

Still HHS ^ Under Construction

Samantha Marano and Avery Heilbrunn
Staff Writers

Since March 2018, Harrison High School has been “improving our appearance,” as depicted on the large sign in front of the bulldozers and dirt piles. The new construction has been an incredibly long process; however, the new guidance offices were largely completed over the summer. Now the school waits in anticipation of an exciting new wing for the math department.

Assistant Principal Mr. Larry Mastrota said, “Our goal is to have the new math wing construction complete for the first week of November.”

The new guidance wing is a drastic change from the guidance offices of the past; the wing features large offices with tall airy windows. The guidance offices are now more welcoming than ever.

While awaiting the completion of the new classrooms, many students have math in the small gym, which many find distracting and frustrating. Multiple students complain

everything.

While many joke that they get to “learn about Geometry while sitting in Pre-calc,” many in reality are frustrated with the unavoidable background noise. In addition, students in classrooms often find the noise of the ongoing construction to be a huge distraction.

However, the small gym has provided air conditioned comfort to students during a hotter than usual start to the school year.

Some students are confused with the priorities of the scheduled construction. Many are asking, “Why does guidance get new offices before students get new classrooms?”

According to Mr. Mastrota, “The new guidance offices are a smaller space and since these are not classrooms, there are less things to do. The new guidance offices are just easier to construct than a classroom.”

There are going to be eight

classrooms will feature upgrades such as air conditioning, but we were informed by Mr. Mastrota that there will be no air conditioning.

There are pros and cons about the math wing construction. The math wing benefits the math teachers a lot be-



“I teach all my classes in D-128 and it is difficult to teach with the construction right outside the classroom,” he said. “Not only is the noise a disruption, but students are often distracted watching the crew work. It can be frustrating planning instruction because you never know how loud the construction is going to be. One period it may be quiet and you can conduct a Socratic sem-

inar without a problem, but the next period it could be so loud that you cannot even hear the person next to you.”

Even though the new classrooms are taking more time than originally anticipated and the construction can be quite distracting and inconvenient at times, the new wing and classrooms will provide a much needed improvement to the overall learning environment of Harrison High School. As many of the math teachers indicate, “It will certainly be worth the wait.”



Improving in a constructive way. Recent photos tell the story of the progress being made by leaps and bounds. The top right shot shows an angle of the new classrooms that looks to be near completion, while the one immediately above still is getting its rock facade. Optimistic forecasts have students into the new classrooms within a matter of weeks now.

Photos courtesy of Ella Napack

that since there are four different lessons from various teachers going on around you, it's hard to concentrate. Students in the small gym can hear

additional math classrooms in the new wing, but students have unfair expectations. Many assume that, since it is a new extension, these

teachers that teach near the construction like Mr. Brill, an English teacher, had a few points of contention about the construction for the new math wing.

cause soon they will get nice new classrooms.

Math teacher Mr. Roberts said, “It looks like they have been making great progress over the past few weeks. I am very excited to move into our new space.”

Other teachers that



Sweet suite. The new guidance suite featured some of the roomiest spaces on the entire campus, a marked improvement over formerly cramped offices that had no windows and little privacy. Now students can meet with their counselors in style, courtesy of the new construction. Features include more room and windows that let in the light.

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NEWS & FEATURES

Transitioning from LMK to HHS

Julia Ansel and Jolie Roshco
Staff Writers

The transition from middle school to high school differs from person to person and school to school, and many believe that it is one of the most difficult ones to make. Contrary to popular belief, this changeover isn't as hard as people make it out to be. There are many differences between the two schools though, aside from the difficulty of navigating the hallways.

The independence of students is a huge change from middle school to high school. One of the most prominent underlying examples of this is how many teachers don't have one constant classroom. Though this sounds like it wouldn't be an immense change, this greatly affects a student on a day-to-day basis. Students take on more responsibility because they can't walk straight into their teacher's classroom at any moment if they have a question or prob-

lem. Prior to being able to talk to the teacher, students must email or communicate with their teacher to find out the classroom the teacher will be in, and when is an appropriate time to visit. The responsibility of knowing when you need to visit your teacher falls onto the lap of the student.

Alongside having to be more responsible when it comes to your teachers, students are held more accountable for work. Getting work in on time and knowing the due dates, becomes more and more crucial in the high school. In middle school, teachers were more lenient with due dates than they are in the high school; all work needs to be submitted on time.

Bells are yet another change that influence the transition from LMK to HHS. There are three bells that go off every period: the bell that lets you know class has started, the

one that lets you know class has ended, and the one that tells you that class will begin in one minute, called the warning bell. The warning bell is very important, but particularly undervalued. This bell lets you know that if you are not in class, you need to be. In LMK, we just had to walk to classes without knowing the exact time we needed to be in our next class. Teachers would let students out of classes late because they would neglect to look at the time, which would cause those students to be late to their next class. Classes can be located very far apart and it is crucial to know when you might be late to class. In the high school, the bells keep the students and teachers efficient with time.

The IB enforcement is arguably the biggest change from middle school to high school. The IB program is becoming more and

more integrated into our school system and ninth graders can really start to feel it when entering Harrison High. The middle school hasn't focused on IB nearly as much as the high school does (editor's note: this will change with the new Middle Years Program). The most students learned in the middle school about this upcoming program was the learner profile, 10 traits that can lead to success.

In contrast, IB ideas and plans are taught in every classroom at the high school, which allows students to grasp exactly what the IB program is and how it will truly affect their learning. This change definitely takes some getting used to, whether for the worst or for the better. As of this year, the middle school curriculums



Courtesy of Harrison Central School District
are incorporating IB ideas into their lessons and plans which will make the switch to high school even easier for future classes.

Changing schools always includes numerous differences and changes, but once you overcome the fact that one of the biggest obstacles is the size, figuring out the other challenges is not as hard as it is made out to be.

The New Kid in Town (One of 51)

Joshua Naar
Staff Writer

In this new school year, there were over fifty new students who transferred into HHS. Here is a candid impression from one of the "new kids."

As a student new to the Harrison Central School District, the move has been relatively easy for me. I was one of the few freshman who did not come from LMK, having transitioned from a small private school in Greenwich, CT. On the first day of school I was very lost and struggling to find all of my classes, but when I asked teachers, they were very helpful in directing me and they often told me that it was okay to be late, because it was the first day.

I realized that at Harrison High School, students have a lot of free-

dom, compared to my previous school, which had a very strict dress code and where cell phones were banned on campus. At Harrison High School, students are able to use their phones freely in the halls and sometimes during class to take notes, if the teacher allows.

Fellow freshman Ike Onwuasoanya said that one of his favorite aspects of attending Harrison High School was being permitted to listen to music during certain parts of class, which helps him stay on task.

The dress code at Harrison High School is much more relaxed and collared shirts and dress pants are not required, as they were at my previous school. Overall, students enjoy greater independence and se-

"The culture at Harrison is very different..."

niors are even allowed to leave campus for lunch. When students get free periods, they can either hang out in the cafeteria or do work in the library.

Many students at Harrison High School were attracted to the school by the International Baccalaureate Program, allowing their diploma to be more easily recognized and valued by universities all over the world. Due to the IB Diploma Program,

Harrison High School has a surprising number of international students from countries such as Japan, Greece, Great Britain and Australia, making for a more diverse student population.

Another interesting aspect of Harrison is the elective classes you take, every freshman picks one elective that they will take everyday and one elective every other day. These electives help students learn tasks they will need in the future or give students an option to take something they are passionate about. For example, Personal Finance is a course designed for students to learn about budgeting and how credit works. I am taking Design and Drawing for Production which is a really fun

class where students are able to learn about the design process engineers and architects use to design tools and houses. Electives are my personal favorite class at Harrison because of uniqueness of the class.

The culture at Harrison is very different than at my old school. Being a large public school they value their sports very much so. Football games draw a lot of students and community members to the field to show their support of the school.

Overall, the culture, electives, freedom and athletics are what have made Harrison High School more exciting than middle school and as a new student I feel very lucky to be attending here.

Temporary Ban Placed on Senior Bench

Sarah McGinity
Staff Writer

The common area filled from wall-to-wall each period with twelfth grade students, was prohibited from student use on Monday and Tuesday, the week of September 24.

The Senior Hallway is an area for seniors at the high school where many students opt to eat lunch, do homework, and socialize. It is typically the most crowded during lunch periods, filled with the aroma of Chipotle burritos and other foods from local Harrison restaurants.

Students from younger grades are unable to reap the benefits of this senior hallway. The hallway is

decorated by the seniors during spirit weeks and is an area where seniors congregate and associate each day.

However, an email went out to seniors on September 24, announcing the temporary bench ban:



Courtesy of Sarah McGinity

*Seniors,
We have received too many comments from teachers regarding the behavior in the senior bench area.*

We have asked on several occasions to keep the music at a low level, stand during passing time and keep the area clean.

Unfortunately, due to lack of following these simple requests - the senior bench will be off limits and shut down for Monday and Tuesday.

By Wednesday we will review the rules once again with hopes that as seniors you able to display the

respect and leadership qualities we believe all of you possess.

Mrs. Griffo and Mr. Mastrota

Although it was a disappointment to most seniors, the Senior Hallway was closed for the two days, but privileges were restored on Wednesday.

"After hearing about the closing of the senior bench, I think it was fair that it was shut down for numerous reasons," said senior Matthew Griff. "First, the rules were told to us in the beginning of the year at our grade level meeting and the rules weren't

followed like we promised as a grade. There were even many pictures that the administrators showed us as an example of proper behavior.

In addition, the new patio outside is a great way to enjoy the perks of the senior bench while also getting the fresh air during the nice weather.

Personally I had difficulty moving in the hall and the loud music made it hard to speak to teachers and classmates. In all, I feel that we should all behave respectfully, and collectively as grade to get the privileges that we want as a senior class."

Gavel Up and Join Model Congress

Avery Heilbrunn

Staff Writer

If you strongly enjoy public speaking and modeling being a lawyer or politician, then you must join this club. Model Congress helps you with some great things, such as public speaking and building your confidence with talking about topics on the fly. The bills that the club learns and talks about give you a lot of information about the world.

The Model Congress club has been going on at Harrison High School for about 15 years and has been quite successful. It helps kids further their understanding and knowledge of vocabulary and also improves their social skills.

Everyone makes the club, but

only a certain amount of people attend the two trips they have each year. The first trip is to Yale University and the second trip is to the University of Pennsylvania. It's very challenging to make the trips because so many people are competing for those spots.

On the trips there is a Mock Congress assembled in which other schools compete against each other. The people on the trips receive the bills to be debated the night before so they can prepare for the following day. This trip is a great way to make new friends and meet interesting people.

Roya Azar, who is a sophomore

and on the board of Model Congress says, "I think Model Congress is a great way to improve public speaking skills while also discussing topics that you're passionate about or have not even heard of. The trips are extremely fun and a great way to bond with other students from your school and other schools. If you're uncomfortable with speaking in front of people, you can develop that skill. Additionally, you learn about current events and issues on a national and international scale."

