-9A 3400-9A 3500-9A | Level 1: Introduction to Water Skills Level 2: Fundamental Aquatic Skills Level 3: Stroke Development Level 4: Stroke Improvement Level 5: Stroke Refinement | 9:00 a.m. |
| 3100-10A 3200-10A 3300-10A 3400-10A 3500-10A | Level 1: Introduction to Water Skills Level 2: Fundamental Aquatic Skills Level 3: Stroke Development Level 4: Stroke Improvement Level 5: Stroke Refinement | 10:00 a.m. |
| 3050-11A | Parent & Child Aquatics | 11:00 a.m. |
| 3075-11A | Preschool Aquatics | 11:00 a.m. |

SESSION B – NOVEMBER 9–DECEMBER 21

| COURSE # | COURSE TITLE | TIME |
|--|--|------------|
| 3100-9B 3200-9B 3300-9B 3400-9B 3500-9B | Level 1: Introduction to Water Skills Level 2: Fundamental Aquatic Skills Level 3: Stroke Development Level 4: Stroke Improvement Level 5: Stroke Refinement | 9:00 a.m. |
| 3100-10B 3200-10B 3300-10B 3400-10B 3500-10B | Level 1: Introduction to Water Skills Level 2: Fundamental Aquatic Skills Level 3: Stroke Development Level 4: Stroke Improvement Level 5: Stroke Refinement | 10:00 a.m. |
| 3050-11B | Parent & Child Aquatics | 11:00 a.m. |
| 3075-11B | Preschool Aquatics | 11:00 a.m. |

No Lessons Nov 30

AQUATICS At East High School Pool. (Enter locker rooms at east end of building and park in east end lot.)

PRIVATE SWIMMING LESSONS

4 or More Sessions

One-on-one instruction for those who desire individual instruction, or who just need to "catch up" their skills in order to join a group class.

Four 1/2-hour classes: \$88

Each additional 1/2-hour class: \$22

Sat, Sept 21-Dec 7; 1-3 p.m.

No Lessons Nov 30

Call Community Education & Recreation at (507) 387-5501 to schedule.

LIFEGUARD TRAINING BLENDED LEARNING COURSE

Tia Dupont, LGI Ages 15 & Up

Must attend all 5 sessions

Looking for a great summer job or a challenging career? American Red Cross is the best place to start! Lifeguarding puts you in an exciting position, working as part of a team to help people safely enjoy the water. Lifeguarding will also help you develop skills and experiences that will be valued by future employers.

PREREQUISITES:

- Must be at least 15 years old before last day of class
- Have ABOVE AVERAGE swim skills & endurance
- Successfully complete swimming pretests
- Complete all online sessions by last day of class

Fee includes text & certification fee.

COURSE #: 3701-1f \$170 Fri, Oct 4 & 11; 5–9 p.m. **and** EHS-Pool Sat, Oct 5 & 12; 12–4 p.m. **and**

Sun, Oct 6; 12–6 p.m.

COURSE #: 3701-2f \$170 Fri, Nov 8 & 15; 5–9 p.m. **and** EHS-Pool

Sat, Nov 9 & 16; 12–4 p.m. **and** Sun, Nov 10; 12–6 p.m.

LIFEGUARD REVIEW BLENDED LEARNING COURSE

Tia Dupont, LGI
1 Session

Don't let your lifeguard training certification expire! This course is for those who are already certified in Lifeguard Training and need to recertify.

COURSE #: 3850f \$75 Sun, Dec 1; 8:30 a.m.–5:30 p.m. EHS-Pool

WATER AEROBICS

Ages 18 & Up; Under 18 must be accompanied by adult

Classes are led by an experienced instructor, taking into consideration participants' individual needs. No swimming ability is required for Water Aerobics. Shallow and deep water is available. Expectant mothers welcome!

COURSE #: 3800f PUNCH CARD Mon/Wed, Sep 2–Dec 18; 7:30–9 p.m. EHS-Pool

No Class Sep 9, 30, Oct 14, Nov 27

LAP SWIM & WATER WALKING

Ages 18 & Up; Under 18 must be accompanied by adult

Participants may choose to do self-paced Water Walking (no swimming ability is required) or Lap Swim.

COURSE #: 3800f PUNCH CARD Mon/Wed, Sep 2–Dec 18; 7:30–9 p.m. EHS-Pool No Class Sep 9, 30, Oct 14, Nov 27

MASTERS SWIMMING PROGRAM

Ages 18 and Up; Under 18 must be accompanied by adult

Designed swim workouts, not swimming lessons. Lanes are divided by ability, and workouts are scaled to each lane. For more information, visit our website.

COURSE #: 3900f PUNCH CARD Tue/Thu, Aug 27–Dec 19; 5:15–6:45 a.m. EHS-Pool

Locker Rooms available 5–7 a.m. Sat, Aug 31–Dec 21; 6:15–7:45 a.m. Locker Rooms available 6–8 a.m. *No Masters Swim Sep 14, Nov 26*

PUNCH CARDS

Purchase **punch cards** through Community Education & Recreation office only. Punch cards are **NOT** available at the pool.

Punch cards come available in increments of 5, 10, 15, or 20 punches.

Water Aerobics, Lap Swim, & Water Walking \$4.50/punch

Masters Swimming \$4/punch

Punch cards are valid for 1 year after purchase.

2019-2020 ADULT MEN'S WINTER BASKETBALL

TEAM SIGN-UP ENDS TUESDAY, OCTOBER 8

Team Registration Form and Entry (sponsor) Fee must be submitted by 4:30 p.m. Tuesday, October 8 to avoid a \$25 Late Fee penalty.

All entry forms will be filled out online at www.mankatocer.com.

LATE TÉAM REGISTRATIONS PENDING AVAILABILITY – \$25 LATE FEE

2019–2020 Men's Basketball Call Your Own Foul No Officials Minimum 7 – Maximum 12 Players per Roster Divisions 1–3 Wednesday

League Director has the right to reclassify any team's division based on past performance records or league capacity. Players must be out of high school (or not attending) and must be at least 18 years of age by November 1.

Roster is due by Thursday, October 31. Teams must have minimum of 7 and maximum of 12 players on Rosters.

LEAGUE PLAY BEGINS NOVEMBER 6.

League Policies & Rules are online at www.mankatocer.com. It is the Team Manager's responsibility to be familiar with CER Policies/Rules and to ensure his/her team players are in compliance with and aware of policies/rules.

LAST DAY TO ADD A PLAYER TO YOUR ROSTER: DECEMBER 21.

Practice Times. All teams may sign up for a one-hour practice after the Registration Form has been completed and Entry Fee of \$295 has been paid. **Practice night is Wednesday, October 30.** Sign up online at mankatocer.com.

ADULT SOCIAL PICKLEBALL

Come anytime and stay as long as you like!

Meet new people and get some great exercise while playing pickleball. Anyone can play. Players of all ability levels are welcome. We even have equipment for you to try it out! Come join us!

Wednesday Evenings, 6:30–8:30 p.m. October 30, November 6, 13, 20, December 4, 11, 18

Prairie Winds Middle School

Thursday Evenings, 6:30–8:30 p.m. November 7, 14, 21, December 5, 12, 19

Lincoln Community Center (upper gym only)

Sunday Evenings, 5–7 p.m. October 27, November 3, 10, 17, 24, December 8, 15 **Prairie Winds Middle School**

COURSE #: 3331f FEE: \$35

COURSE #: 3331f FEE: \$35

Minimum of 20 Registrations required by October 1.

REMINDER:

Fall Softball Deadline Tue, July 23

ADULT WINTER SOCCER – MEN'S

Sunday Nights

Team Signup ends Tuesday, November 5

Team registration form and entry fee must be turned in by 4:30 p.m. Tuesday, November 5 to avoid a late fee penalty.

