

Husky Herald

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Harrison High School

November 2009

A New Chapter in HHS History: Getting to Know Ms. Laden

Jessica Peña

Music Editor

One of the biggest changes in the high school this school year is our new Assistant Principal, Ms. Jennifer Laden. Ms. Laden is here pursuing her passion, working with students and watching them grow into young adults. Recently, Ms. Laden sat down with the *Husky Herald* and gave us a chance to learn more about her interests and background.

Husky Herald (HH): Have you always wanted to be an Assistant Principal?

Jennifer Laden (JL): No actually, I initially worked in the business world in advertising, but always enjoyed working with young people, so I decided to pursue a career in teaching.

HH: What motivated you to become an Assistant Principal?

JL: Well I did a leadership program in graduate school for two years, and learned and thought more about how the school functions as whole. When I got the job here at Harrison, it was a great opportunity and the school really had a great mix of kids.

HH: Did you always imagine yourself becoming an Assistant Principal?

JL: No, but it was a great challenge to get out of my comfort zone. Also I want to build a relationship with students and make a difference in their lives.

HH: What are the details of your position here at the school?

JL: I'm in charge of students with last names from A through K, to help and guide them. Also I'm in charge

of activities and clubs, and I observe teachers.

HH: Have you worked elsewhere prior to coming to Harrison?

JL: I was a social studies teacher for 13 years and I was a department coordinator for the past three years at Fox Lane Middle and High School in Bedford.

HH: Are you married? Do you have any kids?

spare or free time that you might have on occasion?

JL: I swim, read and go interior decorating shopping.

HH: Wow, interior decorating shopping, that's an interesting hobby. You mentioned reading; what's your favorite book?

JL: I love *To Kill A Mockingbird* (by Harper Lee). I loved the character Scout, because she was the ideal of

that it wasn't very realistic compared to the real world. It was different than Harrison. I really enjoy working in a school with a diverse population.

HH: What did you do after high school?

JL: I went to undergraduate school at Holy Cross in Massachusetts to major in History. Then, I went to NYU for graduate school and received my teaching degree, and later Bank Street College for my administrative degree. Also I was in the business world for some time, in advertising.

HH: What are your hopes for the future regarding the school and its students?

JL: I'd like to use my experience to help teachers and students alike to reach their goals through allowing them to do the best they can do.

HH: What advice do you have for freshmen as they embark on the high school journey?

JL: Imagine yourself here in four years, accomplishing what you want to do here at school and being involved in activities. Also, enjoy your time with your friends.

HH: What's your advice to seniors and perhaps juniors about the college journey?

JL: Think about what you want to achieve as you approach this next phase of your life. When heading out to college or anywhere else, try to study something that's out of your comfort zone.



Ms. Laden works in her office.

Courtesy of Lauren Warshauer

youthful power, especially in women. That book is such a classic.

HH: It truly is. So where did you grow up?

JL: I grew up in Garden City, Long Island. It was a bubble town in the sense

JL: Yes I'm married and I have two kids. I have a daughter who's two years old and I have a son who is three years old. My kids keep me busy, which is what I do with most of my free time.

HH: What do you do with any other

Will you take the H1N1 flu shot when it becomes available?

Photos and Text Courtesy of Lauren Warshauer



Dani Hurvitz, Senior: I wouldn't get the H1N1 vaccine because I don't know the long term effects it may present. I'm going to resist the flu by washing my hands and staying healthy!



Brendan O'Shea, Junior: No, because people who need it more should get it first!



Ali Menniti, Freshman: I would not because I do not like needles. There are other ways of preventing swine flu, and the risks from the shot are not worth it.



Mike DiTursi, Sophomore: Yes because people across the world have been infected and died of swine flu, and if a shot could prevent this, why not get the shot?

NEWS

Debate Team Debuts, Exceeds Expectations

Christina Loguidice

Staff Writer

Harrison High School offers an extensive variety of clubs that appeal to student interests. Yet one thing that has been missing until now is a Debate team. Thanks to Mr. Hertzig, that all is changing.

This new club is a positive influence for students to interact with and debate against other schools. Although it requires going to tournaments outside of school, this important commitment rewards students with a great time. The deadline for signing up for the club has passed, but those interested still might be able to join.

The first topic studied at the Debate Team meetings is "Civil Disobedience." The club will be debating against other schools regarding this topic, but not to worry – by attending the meetings, students quickly become a master of the subject. Learning every necessary piece of information required and training to become more advanced in debate technique is easy at Harrison High School, as we have the fortunate advantage of informed

leadership. Mr. Chetan Hertzig is a skilled former debate coach.

What exactly does debate involve? Most of the students who joined the club had no clue about this or the procedures involved. Since everyone in the newly formed club is a beginner, that's hasn't been a problem. Debate is a competition that resembles a sport. It features quarter final, semi-final and final rounds. Similar to the sport of tennis, brackets are used to determine who plays whom.

Some have expressed concern that we will be going up against more skilled teams, full of older kids. Again, this fear is unfounded. The seniors scheduled to be your debate rivals won't know any more than you do, as they are in the same beginner level. The competition pits beginners against beginners, providing each school's team an even chance of winning.

The actual concept of debate is that students are assigned to either an affirmative or negative side. That is the position you will be supporting. You



Mr. Hertzig and members of the HHS Debate Team. Courtesy of Lauren Warshauer

and your opponent battle it out about the specific topic. However, there are many rules and restrictions.

Competitions proceed as follows; you, your opponent and a judge are placed in a classroom alone. Once the competition begins, no eye contact is made between opponents. Instead, each debater is allowed only to make eye contact with the judge.

In its initial season, the debate team is planning on attending two competitions against other schools. There is a lot of work required before you are able to compete. For example, you need to have an opening argument, and must be ready to flow (a term used in debate that describes the way you take notes). Mr. Hertzig will make sure that you are a master at this type of note-taking because your opponents in debate will be talking very fast, so it will be difficult to take notes.

Debate is just a fun interactive activity to help you, so there is no need to be nervous about debate competitions or all the work. By the way, you

will be helped tremendously if you are unfamiliar about what to do. Everyone gets involved. The matches are not determined by who is the team's best debater; everyone has an equalized match. To ensure that you are successful at debate, you must be willing to practice and be open to new ideas. Even if you do not know the topic well, you may want to research more about it or go to an extra help session. When all the hard work is over and you've finished debating, there are a number of awards given out. During the match, the judge will be mark down how many speaker points you earn.

At the end, the person who has tallied the most points gets an award recognizing their achievements during the match. Finally, whoever wins the debate gets a trophy at the ceremony after the match.

There's no debating how exciting this new team might become. The students and faculty are eager to see this new team in action. As Reverend Jesse Jackson once said, "Deliberation

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Special Thanks to Mr. Petrillo

Our mission is to be the voice of Harrison High School by professionally representing and informing our school with an accurate and entertaining newspaper.

The Husky Herald is published by the journalism classes at Harrison High School. Editorial content of *The Husky Herald* reflects the opinions of the editors and staff, not necessarily that of the Harrison High School faculty and administration. The staff of *The Husky Herald* encourages students to get involved and have their opinions heard. If you have any questions, comments, or would like to respond to an article, please write to us. Letters containing the writer's name (and that are in good taste) will be printed.



Courtesy of harrisoncsd.org

Extreme Makeover: Harrison Edition

Alyssa Maida

Staff Writer

Over the summer, Harrison High School underwent some changes to improve the learning environment. One of these changes was noticeable right away. The hallways have been painted a bright yellow, replacing last year's dull color. Alexa Basciano, a junior, shared her opinion about the color saying, "The wall colors this year are very bright. Some students don't like it, but I like it because it gives me a wakeup call."

The library has made quite a few changes as well. You now need your student ID card to get into the library and that card is scanned before students can enter the library. "I don't really like this new policy because I often don't have my I.D. card on me and without it I wouldn't be allowed into the library, even just to talk to a teacher," said senior Marissa DeCarlo.

In addition, the entire library setup has been changed to a more convenient and comfortable environment. The magazine selection has been improved and now features a variety of genres and titles to satisfy the interests of any student. The computer labs now have new Dell computers. The laptops in the library have been replaced as well. There is also a new flat screen television in the li-

brary that will feature news programs during the day. The TV is not a distraction because it is on mute and has subtitles for those interested in watching. Sophomore Brian Lauro makes a good point. "The TV is a good addition because it will draw more people to the library. Eventually, more students will check out books."

The library recently has added several titles, many of which were recommended by faculty members.

Since last year, the cleanliness of the cafeteria has been a major issue. It is disrespectful to both the school and the custodial staff when students leave their messes on the tables or floors after they eat lunch. This year, the school has mandated that students must clean up after themselves. If not, the campus will be completely shut down as punishment. That means no ordering in and, for seniors and juniors, no eating out. Senior Willie Lukaswitz shares his views on the matter: "It's not fair to jeopardize the freedoms of being a senior while it's the rest of the school that needs to be punished." This is one change that many seniors are unhappy about, especially because they often do not eat in the cafeteria.

Out Of The Box With WFAN's Craig Carton

Amy Carton
Staff Writer

The *Husky Herald* was given the opportunity to interview one of WFAN's radio personalities, the outspoken Craig Carton. Carton has been broadcasting and hosting radio shows for almost 18 years. He began his radio career in Buffalo, and later moved to Cleveland. He currently is back in New York, where he co-hosts the "Boomer and Carton" show with Boomer Esiason every morning on WFAN. Carton emerged as a popular radio personality when he was one of Jersey 101.5's "Jersey Guys." Carton began working for WFAN in 2007, and has since been named one of "The 100 Most Important and Influential Talk Show Hosts" for three years running. When not on air, Craig Carton takes part in charity and community service events. He founded the Circle of Trust Foundation, donating its proceeds to children-based charities.

HH: When did you start broadcasting on WFAN? What were your feelings going into that first day?

CC: I started on September 4th, 2007. I was very excited that first day because making it to the morning show on WFAN was something I never thought would happen. It was clearly the best professional opportunity I would ever have.

HH: Had you and Boomer ever met before you agreed to partner up for the show?

CC: We met once before we signed our contracts and we spoke on the phone a few times as well.

HH: Did you ever think your show would become the number one rated sports show in the New York morning radio market?

CC: My goal was to do a good show first and worry about ratings second, but we were and are very fortunate that the show became popular very quickly. We jumped into the top five in the ratings within the first three months. In 18 months, we achieved the goal of being the #1 ranked show in morning drive in NYC -- something only Howard Stern has accomplished before in the last 25 years, being a personality driven show without music and making it to #1.

HH: Tell us a little about your background in broadcasting prior to "The Boomer and Carton Show."

CC: I started doing radio in college for fun to see if I liked it and I did. Right after college I got a job in Buffalo, NY, at WGR Radio and made \$12,000 a year before taxes. I then went to Cleveland, Ohio, for one year and then moved to Philly for almost five years before I was nationally syndicated out of Florida where I moved in 1997. After one year there, I went to Denver and worked at two stations before coming

back east and landing at WNEW. After 18 months, I went to New Jersey and hosted "The Jersey Guys" show for five years and was "The Most Listened-to FM Afternoon Show in America" and nominated as "Talk Show Host of the Year." After those five years, I was offered the chance to come back to NYC and work with Boom at WFAN.

HH: Were you nervous on your first few days of the show, wondering how people would respond to Boomer and yourself? Do you ever feel nervous when meeting or speaking with celebrities, athletes, etc.?

CC: I wasn't nervous, but I was anxious and hopeful that Boom and I would click and get along on and off air. Secondly, I hoped the show would be entertaining and fresh every morning. I've been doing this for nearly 20 years now, so I don't get nervous at all upon meeting celebs or speaking with them. They are just people too and they eat, sleep, and go to the bathroom like you and I do.

HH: You grew up in New Rochelle. Have you gone back to visit or talk to any of the children in the schools you attended?

CC: I started a "School is Cool" campaign in many of the cities I have lived and worked in, but I have not yet had the opportunity to return to New Rochelle in that capacity.

It's not that they inspired me, but I was always interested in how they did what they did. I owe my success to a number of "angels" who thought that I had talent and gave me opportunities and of course, I owe it to myself, 'cause I'm wildly entertaining, funny, handsome, and humbled by my success.

HH: What kind of reactions did you receive from fans and family when you walked across the Brooklyn Bridge in nothing but a Giants jersey and a Speedo?

CC: I made Boomer and my audience a bet that if the Giants beat the Cowboys in the playoffs that I would walk the bridge in a Giants jersey and a Giants Speedo. I always pay when I lose a bet as you should too -- great life lesson there! They thought it was just "crazy Craig" being crazy. Of course my mom thought I needed to lose some weight, my dad thought my legs were too skinny, and many women thought I had stuffed the Speedo (which I did).

HH: You often speak on air about your "inventions." Do you seriously have any plans to obtain patents or market any of these? Tell us about them.

CC: I attempted to go to market with one of them, "Illuma Dog", a dog collar and leash that had built-in lights around it to make it safer to walk your dog in dimly-lit or unlighted areas, but nothing ever came of it. I have a big announcement coming soon about a product I have developed that will be available in November, but mum's the word right now.

HH: What's next for Craig Carton -- are you planning to do a TV show or are there other ideas in the works?