Model Congress helps build confidence because it makes students better informed on topics of interest that could be discussed in

daily conversations. Model Congress also provides a safe space to practice public speaking, so when it comes to speaking in other situations, you can be more confident.

Once you become more used to Model Congress and the bills and also have been on the trips you start to create your own bills. Once you write your bills, you can pick one of these topics to write about: Judiciary, Foreign Relations, Health, Education, Labor, and Pensions, Intelligence, Environment and Public Works, Education and the Workforce, Foreign Affairs, Transportation and Infrastructure, Agriculture, Oversight and Government Reform,



Courtesy of Maddie Kraus

Armed Services, Commerce, Science, Transportation, Environment and Public Works, Ethics, Health, Education, Labor, Pensions, Education and the Workforce, Energy and Commerce, Financial Services, Foreign Affairs, Science, Space, and Technology.

Friends of Rachel Brings Kindness to HHS

Lucila Waisburg

Staff Writer

Friends of Rachel is a club in Harrison high School. Its main point is to help people in need, and slowly change the world. The club has been around for the past eight years in Harrison. It was originally founded after Columbine student Rachel Scott was killed in a school shooting in Columbine, Colorado on April 20, 1999.

While reading her journal, her parents found that Rachel's wish was to be able to change the world, so after she died, they decided to create a foundation in her honor, to help the people in need.

The club takes care of doing many things for the community, such as help make the new kids in the school feel included. The club makes sure they write a letter to every new kid in the school, welcoming them to the school in order to make them feel included.

"It made me feel happy to be

reaching out to people who might need an act of kindness after being surrounded by strangers and made me inspired to do more acts of positivity!" says Arwen O'Brien, sophomore.

Every year, the club sticks post-its with nice notes on the lockers, which are then read by the people to make everyone feel safe and loved. The main point of this activity is to make people feel good, and make the school a safe place for every students.

"I think it's beautiful that our school is filled with such caring individuals and I'm glad we all try our best to make people feel welcome" says Alexa Burko, a sophomore.

Every once in a while, the club makes sure to dress in a specific color to show support for a specific cause. They also collaborate with other clubs, such as the gay-straight-alliance in order to sup-



Join us for lunch. The Friends of Rachel Club encourages lunch tables to post this sign to indicate that anyone is welcome to join them, so that people need not eat alone anymore. This is just one of the many helpful and kind initiatives the club has sponsored.

Courtesy of Ella Napack

port what the club has to offer.

Lately, inclusion has been one of the club's main focus. They decided to place stands on the lunch tables that read "open table". The main point of this is to make the lunch tables open for new people who might not have a seat, or simply want to socialize and make new friends. The club encourages all students to let new people sit with them even if it is once a week.

Not only is the club really fun because you get to hang out with

friends, it is also very fun to help others because it makes people feel really good to do something for the community. Bake sales are a very common event within friends of Rachel, trying to raise money for an important cause.

Mrs Ganns, the club's supervisor says "I believe that we all have the ability to leave world better than we found it and the club gives me a way to do this and to help students do it was well." Mrs Ganns has been in the club for eight years, which is since the club started in Harrison High school.

People in the club have, over time built a bond and can always rely on each other "It feels empowering that I can make a difference and help people and be surrounded by others that feel the same" says Alison Kenney, a sophomore.

Not only is Friends of Rachel a club, it is also a community.

Google Knows More About You Than Facebook

Emma Berkowitz

Managing Editor

Recently, *Facebook* has experienced privacy issues with selling personal information but the truth is that *Google* has more of our personal data than *Facebook* does.

According to *The Wall Street Journal* article by Christopher Mims, "Google uses... our browsing and search history, apps we've installed, demographics such as age and gender and, from its own analytics and other sources, where we've shopped in the real world. Because it relies on cross-device tracking, it can spot logged-in users no matter which device they're on."

This same article states, "Google fuels even more data harvesting through its dominant ad marketplaces. There are as many as 4,000 data brokers in the U.S., and collectively they know everything about us we might otherwise prefer they didn't—whether we're pregnant,

divorced or trying to lose weight."

An article from *CNBC* by Todd Haselton state that "Google collects

a lot of your personal data in order to target ads and improve your experience...If you use its products, such as Gmail, Google Search or even an Android phone, the company is collecting your data to make its services better for end users."

Junior Nasia Meimetas said, "With Facebook encountering so many issues with privacy and our personal data, it is scary to think that Google has more than Facebook does."

Megan Rose Dickey stated in an article from *Business Insider* that "Google's recent acquisitions hint that it's about to go even further. It's moving toward knowing everything about us — not just in the online world, but also in the offline world."

This article states that "the National Security Agency has access to all of the information we freely give Google, albeit not with Google's permission. In order to make government spying more difficult, Google has since announced that it plans to encrypt all Gmail messages while they're in transit...Google is doing its best to assure people that their data is secure, but in reality, the U.S. government still has access to your communications on Google's servers."

Junior Sydnee Smith said, "We don't know what Google does with all of our information besides storing it so we shouldn't really be worried about them having it yet. Facebook is selling our information to third par-

ties so this is more concerning at the moment."

According to an article from *Vulcan Post* by Dale Jong Wong "If you have Google's location services activated on your phone, you can view a timeline of all the places you've ever been to since you started using Google on your device."

This same article states that "If you thought that deleting your browsing history on Chrome or Firefox was enough to remove all traces of your web activity, then you might be surprised (or not) to know that Google still keeps a detailed list of all your online movements related to Google's services such as Maps, Chrome, and YouTube."

Similar to Facebook, Google stores our personal information. But, it is more concerning that Facebook has our data because they are selling our information while Google is storing it.



Google Knows All! While it hasn't yet sold its information, Google knows more about users than any other site, including Facebook.

Photo courtesy of Gadgets Now

Crucial 2018 Mid-Term Election Is Imminent

Joshua Naar and Jake Petrillo
Staff Writer and News Editor

The Midterm Elections are a time when the votes of U.S citizens can significantly affect the political composition of Congress. These elections occur once every four years, halfway through a U.S President's four-year term. The outcome of the elections is essentially a reflection on how the President has done so far in his term.

The Congress encompasses the U.S Senate and the House of Representatives. The U.S Senate has 100 seats, two for every state and the House of Representatives has 435 seats in total. The House of Representative terms are two years, while Senate terms are six years. Currently, the Republicans have the majority in both the Senate and the House of Representatives.

Of the 435 seats up for election, Democrats need to win an additional 23 seats to take the majority. In the Senate, 33 seats are available and Democrats would need to win an additional two seats to take the majority. Flipping the Congress' majority party is very rare and has only happened three times in the past 25 years.

Midterm elections usually are defined by a low voter turnout. According to *PBS*, voter turnout in the 2014 Midterm election compared to the 2012 Presidential election decreased by over 20%, dropping from 57.5% of eligible voters to 36.4% two years later. During the Midterms, every House seat is up for election, while one of three classes of Senate seats are up, along with a slew of Gubernatorial seats. This year 36 Gubernatorial seats are being determined.

What is at Stake?

For many, the Midterm Elections are a way to check the current

Presidential Administration and its policies. Historically, the political party in control of the Legislative Branch loses seats in Congress, such as the 2010 and 2014 Midterm Elections respectively resulting in control for Republicans.

The most pressing matter is the Democrats' campaign to reclaim the House of Representatives. Organizations such as Swing Left aim to increase fundraising and voter participation in swing districts across the United States. According to the latest Monmouth University Poll, Democrats hold an 8-point lead in the House of Representatives over their Republican counterparts. If the Democrats are able to take back the House, it would be a check on the current Republican monopoly on the Executive and Legislative Branches, and their support of President Trump. If Republicans retain the House, it is an indicator to Trump's energized base, and a predictor for the 2020 Presidential Election.

In total, all 23 incumbent Democratic Senators are running for re-election, while only three Republican Senators are running for re-election, with six others retiring. Ten of the Democratic Senators are running for re-election in states that voted for President Trump in the 2016 election (according to *The Hill*), and special elections are occurring in Minnesota and Mississippi after the appointments of interim Senators in the wake of Al Franken's and Thad Cochran's respective resignations.

Unlike the House of Representatives, the Senate is not likely to flip to Democratic control due to the high amounts of Democrats up for re-election and the popularity of Republicans in the states where seats are open. According to *FiveThirtyEight*, "Democrats have the most unfavorable Senate map in 2018 that any

party has ever faced in any election."

Which Contests Should I Be Following?

Florida Senate and Gubernatorial

Republican Governor Rick Scott and incumbent Senator Bill Nelson are almost tied in every poll. However, ever since Andrew Gillum's win in the Democratic Gubernatorial Primary, Bill Nelson has seen a slight increase in probability of winning, and now polls an average of 2.4% ahead of Rick Scott. On October 21,

Florida Gubernatorial candidates Ron Desantis and Andrew Gillum had a one hour heated debate broadcast on *CNN*. Florida is a very divided state, due in part to many environmental issues and disagreements over gun control laws. Gillum, the Democratic Candidate, has an environmental plan to create more green energy for Florida. This would help with the state's current energy crisis caused by the surge of destructive hurricanes in recent years. When the Parkland shooting was discussed during the televised debate, Gillum said that he is prepared to stand up to the NRA. Desantis, on the other hand, said, "We are going to fix it in terms of school security."

Texas Senate

Republican Incumbent Ted Cruz is facing stark competition from his opponent Beto O'Rourke. Despite polling an average of 7 points ahead of O'Rourke, this is the closest Senate race in Texas' history, and O'Rourke recently held the largest rally since President Obama in Austin, with the venue reaching its capacity of 55,000.

Missouri Senate

Democratic Incumbent Claire

McCaskill is defending her seat from Republican challenger Josh Hawley. In the 2016 Presidential Election, Trump beat Clinton by 18 points in Missouri, but Hawley only leads McCaskill by an average margin of .4 percent.

North Dakota Senate

Democratic Incumbent Heidi Heitkamp and Republican Kevin Cramer are battling for the Senate seat. Although this election was seen close at first, Senator Heitkamp voted "no" to the confirmation of Supreme Court Justice Kavanaugh, much to the anger of many North Dakotans. Thus, Cramer is now polling at an average of 8.7 points ahead of Heitkamp.

Arizona & Nevada Senate

Both of these seats would be seen as Democratic flips. In Nevada, Republican incumbent Dean Heller is current tied with opponent Jacky Rosen, while in Arizona Republican Martha McSally is polling .3 points ahead of her opponent Kyrsten Sinema.

Tennessee Senate

Following the retirement of Senator Bob Corker, Republican Marsha Blackburn and Democrat Phil Bredesen were virtually tied in early poll analysis. Now, Marsha Blackburn holds an average lead of 5.5 points ahead of Bredesen. Recently, native Tennessean Taylor Swift endorsed Phil Bredesen for Senate and encouraged people, especially those in Tennessee, to register to vote. Following this, a reported 65,000 people in Tennessee registered to vote.