8-Week Season

Entry form to be filled out online only at www.mankatocer.com

ENTRY FEE \$350 (Due with registration by Nov 5) League play begins Sunday, December 8.



New price! only \$295 per team



2019-2020 ADULT WINTER VOLLEYBALL

TEAM SIGN-UP ENDS TUESDAY, OCTOBER 1

Team Registration Form and Entry Fee must be submitted by 4:30 p.m. Tuesday, October 1 to avoid a Late Fee penalty.

All entry forms will be filled out online at www.mankatocer.com.

LATE TEAM REGISTRATIONS PENDING AVAILABILITY - \$25 LATE FEE

2019–2020 DIVISIONS, ENTRY FEE, PLAYERS FEE AND TENTATIVE SCHEDULE: SPONSOR FEE ALL DIVISIONS \$395 (Due with Registration by October 1) TEAM FEES ALL DIVISIONS \$280 (Due with Roster by Thursday, October 24)

Minimum 8 – Maximum 12 Players per Roster

Women's Division – Monday Men's Division – Tuesday CoRec Division – Wednesday

CAPACITY IS LIMITED and MAY FILL PRIOR TO REGISTRATION DEADLINE. TO ASSURE YOUR TEAM'S ENTRY, REGISTER EARLY.

League Director has the right to reclassify any team's division based on past performance records or league capacity. Players must be out of high school (or not attending) and must be at least 18 years of age by beginning of the current year's program.

Completed TEAM ROSTERS & TEAM FEES are due THURSDAY, OCTOBER 24. TEAM FEES: \$280 per team. Teams must have minimum of 8 and maximum of 12 players on Rosters.

LEAGUE PLAY BEGINS WEEK OF NOVEMBER 4.

LAST DAY TO ADD A PLAYER TO YOUR ROSTER: DECEMBER 21.

Practice nights: Women's Monday, October 28; CoRec Wednesday, October 30; Men's Tuesday, October 29.

WOMEN'S SOCIAL VOLLEYBALL

Monday Evenings 6:30-9:00 p.m.

Informal Recreational Volleyball.
Only for Women NOT participating in
CER Power Volleyball League.

November 11, 18, 25, December 2, 9, 16, January 6, 13, 20, 27, February 3, 10, 17

Lincoln Community Center

Registration Deadline: Tuesday, October 22.

COURSE #: 5530f FEE: \$35 Minimum of 16 Registrations required by October 22.





GOLF SIMULATOR RENTALS

Lincoln Community Center

Rentals are \$25/hour for your whole group Mon-Fri \$35/hour Saturdays and Sundays (as available, must reserve 3 days in advance)

Call 507-387-5501 to make a tee time!

GOLF SIMULATOR LEAGUES

\$95 for 5-week league

Entry form online at mankatocer.com

5:30-7:30 p.m.

Tuesday night league Nov 5, 12, 19, Dec 3, 10

Thursday night league Nov 7, 14, 21, Dec 5, 12

Sunday night league Nov 3, 10, 17, Dec 1, 8

PRIVATE GOLF LESSONS FOR BEGINNERS

Nov 1 – Apr 1 call to schedule

Adult \$45/hour

Youth \$35/hour

ADULT WELLNESS

ZUMBA®

The Latin-inspired dance workout is one of the most popular group exercise classes in the world. Get ready to party yourself into shape with this easy-to-follow calorie-burning dance fitness party. You don't need to be a great dancer to feel welcome in this class.



Cherry Chen 6 Sessions

COURSE #: 3113-1f \$36

Thu, Sep 12–Oct 24; 6–6:45 p.m. LCC-Lower gym

No Class Oct 17

COURSE #: 3113-2f \$36

Thu, Oct 31–Dec 12; 6–6:45 p.m. LCC-Lower gym

No Class Nov 28

Thomas Delgado 8 Sessions

COURSE #: 3115-3f \$48

Fri, Sep 6–Oct 25; 5:30–6:30 p.m. LCC-Rm 159

OULA: DANCE FITNESS

Emily Heinis **5 Sessions**

Oula fitness combines the depth and soulfulness of a mind-body practice with the carefree playfulness of a living room dance party. Our focus is on full-being health and wellness in a fun and community-centered atmosphere. No dance experience required! All dance moves can be modified.

COURSE #: 1320f \$50

Wed, Sep 11–Oct 9; 5:30–6:30 p.m. LCC-Rm 159

COURSE #: 1320-2f \$50

Wed, Oct 30–Dec 4; 5:30–6:30 p.m. LCC-Rm 159

No Class Nov 27

BEGINNING YANG STYLE TAI CHI

Matthew Lauters 6 Sessions

You will learn basic Yang style Tai Chi to get you ready for the Tai

Chi form class.

COURSE #: 3118f \$52

Tue, Sept 3–Oct 8; 9:30–10:30 a.m. LCC-Rm 159

YANG STYLE TAI CHI FORM

Matthew Lauters 6 Sessions

You will learn the first section of Yang style Tai Chi form.

COURSE #: 3120f \$52

Thu, Sept 5–Oct 10; 9:30–10:30 a.m. LCC-Rm 159

GENTLE LUNCH TIME YOGA

Lynn Rozen **7 Sessions**

Take an afternoon break for yoga class that leaves you feeling refreshed but does not require a shower. This all-levels yoga class combines gentle yoga sequences with breathing techniques to stretch, tone, and relax the body. No prior yoga expeince necessary. Please bring a yoga mat if you own one.

COURSE #: 3171f \$79

Tue, Oct 8-Nov 19; 12:05-12:50 p.m. LCC-Rm 159

FAMILY YOGA

Lynn Rozen

1 Session

Get moving, have fun, and relax with Yoga! Class includes simple yoga poses and yoga games designed to engage both kids and parents. Parents attend free with their kids. Pay full fee for first child and add siblings for a reduced fee. Class is most appropriate for kids aged 5–11.

COURSE #: 3181-1f \$20, add sibling for \$5

Sat, Sept 21; 2:30–3:20 p.m. LCC-Rm 159

COURSE #: 3181-2f \$20, add sibling for \$5

Sat, Oct 19; 2:30–3:20 p.m. LCC-Rm 159

COURSE #: 3181-3f \$20, add sibling for \$5

Sat, Nov 16; 2:30–3:20 p.m. LCC-Rm 159

SIMPLE FLOW YOGA

Tia Dupont 6 Sessions

Enjoy simple yoga poses to help stretch out and relax your body. This class is designed for all individuals; no yoga eperience is necessary for this class. This class is ideal for everyone, as we could all use more flexibility in our lives!

COURSE #: 1220-1f \$50

Mon, Sept 23-Oct 28; 5:30-6:30 p.m. LCC-Rm 159

COURSE #: 1220-2f \$50

Mon, Nov 11–Dec 16; 5:30–6:30 p.m. LCC-Rm 159

NEVER STOP LEARNING Aclult Enrichment

INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE

Charles Wilson

1 Session - Ages 18 & Up

Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Fee includes an online book and online videos.

COURSE #: 1842f Mon, Oct 28; 6:30–9:30 p.m. \$63 DMMS-Choir Rm



INSTANT GUITAR FOR HOPELESSLY BUSY PEOPLE

CREATIVE YOU

Charles Wilson

1 Session – Ages 13 & Up

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. Class limited to 15 students. For ages 13+. For more information go to justonceclasses.com. Fee includes an online book and online videos.