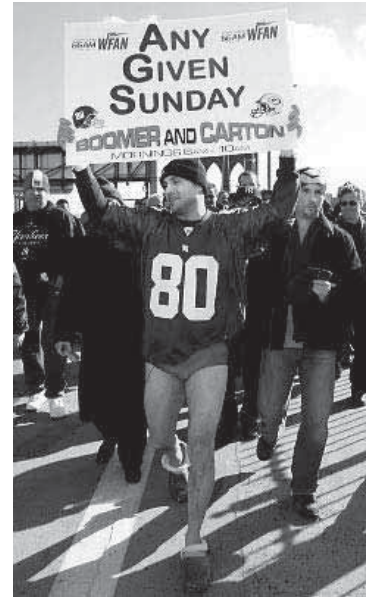
CC: I love doing radio and will never stop doing it, but yes, I have a development deal with a major cable network and we may be announcing something by the end of this year -- so keep your fingers crossed!

HH: Your imitation of "Mad Dog" Chris Russo is superb. Do you pride yourself on any other imitations?

CC: Nah, I do a few and I'm sure they are pretty lousy but it's fun to do Muhammad Ali, Tony Montana from Scarface, Suzyn Waldman. I laugh when I do them, but I'm not sure if anybody else does.

HH: How did you become a Mets and Jets fan? Can the Mets recover from this season? How?

CC: I decided very young that those were my teams and I've stuck with them, maybe because my dad liked



Carton makes good on a lost bet. Courtesy of WFAN.com the Yanks and Giants. The Mets can recover next year by spending \$\$\$ on the right people.

HH: Any plans to revive the "momo bus" or "girl of the week" routines next year?

CC: Nah, our show evolves and with that evolution, ideas and bits come and go.

HH: How does it make you feel when something you've "locked up" doesn't pan out?

CC: I feel great because I know my audience is gonna give me the business on it. I feel better when I'm right, though.

HH: What advice do you have for kids aspiring to be a radio personality?

CC: Figure out who and what you are on the air. Remember it's a show, so develop an on-air personality and be unwavering about it. Don't let anybody ever tell you that you can't or shouldn't do it. Follow your passion-- if that's what it is, great!



Curious camel meets Craig Carton.

Courtesy of Amy Carton

HH: How did you do in high school? When did you know you wanted to go into sports broadcasting as a career?

CC: I graduated 52 out of a class of 700 kids and probably could have done better, but I hated academics and did enough to not get punished, yet I did get punished for grades. Hmm....all I knew when I graduated high school is that I would never wear a jacket and tie and have a 9-5 job. Sports broadcasting wasn't yet my goal, but I did have an interest in it.

HH: To whom do you owe your success? Was there anyone in particular who inspired you to become a radio personality?

CC: I grew up listening to Howard Stern, of course, and at some points the Z-Morning Zoo with Scott Shannon.



Craig Carton ponders his next great invention. Courtesy of WFAN.com

R.E.E.F. Club Rescues Earth

Izzy Sheck

Staff Writer

Harrison High School is full of clubs that are great for getting involved in the community. Being a part of a club is a fun way to learn about new things going on in the school, make new friends, enjoy an afterschool activity, and/or participate in community service. One club that I am really excited about is REEF club, (Rescuing Earth's Environmental Future).

Pollution on the part of almost every country has left us with a damaged environment that continues to worsen. Environmental outreach programs have been trying to educate people about the current environmental situation. It is imperative that we make changes in the things that we do each day to become a more eco-friendly planet. "REEF club's mission is school and community education- based research that leads to environmental awareness and action," says club adviser Dr. Tyler. "This culminates in projects like environmental cleanup and beautification and recycling projects."

REEF club is a great club to join especially if you really care about the environment and how our actions now will affect us in the future. For example, one of the major topics that the members of REEF club have been discussing is how to switch from using Styrofoam plates in the cafeteria to a material that is less detrimental to the

environment. Styrofoam takes an incredibly long time to decompose, and remains in landfills for years, polluting our environment. In addition, Styrofoam is threatening to our health. As Styrofoam melts, it releases carcinogens into the food that is being held by the plate or bowl, thereby increasing our chances of getting cancer. One way that this problem can be solved is



Some conscientious R.E.E.F. club members. Courtesy of Lauren Warshauer

by purchasing biodegradable plates for the cafeteria. These plates break down at a faster rate and are not harmful to the Earth.

Another issue discussed at REEF club meetings is the amount of plastic water bottles that are wasted each day by students at our school and by people around the world. Plastic is another material that is very harmful to the environment. In the past, REEF club has tried to arrange



Courtesy of blog.lib.umn.edu

for recycling bins to be put in each of the classrooms so that paper could be recycled and recently, recycling bins have also been placed in the hallways as well. The problem here is that people see the recycling bin and think that their empty water bottles are supposed to be recycled in the same bins that the paper is recycled in. This causes many problems because the water bottles cannot be recycled if they are put in the paper bin. One of the things that the club hopes to do is to educate the students of our school to learn how to recycle the right way.

In REEF club's first few meetings, new ideas were formulated about projects that can help spread awareness about global warming and pollution. One idea that came up was planting flowers in the high school courtyard. By doing this, not only would we be giving the high school a nicer landscape, but planting flowers is a great way to help the environment.

If you are interested in joining this great club it meets most Fridays in D114, see Dr. Tyler, or club president, Adriana DiFazio, for more information. REEF club is a fabulous way to get involved in the school and help our planet, so try it!

Snapshot: Photography and Film Club

Izzy Sheck

Staff Writer

One of the more intriguing clubs offered here at Harrison High School is the Photography and Film club. This club welcomes students who want to either learn about photography and film, or just get a good education on how best to use a camera.

There are "Digital Photography" classes offered at the high school that involve taking high quality photographs and using Photoshop to edit and improve them. The class teaches about the various elements and principles of art and how to use them to make a successful photo. This process is tough but rewarding, and leads to a great photograph in the end. This class is a lot of fun; however, not everyone can take the class.

For those unable to take the class, but still interested in learning about photography and editing, Photography and Film Club is a great way to go. Mr. Petrillo, who teaches both Digital Photography as well as Studio in Art, is the advisor for the Photography and Film club. Since this is a new club, fun ideas and activities are still being considered, in relation to photography and film, of course.

One idea that could really benefit the high school would be taking pictures of the students and displaying them around the school in the hallways. A similar idea was already executed at Purchase Elementary School by Mr. Bob Kalman. Mr. Kalman, a photographer, took pictures each year of the students who attended the school. He would stand on the roof of the building and take pictures of the students standing in tight rows below him. The photo was placed in the main lobby of the school where students, teachers, and parents were able to walk by and look for their face in the crowd.

Mr. Kalman also wanted smaller pictures of students, so he and older students went around to each of the classes and took various photos of students during their classes. These smaller photos were then framed and hung in the school hallways. This would be a great way to help decorate the inside of the school, as well as a way for students to learn how to capture real life people.

Other activities under consideration include pictures of Harrison High School athletes. These pictures could also be used by the yearbook or the Husky Herald. Another idea would involve creating a website for the club where new and interesting photos can be uploaded and posted. These photos could be of anything, from colorful autumn landscapes to still life portraits.

With high quality photo ink being very expensive, and field trips to art galleries also proving costly, there is a real need for this club to raise funds. One idea on how to do so might be to rent a movie that hasn't yet been released in theatres and play it in the HPAC. All students in attendance would be asked to pay a fee. Club members think this would be a great idea, one that many students might enjoy.

If you have any cool ideas about fundraising or photo or film activities, please come to a meeting any Wednesday after school in room B100 (Mr. Petrillo's room). Even if you aren't sure if film and photography is your passion, all are welcome to take part in the club.

Be smart, be safe: Don't text and drive

Alyssa Maida

Staff Writer

Recently, text messaging has become tremendously popular with people of all ages. Adults in the business world rely on texting as a way of quickly communicating with associates. Teenagers everywhere, especially students here at Harrison High School, can be found texting, even in class! For some, it is impossible to go a day without checking one's phone for messages. Unfortunately, teenagers' addictions to their phones have caused an increasingly fatal habit: texting while driving.

Statistics have shown that people using cell phones in the car are four times more likely to get into an accident than any other person on the road. In addition, 46% of sixteen- and seventeen-year olds admit to texting while driving. However, under any circumstances, choosing to text while driving a car increases the chance of having an accident tremendously.

Teenagers are the newest drivers on the road. With the radio blasting and friends in the back seat talking and laughing, drivers are already distracted enough. By answering a text message while driving, even at a red light or on

a seemingly empty road, drivers put themselves, their passengers, and the other drivers on the road in danger.

The rise in text-related car crashes has encouraged organizations to publicize the problem. *The New York Times* has created an online game showing how easy it is to be distracted behind the wheel by texting. Other companies, like the cell phone carrier AT&T, have launched educational campaigns on the dangers of driving while texting. Developers at Virtual Management, Inc. are starting to create a device called the Electronic Virtual Assistant (EVA). The EVA reads important email messages and text messages aloud to you while driving. This prevents drivers from taking their eyes off the road to check a text message or email. In addition, for less than \$20 a month, the EVA allows you to dictate messages back and sends them in a wave file.

Many teens think that texting while driving is no big deal. Since many manage to do it without anything bad ever happening, they falsely believe that they are safe. However, no one, not matter how much control he or she



Courtesy of Emma Glass

thinks they have of the car, is safe from an accident on the road. It only takes a split second to lose focus and control.

This past July, five high school seniors from Fairport High School were killed as an effect of texting while driving. On the day of the fatal accident, they were driving to a parent's vacation house in upstate New York late at night. The inexperienced driver was texting while she was driving. Distracted, her SUV swerved into oncoming traffic, hitting a tractor-trailer and bursting into flames. All five passengers died on impact.

Texting while driving is a growing problem throughout the world. Eighteen states have outlawed texting while driving and several more have placed restrictions on it. As of November 1, texting while driving now is illegal in New York State. The roads will become much safer if everyone refuses to give in to the pull of answering that oh-so-important text message that could end up killing another innocent driver. Texting while driving is no joke. Be smart. Don't text and drive.

KFWH: Making a Difference

Alexa Coloccia and Taylor Friedwald
Staff Writers

Kids For World Health is an organization created by a small group of concerned kids at Mamaroneck High School in 2001. When their class was studying Africa, they learned about Sleeping Sickness and the lack of medicines available to families in Africa. Eighteen students reacted strongly to this information, and felt that pharmaceutical companies and governments should react compassionately toward solving the problem. The students started a letter-writing campaign to pharmaceutical companies, and contacted the United Nations and the World Health Organization, as well as Doctors Without Borders. They met with the CEO of Bristol Meyers Squibb, and eventually started this

We recently sat down to discuss the good works of our KFWH's chapter with the advisor Mrs. Janessa Wilson. We discussed the success of the "Lose the Shoes" fundraiser and possible plans for the upcoming year.

"Last year 'Lose the Shoes' was a soccer tournament to raise money to educate children in Africa about AIDS prevention and awareness," said Mrs. Wilson. "We raised about \$1,000 last year for this organization."

This year, KFWH hopes to get all the clubs together to form a walk-a-thon with help from student government. Mrs. Wilson also expressed interest in getting a speaker to address the school community and help spread awareness about neglected diseases



African children benefit from KFWH projects.

Courtesy of KFWH.org.

not-for-profit organization to help those in Africa.

In the eight years since its inception, Kids For World Health has spread to other schools, including Harrison High School and LMK Middle School. Here at the high school, the club is advised by Mrs. Wilson. Kids For World Health was first created to bring awareness of neglected diseases in Africa. Now, however, KFWH also teaches kids about world wellness, environmental wellness, and other health and wellness issues.

Last year, Harrison High School did a fund raiser called "Lose the Shoes," where people played soccer shoeless and donated their old shoes to charity. It was very successful and Kids For World Health hopes to do something similar later this school year. The Middle School last year also had a very successful and busy year. They hosted a visit from a "Lost Boy of Sudan" named John Bul Dau. He came to the middle school and gave a powerful speech about his journey with the other lost boys. The school watched a clip of his documentary about the lost boys of Sudan. KFWH donated money to his organization to help build hospitals in Africa.

Of course, they also had Wellness Week, starting off with the Wellness Week Fair. The fair was a lot of fun, as well as a great way to start off a week full of world, environmental, and health/wellness awareness.

Congratulations to the Husky Herald for winning a Silver Medal Certificate from the Columbia Scholastic Press Association.



Great Debate

(Continued from page 2)

and debate is the way you stir the soul of our democracy."

Our school's first "Novice" competition, debated at Bronx High School of Science, was a big success. Out of over 100 participants competing, every member of Harrison's debate team came in within the top 50. Ally Brabant, who worked hard on her case, won all four of her rounds. She was awarded second place in the whole tournament overall.

Other competitors doing well included Ashley Muller and Cayla Pettinato, who each won three of their rounds with high speaker points, placing fifteenth and eighteenth overall, respectively. Robby Tiburzi just missed making the top twenty, placing 21 overall. This reporter placed in the top 30 as well. Alison Midollo and Richard Haddad also performed well, getting awarded high speaker points.