According to *CNN*, Democrats are eyeing the Northeast, including New York State and New England, as a place to add a few seats to the

House. Located just north of Harrison is Electoral District 22, where a close race between Claudia Tenney and Anthony Brindisi is taking place. During the most recent Presidential election, this district voted for President Trump by a margin of 15.3 points. Over the summer Trump visited Utica, drawing huge crowds. He spoke for a swift 35 minutes at a local hotel. This action has seemed to not have swayed many voters, according to political prognosticators at *FiveThirtyEight*, which projects that Democrat Brindisi has a 61.5% chance of winning the district.

If Democrats win the majority for either the House or the Senate, Americans should expect further investigation into charges of corruption and political tampering in the U.S. election process by Russia. It is also possible that the House of Representatives may call for a vote on the impeachment of President Donald Trump for alleged collusion with Russia during the elections, or for illegal money laundering, or for paying hush money through lawyer Michael Cohen to people such as Stormy Daniels.

The Midterm Elections are one of the most important times in our country's government. These potential changes to the political makeup of our government will shape the future for us, which is why we should learn more about the midterm elections in school.

"We haven't been learning about the midterm elections at all and I feel like we should," said freshman Ben Lovinger. "Issues such as gun control have a direct effect on our school community."

While we may not yet be able to vote, it is our responsibility as upcoming voters to stay as informed and involved as possible.

Government Considers Gender Redefinition

Madison Schiro
News Editor

On Monday, October 24, President Trump stated that his administration is considering changing the way gender is defined in our laws. This means that they are considering defining gender as something assigned to a person at birth based on one's genitals.

This is the largest and most drastic move in a series of decisions made by the Trump Administration to push back against how gender and sex were loosely defined under the Obama Administration.

Such decisions have included the President attempting to ban transgender people from the military, assigning transgender inmates to prisons based on the sex of their birth certificate, and the Education and Justice departments dismissing transgender discrimination claims about bathroom issues in public settings resulting after their decision to repeal a memo from the Obama Administration that allowed all transgender students to use the bathroom of the gender they identify with in schools.

"I remember when Trump put out those tweets," Becky Burkhardt,

senior, stated, referring to Trump announcing a transgender military ban through a series of tweets. "Everybody went crazy. Now it seems we're right back in the time. I guess we never really left."

Now, the Department of Health and Human Services is looking to officially define sex under Title IX, a civil rights law that prohibits gender discrimination in education programs that are government funded.

According to Erica L. Green, Katie Benner and Robert Pear at *The New York Times*, the department argued government agencies

need to establish a clear and uniform definition of gender based on biology and science. The agency's proposed definition defines sex as unchangeable, and determined to someone at birth. Any argument against one person's sex would have to be cleared up with genetic testing.

"The sex listed on a person's



Be an individual! HHS student art pieces celebrating individuality decorated the hallway outside the performances of *The Laramie Project*, a play that chronicled the brutal death of Matthew Shepard 20 years ago, and a town's reaction to its aftermath. This new governmental decision might set back much of the progress that has been made in recent years for the LGBTQ+ community.

Courtesy of Madison Schiro

birth certificate, as originally issued, shall constitute definitive proof of a person's sex unless rebutted by reliable genetic evidence," they stated.

Sophomore John Carpino said, "Are there any actual transgender people deciding these issues? I don't think so. How can we let people who clearly have no idea what they're talking about erase entire lives?"

The Trump Administration has also tried to quietly pull apart Obama-era decisions, such as an attempt to get rid of questions about gender identity from a 2020 census survey.

The Education Department is planning on releasing a proposed rule discussing sex discrimination and sexual assault. Addressing gender identity issues may be a part of their plan.

According to Laura Meckler, Samantha Schmidt, Lena H. Sun at *The Washington Post*, In 2013, the American Psychiatric Association's diagnostic bible adopted "gender dysphoria" to describe the symptoms and distress experienced by transgender people, eliminating the older designation of "gender identity disorder."

This change marked a turning point in the treatment of people who felt they were in the wrong body, and a growing recognition that such feelings were not a mental illness.


Discussion about a new administration approach was cheered by conservatives who believe the Obama administration's work to expand legal rights in this area was legally and morally misguided, and immediately condemned by the transgender and gay rights community, which views it as an imminent threat after years of gradual legal and cultural progress towards a more accepting society.

Katie Cole, sophomore, said, "This could absolutely destroy 1.4 million lives in the United States. Under the Obama administration, we were making progress, everyone was feeling more accepted. Now, these new definitions of gender is basically telling transgender people they don't matter."

Despite pushback and protests from the LGBTQ+ community, the future of their safety and where their lives are heading is in serious trouble.

2018-2019 Club Schedules

Monday	Tuesday	Wednesday	Thursday	Friday
Buddies Club B109 Two Mondays Per Month at 2:30	Due to faculty meetings, clubs will not meet on Tuesdays	Dance Connections A101 at 2:30	Astronomy Club D208 at 2:30	T G I F
Chemistry Club D204 at 2:30		DECA B100 at 2:30	Cable Club D117 at 2:30	
Computer Science Club D119 *alternating Mondays at 2:30		Friends of Rachel D112 at 2:30	Gay Straight Alliance D132 at 2:30	
Film Studies Club D128 *alternating Mondays and Tuesdays at 2:30		Husky Herald D119 at 2:30	Model Congress B107	
French Club C103 at 2:30		Jazz Workshop HPAC 6:30pm-8:30pm	Youth Volunteers of Harrison D112 *first Thursday of each month	
HPAC Tech Crew HPAC at 2:45-4:00		Latin Club C101 *first Wednesday of each month and as needed at 2:30 possible activities on weekends		
Italian Club C101 *first Monday of each month and as needed at 2:30 possible activities on weekends		Literary Magazine D126 *alternating Wednesdays and Thursdays at 2:40		
Spanish Club C103 *first Monday of each month and as needed at 2:30 possible activities in between		Yearbook A101 at 2:30		
Strings Club HPAC at 2:30				
Student Advisory Board D113 at 2:30				



The schedule varies for the following clubs/activities. Please see the advisor(s) for clarification: Art Club (A105), Color Guard, Debate Team (D104), Footlight Players (HPAC/A100/A101), HHS Playhouse (HPAC), Husky Harmonics (HPAC/A100), Major-ettes, Math Club (D202), Peer Leaders (D105), ROTOY (D105), and Youth to Youth (SADD) (D116).

Chart compiled by Samantha Marano

The *Husky Herald* is always looking for new talent. Write an article, take photographs, conduct surveys, create graphics, help layout upcoming issues. Even if you can't attend our Wednesday meetings, join our Google Classroom (code f54rz0f), or send us an email telling us what you'd like to contribute. Come be a part of our award-winning success!

opinions & editorials

IB Culture - An Informed Choice

Staff Editorial

To IB or not to IB? That is the question.

The International Baccalaureate Program at HHS and the culture surrounding it still remains an entity evolving. As we now move to bring the Middle Years Program to the middle school, to better help those students prepare for the high school's IB Diploma Program, here are some thoughts on how the IB Program has supporters and detractors here.

One of our staff has a brother who has just started middle school, and seems to have the same amount of homework as she does. On many days, he has more. Based on how much her brother has to do, she wonders if the Middle Years Program adds an unnecessary workload to middle schoolers.

Many students outside of our high school are not aware of the IB Program's existence. Some students in the district did not even know about it until they started in the high school. Some of those who choose not to participate in the program say it is useless for them, since they do not plan on living in foreign countries. The diploma is not about living in a foreign country - it's a citation earned through hard work and knowledge. Perhaps some are intimidated by the difficulty of the classes and the work it takes to get a diploma.

Still, there are other students who have graduated and claimed it wasn't worth it, while some detractors believe the former Advanced Placement program was more important and practical.

Students are taught the IB Program with a different approach than what most neighboring high schools with only Advanced Placement courses have. The AP program has an approach where all year long students prepare for the massive, important year-end test that defines if they retained the material from the past year or not. With AP courses, everything depends upon that one final assessment. So is the IB program better?

In spite of such questions and quandaries, there are plenty of students who do enjoy the rigors and challenges of the current IB Diploma program and get a lot out of it. The IB program creates learners that are globally aware with the ability to think on their own, and are able to drive their own learning. Although the IB program can be incredibly challenging and time consuming, the structure of it within our school allows students to choose the level of academic difficulty that they desire. The vast selection of IB courses allows for students to make decisions and take control of their learning, while also being supported by the school. The IB program brings to the table what the AP program lacks; it places emphasis on community service through the CAS project system, and it helps students develop necessary research skills through the Extended Essay program. In this regard, the IB program prepares students for college and life in a way that the AP program is unable to.

Students appreciate how it teaches important critical thinking skills in ways that are better than classes that require simply regurgitating information. They enjoy how it hones their public speaking skills, and exposes them to works in translation they might not have seen otherwise. Theory of Knowledge makes them think about how they know things. The IB Program has more interactive projects, essays, and speaking assignments used for students to truly master the information and not simply regurgitate it after the exam is over at the end of the year. There are also two year courses that force students to truly grasp the material for the IB two year exam classes at the end of senior year.

Many view these additional components of the IB program as time-consuming and useless, but in reality they are developing students with the academic, social, and emotional characteristics to succeed anywhere in the world. Unfortunately, it has inevitably created two different schools within our school, simply because there are some kids learning things that are completely different than other kids.

While the IB program encourages personal and academic achievement, it still may not be the best choice for all students. Many say the IB program tends to emphasize writing, which may not be easy for students who excel more in science and math. Also, students often contemplate whether or not to challenge themselves with the IB diploma because of the extra work aspects such as the Extended Essay, the CAS project requirements, and even an extra class, Theory of Knowledge. Students who do not pursue the Diploma do not have to do these requirements. Deciding whether or not one should do the IB Diploma should depend on the student's motivation beyond weighing the benefits versus how much time and effort is required. While parents and guidance counselors can discuss the merits and requirements, in the end it is entirely a personal choice.

The IB Diploma Program is a great way for Harrison High School to distinguish itself from lots of other competing schools, and it seems to be bringing in more international students. However, it is a lot of work, and ultimately, it may not be for everyone.

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Mission Statement

Our mission is to be the voice of all of Harrison High School by professionally representing and informing our school with an accurate and entertaining newspaper. Our newspaper strives to uphold the tenets of journalistic integrity.

Editorial Policy

The Husky Herald is published by the journalism classes at Harrison High School, along with the volunteers who attend the weekly meetings. Editorial content of *The Husky Herald* is determined by the editorial staff and reflects the opinions of the editors and staff, not necessarily that of the Harrison High School faculty and administration. The staff of *The Husky Herald* encourages students to get involved and have their opinions heard. If you have any questions, comments, or would like to respond to an article, please write to us. Letters containing the writer's name (and that are in good taste) will be printed. We reserve the right to edit such responses for grammar usage, clarity, punctuation, and length.

Time to Undermine the Stereotype

Ella Napack

Editor-in-Chief

When the Beach Boys released their eleventh album “Pet Sounds” in 1966, it initially met with a moderate response from the public, unlike their previous albums, which were worshipped by thousands and thousands of fans worldwide. This work was composed, arranged, and produced nearly entirely by Brian Wilson, and his creative vision incorporated sounds such as dogs barking, bells, soda cans and banging on the studio walls. Although this form of creative genius was not completely accepted at the time, the album went on to become second in *Rolling Stone*’s ranking of the “500 Greatest Albums of All-Time.”