COURSE #: 1845f \$63

Mon, Nov 4; 6:30–9:00 p.m. DMMS-Choir Rm

INTRODUCTION TO VOICEOVERS

1 Session - Ages 18 & Up

Explore the voiceover industry! Discover current trends, opportunities, and tools you need to find success. Read a real script and receive coaching from your instructor, a professional voice actor, to improve your delivery. One-time, 90-minute, one-on-one, video-chat class! Learn more at http://www.voicesforall.com/ooo.

COURSE #: 1184f \$49

Online

CREATIVE YOU

ACRYLIC POURING I

Jessica Greve

1 Session

If you enjoy getting creative with paint, this class is for you! Come and learn how to make your own beautiful, unique art using acrylic paint pouring techniques. All materials will be provided. You can choose to paint on an 8x10" canvas, a record, or a set of four 4x4" ceramic tiles. New option: register for both acrylic pouring classes being offered and receive a \$5 discount. You will have the option of using the resulting acrylic paint "skin" created in this pouring class for the October 10 necklace class, or use one provided by the instructor.

Register by September 30.

COURSE #: 1668-1f \$35

Thu, Oct 3; 6:30–8 p.m. LCC-Rm 152

ACRYLIC POURING II

Jessica Greve

1 Session

Turn your favorite new art into your favorite new jewelry! Join this creative class either as a continuation of the October 3 class (please take note of the discount available), or take it on its own. You will have the option of creating your necklaces from the acrylic "skin" you created at the earlier class, or use one provided by your instructor. There will be no "pouring" at this event. Fee: \$35 for two necklaces.

Register by September 30.

COURSE #: 1668-2f \$35

Thu, Oct 10; 6:30–8 p.m. LCC-Rm 152

INTRODUCTION TO HANDBUILDING

Caitlin Heyer

4 Sessions - Ages 10 & Up

Learn about the history of ceramics as you gain the skills to make bowls, boxes, and more! Basic pinch, coil, and slab work will be covered. No experience required. All pieces are foodsafe.

COURSE #: 1510-1f \$69

Tue, Sep 3–24; 6–8 p.m. LCC-Rm 153

COURSE #: 1510-2f \$69

Tue, Nov 5–26; 6–8 p.m. LCC-Rm 153

INTRODUCTION TO POTTERY

Caitlin Hever

4 Sessions - Ages 12 & Up

Learn basic throwing techniques and skills! Cups, bowls, and glazing will be covered. All pieces will be foodsafe. No experience required. Come in clothes that can get dirty, including shoes.

COURSE #: 1511f \$69

Tue, Oct 1–22; 6–8 p.m. LCC-Rm 153

BEGINNING DRAWING

Kevin Kroeber

5 Sessions - Ages 16 & Up

Learn the art of drawing realistically through a step-by-step approach toward a completed drawing. This class will teach you how to draw realistically at a beginner's pace. We will copy an artist's original still life work in order to help you build confidence in your drawing ability. We will start with a simple abstract line drawing; learning techniques and tips along the way to a completed realistic still life drawing. Supply list will be emailed to students.

COURSE #: 1621f \$75

Thu, Oct 3–24; 6–8 p.m. LCC-Rm 204

BEGINNING WATERCOLOR

Kevin Kroeber

5 Sessions - Ages 16 & Up

Come and explore the wonder of watercolor by learning the fundamentals and techniques of this exciting medium. This course is intended for the novice to beginner. There will be a set curriculum to help you understand and feel comfortable as you discover your journey using watercolors. This 5-week class will start out with a few painting exercises and finish with a completed painting.

COURSE #: 1622f \$75

Mon, Sep 30-Oct 28; 6-8 p.m. LCC-Rm 154

POTTERY OPEN STUDIO

Jackie Karstens & Julia Snelson

Open Monday and Wednesday Sessions

Come make art when it works for you! Purchase a punch card and clay coupon to use Lincoln Community Center's clay facilities: potter's wheel, slab roller, extruder, glazes, greenware storage, and electric kilns. This is not an instructional class; previous experience required. The studio manager will be present to help with technical questions.

Punch card, 8 punches for **\$39**. Clay, glaze, and firing coupon is **\$25** per 25-lb bag of brown or white stoneware.

COURSE #: 1520f \$39 8-PUNCH CARD COURSE #: 1519f \$25 CLAY COUPON

Mon/Wed, Sep 9–Dec 18; 6–9 p.m. LCC-Rm 153

No Class Nov 27



This activity is made possible by the voters of Minnesota through a grant from the Prairie Lakes Regional Arts Council, thanks to a legislative appropriation from the Arts and Cultural Heritage Fund.

CREATIVE YOU

GHOSTS AND GOBLINS, SPOOKS GALORE!

Laura Doyen 1 Session – Ages 21 & Up

and Goblins, Ghosts Spooks Galore! Add to your Halloween décor by creating your own 12x12 wood pallet sign. Stain and paint colors will be chosen during the workshop. Please indicate the stencil you'd like available to you the day of the workshop:



The Salem Witch Co., Pumpkins 5 Cents Per Pound, If the Broom Fits, Hocus Pocus Cam, Free Flying Lessons, Everything is Better with a Little Magic, Boo, Along Came a Spider, Trick or Treat

You may bring food/beverage into Design & Wine. If you choose to consume alcoholic beverages during the workshop, you are responsible for providing a bottle opener/cup. You also must present a valid ID.

Class is held at Design & Wine, 300 Belgrade Ave, North Mankato.

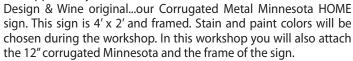
COURSE #: 1674f Thu, Oct 3; 5:30-7:30 p.m.

Design & Wine

MINNESOTA HOME PALLET SIGN

Laura Doyen 1 Session - Ages 21 & Up

You don't want to miss the opportunity to craft a



You may bring food/beverage into Design & Wine. If you choose to consume alcoholic beverages during the workshop you are responsible for providing a bottle opener/cup. You also must present a valid ID.

Class is held at Design & Wine, 300 Belgrade Ave, North Mankato.

COURSE #: 1677f Thu, Nov 14; 5:30-8 p.m. \$85 Design & Wine









1 Session – Ages 4–12 (with adult) Grab that special kiddo in your life and plan a painting date night with us! You will love our You + Me canvas painting workshop. Each of you will

paint a Santa painting. Not a painter? No need to worry; you will be led stepby-step through this process. These canvases make wonderful and memorable gifts for the Christmas season. Class is held at Design &

Wine, 300 Belgrade Ave, North Mankato. Cost is for adult/child pair.

COURSE #: 1676f Thu, Dec 12; 5–7 p.m.

Laura Doyen

\$45 Design & Wine

YOU + ME SNOWMAN **CANVAS PAINTING** (ADULT/CHILD CLASS)

Laura Doyen

1 Session – Ages 4–12 (with adult)

Grab that special kiddo in your life and plan a painting morning date with us! You will love our You + Me canvas painting workshop. Each of you will paint a Snowman painting. Not a painter? No need to worry; you will



be lead step-by-step through this process. These canvases make wonderful and memorable gifts for the Christmas season. Class is held at Design & Wine, 300 Belgrade Ave, North Mankato. Cost is for adult/child pair.

COURSE #: 1675f Sat, Dec 14; 10 a.m.-12 p.m. \$45 Design & Wine



CREATIVE YOU / MONEY MATTERS

BEGINNER KNITTING

Mary Lue's Yarn & Ewe

3 Sessions

Learn basic knitting skills like cast-on, knit, purl, and cast-off. Upon completion of this class you'll be ready to embark on just about anything. Let us guide you on your journey into fun with all kinds of project ideas & fibers. Needles and yarn for practice are included in class price. Classes are held at Mary Lue's Yarn & Ewe, 605 N Riverfront Dr, Mankato.