Overall, Ally, Ashley and Cayla were rewarded with medals, but the

whole team exceeded Mr. Hertzig's expectations.

The second "Novice" tournament took place on Saturday, November 7, at Monticello. This competition of the Metro-Hudson League proved challenging. Still, members of the Harrison team impressed by placing 25 and above. Ally Brabant stepped up her game to essentially win the entire tournament! She came in first place, winning all four of her rounds. Cayla Pettinato placed third out of the whole tournament, which gave Harrison's team two of the top three overall positions. Angela Troia won fifth place in her first-ever competition.

Other notable competitors in that meet include Ashley Muller (tenth place overall), Robby Tiburzi (eleventh overall), and Richard Haddad (thirteenth overall). Christina Loguidice and Alison Midollo also placed within the top 25. The debate team is off to a great start.

Footlight Players Perform 'The Heiress'

Emma Glass

Editor-in-Chief

Under the expert direction of Ms. Nina Mansfield, the Harrison High School Drama Footlight Players performed the play, "The Heiress," in the HPAC on Friday, November 20, Saturday November 21, and Sunday, November 22.

"The Heiress," by Ruth and Augustus Goetz, which was first produced on Broadway in 1947, is a play of "love, greed, and betrayal." It follows the story of an awkward girl named Catherine Sloper, who falls in love with Morris Townsend, a handsome man who pursues her solely for her fortune.

"I advised Tom Blake last year, but 'The Heiress' is the first play I have directed at Harrison High School," said Ms. Mansfield. "It was both challenging and exciting working with the actors. One of the best things about directing the play was researching the time period (it is set in the 1850s) and instructing the actors to talk and act like people of that time period." She continued, "The play may have seemed a bit dated as the premise

involves a woman trying to marry off her niece, but I still think it appeals to modern audiences. Love, greed, and betrayal are timeless messages."

The production featured Sarah Kaidanow as Catherine Sloper, opposite Devon Krobetsky's Morris Townsend. Supporting characters were played by Genevieve Scaranò, Richard Haddad, Marisa Urgo, Kathryn Recchia, Mikie Sakana, Jillian Lavin, Colin Dobell, Jose Porretti, Chris Morris, and Amanda Araujo.

The Sunday performance was followed by a 20 minute talk back stage with the cast and crew. The assistant director, Marisa Urgo, who also played Ms. Almond in the play, had the following to say about the production. "It has been a great experience having the opportunity to assistant direct and have an inside view of how shows are put together. We had a lot of great actors who put their all into the play and I am happy to say that it was an amazing production."



"The Heiress" in rehearsal.

Courtesy of Emma Glass

Varsity Club Debuts

Joey Loreti

Sports Editor

A new club at Harrison High School is the Varsity Club, named for and run by varsity athletes. The club supervisor is Coach Loughlin, while senior athletes Nicole Nannariello and Jack Molloy are co-presidents. Jenna Grippo is Vice-President, while the other officers are Sasha Tharani, Secretary, and Marina Andrade, Treasurer. Initially proposed by Coach Siobhan Loughlin, the idea behind the club is to spread school spirit and support for all varsity sports. For a long while, only a few teams at HHS have had the full support of the student body. Varsity Club's goal is to spread that support to include sports that struggle in regard to student attendance.

The growing club currently has about 30 members and meets weekly. Among the club's goals moving forward is to hang a "Who is Home Today" bulletin board on the side of

the gym in order to increase student awareness as to sport events: who will be playing, when, and where. Also, all club members are encouraged to attend as many sporting events during the week as possible, providing help with designing posters and banners to cheer on all varsity athletes.

The club also works together outside of varsity sports, as there are groups within the club and planned for the club, such as: Cross Country Path Clean Up, Troops, Coordinator for Game/Match of the week, Team Support Days, Habitat for Humanity, Nike Shoe Collection, and many others that Ms. Loughlin hopes to kick off in the near future.

"My main goal is to spread school spirit for all athletes, varsity and junior varsity," said Coach Loughlin, "and to bring back the pride of Harrison athletics."



Co-President Nicole Nannariello, Courtesy of Yearbook

Show Your Colors

Jessica Peña

Music Editor

Are you looking for something productive to do that will look great on your high school resume? Look no further than the band room – your future in the Color Guard awaits you!

"Color Guard is the art of mastering a five-foot pole flag or sometimes six and spinning and flipping it up in the air while marching," says Elizabeth McNamara, the coach of the Guard. "We march with the marching band on parades, go to the football games, and do competitions. We competed at San Francisco, CA, Nashville, TN, and this year we are competing at Philadelphia, PA. Last year we went to Disney at Orlando, FL. It was spectacular."

The Color Guard goes to competitions every year, competing with other schools in the country. At Nashville, the band took home several awards, and one was for the Color Guard. A video of the group marching was required to be part of the march down Main Street at Disney World.

Currently, the Guard consists of students from each grade level, which means anyone is welcome to participate. This activity is considered co-ed, so both guys and girls are invited to take part. Right now, the Guard features one very talented guy. At the Nashville competition, several male students performed and were "totally awesome," according to band student and parent witnesses.

Flipping and spinning the flag provides a good workout as well, since it requires good upper body strength. The flag may not look heavy, but it's certainly not light as a feather either.

"In the routines, there are times where you need to hold the flag up high by the pole for a long amount of time," says Coach McNamara. Being a member of the school's Color Guard offers a challenging physical and mental workout.

Holding the flag is not the only workout you get. The members also have to dance. Being a part of the Guard involves some footwork while performing.

"Two years ago, we did a dance routine that was coordinated by Ms. Gregory, and it was fun," said one member of the color guard. "But even though it was exciting, it was somewhat difficult because some of us aren't very coordinated, foot-wise."

Last but not least, joining the Color Guard provides friendship. During your time in the Guard, you develop long-lasting friendships that go beyond school. For freshmen, becoming friends

with some upperclassmen could prove most beneficial – perhaps you'll get insight into the school that you might not find out otherwise. Through traveling and competitions, you also get to meet new people from other schools.

The Color Guard is always eager to recruit new talent, so please consider joining the squad. It's a fun, social activity that provides a fine workout, a chance to travel and compete, life-long friendships, and far more than many other activities.



Color Guard members take a break, Courtesy of Andrea Spurduto

Planet's Discovery Rocks Astronomy World

Katie Rian and Luciana Romani

Staff Writers

Astronomers recently found a small planet in a different solar system that has firm ground, similar to Earth. First discovered in February of this year, this planet gave scientists new hope. Scientists state that a planet must have a solid surface in order for life to begin. According to Associated Press science writer Seth Borenstein, this is the first discovery in our enormous universe that has a solid surface. Perhaps that means there are better odds of finding extraterrestrial life.

Borenstein notes that, "over the years, scientists and astronomers have found more than 300 planets outside our solar system, but most were just gas balls or couldn't be proven to be solid." He claims this recent discovery by a group of European astronomers is in fact a very big deal. It means that the chances increase that other similar planets can be found.

"We basically live on a rock ourselves," says co-discoverer Artie Hatzes, director of the Thuringer observatory in Germany. "It's as close to something like the Earth that we've found so far. It's just a little too close to its sun."

According to Mark Henderson, science editor of The London Times, this discovery from the Corot planet-hunting space observatory occurred in the constellation Monoceros, or the Unicorn.

This new planet is 23 times closer to its sun than Mercury is to our sun. In fact, this new planet is so close to its sun that its surface temperature is more than 3,600 degrees Fahrenheit during its days, and minus 330 degrees at nights, extremes that are too hot and cold to sustain human life. This planet circles its star in a mere 20 hours, compared to the 365 and a quarter days it takes Earth to circle our sun. It flies by at approximately 466,000 miles per hour.

The new planet, named Corot-7b, is located some 500 light years away, which surprisingly is not that far away in astronomical terms – remember -- one light year is about six trillion miles.

"This is science at its thrilling and amazing best," said Didier Queloz of the Geneva Observatory in Switzerland, who led the research team. "We did everything we could to learn what the object discovered by the Corot sat-

ellite looks like and we found a unique system."

Scientists have been measuring its density to prove that it does in fact have a solid surface. Only four planets in our system have a solid surface: Earth, Mercury, Venus, and Mars. While the planet's diameter is about 80% larger than the Earth's, the density values were worked out

from data collected by the HARPS (High Accuracy Radial Velocity Planet Searcher) at the La Silla Observatory. The planet's mass is estimated to be five times that of Earth, which means its density is similar.

Corot-7b is as close in size as any other planet is to Earth. Its radius is 1.5 times bigger than Earth's. Now that scientists have found a planet so similar to Earth, they are very confident they will soon find other planets like Corot-7b, and perhaps even ones that could maintain life (as we know it).

Chances of possibly living on another planet are very slim, noted science teacher Mr. Paul Haley. "Living so close to a sun would be impossible because it would be too hot," he said. "It might be possible to live on a planet if advanced technology were used to create a bubble around such a planet to hold in oxygen."

This recent discovery improves the chances of a planet like Earth being discovered. It might even increase the chances of finding other life within the universe. Our science teachers agreed.

"Drake's equation suggests that a large number of extraterrestrial civilizations would form," said Mr. Frank Napolitano, Harrison's resident astronomy teacher. "Therefore, it seems very likely that life on other planets does exist." Dr. Frank Drake, Professor Emeritus of Astronomy and Astrophysics at the University of California, Santa Cruz, devised an equation in 1960 to figure out the likelihood of extraterrestrial life.

"There absolutely could be life on other planets," said Ms. Josie Cain. "Right now, we are limited by technology and funding in finding it, however."

This also is the feeling shared by Alan Boss, of the Carnegie Institution in Washington, D. C. "The evidence is overwhelming that we live in a crowded universe," he said.



The hot but solid surface of Planet Corot 7-B, Courtesy of The Telegraph UK



According to Mr. Haley, we won't be living on such a planet anytime soon. Courtesy of Emma Glass



This chart shows Corot 7-B's relative size. Courtesy of AIA



Battle of the Bands

Emma Adler

News Editor

On November 7, Harrison High School's annual "Battle of the Bands (BOTB)" took the HPAC by storm. Presented by the Junior class, the BOTB featured five local bands, all of whose members are students at Harrison.

The competition kicked off at 6 p.m. with the quartet *Weapon Prologue*. Comprised of four juniors (Joe Papa on drums, Tetsuya Akashige and Bryan Jacobowitz on guitar, and Mitch Coffin on vocals), *Weapon Prologue* played two songs: the Red Hot Chili Peppers' hit "Tell Me Baby," and "Everlong," by the Foo Fighters. The program included biographies for each of the competing bands, all five of which supplied the audience with invaluable (if not strictly valid) insights into their histories. *Weapon Prologue*, according to their biography, formed "as a result of WWI," and in 2008, "made a slow and steady comeback." Questionable past notwithstanding, *Weapon Prologue's* solid and impressive performance was greeted enthusiastically. Second to perform was the Junior trio *Bassafunksanuksadeluxe* (bass-a-funksa-nuksa-deluxe). Like *Weapon Prologue*, *Bass* is a band comprised entirely of Harrison High Juniors (Chris Doherty and Joe Papa



Mitch Coffin, Tetsuya Akashige and Bryan Jacobowitz

Pictures courtesy of Tetsuya Akashige

on guitar, Mike DellaRocco on drums), including a crossover member from *Weapon Prologue*. *Bass* played a three song set of original material, opening with "Symphony of 1933," following up with "Ill Shaped Fish," and concluding with "Pants 11." *Bass's* whimsical band biography graciously informed that the success of *Bassafunksanuksadeluxe*, to quote the text, "twas written in the stone."

"We are clearly the best band ever," said Chris Doherty, after. "It's like the best band, period!" *Bass's* set was met with resounding approval, a testament to the talent of its instrumentalists.

Another trio, *El Gato and the Geniuses*, followed. In the program, *El Gato* was scheduled to play two numbers, one original piece ("Dear Old Amy"), and one cover ("You," by Bad Religion). However, while on stage they made the decision to add a surprise finale, a second original song entitled, "California Nachos." *El Gato's* biography let the audience in on a band secret: "Sometimes," the blurb read, "we get lazy and do nothing...but on the few occasions when we decide to be productive, we write little noise- drenched pop songs filled

with youthful angst and apathy and perform them for people."

With Josh Waldman on drums, PJ Angarano on guitar, and Max Miller on bass, *El Gato's* performance was an effective and attention- grabbing showcase.

Fourth up was *The Real Ninja Turtles*. A four man ensemble, *The Real Ninja Turtles* features three Sophomores (Vince DeSantis and Jacob Seidman on guitar, Matt DiRe on bass) and one Junior (Colin Frank on drums). *The Real Ninja Turtles* opened their set with a rendition of Blink 182's "Dammit," and went on to play "The Quiet Things That Nobody Knows," by Brand, and "Heroes Get Remembered, Legends Never Die," by Four. Their biography stated that they were "the REAL Ninja Turtles, as real as it gets: 50% Turtle and 100% Ninja." *The Real Ninja Turtles* executed their selections with admirable skill and deft precision.