Brian Wilson suffers from schizophrenia, a mental disorder that caused him great difficulty; however, it provided him a unique perspective for creation that can not be accessed by the “normal” brain. Brian Wilson trusted in his “gift” of a unique creative mindset and, as a society, we need to begin accepting the creative gift of many with mental

disorders instead of merely discrediting the creative legitimacy of a person with a mental disorder.

According to the *Treatment Advocacy Center of America*, nearly 40 % of cases of schizophrenia go untreated. Society’s perception of the disorder often contrasts with its reality; there is enormous misunderstanding surrounding the disorder. People often jump to the association of schizophrenia with inherent violence and unmanageable psychosis. This is far from the truth for the 2.6 million Americans with this disorder. This is not to say that there is not a link between schizophrenia and violence, but there is clear evidence within studies that this risk of violence can be significantly reduced. According to *The Sainsbury Centre for Mental Health*,

19 out of 20 people who commit crimes do so without any severe mental health problems. The word itself, schizophrenia, immediately derives a negative connotation, and

throughout its portrayal in movies and television shows, it has evolved into a stereotype of uncon-

trollable psychosis.

This stereotype is incredibly limiting for the millions of individuals throughout the world who are able to manage the enormous obstacles of the disorder. This stereotype and stigma is manifested in television as schizophrenia is often associat-

“The journey of an individual with schizophrenia is not an easy one...”

ed with characters who suffer from drug addiction and are essentially unstable. The reality of many who suffer from the disorder contrasts this drastically; when the disorder is managed properly, schizophrenia does not have to determine the ability of an individual to have a productive and meaningful existence. The “taboo” surrounding schizophrenia limits the humanity of schizophrenics, isolating them into a box of perceived insanity.

In reality, people with schizophrenia have true worth and talent and specifically an aptitude for artistic expression that far surpasses the ability of those society deems normal.

The journey of an individual with schizophrenia is not an easy one, and it is not fair to not recognize their inherent ability to access a realm of creativity that those of us who have not experienced this cannot reach. People with the protein mutation causing schizophrenia frequently score higher in clinical stud-

ies measuring creativity.

There are visible patterns in the work of artists with schizophrenia; they incorporate imaginative cyclical designs that portray expressive emotional narratives. The beauty within these narratives is undeniable, there is a surreality to these artistic renderings that can truly only be found in the work of these artists.

Artists like Adolf Wolfli, who is noted for his transparent psychosis and struggles with paranoid schizophrenia, are able to access this level of creativity within intricate designs that fascinate the viewer. Wolfli’s work in particular captures the inspiring level of intensity that begs to be recognized. His work is only one of many artists with this aptitude for creativity that flies under the radar.

The work of schizophrenia artists needs to be appreciated and regarded as legitimate within our society. Such a step forward is needed for the very necessary destigmatization of the disorder.

Safety First, Even in the School’s Bathrooms

Cynthia Malota

Staff Writer

Every school should be prepared for any events that can threaten the safety of the students and staff. In order to keep schools safe, staff and students should carry out safety drills such as lockdowns, fire drills, and lock-ins pretty often. These drills should all be taken very seriously. Schools should always make sure that everyone knows what to do during these drills in order to ensure the safety of all of the students and staff in case of a real emergency.

During the second week of school, we had a practice lockdown drill. It was about ten minutes during eighth period. This lockdown drill was to make sure that students and

staff would know what to do in a real situation. This drill went smoothly, but there were no intercoms in the school bathrooms. Therefore, no one in the bathroom could hear that this drill was going on. The intercom is the way in which the staff and students are alerted about an emergency. Without intercoms in the bathrooms, anyone in the bathrooms would be unsafe because they wouldn’t be able to hear the announcement. This drill brought up a huge problem because if this was a real emergency, people in the bathroom wouldn’t have known about the danger outside and they would walk into the hallway.

A school’s responsibility is to

keep everyone safe and aware of what is going on. To ensure safety, emergency drills should be done regularly. This allows students and staff to get more practice and understand what to do if there is a real emergency. Regular drills also bring up any other problems that might prevent the actions taken by students and staff during an emergency to run smoothly. As such, anything that didn’t work



out can be fixed moving forward.

After the school shooting in Florida, President Donald Trump said, “Making our schools and our children safe will be our top priority.” This quote reinforces the idea that kids should feel completely safe going to school every day. Parents should also feel like they are sending their kids to a safe environment.

Freshman Maddie Hymowitz said, “When I am in the bathroom at school I can never hear the bells or announcements. So, if I were in the bathroom during a lockdown drill, I would walk into the wrong hallway without knowing.”

Walking into the wrong hall-

way during an emergency, such as a lockdown, would immediately put a student in danger. Students should not have to be nervous about what could happen if they go to the bathroom during the school day..

After recent events such as school shootings and mass shootings, school safety is something that has become more relevant and important than ever before. Harrison High School should recognize that the issue of no intercoms in the bathrooms needs to be resolved in order to make the school a much safer place. Every school should take this into account to make sure that the school environment is as safe as possible.

Adjusting to Celiac Disease and a Gluten-Free Life

Madison Tumiaro

Staff Writer

Being diagnosed with Celiac Disease is a difficult life change to cope with, especially being diagnosed during your childhood. Most celiacs new to the gluten-free diet find it difficult to adjust to their new gluten-free life. There’s also an emotional aspect to being diagnosed with celiac disease as most newly diagnosed struggle with finding new gluten-free foods they enjoy, and eliminating some of their favorite foods from their diet.

What is Celiac Disease?

Celiac disease is a serious autoimmune disease that occurs in genetically predisposed people where the digestion of gluten damages the small intestine. When someone with celiac disease eats gluten, their bodies are triggered to produce an immune response which attacks the villi in the small intestine, resulting in intestinal damage. Villi are small finger like structures covering the wall

of the small intestine which absorb nutrients from the food you eat. If these villi get damaged, they won’t absorb nutrients from the food you eat, which results in malabsorption. Celiacs that go undiagnosed are at high risk for long term health complications, so it’s important to get tested if it runs in your family.

Adhering to a gluten-free diet

After you’ve been diagnosed with celiac disease, you’ll need to adhere to a 100% gluten-free diet. This is difficult for most celiacs, as not being able to eat what you want is the worst thing. Not having the freedom to eat what you want makes a celiac feel stuck when it comes to birthday parties, dinners, and hanging out with friends. People say this doesn’t seem like a big deal, but you wouldn’t understand unless you go through it yourself.

When you start your gluten free diet you’ll most likely think, ‘How am

I going to do this?’ The thought of never enjoying your favorite restaurant again can be heartbreaking. To get over this feeling, find new restaurants in your area that offer gluten-free options. It’s important to try out new places! Find restaurants that you really like and the feeling of not being able to eat what you want will go away.

How to read the labels

Starting your gluten-free diet, there are a few things you’ll need to look out for to make sure what your eating is 100% gluten-free. First start with reading the ingredient list. You need to know which ingredients are gluten-free, and which are not. Gluten is a protein found in wheat barley and rye, so if you see any of these listed, don’t eat it, as it contains gluten. There’s many other ingredients that are made with wheat, barley, or rye but show up as a different name. Many are unfamiliar with most of

these, so don’t panic if you’re unsure about any ingredients. An example of an ingredient containing gluten is malt or maltodextrin. Malt is made from barley, so it’s not gluten-free, and can be made in many forms like malt extract, malt syrup, malt flavoring, and malt coloring. Some more gluten containing ingredients are brewer’s yeast, durum, and graham.

One common source of gluten is caramel color which is used for coloring foods. Although these ingredients are most common in foods like breads, cereals, pastas and pastries, it’s important to read the ingredients on everything, whether it be a drink or a food. Gluten can also be in cosmetic products like makeup, hair shampoo and conditioner, and facial products, so check everything.

One of the most important rules for checking labels is checking where the product is processed. If the packaging says ‘This product is processed in a facility that also processes wheat’ then the product is

cross contaminated. Cross contamination is when micro-particles are unintentionally transferred during the processing of foods. This means that if a gluten-free food is processed in a non gluten-free facility, the product is not 100% gluten-free because it’s cross contaminated. It’s important to look out for this to avoid getting sick.

If a product is made in a gluten-free facility, but not certified as gluten-free, it’s often still safe to eat as a celiac. If a product is certified gluten-free, it’s just a fancy way of saying it’s safe to eat, dont worry!

In summary, celiac disease is a tough disease. It involves being extremely careful with your food choices, which also takes a lot of time to get used to. Having people in your life to support your new lifestyle will help you adjust.

It’s disappointing that there’s no cure for celiac disease, as it’s difficult to live with, but there are clinical trials towards finding a cure taking place now.

Spirit Week & Pep Rally

There are many ways to show pride and spirit like having Spirit Week, wearing school colors, going to school sports events, and getting involved at school.

Spirit Week is a fun tradition that usually occurs the week before the big Rye versus Harrison game.

This year's Spirit Week was October 1 through October 5, a prelude to "the game" on October 7. The student board creates a theme for each day of the week. Then the students dress up in anything from neon to red, white, and blue to celebrate. This year's spirit schedule was as follows:

Monday: Black out Day
Tuesday: Pajama Day
Wednesday: USA Day
Thursday: Preppy Day
Friday: Husky Pride Day

Getting involved with the school's spirit is powerful, positive, and exciting. It makes students think about having fun at school. Participating helps inspire the football team to do its best. The whole school gets involved and the week ends with a huge pep rally.

If you live in Harrison or root for the Harrison Huskies, make sure to go to the big game and wear white to show your Husky pride!

~ as reported by Maya Schnier



Cheerleaders take a brief moment from the rally to pose for a photo op.



Junior Rafael Damian gets introduced to the pep rally crowd.



Harrison's Color Guard waves flags of victory to stir the crowd to an enthusiastic frenzy.



Mr. Gunnell awaits the next round in the faculty dodgeball game.



If the Harrison Husky believes we will win, then we will win.



Cheerleaders challenge the football team players to a classic dance-off.



The Majorettes pose in the hallway before their big pep rally performance.



Junior Maddy Romero stepping it up to inspire extra pep.



Senior Brandon Infante shows HHS how to properly "bust a move."



Your Pep Rally Emcees: J.J. Pirrello, Connie Dragone, and Rachel Schmaier.



Senior Alejandro Aguirre is preaching the word of victory to a roused up crowd.

ARTS & entertainment

eSports on the Rise: Virtual Tournaments Abound

Michael Jubak

Staff Writer

Professional Video Gaming has been around since the early '90s, but until now it has never been mainstream.

With the growing popularity of games such as "Fortnite: Battle Royale," and the recent releases of expected smash hits "BattleField V" and "Call of Duty: Black Ops 4," the popularity shows no signs of slowing down at all.