COURSE #: 1625-1f \$45

Tue, Oct 8–22; 6–8 p.m. Mary Lue's Yarn & Ewe

COURSE #: 1625-2f \$45

Wed, Dec 4–18; 6–8 p.m. Mary Lue's Yarn & Ewe



BEGINNER CROCHET

Mary Lue's Yarn & Ewe 3 Sessions

Learn basic crochet skills like chain, single/double/triple crochet stitches plus much more. Upon completion of this class you'll be ready for great things such as home decor items, scarves, sweaters and baby things. If that sounds good to you then join us. Hook and practice yarn are included in class price. Classes are held at Mary Lue's Yarn & Ewe, 605 N Riverfront Dr, Mankato.

COURSE #: 1626f \$45

Tue, Nov 5–19; 6–8 p.m. Mary Lue's Yarn & Ewe

BALANCE YOUR BUDGET

Bruce R. Walters, Dave Ramsey Certified Financial Coach **1 Session**

This course teaches easy-to-follow action steps that allow you to be in control of your money. Make the best use of your hard-earned money by creating a practical monthly budget and breaking bad habits.

As a certified Dave Ramsey Financial Coach, I provide common sense education and empowerment tools that give people the skills to change their lives as it relates to personal finances.

COURSE #: 1467-1f \$10

Mon, Sep 16; 6:30–7:30 p.m. LCC-Rm 157

COURSE #: 1467-2f \$10

Mon, Dec 9; 6:30–7:30 p.m. LCC-Rm 157

RIGID HEDDLE LOOM WEAVING-INTRODUCTORY COURSE

Jean Lim – Mary Lue's Yarn & Ewe 2 Sessions

Learn the basics of weaving on a rigid heddle table loom. With this portable loom you can make scarves, shawls, table linens and much more. In this 2-session class you will learn how to warp the loom, weave a table topper and "finish" your piece. No prior experience is necessary. *Schacht Cricket looms are available at Mary Lue's to use in this class for \$25, which may be applied to a loom purchase. Materials: 1 ball of Tatamy Tweed and 2 balls of Aruba (or equivalent amounts of smooth worsted wt. cotton yarns), 15" Cricket Loom – fully assembled, sewing scissors, tape measure, pen & paper. Classes are held at Mary Lue's Yarn & Ewe, 605 N Riverfront Dr, Mankato.

COURSE #: 1627f \$45

Sat, Nov 2–9; 1–4 p.m. Mary Lue's Yarn & Ewe

PJ PANTS

Anita Baerg-Vatndal

1 Session – Ages 8 & Up (Under 8 must have an adult taking the class with them)

Come in and learn to sew PJ Pants with Anita. We will learn basic skills to sew with a template that includes 4 styles of pants patterns. The simplicity sewing pattern has sizes for everyone in your family. This sewing class is for all ages but under 8 years must have an adult taking the class with them. Before the class, you will need to purchase the Simplicity Pattern 2290, fabric, elastic, & thread.

COURSE #: 1633f \$29

Wed, Nov 6; 5–7 p.m. LCC-Rm 152

KNOCK OUT DEBT!

Bruce Walters, Dave Ramsey Certified Financial Coach

1 Session

Give your debt the 1-2 punch! This course (following Balance Your Budget) teaches you actionable steps to reduce or eliminate debt. Participants will learn how to:

- Prioritize debt
- Increase cash flow
- Eliminate excessive expenses
- Manage cash resources

The hard truth is, 7 out of 10 households live paycheck to paycheck throughout the year. Holidays and/or emergencies in these households can lead to enormous amounts of stress about money.

COURSE #: 1468-1f \$10

Mon, Sep 23; 6:30–7:30 p.m. LCC-Rm 157

COURSE #: 1468-2f \$10

Mon, Dec 16; 6:30–7:30 p.m. LCC-Rm 157

MONEY MATTERS

WHAT HAPPENS WHEN THE PAYCHECK STOPS?

Jennifer Seys, Edward Jones Financial Advisor 1 Session

This course educates recently retired individuals and those considering retirement. Throughout the course, we will examine how to budget for retirement expenses, potential sources of retirement income, and potential risks such as long-term care and healthcare costs.

COURSE #: 1438f \$10

Mon, Oct 21; 6:30–7:30 p.m. LCC-Rm 157

RETIREMENT & SOCIAL SECURITY

Jennifer Seys, Edward Jones Financial Advisor 1 Session

Are you thinking about retiring or have you recently retired? Are you wondering if your money will last? This workshop will provide strategies for managing your income and expenses in retirement. It will also discuss what part Social Security will play throughout your retirement.

COURSE #: 1443f \$10

Mon, Oct 14; 6:30–8 p.m. LCC-Rm 157

FIVE MONEY QUESTIONS FOR WOMEN

Jennifer Seys, Edward Jones Financial Advisor 1 Session

Women and men have differing considerations when it comes to long-term financial goals. For instance, because of a woman's longer life span, your needs may be significantly different from those of your spouse or others. Does your financial strategy fit your lifestyle and needs? Join us and learn more as we explore five critical money questions for women.

COURSE #: 1476f \$10

Mon, Nov 4; 6:30-7:30 p.m. LCC-Rm 154



HEALTH CARE & YOUR RETIREMENT / SOCIAL SECURITY

Kaylee Phelps, Edward Jones Financial Advisor 1 Session

Health Care and Your Retirement is an educational program that addresses what steps clients should take to prepare for health care costs to help ensure their retirement savings stay healthy.

Course Outline: Health Care and Your Retirement, The Cost of Health Care during Retirement, Preparing for Long-term Care Expenses, Using Insurance to Address Long-term Care Costs, A Healthy Retirement Portfolio, Pre-Medicare Checklist, Q&A

Social Security will likely be the foundation of your retirement income. Before you retire, it's important to understand your options regarding Social Security and the impact your decisions have on your retirement.

COURSE #: 1444-1f \$10

Thu, Sep 26; 6:30–7:30 p.m. LCC-Rm 157

COURSE #: 1444-2f \$10

Mon, Nov 11; 6:30–7:30 p.m. LCC-Rm 157

OUTSMART THE SCAMMERS

Kaylee Phelps, Edward Jones Financial Advisor 1 Session

Incidents of fraud are on the rise, and scammers' tactics are becoming more complex. This presentation will help give you the information you need to Outsmart the Scammers.

During the program, we'll discuss how to spot certain red flags that may indicate a fraudulent encounter, resources individuals can turn to in the event they or loved ones are targeted, and steps attendees can take to help protect themselves and loved ones.

COURSE #: 1441f \$10

Thu, Oct 10; 6:30–7:30 p.m. LCC-Rm 157

RULES OF THE ROAD INVESTING

Kaylee Phelps, Edward Jones Financial Advisor 1 Session

This class introduces 10 principles for sound investing, and participants will learn:

- The most common investing mistakes and how to avoid them
- Investing strategies to help reach their long-term goals
- What can be done now to prepare for retirement

COURSE #: 1480f \$10

Thu, Nov 14; 6:30–7:30 p.m. LCC-Rm 157

DIGITAL / GENERAL INTEREST

OVERWHELMED WITH PILES & FILES OF KIDS' ARTWORK, PHOTOS, VIDEOS, OR IMPORTANT SCHOOL PAPERS?

Amy Storch

1 Session

Learn simple steps to de-clutter and simplify your child's photo/video life, school papers (sports, dance, theatre, robotics, etc) and artwork. Class includes an easy hands-on learning workshop where you will begin the basic steps and simple system for birth, preschool, school, high school and beyond so you can find any photo or paper in seconds. *Bring 2–4 pieces of your child's artwork or important papers plus, 2–5 digital photos and a device (phone, iPad, tablet or laptop) to use during the workshop.