The fifth band to compete was *Operation: Save the Ham*. A Senior group, *Operation* featured Nicky Pyle on drums, Matt Baer on guitar, Ryan Mustacato on vocals, and Dom Mustacato on bass guitar. *Operation* played three songs: "Buried a Lie" by

Senses Fail, "F.C.P.R.E.M.I.X." by The Fall of Troy, and "Smile in Your Sleep" by Silverstein. The band biography, which helpfully notified the audience that Dom would be "slappin' da bass" ended on a touching note, stating that "their performance is dedicated to Ragù." Whether this referred to the sauce or an actual person could not be verified. *Operation: Save the Ham* did not disappoint as the final band of the night. Their thrilling, exhilarating performance provided a perfect conclusion to this year's successful "battle." In addition to the five competing bands, The Battle of the Bands featured a special guest performer. Midway through the show, Senior Lance Troiano took the stage, playing and singing the Plain White T's favorite, "Hey There Delilah."

Following the performance, the audience used their ticket stubs to vote for their favorite contender. Some purchased additional votes for the cost of \$1 per ticket. The votes were tallied promptly, and before the clock struck 8 in the HPAC, *The Real Ninja Turtles* had been proclaimed the victors, followed by *Operation: Save the Ham* and *Bassafunksanuksadeluxe*.

Swine Flu Prevention Just One Shot Away

Melina Parrello

Staff Writer

Worried about the winter coming? Scared for your health in the upcoming season? With all these nasty viruses and flus going around, you feel it's inevitable you're going to get sick with something, right? Well, this may not be the case.

Recently, it has been discovered that a single low dose of the H1N1 vaccine (flu shot) may be enough for us to stay healthy this winter. Tests and studies have been conducted to test the immune systems of individuals after being injected with different amounts of the vaccine.

"This is very good news for the vaccination program, both with regard to supply of the vaccine and its potential efficacy," said Anthony Fauci, M.D., director of the National Institute of Allergy and Infectious Diseases.

Research is slowly proving that just one dose of this highly im-

portant vaccine allows for a hearty immune system response in most adults. Studies have shown that just eight to 10 days after being injected with a 15 microgram vaccine, a strong immune response is shown – information that researchers say is very impressive.

Although the H1N1 vaccine may not prove effective in every single person, the fact that most people are showing a positive immune response to one vaccination is great because it allows for the doctors to immunize more people, giving them a better

chance to fight off sickness. Also, the National Institute of Allergies and Infectious Diseases is conducting more trials on both children and pregnant women, hoping to come up with new findings.

With all the vaccinations needed, suppliers need to start shipping out the vaccines to doctors so they can provide patients with what they are asking for. Approximately 75.3 million doses of the vaccine are expected to be shipped through December.

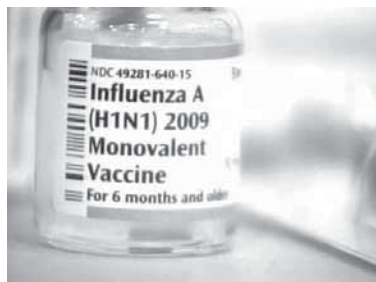
"We will have enough vaccine available for everyone," U.S. Secretary of Health and Human

Services Kathleen Sebelius told the House Energy and Commerce Committee this month.

However, like all vaccines, the H1N1 vaccine is not perfect. Studies have shown that a dose that strengthens the immune system of an adult may not produce as successful a response in certain children – some will need two vaccinations in order to prevent their contracting the disease.

Fortunately, money will not be an issue for anyone who chooses to be vaccinated. The two vaccination types approved (a flu shot made from an inactivated or dead virus and a nasal spray made from a live, weakened virus) will be available free of charge – though some doctors may charge an administration fee.

This winter may be a cold and rough one, but one thing many can look forward to is staying swine flu free.



One shot allegedly can prevent swine flu. Courtesy of CDN

ARTS and ENTERTAINMENT

Ellen DeGeneres To Join American Idol

Izzy Sheck

Staff Writer

Attention, American Idol fans: as you may have already heard, Paula is out and Ellen is in. Recently, in what many feel was the result of a salary dispute, American Idol judge Paula Abdul "retired" from the show. Since that unceremonious announcement, the public has expressed mixed feelings about Paula Abdul's retirement, and whether or not it was a good career decision for her.

Many people were upset to learn of Abdul's departure, believing that she gave the show part of its winning chemistry and that her upbeat, positive contributions helped make the show what it is today. Her encouragement and uplifting comments, even though a bit wacky at times, served to counter some of Simon's acerbic asides to the contestants. Others who watch the show couldn't be happier that Paula is leaving, especially those who fast forward through her comments using their TiVos. Studies show that Paula Abdul was the least popular judge on Idol and that more people fast forwarded through her comments than any other judge. What everyone wondered immediately was who would come in to take Paula's place on the show...would they help or hinder the popularity of the already famous television show?

The answer to that question was announced soon afterwards: the new judge is going to be Ellen DeGeneres. Ellen will be joining the judging panel

for American Idol's Season 9, joining Randy, Simon, and Kara. Ellen, a noted comedienne and talk-show host, has been an American Idol fan for years, and is very excited about becoming a part of the show. In addition to watching the show on television each

week, Ellen has also been a part of past "Idol Gives Back" shows, in which artists assist in fundraising to help the poverty-stricken people of Africa.

judges' panel. Perhaps she won't have the same kind of "inside the music industry" opinions that Simon, Randy and Kara have, but she does claim to offer an opinion to which the average American people can relate.

Ellen will still be keeping her

menting on the dancing, but instead only added comical remarks. Many are wondering if Ellen will be a true talent judge on Idol, or just someone put there for comedic effect.

Other people wonder how Ellen will fit in, how she will be treated on the show. Perhaps she should look to how singer/songwriter Kara DioGuardi was treated this past season, her first. It seemed as though DioGuardi was not as well liked as the other American Idol judges. She had to gain the respect of the American Idol audience as the show progressed through Season 8, and it was a tough journey for her. Many noticed the eye rolls and rude comments from Simon aimed at Kara, as she tried over and over to gain the respect of the other judges.

As always, the new season on Idol surely will bring about a new wave of entertainment viewing, both from the contestants and from the drama that will go on at the judging panel. The network is hopeful that Ellen will make a positive impact on the show and cause an upswing in viewer numbers. As the new season of American Idol approaches, we soon will be able to see how Ellen acts, and how the public reacts. Will her jokes make up for her lack of knowledge in the music business? Tune in and see.



American Idol 9: Ellen is coming; Paula is going.
Courtesy of NY Daily News (Ellen) and Sam Jones/Fox (Paula)

What Ellen will contribute to the show will be the opinion of the common people in America, the "average Joes." Ellen believes that she knows and understands the basic opinions of the people who watch American Idol season after season, and she wants to give that opinion a live voice on the

popular daytime show, while still doing American Idol at night. Ellen's high energy and love for music will surely be a positive addition to the American Idol judging panel, and she may even bring a whole new group of viewers over with her from her daytime audience.

Still, critics are uncertain how Ellen will fare. Several cite her appearance this past season on "So You Think You Can Dance," where some claim she didn't do a very good job of com-

Local Skating in the Great Outdoors

Alli Fuerst

Staff Writer

Winter time is almost here and before you know it, gentle snowflakes will start to fall, cozy fires will begin to warm up family rooms, and children will soon be outside, sledding down snow-covered hills. Families will begin to dig their skates out of the closet and head on down for ice-skating.

Ebersole Ice Rink is a great place for families to come together and skate. The rink is located in White Plains at Delfino Park, right off Lake Street. One of the reasons why people love coming to Ebersole is because it is so convenient. Students and their families in both Harrison and White Plains only have to drive a few miles to get there. However, the main reason why people enjoy coming to Ebersole is because it is outdoors, with only a roof.

Ebersole is one of the few outdoor rinks in Westchester, which is what makes it so unique. People can go outside and skate around the rink and when they're through, they can sip hot cocoa inside of Ebersole's warming house. The Ebersole Ice Rink is a great place for friends and families to create memories that will be treasured for years to come.

On Friday nights, Ebersole offers its "Friday Night Skate." FNS takes place from 8-10 p.m. Admission is \$4.00-\$5.00 for residents. The "crowd" for FNS is mainly teens and preteens, but all are welcome. This year, Ebersole is trying to get a DJ and disco lights to make FNS even more fun and memorable.

"I went to Friday Night Skate last year and had a lot of fun," says freshman Sarina Tassone. "I went with a bunch of my friends and really enjoyed it."

At Ebersole Ice Rink, there is a little shack where you can rent skates if you don't have a pair. Marty Peck

is the owner of this shop. This year, Marty Peck has gotten brand new skates that you can rent during most public sessions. Rental skates cost around \$5.00.

Ebersole Ice Rink also offers an ice-skating school. Skating School Director Kristen Fuerst says, "Our skating school is designed to help teach people how to skate, no matter their age or skill."

The skating school has different levels of difficulty that range from Tots 1 up to Freestyle Levels. The program also offers basic hockey, adult, and special needs classes.



Courtesy of MSU

Walter's World's Best Hot Dogs

Joe Maida

Staff Writer

It all began in 1919, when Walter Warrington decided to open a curbside hot dog stand in Larchmont, NY. His was no ordinary hot dog, however. Walter created a hot dog that was split down the middle, grilled with secret sauce, served on a toasted bun, and topped with a homemade mustard that will have you calling for seconds. This revolutionary hot dog soon became known as "the best hot dog in the world," and is still served to this day.

Located at 937 Palmer Avenue in Mamaroneck, the classic Walter's Hot Dog Stand stands tall, serving hundreds of hungry customers every day. The stand is now owned by Walter's son, Gene Warrington. The building was declared a national landmark in 1991, and has been listed on the Westchester County Inventory of historical places since 1994. It was also featured in the Food Network's Road Side Delights as "Westchester County's best known contribution to road side architecture."

The hot dog itself is incredible. Composed of a combination of beef, pork, and veal, more grayish in color than pink, they appear very different from the average hotdog. They're split before being griddle cooked in such a way that the inside develops a caramelized surface and a crunch. The bun is also heated. The attendants use tongs when handling them, so they get a bit squished. This is part of the fun and tastiness.

Condiments are applied before the dog is delivered. You have a choice of dark brown mustard or regular mustard, dotted with a small amount of sweet-pickle relish. Walter's doesn't sell any kind of burgers or any other main dish, but it does offer tasty sides. You can get regular French fries, or the stand's potato puffs. The potato



Walter's is an historical landmark. Courtesy Wikipedia

puffs look like later tots, but are actually quite different. Take a bite into its buttery, fluffy interior; fall in love with that distinct potato puff taste. A sweet-potato puff is also offered, providing the same great taste with a touch of additional sweetness. Walter's also makes world-class milk shakes from its own soft-serve machine, including the crowd favorite: the extra-thick chocolate malt.

Simply put, you cannot beat Wal-

ter's. There are no tourist attractions anywhere in Mamaroneck; the stand is not off a main highway -- yet you will always find a line 30 people deep eager to bite into the amazing Walter's Hot Dogs.

Many students at Harrison High School enjoy savoring Walter's Hot Dogs. Vinnie Nicita had this to say about the legendary dogs: "I really love eating at Walter's, because the hot dogs taste so good, and are so close to home."

When asked to describe his feelings about the mustard, he said, "I love mustard! That's just what I do."

Tom Falciglia also weighed in on Walter's: "Usually my dad throws me a \$100 bill and says 'Go get some Walter's, Tommy!' I am always thrilled to get Walter's, because the taste hypnotizes me."

For more information about Walter's Hot Dog Stand, check out their website, at www.waltershotdogs.com.

Battling America's Obesity One Contestant At A Time

Christina Loguidice

Staff Writer

Many people in America suffer with obesity. Obesity is a medical condition in which excess body fat has accumulated to the extent that it may adversely affect one's health, reducing one's life expectancy. Seemingly, more and more Americans can't help avoid obesity. An estimated 65 million people in America are obese and about two-thirds of all adults in the country currently are overweight.

This is a real national problem, and something must be done to change it. However, change is not easy. Obese people are easily discouraged about their weight and many believe that they can never change this condition. One of the more popular reality shows on television proves otherwise. NBC's hit show "The Biggest Loser" (shown locally at 8 p.m. on Tuesdays), shows by example that there's hope even for some of the worst cases of obesity.

The inspirational show is hosted by Alison Sweeney and has new two-hour episodes each week. Once you start watching, it becomes addictive! "The Biggest Loser" encourages obese people around America to change their lives through beginning a new and healthy lifestyle. Just by watching the show, you gain healthy facts and tips that will bring you one step closer to that healthy dynamic lifestyle.

The year of 2009-2010 on "The Biggest Loser" is an exciting one because normally couples and/or relatives come on the show together and compete. This year 16 strangers have been selected and must divide into pairs without knowing each other's strengths or weaknesses. These 16 contestants have been chosen throughout America to compete in becoming "The Biggest Loser," trying to win by losing the most weight during

the course of the show.

One of the many motivations they have for coming on the show is the opportunity to work with some of the best trainers in the world, Bob Harper and Jillian Michaels. These 'top notch' trainers make sure that their job is done correctly after each day, by ensuring that all the contestants have had a brutal workout.