For example, in March of this past year, a "CS:GO" (Counter Strike: Global Offensive) major tournament holding a prize pool of one million dollars, garnered an average of 1.2 million viewers per match according to *eslgaming.com*, who organized the event. These numbers only grow, as on September 3, 2018, according to eSports journalist Richard Lewis and the platform that streamed the event, *Twitch.tv*, over four million combined people tuned in for the "Fortnite Summer Skirmish" finals, which took place at gaming convention "Pax West."

The popularity of the eSports community has even gone so far as to be getting into schools. Select high schools across the country have begun forming eSports club teams,

in hopes that a High School Esports league will soon come into being.

There have been talks of a website known as the High School eSports League (HSEL) gaining traction in the United States, offering major tournaments in games like "Counter-Strike: Global Offensive," "Overwatch," and even "Super Smash Brothers."

With this league gaining attention, one wonders whether something like eSports could ever come to Harrison High School. Could we one day see a Harrison versus Rye rivalry take place in the virtual world?

"As much as I would like it, I just don't see it happening," says junior and eSports fan Shai Groper. "It would cost too much for the school to supply the equipment. Computers and game consoles are expensive, plus this whole thing just isn't mainstream enough."

Financially, the league provides

LANs and supplies for major tournaments, but the school must provide the equipment needed for practice. While these players could play at home for practice, "A lot of eSports is

almost telepathically."

While of course such telepathic communication is an obvious hyperbole, it is true that these teams need to be capable of communicating

around with an ungelled team, but in eSports chemistry is a basic need."

In eSports there also is a large skill gap. In physical sports, player skills can often be generalized by a player's physicality and age.

"The thing about playing eSports is that anybody can be a pro," says junior Cody Eskandarian.

This holds true because eSports is not a physical sport. It does not require any sort of physical strength or endurance, therefore, anybody can really be a pro eSports player. In reality, you could have a sixth grader be just as good as a professional player, who plays for a branded team.

With these various limitations standing in the way, enthusiasts are pragmatic about things.

Junior Shai Gropper said, "If we ever do see an eSports team at HHS, I doubt it'll be anytime soon."



Courtesy of SteamPowered

team centered and the team needs to practice together in the same room, like they would at a tournament or regulated match," says junior Trent Perito.

Gaming journalist Richard Lewis has stated numerous times, on Twitter or in his articles that "the ideal eSports team can communicate

strategies, enemy locations and tactics, and more when playing these games.

"The truth is that eSports is one of the hardest sports to play because you really have to like all of your teammates, and be able to agree with them," says sophomore Reis Halpin. "In other sports you can get

Check out "To All The Boys I've Loved Before" on Netflix

Micaela Udell

Copy Editor

The latest *Netflix* teen romance movie that has been taking the world by storm is "To All the Boys I've Loved Before." Based on characters from the popular Jenny Han novel, actors Lana Condor and Noah Centineo play Lara Jean and Peter Kavinsky. These two characters who are polar opposites end up falling for each other. The stereotypical "high school jock" and Lara Jean, against all odds, end up together.

Lara Jean wrote letters to all of the boys she loved throughout her

life and would address them and save them in a box. When the letters eventually got out and ended up in the hands of the boys themselves, Lara Jean ended up going from a fantasy, to going out of control.

The fantasies that never end up being reality in people's lives is something the movie revolves around.

Lara Jean's inability to cope with her overflowing emotions allowed her to write letters to her crushes over the years.



Courtesy of Netflix

As the movie plays out after all of her deepest and darkest feelings towards others is released, the plot morphs into a unique tale.

Although there are many movies similar to this plotline, in the sense that the stereotypical high school teenage groups are segregated in the cafeteria, this movie tends to stand out amongst the common ones. With a rating of 96% on *Rotten Tomatoes*, one can infer this

movie has been thriving and touching the lives of many.

This movie embeds fantasy, reality, and the gray area in between. The directors and writers did a fantastic job of making everyone identify with Lara Jean and put themselves in her shoes. Watch this movie when given the chance - it is highly recommended, a charming young adult comedy that elevates teen love and angst into something more.

HEY HUSKIES!

Compiled by Samantha Marano

When will we get our first snow and what will you be doing that day?



"Late November. If school is closed, I'll be inside watching TV and drinking hot chocolate."
Emma Torre, freshman



"The beginning of December. I will stay home and play *Call of Duty*."
Brendan Gittings, sophomore



"I think December 20. If school is closed, I will hangout with friends."
Jordana Roshco, junior



"I think it will start snowing in mid-November. I plan on playing football in the snow."
Anthony Barchella, senior

Rapper Mac Miller Dies at Age 26

Ben Stephenson
Staff Writer

Native Pittsburgh rapper Mac Miller was announced dead on Friday of an apparent overdose, *TMZ* has confirmed. He was 26 years old. He was found in his Studio City, California, home at about noon on Friday September 7.

According to Maria Pasquini of *People Magazine*, his family released a statement about his death on Friday afternoon.

"Malcolm McCormick, known and adored by fans as Mac Miller, has tragically passed away at the age of 26," reads the statement. "He was a bright light in this world for his family, friends, and fans."

Miller had struggled with substance abuse in the past. Just last month, the Los Angeles Attorney's Office officially charged the rapper with a DUI stemming from a car accident in May in the San Fernando Valley.

He had been open about his struggles previously, referencing drug abuse and death in his music, particularly in the deeply personal 2014 mixtape "Faces."

"I used to rap super openly about really dark sh*t," he told *Vulture* in a profile that was published on Thursday. "That's what I was experiencing at the time. That's fine, that's good, that's life. It should be all the emotions."

Miller had been in a long-term relationship with Ariana Grande, which ended this past May. Shortly after his car accident and arrest that same month, Grande tweeted, "pls take care of yourself."

When discussing their breakup, Grande made it clear addiction was part of the reason for their split.

"I am not a babysitter or a mother and no woman should feel that they need to be," she wrote to Twitter. "I have cared for him and tried to support his sobriety and prayed for

his balance for years (and always will of course) but shaming/blaming women for a man's inability to keep his s— together is a very major problem."

Miller had just been preparing to embark on a U.S. tour after releasing his most recent album, "Swimming," on August 3. It was set to kick off on October 27 in San Francisco.

"I just wanna go on tour," he tweeted on Thursday.

"The show is going to be special every night. I wish it started tomorrow."

"Swimming" debuted at No. 3 on the Billboard 200, supported by singles "Small Worlds," "Self Care," and "What's the Use?" In "Self Care," he references his DUI and arrest, rapping, "That Mercedes drove me crazy, I was speedin' / Somebody save me from myself, yeah / Tell them they can take that bullsh— else-where / Self care, we gonna be good / He— yeah, they lettin' me go."

In the music video for the single, he also uses a knife to carve the words "Memento mori" "remember you have to die" in Latin into the lid of the coffin.

Aside from his music, Miller's reality show "Mac Miller and the Most Dope Family" ran for two seasons on MTV2. He also appeared in 2013's "Scary Movie 5" in a small role alongside Snoop Dogg.

"It was such a sad day," said

sophomore Tochi Onwansunyua. "I listened to his music too, big fan."

"I started to listen to Mac Miller months before he died," said sopho-

however, has since said that he was not a political supporter of Trump, describing him as "an egomaniacal, attention-thirsty, psychopathic, power-hungry, delusional waste of skin and bones" during the campaign, and sparking a Twitter war.

His first studio album, "Blue Slide Park," came in 2011, led by the single "Frick Park Market." It debuted at No. 1 on the Billboard album chart, becoming the first independently released debut album to do so since 1995.

He released "Watching Movies With the Sound Off," his second album, in 2013. It was largely produced by himself, under the pseudonym Larry Fisherman, and featured guest appearances such as Schoolboy Q, Action Bronson, and Tyler, the Creator. Critics handed better reviews to his sophomore album, which debuted at No. 3 on the Billboard 200. That same year, an appearance on Grande's single "The Way" notched Miller his first Top 10 single, and he continued to develop as a producer, releasing the largely instrumental collection "Run-On Sentences Vol. 2" and producing a mixtape for Vince Staples.

In 2014, Miller left Rostrum and, after independently releasing "Faces," he revealed that his label Remember Music had signed a deal with Warner Bros. Records for a re-

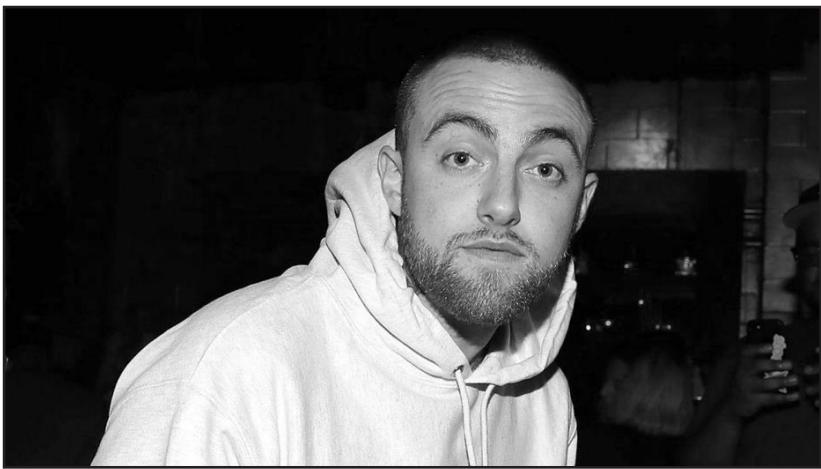
ported \$10 million.

"All of us at Warner Bros. Records are deeply shocked and saddened by the tragic news of Mac Miller's untimely passing," reads the statement. "Mac was a hugely gifted and inspiring artist, with a pioneering spirit and a sense of humor that touched everyone he met. Mac's death is a devastating loss and cuts short a life and a talent of huge potential, where the possibilities felt limitless. We join all of his fans across the globe in extending our thoughts and prayers to his family and friends."

Miller released his third album, "GO:OD AM," in 2015, with the two singles, "100 Grandkids" and "Week-end." "The Divine Feminine," his fourth studio album, came the following year, featuring guest appearances from Grande, Kendrick Lamar, Anderson Paak, and Ty Dolla Sign.

As Miller's profile rose, though, he appeared in more tabloid headlines. In addition to his legal troubles — which, along with the DUI, included a 2012 lawsuit from producer Lord Finesse that was eventually settled out of court — his relationship and eventual breakup with Grande stayed in the news. In his *Vulture* profile, Miller opened up about how he approaches his public image.

"It just seems exhausting to always be battling something ... to always be battling for what you think your image is supposed to be," he said. "You're never going to be able to get anything across. It's never gonna be the real ... No one's gonna ever really know me." Tom Corson, co-chairman and COO of Warner Bros. Records, released a statement about his death on that Friday afternoon.



Mac Miller will be missed. The young rapper died of an apparent overdose.
Courtesy of Shareif Zayadot/Hollywood Reporter

more Tristan An. "Some of my favorite songs by him are Self Care and Wings."

Miller, a Pittsburgh native, decided to focus on hip-hop when he was in high school. In 2007, when he was just 15, he released the mixtape "But My Mackin' Ain't Easy" under the name EZ Mac. In the following couple of years, he released two solo mixtapes, "The Jukebox: Prelude to Class Clown" and "The High Life," in addition to one with rap group the Ill Spoken. He signed a deal with indie record label Rostrum Records in 2010.