COURSE #: 1698f \$19

Mon, Sep 23; 6:30–8:30 p.m. LCC-Rm 154

DE-CLUTTER YOUR PHOTOS, VIDEOS, AND DIGITAL LIFE

Amy Storch

1 Session – Ages 12 & Up

Are you overwhelmed with the photos or videos on your phone, tablet or computer? During this educational hands-on workshop, you will learn the basic steps for using a simple photo management system that will include tagging a photo, sharing a digital file/album, creating a nested photo file and telling a tiny story with a few digital photos. You'll get the scoop about cloud storage and how to preserve photos or videos from your phone, computer or digital files.

Do you or your parents have drawers filled with outdated slides, VHS tapes, film, kids' artwork or photo albums? Learn options for those as well as things to consider when doing your Digital Photo/Video Estate Planning. Come and learn how easy it is to share those funny little stories and find any photo or video you own in seconds! *Bring 2–4 digital photos and a device (phone, iPad, tablet or laptop) to use during the workshop.

COURSE #: 1699f \$19

Tue, Oct 1; 6:30–8:30 p.m. LCC-Rm 152

ONE-ON-ONE PHOTOGRAPHY

Melissa Vandermause

Melissa is offering a one-on-one course based on her basics course, or to learn more based on your custom interest and knowledge base in photography. This is a great option to work around your schedule; or if you are looking for further education and work best one-on-one, we can discuss your needs and you will have full access to her photography, design, and Photoshop®/Lightroom experience. This custom experience would be two, 2-hour sessions. Must have DSLR camera.

Please call (507) 387-5501 \$250 to register. TBD



INTRODUCTION TO HORSE RIDING FOR ADULTS

Ashley Zutz (Twisted Z Performance)

4 Sessions - Ages 18 & Up

This class is designed for adult beginners who have little to no riding experience. It is also an appropriate class for the experienced rider who is returning after a break. Closed toed shoes are required. Please bring a bicycle or riding helmet. Limited helmets are available at the barn if you do not have your own.

Riders will learn:

- Brushing and grooming
- Proper use and fit of saddles and horse equipment
- Leading and controlling horses from the ground
- · Riding at the walk and trot
- Steering and regulation of speed
- Horse behavior and communication through groundwork
- Basic horse care and anatomy

Classes are held at 73928 Jockey Lane, Mankato.

COURSE #: 1120-1s \$182

Mon, Oct 7–28; 6–7:30 p.m. 73928 Jockey Lane, Mankato

GENERAL INTEREST / OLDER ADULT TRIPS & TOURS WITH VINE

55+ DRIVER IMPROVEMENT PROGRAM

Milo Dahlin

1 or 2 Sessions

The Driver Improvement Program (55+ DIP) is an approved Accident Prevention course by the MN Department of Public Safety. Participants who complete the course are eligible for a 10% discount on their personal automobile insurance premium. The 55+ DIP will give participants a better understanding of vehicle and traffic safety, new technology, physical changes and increased driving risks as we age, changes to laws, and the decisions drivers can make to be safer on our roadways. In order to receive the 10% automobile insurance discount, participants must first take the 8-hour course. A 4-hour refresher course can be taken every three years to maintain the discount.

8-hour classes \$26

Mon, Oct 21 **and** Wed, Oct 23; 5–9 p.m. (2 sessions) LCC-Rm 157

4-hour refresher classes \$22

| Thu, Sep 5; 5–9 p.m. (1 session) | LCC-Rm 157 |
|-----------------------------------|------------|
| Mon, Sep 23; 5–9 p.m. (1 session) | LCC-Rm 157 |
| Thu, Oct 3; 5–9 p.m. (1 session) | LCC-Rm 157 |
| Thu, Nov 7; 5–9 p.m. (1 session) | LCC-Rm 157 |
| Mon, Nov 18; 5–9 p.m. (1 session) | LCC-Rm 157 |
| Thu, Dec 5; 5–9 p.m. (1 session) | LCC-Rm 157 |
| Mon, Dec 16; 5–9 p.m. (1 session) | LCC-Rm 157 |

Students need to register by calling 1-888-234-1294, or online at www.mnsafetycenter.org under Driver Discount Program.

FIVE PRESIDENTS AT THE OLD LOG THEATRE

FIVE PRESIDENTS brings us back 25 years into the Executive Board room at the Nixon Library on April 27, 1994. It is the day of Richard Nixon's funeral and a historic occasion that brought the five living presidents, four exes and one current, together to mourn, honor, and discuss one of our history's most controversial political figures. This is a fictional take of what Gerald Ford, Jimmy Carter, Ronald Reagan, George H.W. Bush, and Bill Clinton might have discussed while gathered prior to the service. Maybe some soul-searching among great men so rarely together, or, would these leaders of the free world prefer banter, small talk, jokes, or petty bickering?

COURSE #: 1264f \$88

Wed, Sept 11; 9:45 a.m.–5 p.m. Wow Zone, SW corner

Registration Deadline: Fri, Aug 2 of parking lot

HYPNOSIS

Dr. Mary Fischer

1 Session – Ages 11 & Up

All behavioral changes must occur at an unconscious level to be lasting. With hypnosis, you can make that change! The experience is relaxing and you are fully aware, conscious, and in control at all times. Dr. Mary Fischer is a Doctor of Hypnotherapy and is a certified clinical hypnotherapist. She has used hypnosis to achieve and maintain a 60-pound weight loss. Students should bring sleeping bag, pillow, bean bag or blanket for added comfort while lying on the floor as part of the hypnosis segment. Dress comfortably and layer clothing to adjust to room temperature. Introduction Class required for both Weight Loss and Stop Smoking individuals.

WEIGHT CONTROL: Stop your cravings for sweets, chocolates, breads, pastries, and salty and greasy foods. Stop snacking and overeating. Get motivated to exercise! FOR MORE INFORMATION, visit the website at www.hypnosisclinic.net. Includes reinforcement and Lifetime membership. **Register for both classes for \$95.**

To Control Weight:

COURSE #: 1068f \$59 Mon, Sep 23; 6–8:45 p.m. LCC-Rm 152

STOP SMOKING/CHEWING TOBACCO: What will your future be like, if you do not stop smoking today? Don't let tobacco control your life! If you have a desire to quit, hypnosis can help immediately without withdrawal, cravings or gaining weight. FOR MORE INFORMATION, visit the website at www.hypnosisclinic.net. Includes reinforcement and Lifetime membership. **Register for both classes for \$95.**

To Stop Smoking /Chewing Tobacco:

COURSE #: 1069f \$59 Mon, Sep 23; 6–9 p.m. LCC-Rm 152

BERMUDA AVENUE TRIANGLE AT THE DAY TRIPPERS THEATRE & LUNCH

Two middle-aged businesswomen who are good friends want to keep an eye on their aging mothers. So they move their mothers into a shared senior condo in Las Vegas. On a trip to the casino, the mothers are saved from a mugger by a charming gambler who is short on cash. They allow him to stay on the couch in their living room, and the results are such that you'll laugh yourself silly. It's like Dean Martin meets LaVerne and Shirley. The New York Post says "Bermuda Avenue Triangle is a hilarious, touching comedy with gallons of laughs."

COURSE #: 1267f \$72

Fri, Sept 27; 10 a.m.–5 p.m. Wow Zone, SW corner

Registration Deadline: Fri, Aug 30 of parking lot

OLDER ADULT TRIPS & TOURS WITH VINE

LOONEY LUTHERANS IN *YOUNG(ISH) AT HEART* AT THE AMES CENTER & LUNCH

The Looney Lutherans are a trio of wacky gals who use music, comedy, and help from the audience to share their tips for *aging humorously* in YOUNG(ish) AT HEART. This interactive comedy event includes the game show WHAT'S IN YOUR LUNCHBOX? (hosted by your favorite luncheon meat); musical advice for dealing with those aches and pains; and creative tips for keeping fit, because Jello isn't the only thing that jiggles. Material is comedic and family friendly, and you don't have to be Lutheran to love it! Getting older may be a "pain in the neck", but laughter is good medicine. Celebrate being YOUNG(ish) AT HEART with the Looney Lutherans.