On the set of "The Biggest Loser," contestants attempt to execute real-life everyday challenges, to assure that even if they get voted off the show, they still know how to cope with their surroundings in order to still stay fit. Not only does this help each contestant, it also provides assistance to viewers at home sharing in the journey to fitness.

Every week contestants are faced with challenges such as testing one's improvement in ability, stability, and strength. Another of the challenges was to help motivate the contestants for losing weight. This was to be a group activity -- if all the players lost a combined total of 150 pounds, no one would be sent home that week. This allowed all of the contestants to share a common goal, to bond and to work together.

During selected weeks of "The Biggest Loser," contestants are faced with temptations. This means they are challenged with certain real-life scenarios that involve their eating habits. For example, in one episode contestants were faced with a platter of mini cupcakes in front of them -- pleasurable to look at and tempting to eat because they are so tiny. However, their trainers have taught them over the weeks to have healthy eating habits, so most contestants don't fall for the temptation of a dessert that could cost a pound or more on the scale.

Sweeney tempted contestants with the offer that whoever could eat the most cupcakes in five minutes would win immunity -- essentially guaranteeing the winner a spot back on the ranch. Wisely, almost all the contestants chose not to eat any cupcakes -- none of them thought it was worth it. Still, one contestant wanted immunity and consumed the cupcakes. However, when she got back with the trainers they were upset with her and worked her hard to the core.

All these outside challenges presented to the contestants are things that they will face every day when they get home. The show wants to ensure that all the contestants are prepared and willing to fight until the end.

Another challenge/real-world temptation was having the contestants order out for the week and not make their own food at the house, with specific serving and calorie numbers. This forced contestants to make healthy decisions when ordering food -- like getting things baked instead of fried and putting dressings on the side so they can measure how much is going on their food themselves. Again, this challenge will prepare them for the real-life challenge of staying fit after the show ends.

Throughout the course of each season, some contestants become unmotivated and feel like this was all a big mistake. However, they eventually realize this is wrong. Sweeney does a good job of encouraging contestants through their various challenges. For example, since they have no contact with their family while on the show, contestants were offered a reward for a challenge that provided a chance to watch a prepared video sent by their family. The contestants were thrilled to hear what the goal was and this

motivated them through the challenge to work as hard as they could.

The trainers also offer encouragement. When working out, they remind contestants why they are here and what they are working for. They put in their minds how they used to look before and their ideal death age-motivating them like never before. Viewers get inspired too, and always have particular favorite contestants for whom they are rooting. Their individual stories are compelling, according to the show's producers, and this season is no exception, offering stories from a firefighter (Allen Smith) whose health and job are at risk because of his weight to a military wife and mother of four (Tracey Yukich) who has always put others first.

Lastly, each challenge, each workout and each meal consumed by contestants must "work" for them. Contestants must find a balance, incorporating each daily activity into their own lives, in hopes of losing more weight. This eventually determines who stays on the show and who gets eliminated. The temporary goal for each week is to remain safely on the show until the next week by staying above the yellow line. Contestants with the lowest percentage of weight loss for that particular week are then at risk of falling below the 'yellow line' and getting voted off by their teammates.

With obesity at epidemic levels across the United States, there is a real need for awareness and education. Thankfully, reality shows like "The Biggest Loser" serve a larger purpose beyond mere entertainment, helping its contestants and viewers alike to become more motivated in making a big change for the better in their lives.



Courtesy NBC

Law As Hamlet: To See Or Not To See

Emma Adler

News Editor

William Shakespeare's "Hamlet" is considered by many to be the greatest play ever written. Thousands of productions over the five centuries subsequent to the original attest to its extraordinary staying power.

The latest production of "Hamlet" premiered in September at the Broadhurst Theater in Manhattan. With Jude Law starring in the title role, this production, which transferred over to Broadway after debuting in London's West End, is a markedly original take on a classic piece.

For those unacquainted with the text, the first half of its plot can be likened to Disney's "The Lion King" (this parallel fades as the death toll mounts). For most, however, no reintroduction to the play's more macabre elements is needed. Suffice it to say, it is not for the hard of hearing nor the light of heart.

The success of a production of "Hamlet" often rests on the star's interpretation of the much studied title character. Hamlet is the Prince of Denmark. He is the son of a murdered king, and the nephew of a corrupt usurper. He is also one of the most complex personae ever written for the stage. Countless actors have tried their hand at embodying the prince. Portrayers have options: they can play to his darkness, they can depict him as a victim of intrigue and position, they can draw on the role's inherent humor.

Law's Hamlet is a kinetic prince. Though Hamlet is a character most famous for his soliloquies, Law's physical acting draws considerable attention. He injects the prince with a certain air of inevitability, hurtling through the play

in such a way that his doom seems imminent. Less pensive than perturbed, his Hamlet seems determined to make change. From the "ghost scene" onward, all doubt is banished from the audience's mind that death is the only logical way such an affair could end.

Law's certainly is an interesting take on the character. The excitement with which he ignites the stage is infectious, setting a tone which consistently puts the audience on the edge of their seats. This is no small feat for a three-hour play. Law is a magnetic personality, possessing that little understood quality which distinguishes a star -- for lack of a better term, the "it" factor.

However, his performance also carries some disappointment. Due to the swift, almost rushed pace with which Law delivers his performance, Hamlet is afforded little opportunity to reflect. Much of Hamlet's complexity as a character relies on his being acutely aware of himself throughout the play. That actors allow Hamlet time to pause and ponder his choices is imperative. Law's Hamlet, unfortunately, seems more concerned with hurriedly correcting his situation than contemplating it. All in all, though, Law is an electric and successful Hamlet.

Though much praise for "Hamlet" can be directed at its adaptability (the time period, for instance, can be altered to a director's liking), there is one aspect of the play not open to interpretation. "Hamlet" is a Danish tragedy.

It is a Denmark where, with astonishing speed, courtiers lose their sanity and meet their deaths (often in that order). It is not, however, a historian's

Denmark. Producers, directors, and actors are free to make of "Denmark" what they will. It can be a state steeped in palace intrigue and corruption. It can be a peaceful entity, a nation unsullied prior to the life of a certain prince. This most recent incarnation of Denmark is one where, it seems, each character is fully invested in the action. The overall tone of this particular production suggests the Danish court is no stranger to conspiracy and suspicion.

For the most part, the supporting cast inhabits their roles successfully. This success, however, is tempered by a tentativeness which detracts from otherwise effective performances. The supporting actors all operate poignantly aware that they are not Jude Law, and their characters suffer for it. They appear, at times, almost fearful of plying attention from the star, playing down the more expressive elements of their roles in scenes where they ought to flaunt them. This is most clear in the scene where Hamlet confronts his mother Gertrude (played by Geraldine James), and mistakenly kills his father's former advisor Polonius. Throughout the scene, Gertrude's anguish serves as little more than background noise to Hamlet's impassioned rage. As a result, little depth is imparted to her character, rendering James' Gertrude disappointingly transparent.

One notable exception to this pit-



Jude Law as Hamlet.

Courtesy Jonathan Worth/New York Times

fall of supporting a bill header is Gugu Mbatha-Raw, who shines in the role of Ophelia. Ophelia, like Hamlet, is a character who can be played in many different ways. Mbatha-Raw chooses to emphasize Ophelia's strength, presenting her as a casualty of others' missteps, rather than as a catalyst for her own demise. She has a clear stage presence, and is one of the few supporting actors not afraid to try her hand at, and often succeeding in, upstaging Mr. Law. When Hamlet confronts Ophelia, then leaves her anguished and confused, it is not the prince you pity. Mbatha-Raw's Ophelia is reason enough to spring for a ticket.

The Broadhurst's "Hamlet," overall, is a fine production. Though its weaknesses are apparent, these are largely negated by its thrilling, attention-holding pace, an excellent (if sometimes hasty) Hamlet, and a stellar, standout performance from Gugu Mbatha-Raw. For those who have had trouble equating Shakespeare with excitement, this is the play to set you straight.

"Hamlet" is currently playing at the Broadhurst Theater in New York City. For tickets, see broadway.com.



Melina Parrello

Staff Writer

Want all the latest info on your favorite celebrities and all the gossip swirling around in Hollywood? If you answered yes, AOL's new teen site, JSYK, is for you. JSYK, text lingo for Just So You Know, is a recently launched site for young adults, ages 9 through 15, as a way for them to get all the latest juicy gossip and news stories of direct interest to them. Set up as a blogging site, it contains all recently updated posts of pop culture's biggest news stories, written with much enthusiasm. With stories ranging from giant cupcakes to Miley Cyrus to music group Death Cab for Cutie, this site is sure to be a big hit.

According to a Wall Street Journal blog, AOL staffers are writing for the site, along with contributions from the tweens and teens themselves. JSYK features submissions from Tween Girl Summit (Washington) as well as from Teen Ink, which is a noted national magazine chock full o' poetry, fiction and nonfiction written by young adults, aged 13-19. Just So You Know is something more to add to AOL's stories and information targeted at kids and their parents. Other sites like JSYK include KOL.com and ParentDish.com.

AOL Launches New Teen Site

Apparently JSYK has been in the works for quite some time now and AOL is trying to switch up its usual text-based content with additional information coming from videos, mobile content, and a host of other sources. Not only does JSYK contain the latest news in pop culture, it contains videos, photos, polls and quizzes too -- something tweens and teens will be interested in immediately. By launching this new site, AOL is hoping to leverage the size of its audience and technology, something they haven't really been able to achieve previously.

When targeting the audience of teenagers and those just a few years younger, AOL needs to be sure that its information and approaches to media are authentic. The need to seize this opportunity is imperative because the tween/teen audience is a demographic that has not yet been covered very well. Judging from appearances, it seems as though AOL is trying very hard to put together a quality site for that target audience. JSYK appears to cover all that someone from the age range of 9-15 could ask for. Some of the features will be:

- **Celebrities** -- onlookers will be able to know what their favorite celebs are doing each day, as well as be able to see the latest photo galleries and interviews.

- **Entertainment** -- this area will fill the latest talk about upcoming movies on the big screen, new hit TV series, books and music too.

- **Style** -- Tweens/teens will be able to learn how to get celebrity looks and know the trends, also being able to read about the newest fashion industry news.

- **Technology** -- Kids will be able to watch the latest game previews (video games and such) and read reviews of the newest and most desired technical gadgets on the market.

- **Video** -- this part of the site will allow viewers to watch trailers of soon-to-be and recently released movies, as well as the latest music videos by their favorite bands, celebrity interviews, and much more!

The last feature will be called "Get Real" and will cover real issues affecting tweens/teens such as current events, life issues, politics, environmental issues, being safe online, school issues and even advice on how teens/tweens can help their communities.

AOL seems to be doing a good job with this latest launch, which will bolster its reputation for being a leader in safe and appropriate experiences on the web. Still, JSYK faces serious competition from corporations such as

Alloy Media + Marketing, and the New York Company (which deals with the "Gossip Girl" series, which has been a big TV success story). A recent Wall Street Journal article stated that with Teen.com, Alloy Media + Marketing has established the largest teen network on the web, attracting some 11.3 million visitors this past August alone. Still, even with fierce competition, JSYK is sure to provide tweens and teens all the information they could possibly desire about the latest goings-on with their favorite Hollywood stars!



Miley Cyrus Quits Twitter?!

By Heather Cheng 08/08/2010 8:10 PM



UPDATE: All working again! I think it was just a pretty boring post. Last night, Mr. Heesworth, doesn't have mine with got gone! We can't tell Twitter can't load the post; page does not load. To comment on our favorite k

Courtesy of wsj.com

Prose In The Park: Twelfth Night

Emma Adler

News Editor

The winding line outside the Public Theater which by dawn had snaked its way around two blocks worth of Central Park was itself a testament to the quality of the production. For seven hours, I waited alongside hundreds of others for a chance at a free ticket. My patience was rewarded, that night, with a spectacular performance of the highest caliber. Lauded by critiques and audiences alike, this summer's "Twelfth Night" was a success on all fronts.

"Twelfth Night" tells the story of a young woman, Viola, who is shipwrecked on an island without wealth or protection, and subsequently disguises herself as a man. Token Shakespearean hi-jinks ensue.

The cast was masterful, lead by Anne Hathaway, Raul Esparza, and Audra McDonald as Viola, Orsino, and Olivia, respectively. Hathaway's turn as ingénue Viola was passionate, whilst retaining the dry wit and wide-eyed innocence that so endears the character to her lord, the Duke Orsino. Esparza is perhaps best known for his work in David Mamet's "Speed the Plow" with Jeremy Piven. The stage veteran lent his talents well to portraying the love-lorn, somewhat oblivious Orsino, who finds himself at the epicenter of a love triangle involving two twins, a man who is not a man, and a grieving countess who spurns his advancements toward her with unrelenting fervor.