The rapper led his 2011 mixtape, "Best Day Ever," with the single "Donald Trump," which marked the first time Miller hit the Billboard 100. It focused on Miller's ambitions to become as financially successful as Trump, and resurfaced in popularity when Trump hit the presidential campaign trial in 2016. Miller,

Screen Time Threatens Teens' Well Being

Madison Tuminaro
Staff Writer

Teens are unaware that prolonged amounts of screen time threaten their mental state. Teens that spend a substantial amount of time on their electronics are putting themselves at a higher risk for depression or suicide. Teens lack face to face interaction with people because they spend a considerably large amount of their time on technology. Students use computers and tablets for schoolwork and do not realize they are suffering from eye strain, which affects our vision and causes headaches. Teens should limit themselves to a certain amount of screen time everyday to avoid these problems.

Teens spend hours on their technology everyday without realizing how bad screentime is for their health. By spending time on social media, watching *Netflix*, and texting friends, the average teen spends a whopping nine hours on their phones every day. Surprisingly, parents play a big role in their children's technology use. Some parents will remind

their children to put the phone down for a little while and take a break. They'll tell us teens to read a book or go outside, but unfortunately most kids don't take this advice.

In a *Forbes* article, Alice G. Walton writes, "48% of kids who spent five or more hours a day on their phones had thought about suicide or made plans for it. In fact, teens who spent more time doing sports, homework, socializing with friends in real life, and going to church had a lower risk for both depression and suicide."

Teens spending a lot of time on social media influences negative thought which in turn causes them to



This is not a drill. The constant use of phones and computer screens could have long-term detrimental effects on today's teens. Eye strain is just one component - there are additional social implications alongside a shortened attention span.
Courtesy of Ella Napack

have a negative mindset. This causes them to potentially feel the need to harm themselves or become depressed. Parents can do a lot to help their teens limit their daily amount of technology use such as taking their kids phones away in the afternoon and giving them back the next

morning to cut down on screen time.

Many students complain about headaches throughout the school day, because of the required online work that forces us to be computer bound in school. They don't realize they are suffering from eye strain, which is when your looking at a screen for so long that you begin to experience symptoms like sore, tired, burning eyes, sore neck, double vision, increased sensitivity to light, and headaches.

According to the Vision Therapy Center Incorporated, kids should have a balance between screen time and physical activity like sports. Not only is reading great for the mind, it is also great for avoiding eye strain. The article also states that a balance

between screentime and reading is healthy for kids, and parents should enforce reading as much as possible.

The world of technology is growing by leaps and bounds every year, and schools are taking advantage of that. Although sites like Google Classroom and Google Drive are efficient for storing documents, the amount of time teens are using such technology is outstanding, leading to more eye strain.

In summary, technology is the root to many issues regarding teens. These issues, one being eye strain, can be easily avoidable by finding a balance between screen time and physical activity.

Parents should monitor their child's technology use, and students can request paper copies on classwork in school. Technology is amazing for the ways that we use it to share education and entertainment and communication, yet it's taking over teens in a detrimental way.

90-Second Interviews



"90 Second Interviews" is a feature wherein we sit down with two staff members and see how many random questions they can answer in only 90 seconds. This issue we turn to the realm of art teachers, featuring Mrs. Root and Mrs. Vitarello, both of whom are relatively new at the high school.

Interviews coordinated by Anne-Marie Dillon.

Mrs. Root



Ideal guest speaker? Leonardo Da Vinci
Favorite TV show? *Law & Order SVU*
Most interesting thing you've seen in the A hallway?
 Daddy Cat tribute and a missing poster for Chanh
Best food in the cafeteria? The egg and cheese sandwich
Favorite part of the High School building?
 Aesthetically, the inner courtyard. The A Hallway is the best, though
Last thing you ate? Egg and cheese sandwich from the cafeteria
Most hated period of the day? Sixth period
Favorite color? Turquoise
Favorite artist? My students!
Dream museum for a field trip? The Uffizi Gallery in Italy
Last piece you made for fun? A quick drawing of my mom as a child
Favorite memory from your first year at Harrison?
 The human knot game I played with my IB Year 2 seniors
Most stressful memory ? The week before IB submissions
Favorite season? Summer
Worst food you've ever had? Egg and cheese sandwich from the cafeteria
If you could hang any famous artwork?
 Music Pink and Blue 1 by Georgia O'Keefe
Favorite movement? Surrealism
Dog or cat person? Dog person
Most fun project to instruct? Painting to music
Favorite vacation destination? Montauk

Mrs. Vitarello



Ideal guest speaker? Picasso
Favorite TV show? *The Office*
Most interesting thing you've seen in the A hallway?
 A plethora of percussion
Best food in the cafeteria? Gluten-free bread
Favorite part of the High School building?
 The HPAC
Last thing you ate? School lunch fourth period (about to go for seconds)
Most hated period of the day? Ninth period
Favorite color? Blue
Favorite artist? John Singer Sargent
Dream museum for a field trip? The Louvre
Last piece you made for fun? A portrait of a *Suessical* actress
Favorite memory from your first year at Harrison?
 My first graders visiting me
Most stressful memory? Almost chopping my finger off from nerves on my first day
Favorite season? Spring
Worst food you've ever had? Pasteles (they're disgusting)
If you could hang any famous artwork?
 Starry Night by Vincent Van Gogh
Favorite movement? Impressionism
Dog or cat person? Cat! I respect dog people, I'm just not one of them
Most fun project to instruct? Anything with plaster
Favorite vacation destination? Paris

SPORTS

The Game (followed the next week by another)

Austin Mueller

Staff Writer



Football is a large source of Husky pride. Here are the team and coaches for the 2018 squad. The season had many ups and downs, but the team grew closer, even in adversity. They made a noble stand against Rye in the first week of the playoffs, and almost executed a come from behind victory in a very exciting fourth quarter, but unfortunately came up short.

Courtesy of Harrison Central School District

One of the best part about sports are the rivalries that develop over time. Rivalries make a regular game turn into a championship game, which makes them so special. In high school sports, rivalries bring towns together and bring people within the town closer together.

Even though winning a game does not make a town better than the other, a sense of pride is shown when someone wins because people are proud to be associated with the winning team.

In New York, one of the greatest if not *the greatest* high school football rivalry in the state is between Harrison and Rye. These bordering towns have had a hatred for each other since 1929 when the rivalry began, according to *The New York Times*.

This rivalry is so strong that it makes people who are not interested in sports or football come out to this game to support their town. People have been part of this rivalry all their lives, which makes this game

so much more important. This game means so much to both towns because whoever wins has bragging rights for the whole year until they meet again.

Rye currently has bragging rights over Harrison due to their 41-14 win against Harrison this past Saturday, and leads the series 44-42-3 after winning 16 of the past 17 meetings.

Rye was able to control the game from the start after scoring three touchdowns in the first quarter to lead 21-0. Declan Lavelle, quarterback of Rye, had two touchdowns on his first three passes of the game.

Harrison was never able to recover, but they held their own for quite some time after that, eventually cutting the lead to 24-14 after an onside kick to start the second half leading to Frankie Nannariello throwing a touchdown to Alex Siapanides.

Rye went on to end the game on a 17-0 run and diminish any hopes the Huskies had. Declan Lavelle was 17 for 25 with 238 yards and three touchdowns passing and ran for 92 yards as well. For Harrison, D'Andre Cosby ran for 77 yards on 15 carries and Justin Altamuro returned a kickoff for a touchdown, as reported by *Lohud*.

"As a student, I have always hated Rye and wanted to beat them in everything," said senior Daniel Mayne. "Unfortunately, that did not happen Saturday but luckily we have another shot to beat them this weekend in the playoffs."

Harrison had another shot against Rye the next weekend as the two teams played each other again in the

first round of playoffs. A lot of people were doubters heading into the game, but a number of students felt that Harrison might shock the world with a win against Rye just a week after losing to them.

"I am very happy to be playing Rye in the first round of playoffs because I believe we can beat them and that it is possible," said running back, D'Andre Cosby. "We will come back stronger and hungrier for a win and I will do everything I can to bring a win to Harrison for the first time since 2012."

Harrison will looked to regroup and bounce back against Rye. This game actually held more importance than the first one as it is a win or go home situation for both teams, eager to knock their rivals out of the playoffs.

Playoffs always make games interesting and it certainly made this game much more intense the second time around. At first, it seemed like there was going to be a repeat of the previous game as Rye was leading 27-7 at halftime, but then the Huskies woke up and started to show their full potential.

Harrison came out of halftime firing, as they kept chipping away at the lead one score at a time. Everything seemed to be clicking for them throughout the second half, as their offense was scoring and their defense was holding Rye to stops and causing turnovers.

The Huskies were able to cut Rye's lead down to 27-20 in the fourth quarter and needed a big stop

late in the game to give themselves a chance of tying or potentially winning the game.

Unfortunately, they were not able to stop Rye's dynamic offense as the Garnets came down the field

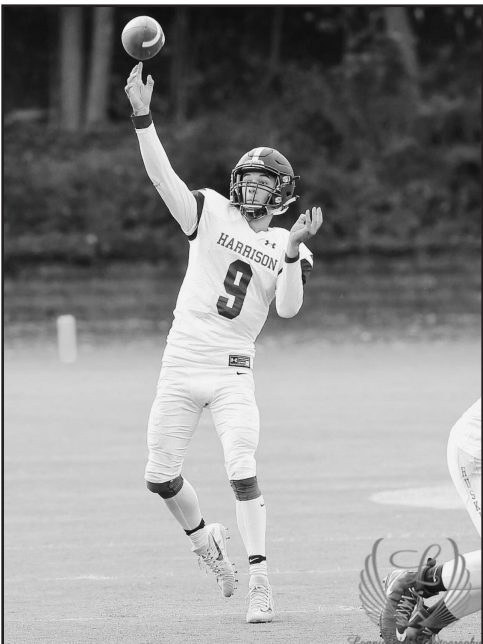
game. Although Harrison lost, they proved a lot of people wrong by putting up a fight and showing that they deserved to be in that game.

"That loss is going to eat at me for awhile and it is going to take



Meeting at midfield. Nannariello, Altamuro, and Cosby face off against Rye's captains prior to the game's kickoff.

Courtesy of Lonnie Webb Photography



Connecting downfield. Senior quarterback Frankie Nannariello throws to Alex Siapanides.

Courtesy of Lonnie Webb Photography

and scored a touchdown to go up 34-20 with a little over one minute remaining in the game.

Harrison had their chances but could not stop the Garnets, who had two fourth down conversions throughout that drive.

Even though this game seemed out of reach, that did not stop Harrison from playing until the final whistle blew. On the ensuing drive, Frankie Nannariello threw a 17-yard touchdown pass to Alex Siapanides to cut the lead down to 34-28 with just over thirty seconds left in the game.