COURSE #: 1265f \$82

Wed, Oct 16; 9:30 a.m.–6 p.m. Wow Zone, SW corner

Registration Deadline: Wed, Sep 18 of parking lot

MADELIA TOWN-LA PLAZA FIESTA & LOST SANITY BREWERY

Come with us on a bus trip to Madelia and enjoy lunch at La Plaza Fiesta, recently voted as one of Minnesota's top Mexican restaurants. Following a lunch at their taco bar, which includes both ground beef and shredded chicken for your tacos, we'll go a couple doors down to Lost Sanity Brewery, a hometown brewery, where you can sample two of their own brews! You will also get to check out the rebuild of the businesses destroyed in the Main Street fire of winter 2016. Finally, we will bring you home.

COURSE #: 1268f \$39

Thu, Dec 5; 12:30–5 p.m. Wow Zone, SW corner

Registration Deadline: Mon, Nov 4 of parking lot

BASEMENT LADIES SING AT THE AMES CENTER & LUNCH HARK! THE BASEMENT LADIES SING is the latest installment

THE CHURCH BASEMENT LADIES IN HARK! THE

HARK! THE BASEMENT LADIES SING is the latest installment in the Church Basement Ladies musical series. It is December 1960, and members of this rural community have gathered around their reel-to-reel tape player to record a special Christmas greeting for one of their boys serving overseas. As the ladies serve up coffee and cookies, Pastor suffers from a case of stage fright, Mavis smuggles a piglet into the kitchen, a surprise visitor leaves Karin speechless, and the Widow Vivian Snustad gets caught in an embarrassing situation. Throughout it all, you are encouraged to sing along as Beverly Barsness bangs out Christmas carols on the old upright. So come "Fa La La" with the Church Basement Ladies as they deck their fellowship hall.

COURSE #: 1270f \$82

Mon, Nov 25; 9:30 a.m.–6 p.m. Wow Zone, SW corner

Registration Deadline: Mon, Sep 23 of parking lot

MAMMA MIA! AT CHANHASSEN THEATRE & LUNCH

One mom. One daughter. Three possible dads. And a trip down the aisle you'll never forget!

It's sequins, spandex and feather boas on a Greek Island paradise! Get ready to have the time of your life with *Mamma Mia!*

A daughter planning her wedding longs to discover the identity of her father. She brings three men from her mother's secret past back to the Greek island they'd all visited 20 years ago. This sunny, funny tale is a guaranteed get-happy hit. The story-telling magic of ABBA's timeless popular songs propel this delightful story of love, laughter and friendship. Don't miss the theatrical sensation that's been enjoyed by over 60 million people across the globe. A large cast, non-stop laughs and explosive dance numbers make *Mamma Mia!* a guaranteed smash hit that'll have you dancing in the aisles!

COURSE #: 1269f \$95

Wed, Jan 8, 2020; 9 a.m.–5:45 p.m. Wow Zone, SW corner

Registration Deadline: Mon, Dec 2 of parking lot

TRAVEL TIPS

- Register early to assure your spot on the coach bus.
- Arrive 15 minutes prior to departure and locate any traveling companions.
- Mon–Sat trips depart from WOW!Zone back of parking lot, 2030 Adams St, Mankato.

REGISTRATION TIP

• When paying with credit card it will show up on your statement as Mankato Area Public Schools.



EDUCATION/RECREATION

BASIC SKILLS: LOVE TO LEARN

10 Sessions

Develop and enhance your reading, writing and language skills through a fun, interactive classroom experience. There will be opportunities to socialize and share personal stories with your fellow students and teachers. Our experienced staff will provide individual and group lessons, based on your interests, to help you achieve your goals. You will have opportunities to expand and explore literacy through fun projects, activities, and computer programs.

COURSE #: 6471f Tue, Sep 10–Nov 12; 5–8 p.m. \$30; \$50 w/transportation LCC-Rm 202



MAASP DOWNHILL

9 Sessions

ACCESS, Mount Kato, and community volunteers work together to provide adults and youth with disabilities an opportunity to experience the thrill of downhill skiing. We have a wide range of adaptive equipment and experienced instructors who can assist all skiers to be safe and successful while having a ton of fun. We can also accommodate students who are attending school field trips or other group events. If you would like to receive more information or register for a lesson, please call Michelle Sorenson at (507) 207-3036. Partial scholarships are available.

COURSE #: 6995w \$25 per lesson Sun, Jan 5–Mar 1, 2020; 12–2 p.m. Mount Kato

Independent Skier evening lesson schedule: Select Tuesdays in January & February 2020; 6–8 p.m.

Volunteer training dates and times:

Experienced skiers are needed for a variety of on-snow volunteer opportunities. You'll be trained on adaptive equipment and techniques. Have fun, make new friends and introduce someone with a disability to the world of snow sports. Volunteer positions off the slopes are also available. If you would like to receive more information or to sign up to volunteer, please call Michelle Sorenson at (507) 207-3036 or e-mail msoren1@isd77.org.

Dryland Training

Sun, November 17; 12–2 p.m.

On-Hill Training

Sun, December 8; 12–2 p.m. Sun, December 15; 12–2 p.m.



ABE

SCHEDULE: SEPTEMBER-MAY

GED PREPARATION

Monday – Thursday 9 a.m.–2 p.m. Tuesday / Wednesday 5:30–7:30 p.m.

ENGLISH AS A SECOND LANGUAGE (ESL)

Monday – Thursday 8:30 a.m.–2 p.m. Tuesday – Thursday 5:30–8:30 p.m.

Tuesday – Thursday 5:30–8:30 p.m.

Additional Classes available (call for more information):

Citizenship Adult Diploma College Prep Basic Skills Training Beginning Computer

Job Skills Class Family Learning FastTRAC Career Pathway Programming Basic Computer Classes

What Services are available?

GED Testing Child Care Transportation Tutoring

Volunteer with us! If you are interested in volunteering at Mankato Area ABE, visit www.isd77.org and call us at (507) 387-5501.



Gain the confidence necessary to enroll in college and get a better job!

Start a new career by enrolling in a FREE 8-week preparation course. Courses are available in the 2 leading industries in our region: Healthcare and Advanced Manufacturing.

8-week courses include:

- Combination of face-to-face and online instruction
- Basic skills and computer literacy development
- Exploration of the industry
- Connection with local resources
- Basic understanding of workplace and college vocabulary

Successful completion of this course will lead to enrollment in South Central College, where you will be provided resources necessary for success in college and the workplace.

Please call (507) 345-5222 for more information about eligibility requirements and enrollment. Eligible participants must meet academic requirements and be eligible to work in the United States.



Earn these Certifications at ABE:

- Adult High School Diploma
- GED
- Certified Nursing Assistant
- Northstar Digital Literacy
- Welding
- Commercial Driver's Permit
- Computer Integrated Machining



Prepare for these Certifications at ABE:

- ServSafe Food Handling
- ServSafe Food Manager
- US Citizenship
- Para Pro





Our mission is to support people with disabilities to realize their full potential.