Audra McDonald, like Esparza a theater mainstay, is better renowned for her vocals than for her acting. Her singing voice has been touted



The happy couples toward the end of the play. Courtesy Sara Krulwich/New York Times

for years as among Broadway's finest. Nevertheless, her portrayal of the countess Olivia was touching, thorough, and incredibly amusing. McDonald drew on the humor in her role, putting forth a particularly capricious Olivia whose stable nature is driven far off course by infatuation with Viola, under the impression the object of her desire is the male page Cesario. Julie White, Jay O. Sanders, and Hamish Linklater also starred, as Olivia's gentlewoman Maria, her drunken uncle Sir Toby Belch, and Sir Toby's dim-witted

backdrop. The set consisted only of a grassy plain, out of which two hills arose, and upon which sat trees. It suggested some Celtic cousin of Arden (Shakespeare's setting for his comedy "As You Like It"). Such a set could be used for several of Shakespeare's works. Costumes are important in any play where the time period is open to interpretation. The Public's "Twelfth Night" production suggested its taking place sometime between "Pride and Prejudice" and the French Revolution. The players were dressed in smart, European style clothing: simple, graceful dresses for the girls, stockings and colorful jackets for the boys (and for Viola). Viola/Cesario's wear, in particular, drew attention. Through the majority of the play, she donned a striking blue jacket and boy's pants. The disguise was thoroughly ineffective. However, this was the fun of it. That the other characters in "Twelfth Night" are so ignorant of Viola's deception allows the audience to snicker, omnisciently, as though having deduced her plot renders the audience somehow magically intelligent.

Loyal, yet distinct incarnations of beloved characters, coupled with "Twelfth Night's" famously witty prose resulted in a truly memorable production. Those familiar with Shakespeare's tale of cross dressing, twins, and unrequited love delighted in this recent effort, while those unfamiliar with the intricacies of the text were better off consulting the summary included in the playbill.

Create Your Own Radio Station With PANDORA

Emma Glass

Editor-in-Chief

Many of us are familiar with the Greek creation myth regarding Pandora. Pandora was sent to Earth by Zeus as punishment for Prometheus' giving the people of Earth fire. She was given a box and told not to open it under any circumstances. Unfortunately, curiosity got the best of her and she opened the box, releasing all sorts of evil in the world.

Pandora today represents another kind of curiosity. Pandora.com is the name of a music recommendation and Internet radio website, named as such because it was built to "reward the musically curious." The website allows you to pick certain musical categories and builds a radio station around your selection. For instance, you can choose a musician—say Rhianna—and the website will suggest and play music similar to that of the artist you choose. Pandora can also build a radio station based on a favorite song.

Pandora is the final product of the Music Genome Project—a project started in January 2000 by Will Glaser, Jon Kraft, and Tim Westergren. Westergren, a musician himself, initially came up with the idea after working in the film industry. While working to put music to films, the producers often would play him cuts of music and ask him to recreate the sound, while at the same time creating something new. Comparing these songs to his own compositions brought to light that a lot of music could be created from the combination of some basic attributes, similar to the idea that primary colors can create a host of colors when combined.

The founders asked 40 experienced musicians to analyze songs of every genre, about one song per 20-to-30 minutes, so that the songs can be categorized according to their varying attributes or "genes." Each gene relates to an aspect and/or nuance of the

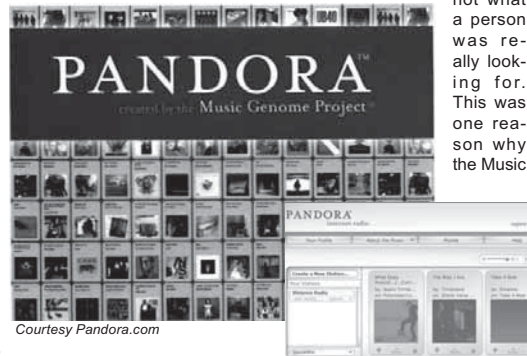
MUSIC: anything from the amount of vibrato in a singer's voice, to the gender of that singer, to the volume of the electric guitar **back-ground music.**

These genes allow an artist or song to be compared with others within their specific genres. Different types of music have different genes, meaning the musicians are not using the same criteria to analyze classical music and reggae. In total, there are about 400 genes.

Pandora works similarly to the iTunes Genius option, but provides the music for free. Unlike, iTunes, Amazon, or TiVo suggestion tools however, the website does not rely on a concept called collaborative filtering, a common medium for song suggesting. Collaborative filtering is basically a fancy name for a comparison of a current buyer to previous buyers. For instance, if a per-

son on Amazon purchases a specific book, Amazon is able to suggest books by identifying the next most purchased book by the people who also bought the original book. Nevertheless, collaborative filtering often only considers the most popular items, which are usually

not what a person was really looking for. This was one reason why the Music



Courtesy Pandora.com

Genome Project developed the aforementioned "attributes."

Pandora has advertising because it is free (unless you opt to pay for commercial-free radio), but far less than your average radio station, which is a definite advantage. Pandora's concept is also an advantage because it plays only music that you enjoy; you certainly cannot say that about most radio stations, no matter how open-minded you may be about music.

In order to get started with Pandora you must sign-up for the website: this requires giving some basic information and choosing a username and

password for your Pandora profile. From there you can begin to create various radio stations. Pandora has an impressive arsenal of artists to choose from (about 15,000), representing a wide realm of commercially-known artists such as Miley Cyrus on down to the rather obscure. In addition, you can create radio stations that are based around a few artists, instead of the typical one, by adding "artist seeds" to add variety to a playlist.

Unlike basic radio, Pandora also allows you to skip past songs that you may not enjoy and pause songs if necessary. However, you cannot replay the music or choose the order of the songs. Generally, Pandora will not replay songs you skip past and a Pandora user has the ability to rate the music he or she is listening to. The website will not replay badly-rated songs. Pandora is also able to evolve based on your tastes. If you rate something negatively, the playlist will reshuffle according to that feedback.

Pandora's only disadvantage is that it is only available for listening on your computer. However, there is a Pandora iPhone and iPod application that provides the service on the go. Pandora also allows you to purchase the music you listen to directly from the site using Amazon MP3 or iTunes. Ultimately, it's a great way to discover new music and new artists based on artists that you already love. As Mr. Westergren once said, "When you find a new piece of music, it makes your life a little better."

Fashion's Night Out Celebrates Global Fashion

Julia Druckman

Staff Writer

On the night of September 10, 2009, New York City had its own fashionista fantasy night! In contrast to the recession going on in the country right now, the city celebrated fashion



Justin Timberlake speaks. Courtesy Zimbardo

to promote retail and gain back customer confidence. This fantastic event served as a kickoff event to the prestigious and renowned New York fashion week. With Vogue magazine as their sponsor, some 800 clothing stores from across the city were thriving and celebrating as late as 11 p.m. The Fashion Night Out website stated the gala's purpose as follows: "In a global initiative to promote retail, restore consumer confidence, and celebrate fashion, U.S. and international editions of Vogue are coordinating evening extravaganzas in their respective world fashion capitals."

That night the busy streets of New York were even more crowded than usual with people from near and far who came in search of great deals

and bargains. People hunted for sales of their favorite designers and brands. Major retail stores were featured and had their doors open to customers, hoping to bring in a great deal of money and publicity.

People sought after bargains up and down the streets of New York, having the shopping experience of their lives. They jumped from party to party all night long. Some of the hottest parties that evening were "the bash at Barney's," where many celebrity appearances and performances occurred.

The Dior flagship store, located on Fifth Avenue, had famous fashion photographer Arthur Elgort snapping pictures of all of the night's special memories. Yet each participating store had its own special deals and unique opportunities. This event not only was established to better the fashion industry, but also to help out a worthwhile cause. People who purchased "Fashion Night Out" tee-shirts benefited the National September 11 Memorial and Museum, as well as the New York City AIDS Fund. This once in a lifetime instant stimulus plan helped out many aspects of the larger fashion community.

Not only did people come from all over to shop for great fashion bargains, they also came to mingle with the rich and famous. Some of the stars who popped up all over the city on Fashion Night Out included: Justin Timberlake, Gwen Stefani, the Olsen twins, Sarah Jessica Parker, Victoria Beckham, and Sean (Diddy) Combs. Many of the world's most prominent fashion designers also showed up in support of the global fashion event.



An army of fashion models for FNO. Courtesy AP

Some of the hot fashion trends these high end designers were showing include the shoe-boot, featured by Tory Burch and Elizabeth & James, and the ballet flat, featured by Miu Miu. At this year's Fashion Night Out, the most popular clothing items included colorful printed dress, the fitted trench coat, one-shoulder blouses, and full pant jumpsuits. Another major hit that night was what the fashion world calls the "new bridge market," featuring designer clothes without designer prices.

The major fashion magazines also took part in this unique event. Each had their own advertisements and promotions for fashion stimulus, serving up the hottest fashions of the season. For instance, Marie Claire magazine spoke about the "CPW" factor, or cost per wearing. Vogue of course was hosting the event, partnering with the council of Fashion Designers of America. Elle, not to be outdone, displayed some of the highest end fashion jewelry.

Fashion Night Out was considered a major success, luring people out to shop again, even in such a dire economy. People stayed out late that night to spend their precious money, and a goal was achieved. Having people spend in stores again restores faith to the retailers on the fashion clothing business, proof that there is hope for better times ahead in the shopping industry.

Stars Come Out For Mercedes-Benz Fashion Week

Lexi Backer

Staff Writer

This year's Mercedes-Benz Fashion Week in New York City was a re-sounding success. For those unfamiliar with Mercedes-Benz Fashion Week, it is an annual, weeklong event during which top designers show off their newest designs to buyers and interested consumers via fashion shows inside a large white tent in Manhattan's Bryant Park. Also, many of these designers utilize the fashion shows as a way to show the press what's in and, most importantly, what's out of style.

The '80s look, for example, has recently come back into fashion. Top designer Oscar De La Renta pursued this look, showing neon bright colors on his runway during Fashion Week. However, De la Renta is not the only one bringing back hot pink and neon green. Designers Michael Kors and Narciso Rodriguez also captured the look. These bright retro colors are not the only new looks gracing the catwalk this year. Marc Jacobs, Calvin Klein and Ralph Lauren have made metallic

and shine bigger than ever, producing pieces featuring shiny leather, metallic leggings, sequins, and more.

Remember when everything was worn unbelievably tight? In a trend reversal, this year's hottest winter jackets, pea coats, and other forms of outerwear are luxurious and supersized. Most of this oversized outerwear was featured in the collections of designers DKNY, Proenza Schouder, and Derek Lam. Calvin Klein, Alexander Wang, and Marchesa drew inspiration from asymmetry, showing "one shoulder dress wear." The one shoulder look seems to bring an air of class to all who don it.

Rips, cut-outs, holes, shreds, distress have been around for a quite bit, but this season the style has been taken to the extreme. More popular than ever, ripped jeans have been selling out in local department stores, while a high end version of the look has made its way to the runways. Though "ripped jeans" is by no means a new idea, what's distinct in this most recent incarnation is the bleach print/splattered look on pants. The jeans brand J-BRAND, for example, is currently selling acid wash bleached jeans as their signature style.

Cheetah print and leopard print pieces have been a part of fashion for decades, but this year the look's versatility has been expanded

upon. Leopard shoes and leopard jackets have all made their way onto store shelves, and back into the hearts of the fashion conscious. Colored tights, too, are back in full force with new and innovative detailing. Blocks of color, animal and psychedelic prints, even rhinestones have found a home on leggings and nylons. If you are hesitant to get on board this vibrant trend, turn to the wisdom of the world's fashion elite. This style has recently been interpreted by such designers as Zac Posen, Diane von Furstenberg, and Marc Jacobs.

It just goes to show how fashion is a dynamic, ever-changing industry. As

such, you never know what you might encounter on the busy runways of New York's Fashion Week.

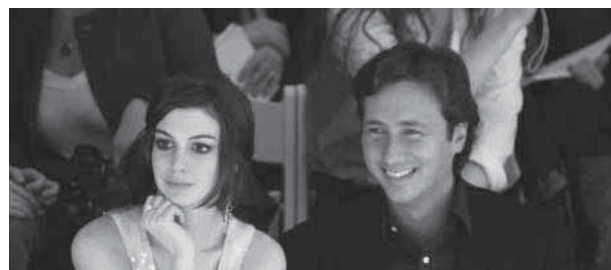


Paris and Nicky Hilton, Amanda Bynes at Fashion Week. Courtesy UPI



The set-up in Bryant Park.

Courtesy Famous Ankles



Anne Hathaway and Raffaello Follieri watch the runway.

Courtesy Getty Images

Ralph Lauren Controversy

Emily Singer

Co-Managing Editor

In January of 2007, the Council of Fashion Designers of America (CFDA) created a health initiative requiring runway models to have a BMI of at least 18. The goal of the program was to encourage healthy lifestyles and to aid those with eating disorders. In the almost three years that the initiative has been in effect, not much has changed. Some models appear to have gained a bit of weight, but virtually every advertisement and magazine editorial is airbrushed to make models appear thinner, thereby counteracting any progress the health initiative made.

Over the last year, things have been looking up in the body image sector of the fashion world. Fashion designer Mark Fast sent plus-sized models down the runway in body-conscious dresses for his Spring/Summer 2010 runway show, and German fashion magazine *Brigitte* announced that they would no longer be photographing models, opting for real women instead.

The fashion world took a major step backward on October 6, when a Ralph Lauren advertisement surfaced on the internet, displaying a

model whose head was wider than her hips. The image was obviously photo-shopped and sparked a great deal of controversy. Three days later, Ralph Lauren issued a statement apologizing for the distorted image.