Harrison fans were holding onto their last bit of hope but Rye had diminished that as they went on to recover the onside kick and win the

some time for me to heal from," said running back Justin Altamuro. "I am so proud in our team and the way we fought back and it just kills me that we could not come away with the win in this one."

This game definitely had more intensity to it and was a much closer matchup, but Rye was able to prevail and beat the Huskies for the second straight week. It was a tough way to end the season, but there are a lot of positives to take away from that playoff battle.

Girls' Varsity Field Hockey Faces Tough Competition

Larissa Iraj
Sports Editor

The Girls' Varsity Field Hockey Team is making great strides on and off the field this fall season. While engaging in volunteer work with the modified field hockey program and raising awareness for breast cancer research, the Girls' Varsity Field Hockey Team has been bonding and trying to make the best of a challenging season.

The Girls' Varsity Field Hockey Team has a record of five wins, six losses, and two tie games. Seated in Class C, the Husky team faces tough opponents such as Rye, Pelham, and Byram Hills to fight for the league championship.

The Girls' Varsity Field Hockey started the summer preseason with hard work to prepare for a promising season ahead.

Nellie Fisher reflected on the

strengths and challenges the team faced this season.



Seniors honored. A rose is given in appreciation of the team's seniors. Pictured here (left to right) are: Kaitlyn Fuerst, Athena Staten, Isabella Petermann, Emily Hassett, Lila Moggero, Isabel O'Connell, and Faith Fuerst in their final home game against Pelham.

Courtesy of Matthew Berkman

"One challenge our team faced was the lack of girls that we had," she said. "This was a challenge since we had few subs and it is hard to play strong and run for 60 minutes straight. But this challenge also proved to be a strength of ours. Since we are such a small team, it allowed us to get to know everyone better and become closer."

This team returns 13 players and has gained four new freshman that bring exceptional talent. Coach Allison Daday premieres her first season with help from returning Assistant Coach Ally Menetti. The team captains Emily Hassett, Kaitlyn Fuerst, and Faith Fuerst set a solid foundation and with strong leadership help the Husky Girls fight through the hard competition this year.

Despite a heavy practice and game schedule, the team has found the time to engage in community service activities together. The team has worked hard to develop the youth program and has even spent one afternoon

teaching the modified field hockey team good sportsmanship and field skills. The modified players then supported the Varsity Girls' Team at their PINK game, an effort to raise awareness about breast cancer, against Byram Hills. They also held a bake sale and donated the proceeds to The Susan G. Komen Breast Cancer Research Foundation.

After a rainy start to the season, the Husky Team was more than ready to get out on the field and play hard. The season started with a great victory against Yorktown with a score of 4-1. Looking back at this game, sophomore Haillie Baio says, "I believe Yorktown was the best game we played because even though they were aggressive, we had to have enough energy to not only have better stick work than them, but we needed to be more aggressive and step to the ball in order to



Out of bounds. Goalkeeper Emily Hassett watches an out-of-bounds ball go sailing by in a tight contest against Pelham.

Courtesy of Matthew Berkman

succeed. During that game, we did exactly what we needed to do in order to play really well."

Other highlights for the season included a 3-2 win over Brewster and a tie game of 1-1 against Somers. In their game against Somers, junior goalie Nellie Fisher was the key player in goal. Senior Lila Mogavero scored the one goal for the Huskies. Nellie Fisher said, "I remember we had one game against Somers, a very high ranked team, that we tied 1-1, and I had 15 saves in goal, which may have been one of my best games."

Another huge victory for this team was the 5-0 win over Briarcliff. Faith Fuerst scored three goals and Lila Mogavero scored two. The team had two unfortunate losses, one to John Jay by a score of 6-1, and the other to White Plains, by a score of 3-0. The team then had another tough loss of 2-0 against Pelham. But the girls played hard which did not go unrecognized, since teammate Lila Mogavero was named as one of the players of the game.

The season ended on a high note with two wins, 4-0 and 2-0, against Byram Hills and a 1-1 tie against Rye. The Husky Team focused on their defensive play when

facing Rye and with eight saves by Emily Hassett in goal, Rye could not beat Harrison this time around. Rye hoped to secure an early win with a goal in the first half, but with seven minutes into the second half, Isabel O'Connell was able to sweep the ball past the Rye offensive team and right into the goal to tie the game.

Although this season has had its ups and downs, the Husky team has continued to grow in confidence and team spirit. The overall record reflected some tough competition, but this did not keep this determined team from getting out on the field and playing their best. The team has wrapped up its season learning to work together on and off the field and knowing that they will return next year stronger than ever.

Looking forward to next year, junior Christina Giacomo said, "Next season, I'm excited for our team to come back together and keep bonding on and off the field. I'm also looking forward to teaching the younger girls how to grow as field hockey players. Next year, I hope the team always plays to the best of our ability, and works together as a team to win a lot of our games."



Getting around. Midfielder Kaitlyn Fuerst dribbles tentatively around a Pelham defender in order to advance the ball toward the opponent's goal.

Courtesy of Matthew Berkman

Girls' Swim Team Makes a Splash in Section One

Darin Iraj
Staff Writer

The Harrison Huskies Girls' Varsity Swimming team has continued with their momentum from last season and have started off the season strong with at 6-3-1 in Section One.

The Huskies are led by Head Coach Phill Dearstyne who is guiding a young team with only five seniors and a 7th and 8th grader.

The team has four returning All-League swimmers, Lilly Applebaum (sophomore), Jazmine Mejia (8th), Christie Byrd (junior) and Alyssa Laurenceau (junior).

The Huskies began the season with a splash by defeating Byram Hills 52-41 leading from the first event of the meet all the way to the finish.

The team had a tough second met against PutnamValley-Mahopac which ended in a rare tie. The

meet featured a season best 50 Free time of 27 for Lily Applebaum and possibly the most exciting event of the season in the 100 Free by Mako Suzuki and Alyssa Laurenceau, who finished first and second respectively, beating their opponent by 1/10th of a second.

The meet came down to the last event of the meet in the 400 Free Relay where Putnam Valley-Mahopac edged out Harrison by three seconds to tie the overall meet team score.

The Huskies lost their next meets to John Jay Cross River (35-56) and Yorktown (42-52).

The team regrouped and trained hard and won the next four out of five meets.

Harrison turned it around with a decisive win against Keio 91-72.

The Huskies had the ultimate team effort and nailbiter against Yonkers in a meet that was tied going into the last event of the meet with Harrison girls 400 Freestyle Relay team of Byrd, Suzuki, Laurenceau, Mejia touching out the opponent and winning the heat by less than one-half of second to seal the meet victory 86-84.

The team next faced Albertus Magnus and the Huskies posted their most dominant scoreboard by winning every event of the meet and going 1-2 in all but 3 events which went 1-3. This meet featured a season best by returning All-League swimmer Christie Byrd in the 100 Backstroke with an impressive time of 1:11.25. Stephanie Mejia also swam a season fastest time of 1:06.31 in the 100 Butterfly.

Harrison pulled off a come from behind victory against Nyack after trailing after the first four events of the meet to win 51-43 with crucial first place finishes in the 200 Freestyle Relay and 400 Freestyle Relay, by the Harrison relay team of Applebaum, Mejia, Joey Robb, and Suzuki.

Junior Adrianna Mannino feels the most impressive part was "the way we formed relationships with one another. This led us to really come together as a team and win meet after meet because of the way we try to hype each other up, how we understand each other's struggles, and help each other overcome these challenges. The reason as to why we are undefeated right now is because of these factors."

The Huskies then headed to an away meet at Port Chester and pro-

duced a strong team victory, winning all but one of the events of the meet.

The team has three regular season meets left against Roy C. Ketcham, Woodlands and Beacon and compete in the Section One - League Four Championships.

Mannino summarizes the season by stating, "What I took away from the season is that no matter how experienced a swimmer is, there is always a way to use everyone in a meet to succeed, whether or not it's physical, or just mental support."

This has been a successful season so far and this dynamic young team is looking to continue to work hard in and out of the pool to build on their strengths and end the season with strong performances.

Boys' Varsity Soccer Starts Season Strong

Sam Ptashnik

Staff Writer

The Harrison Huskies Boys' Varsity Soccer team is off to a staggering start as they are 3-1 with what has the potential to be the best Harrison soccer team ever.

There are many reasons behind the team's success and this could be the year they win States.

One reason this team has been successful thus far is their brilliant ball movement. Ball movement is a key part of any soccer team because it opens up the offense and spreads everything out, which creates more shots on goal.

The players with the most goals are Christian Ivezaj, and Chris DiRusso with three goals each. They have helped the team in becoming victorious.

The first game of the season was against Walter Panas. The Huskies dominated the whole game

offensively and defensively and Michael LoParrino, varsity captain and goalie, let in zero goals in the 4-0 shutout. It was a great start to the season.

To keep the momentum rolling, the Huskies defeated Riverside 4-1. Not only have the players been phenomenal, but the student section at the games are great.

Sophomore Alex Rose said, "I am on JV so to see that the varsity team is succeeding is great to hear. Also, at the games the students and other fans have been so good in getting involved and cheering on their fellow Huskies."

To top off their three game win streak, the Huskies beat Peekskill 4-2 in a thrilling game.

Unfortunately, four days later, the Huskies' win streak was snapped by John Jay in a heart-



Strategy huddle. The team huddles up before the game to discuss their tactics against Pelham.

Courtesy of Vincent Longo

breaker. Harrison fell to John Jay in what might be the best game all season. John Jay made an impressive comeback and topped it off with a goal at the buzzer. It was a nail biter.

John Jay was able to come out on top, 4-3.

Varsity sophomore, Allan Guzman said, "The difference between this year and last year is the coaching. The coaches this year are more competitive and will

do anything it takes to win. It doesn't matter what grade you're in, if you work hard and show you are productive on the field, the coaches will play you."

September 21 is the day the Huskies take on rival team Rye Garnets. The Huskies have a wonderful chance at winning this game and it will be so exciting to see fans cheering on players and to witness a game as good as this.

With Sam Glaser and Michael LoParrino at the two captain spots, it will be very difficult to get in the way of Huskies' momentum and so far Harrison hasn't failed to impress all Huskies fans and fans from other teams.

Harrison poses a threat to teams this year and it will be cool to see it play out right in front of our eyes.



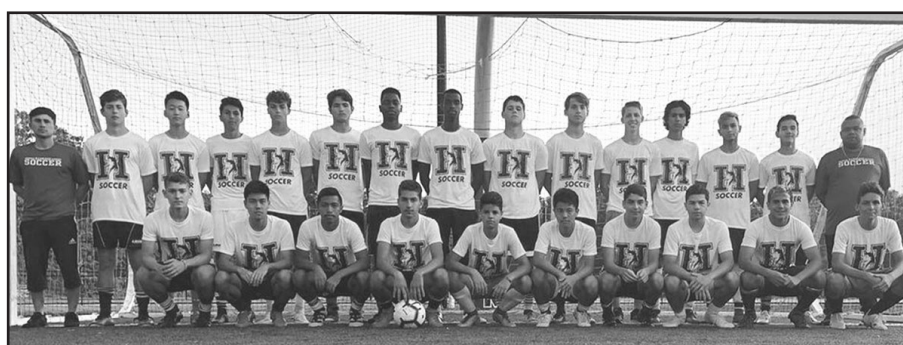
Defense wins games. Jefferson Silva dazzles in defensive maneuvers against one of Pelham's best during the Senior Night contest.