Information

& Referral

Advocacy

Independent

Living Skills

507-345-7139 | 709 S. Front St. | Mankato, MN 56001 | Offices in Fairmont, Mankato, New Ulm, and Waseca

www.smilescil.org

Transition to Community

Peer Mentoring



BOYS AND GIRLS TRAVELING BASKETBALL GRADES 4-8

New and returning players welcome! Our season runs from November to February with teams practicing twice a week and playing in 6-10 tournaments. Tryouts take place in October. The goal of the Mankato Basketball Association is to provide fair competition and a learning environment that enhances individual development and team play. Checkout our website for more information!

ONLINE REGISTRATION NOW OPEN!
www.mankatobasketball.net





Mankato 2019-2020 Dance Schedule

Classes start September 3rd!

Registrations accepted until Oct. 1st for the performance dance classes listed below. Session dance classes are listed separately.

1400 Madison Ave Suite 318 Mankato, MN 56001 507-625-2005 www.dcsmdance.com

Small Children' Classes

Wee Dancers Ages 2-3

Designed to introduce music and movement through basic dance and creative movement activities. Black ballet shoes required.

Tuesday 4:30-5:00

Saturday 10:00-10:30

Tiny Ballerinas Ages 3-5 Pink ballet shoes required

Tuesday 5:00-5:30

Saturday 10:30-11:00

Preschool Movement Ages 3-4

Develop motor skills, sociability while giving a fun, hands-on introduction to the world of dance. Black tap and ballet shoes required

Tuesday 5:30-6:00

Saturday 11:00-11:30

Toddler Tumbling Ages 3-5

Saturday 11:30-12:00

Take either Wee or Pre AND Tiny Ballerinas and get the second class for \$25 per month. Take Tumbling in addition to either of these classes for \$25 per month.

Combo Classes

Ballet, Jazz, Tap, and Tumbling *Black shoes required

Combo A Ages 5-6

Combo B Ages 7-8

Monday 5:00-5:45 Wednesday 6:00-6:45 Tuesday 7:00-7:55 Wed. 5:00-5:55

Combo C Ages 9-10

Thursday 5:00-5:55

Tap/Jazz Class

*Black Tap and Jazz Shoes required

Tap/Jazz 1

Tap/Jazz 3-4 Thursday 7:00-7:55

Thursday 7:00-7:55

Tap/Jazz 2

Thursday 6:00-6:55

Hip Hop Classes

Ages 6+ Instructor Recommendation

Hip Hop 1-2

Hip Hop 3/4

Monday 6:00-6:55

Thursday 8:00-8:55

Tuesday 6:00-6:55

Ballet Classes

Ages 5+, Instructor recommendations *Pink Ballet Shoes required

Beginner Ballet

Intermediate Ballet

Thursday 4:00-4:55

Thursday 6:00-6:55

Pre-pointe (approval required)

Tuesday 7:30-8:25

Dazzler Competitive Dance Groups

Diva Production: Monday 6:00-6:55 Competitive Technique: Saturday 9:00-9:55 *Team practice times and days TBD

Session Dance Classes 8 Weeks \$80 each

Session 1: Oct 5-Nov 23 Session 2: Feb 8 – Mar 28

Dance Sampler-Jazz, Tap, Ballet, and Tumbling. Non-performance class. Saturday 12:00-12:55 Ages 3+

Mommy & Me- Designed to introduce music and movement through basic dance and creative movement activities

Saturday 12:00-12:55

Ages 18 months+

Adult Classes

\$10 per class attend

Adult Tap

Monday 7:00-7:55

Adult Sampler Class

*Jazz, Tap, Hip Hop, Ballet Wednesday 7:00-7:55

World Fusion/Belly Dance

Ages 16+ \$40 or \$30 for new students a month Wednesday 8:00-8:55

CLASSES FOR THE WINTER/SPRING *each class is \$35/month

Starts Jan 8th Performs in the Spring Recital

Intro to Dance Ages 3-6 *black ballet shoes required Wednesday 5:00-5:45

Winter Combo Ages 6+

Intro to Hip Hop Ages 5+ Saturday 11:00-11:45 am

*black tap and black ballet shoes required Saturday 10:00-10:45

**No Registration Fee

Boys Classes \$25 per Month

Beg. Hip Hop **Ages 5-8**

Wed 6:00-6:55

Hip Hop Ages 9+

Ages 9+

Leaps & Turns

Tuesday 5:00-5:55

Thurs 6:00-6:55 Thurs 7:00-7:55

..........

Non-Performing Technique Classes

Ballet Tech Must have dance experience. \$60 a month, no discounts.

Ballet Tech Tuesday 5:00-5:55

Ballet Tech Room 1 Tuesday 6:00-7:30

Technique Saturday 11:00-11:55 **Beginner Tumbling**

Wed. 6:00-6:55

Ballet Technique

Strength & Flex

Saturday 10:00-10:55

Wed 4:00-4:55

Annual Membership Fee \$20 per dancer if registered by Aug 1st. \$30 after Aug 1st. Membership fee is non refundable Tuition \$30 for 30 minute classes, \$38 for 45 minute classes, \$45 for 55 minutes classes Discount for multiple classes Boys are \$25 per class per month

Performance dance classes are fall through spring commitment and are featured in our winter and spring recitals. Private solo/duet/trio lessons are available on a limited basis. Solo-\$35/half hour. Duet-\$30 per person/half hour. Trio- \$25 per person/half hour.

*All subject to change based on Enrollment. Minimum 4 students per class to keep classes.

**Costume Packages of \$100-105 will be due in October 2019. Package includes costume, tights when needed, practice cd, & recital t-shirt.



DENTAL SCREENING FLUORIDE VARNISH & SEALANTS

Open Door Health Center's dental health program goes into different elementary schools to provide FREE dental services for children.

A healthy mouth is an important part of overall health and wellness, and a healthy child is more ready to learn.

Franklin Elementary • Jefferson Elementary •

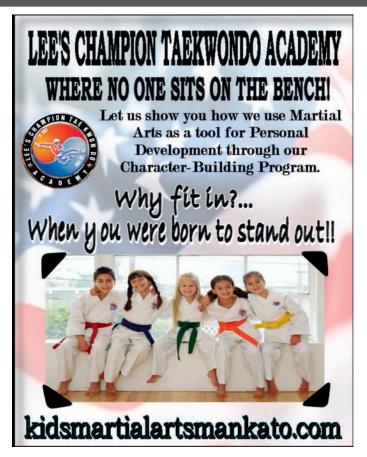
Kennedy Elementary • Roosevelt Elementary •

Rosa Parks Elementary • Monroe Elementary

Washington Elementary

LOOK ON PEACHJAR FOR FALL PERMISSION SLIPS!

ODHC School Dental Outreach Department 507-388-2120 ext. 5654 • schooloutreach@odhc.org





Mankato Children's Chorus is welcoming new members, NOW through Sept. 30

For more information, and to register online: MankatoChildrensChorus.org

Monday evening rehearsals start Sept. 9 Christ the King Church, Mankato

Concerts in December & April, plus a variety of community performance events









Find out by attending a HOMEBUYER EDUCATION CLASS



Offered monthly in your area!

Learn more about:

- The homebuying process
- Credit, budgeting, and affordability
- Finance options
- Life as a homeowner

Register Online or Call: Website: www.swmhp.org

Telephone: 507.836.1604 E-mail: maryb@swmhp.org











Camp Oz is a free, day-long grief camp for children, ages 6 to 18, who have experienced the death of someone in their lives.

Saturday, October 5, 2019
Camp Patterson at Lake Washington, Madison Lake
Call 507-594-2989 for information.







Anja Scheidel Musikgarten Studio 507-995-5497

www.makingmusik.com/anjamusikgarten

Come for the Fun, Stay for the Education [6]





connecting KIDS Connecting Kids provides financial assistance to eligible youth in grades K-12, so they can participate in a variety of out-of-schooltime activities.