Five days after that, the model photographed, Filippa Hamilton, appeared on national television to discuss her side of the story.

The five-foot-ten, 120-pound, size 4 model had worked for Ralph Lauren since 2002, but was fired in April because she was "overweight and [couldn't] fit in her clothes anymore." Ralph Lauren contradicted her statement by saying that Hamilton's contract had been terminated "as a result of her inability to meet the obligations

[expected of her]."

On October 16, a second photo-shopped Ralph Lauren advertisement appeared on the internet, featuring model Valentina Zelyaeva with the same warped figure as Filippa Hamilton. Ralph Lauren did not comment on the second advertisement, but has since pulled both images from public displays.

Internet news supersite, *The Huffington Post*, played a major role in bringing the controversy to light. The website's Style section followed the story and updated articles as new information was released. Senior Style Editor Anya Strzemieson commented on the controversy, stating that she published the story in the first place because "it seems like unhealthy body images have become the norm in fashion, so [she's] always

believed strongly in bringing attention to this issue."

Honest efforts have been made to resolve the issue of underweight models, but many fashion designers are reluctant to accept such changes. Chanel designer Karl Lagerfeld recently said that the criticism toward extremely thin models comes from "fat mummies sitting with their bags of crisps in front of the television," and that "no one wants to see round women."

The controversy over the possibly botched Photoshop job is more than just that, though. It is about the bigger picture. It proves that the CFDA's fashion initiative has not been as successful as it could be. "These unhealthy images in advertisements and on the runway are evidence that little effort has been made to give models a healthier working environment," says Strzemieson. "It's shameful."

Until the fashion industry can come to a unanimous agreement to change the way in which models are portrayed, no concrete progress will be made and skewed body images will continue to be the norm.



Left: Valentina Zelyaeva; Right: Filippa Hamilton.

Courtesy photoshopdisasters via Ralph Lauren

McQueen's Crazy Designer Shoes Suggest Foot Binding Might Return to Fashion

Lexi Backer

Staff Writer

Remember back in World History when Chinese women traditionally would bind their feet? This painful and excruciating process was undertaken so that a woman's foot shape would look more attractive. When looking at the abnormal shape of the feet as an end result, the word "attractive" is questionable. But what might be most unattractive is the fact that designer Alexander McQueen has brought the look back in his Spring 2010 show earlier this season. Take a look at the picture that accompanies this article. It features McQueen's edgy, abnormal, yet successful work of art.

Creating a shoe like this is a confusing masterpiece – how does the model manage to squish her tiny foot into it? It does make you think. In order to fit into it, does the model need to bind her feet?

Foot binding started during the Shang Dynasty around the 1700s. Foot binding is a long process that does not

work overnight. So technically, if Alexander McQueen had put these shoes in his "ready to wear" collection, they must be less difficult than they look.

Like McQueen, other designers have created many wacky shoe ideas. For example, one that might lead to questions is Chanel's light bulb heel. With designers in the fashion world and their creative minds heading toward extremes, I wouldn't be surprised if one day a heel is replaced with a pencil. While it might seem "cool" to have a pair of these one-of-a-kind shoes, the price tag is a bit prohibitive. While the Chanel Light bulb shoe is considered a masterpiece of art, it costs thousands and thousands of dollars!

The question everyone wants answered is what motivates these designers to create such designs. From where do their inspirations come? It might not be a direct conversation, but Alexander McQueen reveals much in the autobiographical section of his

website (AlexanderMcQueen.com). McQueen was born in London and was the youngest of six children. He left school at the age of 16 and immediately was offered an apprenticeship at the traditional Saville Row tailors Anderson and Shephard. From there, he moved to the theatrical costumers Angels and Bermans where he mastered six methods of pattern cutting, from the melodramatic sixteenth century's style to the razor sharp tailoring which has become a McQueen signature. Now he is considered one of the top designers, and is most respected for creating designs that are obscure. It seems safe to say that designers these days are more like artists. They visualize and create from what best influences them.



An example of footbinding in China. Courtesy of Lovelyish



Alexander McQueen's latest creations look painful to wear.

Courtesy of Getty Images



Chanel's Light Bulb Shoes actually light up (and at that price, they should).

Courtesy of Fashion Life

SPORTS

Hideki Matsui is World Series MVP

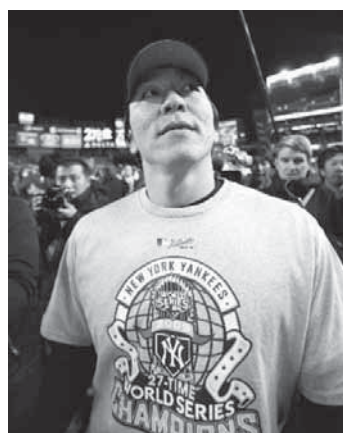
Spencer Rosenstein
Staff Writer

"I guess you could say this is the best moment of my life" said Hideki Matsui, through his translator. The moment was when he was named Most Valuable Player of the 2009 World Series, after tying a World Series record of six runs batted in during the clinching Game Six versus Philadelphia.

Matsui has been a member of the New York Yankees since 2003. That year, his New York Yankees lost the World Series in six hard-fought games to the Florida Marlins. Since Matsui's first coming to the team, the Yankees have made it to the post season every year but one. Matsui is a baseball player who has been on both good and bad Yankee teams.

Before he played in the United States, Matsui played on the Yomiuri Giants in Japan's Nippon Professional Baseball League. The Giants have been called "Japan's Yankees" and are the most marketable team in Japan. Matsui first joined the Giants in 1993. Three years later, he won Most Valuable Player in the Japanese Central League. He went on to win another two MVP awards in Japan. He also won three league titles in the years 1994, 2000, and 2002. He was a 10-time All Star and led the league in runs batted in and in home runs. He also earned the nickname "Godzilla," a name that stuck with him when he came to the United States.

When he joined the Yankees in 2003, the shift to Major League Baseball was not difficult for him. That season, he hit 16 home runs and drove in 106 runs. He was also named to the American League's All-Star team in his rookie season. Matsui later became the first Japanese-born baseball player to hit a home run in the World Series, blasting a home run in game two of the 2003 World Series. At the end of the season, he was a close second in the



Matsui after his stellar Game Six. Courtesy John Munson/Star-Ledger

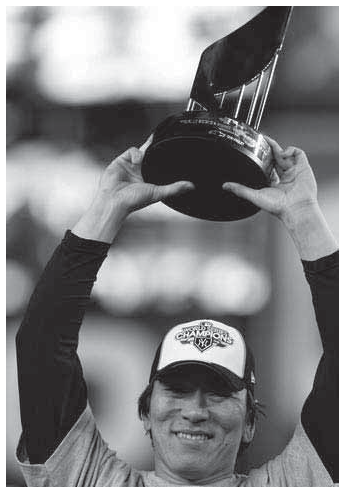
vote for "Rookie of the Year." The winner of the award, Angel Berrera, could never repeat his past successes and is currently a free agent.

In 2004, Matsui did even better than in 2003. He hit almost twice as many home runs, and drove in two more runs than in the '03 season. He helped the Yankees come within one game of the 2004 World Series, though the Yankees would ultimately lose the American League pennant to the Boston Red Sox.

In baseball circles, Matsui is known for his ability to play every day. He played in 518 consecutive Yankees games at the start of his career. This is the record for the most consecutive games played by a player to start his major league career. That Matsui has achieved such a feat is unsurprising. Prior to joining the Yankees, he played 1,250 consecutive games in Japan. His Yankees streak was ended when he broke his wrist in 2006.

Matsui has also been a trailblazer for Japanese baseball players in Major League Baseball. In 2007, he became the first Japanese born player to hit 100 home runs. This year he also became the first Japanese player to win the World Series "Most Valuable Player" award. Now the question is whether or not he'll be back.

He was a fine designated hitter for the Yankees, as was apparent in the way he helped the team to its 27th World Series title. However, Matsui's contract expired at the end of this season, and there are some questions regarding the Yankees' interest in re-signing him. There is a feeling the Yankees are looking to get younger, and that Jorge Posada (and eventually Derek Jeter) can fill the void as designated hitter moving forward. If Game Six of the 2009 World Series was Hideki Matsui's last game as a Yankee, then he certainly went out with a bang.



Hideki Matsui holds his MVP trophy high for all to see. Courtesy John Angelillo/UPI

Mending the Mets

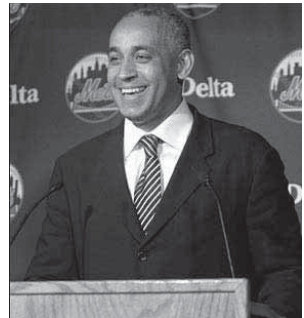
Mack Rosenberg
Staff Writer

For any New York baseball fan, this year was an interesting one. In the Bronx, the Yankees have returned to their winning ways of the late '90s, even if it meant paying 100 plus million dollars for it. In Queens, the welcoming of a new stadium was overshadowed by the performance of the team that played in it.

The Mets' unprecedented struggles in 2009 made fans everywhere cringe. The health concern is always the first issue that springs to mind. But what really was the first problem with the 2009 NY Mets was management. Coming into this season, the Mets were projected by many experts to finish with above 90 wins en route to their second division title in the past four years. Even with the World Champion Phillies in their division, experts believed in New York's pitching staff and the bullpen depth that the team acquired in the offseason. They believed in a rotation that started and ended with Johan Santana, with a few names mixed in that were believed to be reliable arms. They also believed in second baseman Luis Castillo, the man who general manager Omar Minaya

the job done for a few years now. The team needs to sign two quality starting pitchers this winter if it expects to compete with lineups like the one in Philadelphia, and even the one in South Florida. John Lackey will be this year's hot commodity on the free agent market, and the Mets need to do everything in their power to get him to New York. As far as other starters are concerned, the market isn't very deep beyond Lackey, so The Mets need to make him their number one target. Josh Beckett officially will be in the 2010 free agent class, but inevitability Boston will pick up his club option for next year. The same will hold true for Cliff Lee and Brandon Webb.

The number two problem on this team is Carlos Delgado. The veteran lefty first baseman will not be back next year and there is nobody on this team with the power or the glove to replace him. There are two guys that might be worth signing -- relatively young guys with high upside that have produced very consistent numbers throughout their careers. The first is Aubrey Huff, the former Oriole who now plays for the Tigers. Huff had by far the best year of his career in 2008, putting up Delgado-like numbers. He'll be 34 in December. Adam LaRoche, the man who has played for three teams this past season, may be willing to move again this offseason. The 29-year old slugger is turning 30 in November, but would still be the perfect long term fit for this organization at first base. LaRoche has hit at least 20 homers in every season since 2005, while still having never played a full season. The only risk you take with signing LaRoche



Fans want GM Omar Minaya to have a busy off-season. Courtesy New York Mets

traded for in 2007 and then agreed to pay \$25 million over the course of a four-year contract. Castillo batted .245 in 2008, and sat out for much of the second half of the season with a right knee injury. Still, people believed in this team as the season approached. How could they not? The Mets seemed primed for a better season than 2008, one in which a flawed bullpen gave way to elimination from playoff contention on the final day of the regular season. Minaya instilled that new confidence by going out and getting the best closer in baseball, Francisco Rodriguez, and two more relief pitchers who could serve as the bridge to K-Rod.

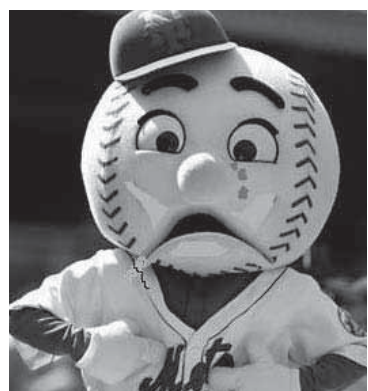


Will Carlos Delgado be re-signed for 2010? Courtesy Anthony J. Causi

As you know, things went terribly wrong. Now the team is looking ahead to what will be its most pivotal offseason of the decade. If "The Amazins'" aren't playing baseball in October of 2010, Omar Minaya and Jerry Manuel will be fired. So what exactly does Minaya have to do this winter to keep himself and Manuel in the mix?

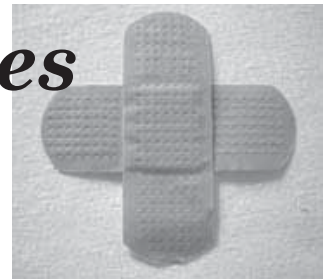
First of all, the starting rotation needs an overhaul. The four guys other than Johan Santana haven't gotten

is the health concern, but then again (and as the Mets found out time and again this past season), what player doesn't have a risk of a health concern? The Mets could really use a lot of help this off-season. If Wright, Beltran, Reyes, and Santana come back strong from injuries, it will be on the front office to add more vital components to this team to avoid a repeat of 2009.



Mr. Met was sad about how 2009 turned out. Courtesy WPIX

Sports-Related Injuries Are a Painful Reality



Angela Troia

Staff Writer

As fall sports come to an end and winter sports begin, it seems that sports-related injuries are more numerous than ever. Throughout the years, high school athletic programs have grown in popularity. With more and more students playing more sports in school, the amount of sports-related injuries has increased accordingly.