Courtesy of Vincent Longo



Senior Lineup. On Senior Night, they stood shoulder to shoulder. Pictured (left to right) are: Coach David, Jon Yepes, Sheldon Stoney, Chris Rios, Sunjo Mainsah, Michael LoParrino, Rintaro Ishiguro, Sam Glaser, Chris DiRusso, Jose Cristado, Michael Antolino, Liam Aloni, and Coach Alejo.

Courtesy of Vincent Longo



A well-coached team. Here is the 2018 Boys' Varsity Soccer Team, poised and ready for whatever the season would send their way.

Courtesy of Harrison Central School District

Cheerleaders Deserve Your Praise

Michael Tolve

Staff Writer

The last thing most people think about when they hear "football" are the cheerleaders. According to Alesia Franciosa, a junior on the Varsity Cheerleading Team, cheerleaders often go unrecognized.

"We work really hard, practice a

lot, probably more than people think and we rarely get the recognition that I feel we deserve," she said.

It can be a tough schedule as well.

Varsity Cheerleader Andrea Jimenez said, "I had to cheer the

Junior Varsity Rye football game on Saturday, then on Sunday was asked to cheer the Varsity football game at Rye, and on Columbus Day the team had to be in the parade. Overall it was a very tiring weekend, and I feel that people do not understand how much we do."

The Cheerlead-

ing Team for the most part has to participate in every pep rally, sporting event, and parade that the Town of Harrison and the Harrison Central School District has to offer.

Balancing school work alone for some people is a hard task, then add on top of that the busy, grueling schedule, and everything that is expected of these cheerleaders when they step out on the field. There has always been the debate in terms of how much work cheerleaders really do and the effort they really put in.

Author Bill Gordon in his *Huffington Post* article looking at cheerleading in NCAA Division I Schools said, "Cheerleading requires serious discipline and more hours of hard work and training than most other collegiate sports."

With cheer teams at the collegiate level competitively winning Division National Championships (Division I is the highest division in college, determined by the schools size and budget) people cannot



Give me an H for Husky Pride. The cheerleaders take a moment away from their busy schedule of practices and performances to pose for the camera. Cheerleading is a lot harder than most people realize, and beyond the local events, our team competes against other cheer units on regional, state, and national levels.

Courtesy of Harrison Central School District

deny the hard work of practicing the routines, working as a team, and the athletic ability it takes to compete and win awards at any level for cheerleading. Whether it be in high school or college, the skill, talent and determination cheerleading demands are the same if not more than any other sport.

The next time you are at a pep rally, or at a sporting event such as a football game, stop and think about the dedication, time and effort it takes

to perform at any level in cheerleading. Give recognition to those who cheer on your favorite sports teams professionally, local high school, or college team.

When the crowd is down and the team is not doing well, the ones who are always there are the cheerleaders. In Harrison, and all over the country, the recognition that should be given to cheerleaders is way overdue, and it is time for that recognition to be given.



Don't try this at home. The cheerleaders put a lot of time and effort into their superb routines. It's time we showed appreciation for all they do, including their acrobatic and athletic skills.

Courtesy of HHS Yearbook

Girls' Varsity Soccer Kicks Off a Great Season

Larissa Iraj

Sports Editor

The Girls' Varsity Soccer Team started the season off strongly, with a team that is large and more unified than ever. This dedicated team has their hopes set on winning this year's league title by continuing the hard work and building on their momentum gained from last season.

This year's team has a record breaking team of 29 players. Coach Jon-Erik Zappala returns as the head coach for his seventh season and will prevail in helping this team have a successful season.

Coach Zappala shared his goals for the season. He states, "The goals for our team relates to our core values of hustle, determination, communication and to be encouraging. If we embody these character traits, we will be unstoppable. As of now we are determined and encouraging, we have to work on our communication and hustle. We are looking to win the League title this season as a focal goal."

Under the leadership of captains Cara Traficante, Shannon Nelson, and Caitlin Alcoba, this team has already come together and bonded on and off the field.

The success of this team could be attributed to the fact that they bonded quickly in preseason.

Coach Zappala said, "The trip to the Adirondacks challenged our team to play state championship teams early in the season. We spent a lot of time with each other, pushing student athletes out of their comfort zone, coming together and rallying around the common thread that we are Huskies.

Even though many people on the team have their own social cliques, we are a united family under the Husky logo and uniform."

The girls took a trip upstate for team bonding and to play in several scrimmages. After scrimmages upstate against Shenendehowa, Burnt Hills, and Queensbury High School, this varsity team was ready for competition closer to home.

Although the team encountered great opposition upstate, they knew they could come back from it.

Coach Zappala said, "The team struggled upstate with enduring living accommodations many of them are not used to, playing teams that were more established with communication and size and bunking with teammates they might have never spoken to before the trip. They learned and embraced the meaning of unity, teamwork, grit, and resilience."

5-2. In this game, senior Catlin Alcoba scored three goals, junior Mikayla Tucci scored one, and senior Cara Traficante scored one.

The Harrison soccer team was then back on their home turf again to face an unfortunate loss against John Jay, with a score of 2-1. Junior Jeannine Eljamal scored with an assist from Cara Traficante.

However, another great win of 6-1 played out during the first week of school against Rye Neck. Senior Caitlin Alcoba scored two goals with assists from sophomore Erika Miller and Mikayla Tucci. Cara Traficante had another goal. Jeannine Eljamal scored with an assist by Cara Traficante. Erika Miller scored with an assist from Julina Paruta. The last goal was scored by junior Andie Riesel to end the game with 6 goals. The teamwork and communication were major factors that helped the team triumph in such a one-sided

Our strengths are embodied in the solid core of seven seniors on the team. We are also starting to gel by building up our chemistry and understanding the strengths and attributes of individuals on the team."

With confidence booming, the Harrison Girls' Varsity Soccer Team then played Gorton on Saturday, September 15. Hard work and determination helped this team build their record to 3-3 with a 8-0 shutout win. The team was lead by Cara Traficante, with two swift goals. To add to the tally, senior Jaden Bogart scored one goal and had two assists. Caitlin Alcoba had one goal and one assist while junior Chloe Barnett, Mikayla Tucci, and junior Nasia Meimeteas each contributed another goal with an assist by senior Ava Judelson. This game placed Harrison as number ten in the top ten rankings for Section One girls' soccer.

As the team competed, they

Traficante also scored for the Huskies.

The goalies, senior Lauren Unterreiner and sophomore Molly Ryan, protected the goal each with two saves. The offensive line was able to keep the ball upfield due to the strength of the defensive line.

According to sophomore goalie Molly Ryan, the defense has been critical this year in helping her as a goalie.

"I think the defense is helpful in that they work together as a unit and communicate with one another," she said. "They always cover for one another and also communicate very well with me."

With 17 scheduled games, the varsity girls' soccer team has made it almost through the middle of the season and are only improving in their game. In the next few weeks, Harrison Varsity Girls' Soccer will be up against the rival teams of Rye and Eastchester.

Looking forward, Nasia Meimeteas states, "Rye is definitely our toughest opponent. Unfortunately, we didn't beat them the first time we played them, so we have been and will continue to work super hard to make sure that we will beat the Rye team on our home field the next time we play them."

Coach Zappala also shared two quotes that he believes will help their team ensure

success as they enter league play. These inspirational quotes are, "If you believe it, the mind can achieve it" by Ronnie Lott and "If you can't outplay them, outwork them" by Ben Hogan.



A big team has a big season. After a successful season, Cara Traficante and Caitlin Alcoba were named All Section and All League. Caitlin Alcoba had 29 career goals and nine assists tying Erin Nelson's school scoring record. Cara Traficante had 31 career goals and 25 assists, breaking Erin's previous scoring record and securing one for herself. Additional congratulations are to be extended to team members Shannon Nelson, Fujiko Kashimada, and Erika Miller, being named All League. Haley Amann, Jeanine Eljamal, Mikayla Tucci, Athanasia Meimeteas, Isabella Bonaiuto, and Ariana Nero were named All League Honorable Mention. This team has a lot for which to be proud. Pictured here from left to right (back row) Coach Zappala, Andie Riesel, Julia Kindler, Alexandra Sinis, Jeannine Eljamal, Madison Stagg, Olivia Perini, Erika Miller, Alexandra Glaser, Cara Traficante, Coach Reilly; (middle row) Isabella Bonaiuto, Alexandra Zumbo, Tamara Roman, Gianella Lombardi, Maria DiRusso, Julina Paruta, Ava Judelson, Shannon Nelson, Mikayla Tucci, Aiana Nero, Nia Stephenson, Caitlin Alcoba; (bottom row) Chloe Barnett, Nasia Meimeteas, Jaden Bogart, Lauren Unterreiner, Molly Ryan, Peyton Gardner, Fujiko Kashimada.

Courtesy of Harrison Central School District

victory.

Coach Zappala believes this team has many strengths. He said, "We are a very talented team containing many technical players who understand the tactics of the game.

held strong to their ranking with hopes to move up after a 5-1 victory over Yonkers. Ava Judelson scored two goals in the win. Sophomore Erika Miller and Caitlin Alcoba each added one goal and one assist. Cara

New Coaches Inspire Varsity Volleyball Team

Micaela Udell

Copy Editor

The Varsity Volleyball team has a new Head Coach as well as a new Assistant Coach for this new 2018



Setting up the spike. The Varsity Volleyball Team clusters around as Lucy McLaughlin waits for the ball to come her way so that she can prepare for the kill. Timing and teamwork are the keys to volleyball success.

Courtesy of Devon Smyth

season.

Coach Nicholson is leading the Huskies to victory this season, and with 5 wins and 4 losses, the team is off to a pretty good start.

The team's assistant coach is Coach Lubrano, who is Harrison High's very own Physical Education teacher.

"The new team dynamic is quite different from last year, but I be-

lieve is really working out well!" says senior captain Jules Erb.

Freshman Kelly Coppola is a new member of the varsity squad who enjoys playing as well as cheering on her fellow teammates.

Coppola says, "Varsity is very different from my experience in modified last year, but I love my teammates and am very excited for this season."

Captains Tamara Day (senior) and Leslie Yanez (junior) also love the new changes to the team this year.

"We are very focused on winning and love to have fun along the way!" says Yanez.



Grace in mid-flight. Senior Isabelle Sanscartier shows how to gain leverage through making your shot above the net.

Courtesy of Devon Smyth

Harrison played in the Scarsdale Volleyball Tournament where they placed second in the Bronze bracket. Their hard work and dedication was displayed through playing almost seven hours on the court.

Senior Samantha Cipriano says, "I love volleyball tournaments. Although they are long, it is so much fun to play with my best friends and play our favorite sport all together."

The Huskies played Rye two weeks ago and were very persistent. Their dedication led them to beat Rye.