We work closely with community partners who offer a wide variety of programs in the areas of athletics, arts, and many other recreational activities. For more information about programs, or to begin the application process, visit our website at https://sites.google.com/view/connectingkidsmankato

For more information, call (507) 207-3042 or email connectingkidsmankato@gmail.com.





STAY CONNECTED

www.mankatocer.com

www.facebook.com/ISD77MAPS/





Community Education & Recreation

CONTACT INFORMATION

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Judi Smith jsmith1@isd77.org

YOUTH ENRICHMENT/DEVELOPMENT

Melanie Schmidt mschmi3@isd77.org Robyn Hager rhager1@isd77.org **CER ADVISORY COUNCIL MEMBERS 2019–2020**

James Roy, Chair

Term 2022

Patrick Baker

Term 2021

Jeane McGraw

Term 2021

Dana Niu

Term 2022

Christina Shortall

Term 2020

Lynn Waterbury

Term 2020

Lynn Schreiner

Term 2022

Ahmed (Jaffer) Mohamud

Term 2020

Kaitlin Carter

Term 2021

Mike Laven

Appt. City of Mankato

Colleen Landkamer

Appt. Blue Earth County

Scot Johnson

Appt. ISD 77 Admin.

Darren Wacker

Appt. ISD 77 School Board

City Council Member

Appt. City of Eagle Lake

*Advisory Council information and application form is available online at

www.mankatocer.com

SCHOOL BOARD MEMBERS 2019-2020

Ann Hendricks, Chair

ahendr1@isd77.k12.mn.us Term Ends December 31, 2020

Jodi Sapp, Vice-Chair

jsapp1@isd77.k12.mn.us Term Ends December 31, 2021

Sara Hansen, Clerk

shanse1@isd77.k12.mn.us Term Ends December 31, 2020

Judi Brandon, Treasurer

jbrand1@isd77.k12.mn.us Term Ends December 31, 2020 **Darren Wacker**

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Abdi Sabrie

asabri1@isd77.k12.mn.us Term Ends December 31, 2020

Kristi Schuck

kschuc1@isd77.k12.mn.us Term Ends December 31, 2021

Paul Peterson, Superintendent

ppeter1@isd77.k12.mn.us



Registration is easy!

REGISTRATION AND PARTICIPATION INFORMATION

Preregistration (with payment) is required for participation unless otherwise noted.





IN PERSON Lincoln Community Center 110 Fulton Street Mankato, MN 56001

REGULAR OFFICE HOURS SEPTEMBER-MAY:

Office closed: Nov 28, 29, Dec 23, 24, 25, 30, 31, Jan 1 Monday–Friday 7:30 a.m. – 4:30 p.m.

TELEPHONE: (507) 387-5501 MN RELAY SERVICES: V/TTY 711

PAYMENTS

Fees should be paid in full at time of registration. Community Education & Recreation accepts VISA, MasterCard and Discover. Checks made payable to ISD 77 CER can be mailed or brought in person. **Payers will be charged an additional \$30 fee for any returned check. Participation for all members of the household will be suspended until the account is brought up to date.**

REFUNDS

Registrants wishing to withdraw their registration must do so no later than 4 business days prior to the scheduled start of the activity. You can be given a refund minus a \$5 processing fee. NO refunds will be given if withdrawal is made less than 4 business days before scheduled start date. No refunds can be given for trips or tours after the registration deadline.

CANCELLED CLASSES

CER reserves the right to cancel any event, class or program. CER will make efforts to contact registrants 48 hours before the scheduled start of the activity. Complete refunds will be given if cancellation occurs. If Mankato Area Public Schools' District 77 cancels school or releases students early due to weather concerns, CER activities will also be cancelled. For updated information, please check www.mankatocer.com or Mankato Community Education & Recreation Facebook page.

MAPS IMAGE RELEASE

Mankato Area Public Schools, 10 Civic Center Plaza, Mankato, MN 56001 has the right to publish my or my child's likeness, photograph, name, words and/or artistic works; and/or my likeness, photograph, and the same to be published in any form or medium (for example: print, electronic, video, social networking, etc.). To decline this permission for MAPS CER activities, written notice must be provided in advance to our office at Lincoln Community Center, 110 Fulton St. Mankato, MN 56001.

WEATHER

If Mankato Area Public Schools District 77 cancels school or releases students early due to weather concerns, Community Education & Recreation activities will also be cancelled.

Listen to one of the local radio stations for announcements regarding cancellations, or check the mankatocer.com website or Mankato Community Education & Recreation Facebook.

PERSONS WITH DISABILITIES

Individuals with disabilities are encouraged to participate in any class or activity listed in this catalog or online. If you require assistance in order to participate, please call the ACCESS Office, at least 2 weeks prior to the start of your class, at (507) 387-5501. The ACCESS Program provides recreational activities for individuals with physical disabilities, and modified classes for those with developmental/intellectual disabilities. See page 29 for instructions regarding specific class offerings. For the deaf or hard of hearing, dial 711 to contact the Minnesota Relay System.

THE FINE PRINT

Supervision is provided for participants only during listed activity hours. We cannot be responsible for anyone arriving early or left waiting after the scheduled ending time.

Participation in any CER program, class or activity is voluntary. Participants (and parents of participants) hold the department and district free from liability in case of accidents of any nature.

NON-ENDORSEMENT DISCLAIMER

The information provided by the instructor is intended for educational purposes only and not as a substitute for professional advice. Written materials provided by the instructor are not controlled by Mankato Community Education & Recreation and are not guaranteed for accuracy, timeliness or completeness.

| MANKAIO AKEA BUILDING KEY | | | | | | | |
|---------------------------|--|------|--|-----|--|--|--|
| В | BRIDGES COMMUNITY SCHOOL 320 Garfield, North Mankato | M | MONROE ELEMENTARY SCHOOL 441 Monroe Avenue, North Mankato | EHS | MANKATO EAST HIGH SCHOOL 2600 Hoffman Road, Mankato | | |
| EL | EAGLE LAKE ELEMENTARY SCHOOL 500 Le Sueur Avenue, Eagle Lake | R | ROOSEVELT ELEMENTARY SCHOOL 300 West Sixth Street, Mankato | WHS | MANKATO WEST HIGH SCHOOL 1351 South Riverfront Drive, Mankato | | |
| F | FRANKLIN ELEMENTARY SCHOOL 1000 North Broad Street, Mankato | RP | ROSA PARKS ELEMENTARY SCHOOL 1001 Heron Drive, Mankato | LCC | LINCOLN COMMUNITY CENTER 110 Fulton Street, Mankato | | |
| Н | HOOVER ELEMENTARY SCHOOL 1524 Hoover Drive, North Mankato | W | WASHINGTON ELEMENTARY SCHOOL 1100 Anderson Drive, Mankato | ECC | EARLY CHILDHOOD CENTER 2077 Lookout Drive, North Mankato | | |
| J | JEFFERSON ELEMENTARY SCHOOL 100 James Avenue, Mankato | DMMS | DAKOTA MEADOWS MIDDLE SCHOOL 1900 Howard Drive West, North Mankato | LCS | LOYOLA CATHOLIC SCHOOLS 145 Good Counsel Drive, Mankato | | |
| K | KENNEDY ELEMENTARY SCHOOL 2600 East Main Street, Mankato | PWMS | PRAIRIE WINDS MIDDLE SCHOOL 1200 Prairie Winds Dr, Mankato | FLC | FAMILY LEARNING CENTER 820 Hubbell Ave, Mankato | | |

ISD 77 COMMUNITY EDUCATION & RECREATION DEPARTMENT

Lincoln Community Center 110 Fulton Street Mankato, MN 56001

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