New Harrison Athletic Director Patricia Seligman.
Courtesy Stan Hudry

High school sports promote a healthy lifestyle, something ideal for most teens. They supply teens with exercise and teamwork as well. What most teens don't realize is that, along with all the good health benefits sports provides, there comes a greater chance for injury. According to the Center for Injury Research, there were 7.2 million teens involved with high school sports in the years 2005-2006. That is more than double the number of students who were playing sports in 1971-1972. At that time, there were an estimated three million teens playing high school sports.

This Fall '09 season, Harrison High School fielded an estimated 250 athletic participants. Harrison is an "A level" school, meaning it is fairly large, so 250 participants is a lot. The sport with the largest number of participants at Harrison was football.

"This is not surprising," says Harrison's new Athletic Director, Ms. Patricia A. Seligman, "because by the nature of the sport, it needs the most players." Even if football was not the most popular sport, it

still requires a large number of players and accordingly, fields a high number of sports-related injuries.

For the 2005-2006 school year, there were an estimated 1,442,533 sports-related injuries involving high school athletes within the nine examined sports (boys' football, wrestling, soccer, basketball and baseball, girls' soccer, volleyball, softball, and basketball).

Most Fall injuries generally occur with the sport of football, due to the high impact nature of the game. High impact sports are activities that cause intense and frequent wear and trauma of weight bearing joints, such as feet, hips, knees. With high impact sports, it's more likely for a player to get an injury due to one incident.

Although football is the leading sport for injuries, this fall Harrison has been plagued by many sports-related injuries related to playing soccer.

"I've seen a lot of general injuries in soccer this season," says Christina Quan, Harrison's new Athletic Trainer. She says she's seen far more foot injuries than expected. "Usually there are more ankle injuries," she explains.

The reasons for sports-related

injuries vary, due to a number of factors. Timing is one issue. For instance, an athlete is more likely to be injured during the pre-season, because of lack of conditioning. In season, there is more muscle use, reducing the chance for injury. Still, a player is more likely to get injured during a game versus at practice, due to the fact that there is greater intensity and higher impact during a game.

Although the amount of sports-related injuries statistically is high, that shouldn't discourage any student from playing any sport for which he or she has a true passion. Student athletes should go ahead and play – just be careful.

"There isn't one simple answer about how to prevent injuries in sport," says Christina Quan. "But there are many ways for athletes to reduce the likelihood of injuries." Being in shape, stretching, and wearing the right protective gear all lessen an athlete's chance and severity of a sports-related injury. So athletes play on, give it your all and try to win – just be safe.

So Long Loyalty, Hello Minnesota Viking Favre

Mack Rosenberg and Thomas Falciglia
Staff Writers

Guess who's back for the fourth straight time? Here's a hint: he was the sixth pick of the second round of 1991 NFL Draft. Need another hint? This 40-year old holds the National Football League records for most career touchdowns passes, most career passing yards, most career pass completions, most career pass attempts, most career interceptions thrown, most consecutive starts, and most career victories as a starting quarterback. It's Brett Favre. He's back after signing a two year deal for \$25 million with the Minnesota Vikings.

Anyone who is a fan of Brett Favre has obviously gone through the wringer these past few seasons. What with his retiring, then un-retiring, then retiring, then un-retiring again, it has been a poor lesson in decision making. But take a look at Favre's career as a whole – for a good long time he was simply a great quarterback and nothing else mattered. This is a man who went out and threw for 399 yards and four touchdowns the night after his father died. This is the superbly skilled QB who won three Most Valuable Player awards in a row in the mid '90s. This is the man behind all those NFL passing records.

Is this Brett Favre's legacy? Is this how we think of Brett Favre—as the durable quarterback and team leader with the strong arm? Or do we think of the man who retired and then unretired twice as the man who Jeff Pearlman, writer for Sports Illustrated, calls, "an egomaniacal jock with an unhealthy need for the spotlight?"

Most Packer fans might pick the latter description.

For so many years, Favre was the heart and soul of the Green Bay Packers. He did for that city what no football player had done before. The fans embraced him, loved him, and literally cared about their quarterback. He seemed to fit in with other athletes forever associated with loyalty to one team: Peyton Manning, Derek Jeter, Mariano Rivera.

But perhaps the sad reality of the situation is that loyalty is not part of the equation. Football, for many, is just a business and the true nature of Brett Favre may not be what was seen in Green Bay for those many years.

Favre, for the longest time, seemed like one of those "one team per career" guys. Still, when he wound up going to the New York Jets last season, many were willing to forgive him. He did still have value as a quarterback

and the Packers were clearly ready to move on and let Aaron Rodgers step into the starting role. Most assumed Favre would play out the season, which he did, and then either retire for good or decide to keep going for another season at most with New York. Favre weaseled out of that situation – claiming injury as a reason for his poor late season performance – and then allegedly retiring.

Green Bay fans have heard that one before. Favre carried on for a few weeks over the summer and then made it clear to everyone that it was over and that he was done with football forever. This ultimately was not the case.

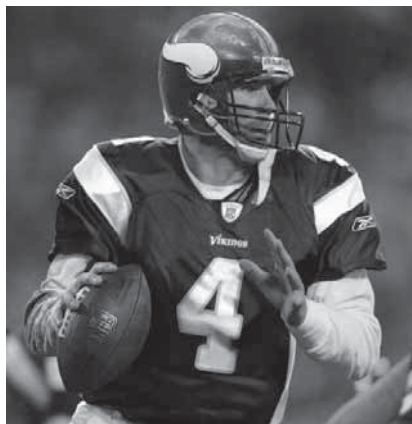
What Favre put America through during those weeks may very well have tarnished the legacy of a future first ballot hall-of-famer. It's hard to tell, because it's not like Brett violated anything. He didn't take steroids, and he hasn't violated any law. But the way he has toyed with the trust of his

once loyal fans over these past few years has wreaked havoc with fan allegiance. He now plays for the Minnesota Vikings, a conference rival of Green Bay. Many no longer think of him as a great quarterback.

Yet Favre continues to perform well. He seems to be fully recovered from the torn bicep tendon that plagued him down the final stretch of last season with the Jets. Favre threw a total of nine interceptions in the Jet's final five games of the season. His performance alone may be what cost the Jets a playoff spot and ultimately, led to the firing and release of Coach Eric Mangini.

Still, Favre was strong in his debut for the Vikings. In his debut win, Favre went 14 for 22 with a 66.7 completion percentage. That performance hasn't diminished yet. Through the first eight games of this 2009 season, Favre has completed 342 out of 596 attempted passes (68%) for the Vikings. So far this season, he has 16 touchdowns and only 3 interceptions, and as of this writing, has led the Vikings to an impressive 7-1 record.

The feelings about Favre continue to be controversial. Former QB Fran Tarkenton said, "All Packer fans should be outraged by Favre's move and should burn their Brett Favre Packer jerseys." It is a situation that bears watching, as the season continues and Favre may be leading his new team through the playoffs into perhaps a Super Bowl Championship.



Favre continues winning as a Minnesota Viking.

Courtesy River Reporter

2009 Varsity Football: Improvement Tempers Playoff Disappointment

Joey Loreti

Sports Editor

The 2009 Harrison Huskies football team had one thought on their mind this season: to change. The Huskies have endured a couple of back-to-back poor seasons when they finished 2007 and 2008 with identical records of five wins, four losses. For some teams, this kind of winning record might be considered a good year, but it is below the standard for Harrison's football program, one that has won recent state and section championships. For HHS, such a record was unacceptable. Improvement was not merely a goal this year, it became a necessity. The Huskies'



Dan Formisano on a quarterback keeper. Courtesy of Ms. Diane Frawley

The Huskies' stumbles in recent years have been highlighted by their losing streak to rival Rye High School. Adding to the storied history between the two cross-town rivals is that Rye made the jump from Class B to Class A this year, joining the Huskies in League South along with Eastchester High School, Roosevelt High School, and Saunders Trades & Tech High School. The jump to Class A made "The Game" worth even more than the usual bragging rights, with this year's version also serving as a league game with playoff implications.

The most talked-about issue with the Huskies this year was their lack of experience. The team had only two returning starters on offense, Junior fullback Tanner Knox and Junior center Duke Alvora, and three starters on defense, Alvora, linebacker Brandon Bonistall, and defensive end Dennis Rinaldi. Senior Robbie Carducci and fellow Senior Joey Loreti returned with some experience, as both played in limited roles toward the end of last



Dennis Rinaldi pulls down a reception. Courtesy of Ms. Diane Frawley

season. Beyond that, the Junior class presence was stronger than ever as the Huskies only started five seniors on offense, and five on defense. Although not overly represented, the Seniors still took on a leadership role for the team, with starting quarterback Dan Formisano leading the offense, while

Carducci controlled the secondary on defense.

The Huskies opened up with two non-league games, both on the road, and were tested immediately by Yorktown High School, a team who experienced great success last year and was picked again to make the playoffs this year. Led by a strong performance from Knox on both sides of the ball, the Huskies emerged victorious, 14-6, in a game where Junior running back Alex Acompora added a touchdown run and Steve Ricciardi, another Junior, had a receiving touchdown.

The next stop on their schedule came an hour and a half from home, as the Huskies took on the Warriors from Our Lady of Lourdes in Poughkeepsie. Again, the Huskies' offense was strong, as Formisano took over the game on the ground and in the air. Formisano combined for over 200 yards of total offense and three touchdowns, two rushing and one throwing, with his target again being Ricciardi on a deep ball.

Although the defense allowed 22 points to the Warriors, they managed three interceptions of the opposing quarterback, one from safety Mike Chiarella, one from Bonistall, and one from defensive end Brandon Vaccaro, who is also the team's second fullback.

The Huskies hit a bump in the road in their home and league

opener against Roosevelt High School. Beating themselves in a game the Huskies conceivably could have won, the team turned the ball over five times and put Roosevelt in a position to score early and often. Freshman quarterback Vinnie Nicita fumbled twice while in the game, which led to two of Roosevelt's touchdown drives. However, Nicita later redeemed himself by leading the Huskies on two scoring drives of their own until later being knocked out of the game with a concussion which forced him to miss a week. Because Eastchester upset Rye the third week of the season, the Huskies had a chance to put themselves right back at the top of their league with a win against the Eagles. However, a loss would've virtually locked them out of the playoffs.

In what would ultimately become one of the best victories for Harrison in recent years, the Huskies quickly surrendered a touchdown. But on the ensuing kickoff, Ricciardi again came through with a big play, returning the kick-off 88 yards for a matching touchdown. Following his return, the Eagles dominated the Huskies for the remainder of the first half, jumping out to a 21-7 lead at halftime.

This game proved to be a tale of two completely different halves, as

home in what might be the final game ever played on Feeley Field. After years of tradition, next year's team will play its home games on the turf field, when the bleachers and scoreboard are expected to be completed.

After a league victory over Saunders, the Huskies prepared with their usual Rye week practices. It is always an exciting week for all of Harrison High School, thanks to the different themed days put together by the Huskies' cheerleaders, capped off by the annual pep rally and bonfire the night before the game. As the defending league champs, this year's squad was determined to retain their title as well as put an end to Rye's current streak of victories over the Huskies.

The Huskies came out fired up, but soon surrendered a 7-0 lead when the Garnets scoring on their first possession. This lead held up going into halftime after a hard fought first half by both teams. However, Molloy's kickoff to open the second half was returned all the way inside the Huskies' 10-yard line and the Garnets punched in another touchdown. A third score was later added by the Huskies rival, making the score 21-0. Not until the fourth quarter did the Huskies score, when Knox added a short yardage touchdown that gave the Huskies a gleam



Jack Molloy kicks a field goal.

Courtesy of Ms. Diane Frawley

the Huskies came "storming" back in the rainy conditions of the second half. Formisano connected with Loreti on a 27-yard touchdown pass that cut the deficit down to seven points. From that point on, the Huskies' offensive and defensive lines took over, wearing down the Eagles late in the game. Acompora added a long touchdown run and the Huskies took their first lead of the day when Jack Molloy kicked a 42-yard field goal in the worst weather the day had to offer. With a 24-21 lead, Coach Troilo called for Molloy to take a safety rather than punt the ball away, and when Knox recovered a fumble by the Eagles' fullback, the comeback was complete. As friends, family, and other proud members of the Husky community stormed the field, it seemed to feel like a season-changing victory.

Of course, all eyes pointed to that special date, October 17, when the Huskies would take on the Garnets at

of hope. Although Ricciardi recovered the pooch kick by Molloy, the ball was given to the Garnets because of an unconfirmed rule called by the referees. The Garnets ate the remaining 8:04 left in the game, and extended their winning streak over the Huskies.

While the loss to Rye was a disappointment and held the Huskies from reaching the playoffs, the team finished the season strong. The Huskies defeated the Pearl River Pirates by a score of 49-12 in their first post-season game, and in a rematch of their season opener, they defeated Yorktown Cornhuskers by a score of 28-7. The Huskies will play a third and final post-season contest in a bowl game against Eastchester. A 7-2 season would be a big improvement from last season's mark of 5-4, and set up next year's Huskies team to make a run at the Section Championship, where once again rival Rye will stand in their way.