

Align *service* with

your *interests*

...lets brainstorm!

animals

- **Kitten Foster Program Volunteer at SpayMart, Inc.**

- Description & Responsibilities: Provide support at PetSmart adoption center including cleaning adoption kiosk, caring for kittens and cats, and answering questions from potential adopters!
- Time Commitment: Flexible hours; shift will last 2-4 hours when scheduled
- Requirements: Must be 16 years old; complete orientation/training
- Address: PetSmart, 1000 S Clearview Pkwy #105, New Orleans, LA 70123
- Website: <http://www.spaymart.org>

children & youth

- **Volunteer Leadership Intern with Camp Invention**

- Description & Responsibilities: Work closely with K-6 grade participants to help them learn, think creatively, and develop innovation skills
- Time Commitment: Volunteering takes place over one week in the summer
- Requirements: Volunteer position created specifically for high school and college students
- Address: Greater New Orleans Area
- Website: www.invent.org/inspire/leadership-intern-program-10th-12th-college/

community

- **Help rebuild New Orleans with United Saints Recovery Project**

- Description: Grassroots, volunteer-based non-profit organization working to help restore the homes and hearts of communities affected by natural disasters
- Responsibilities: As volunteer would be doing home repairs (sanding, priming, painting, flooring, landscaping, etc.); no previous experience needed
- Time Commitment: Flexible hours
- Requirements: Must be at least 15 years old
- Address: 2309 Dryades St., New Orleans, LA 70113
- Website: <http://www.unitedsaints.org>

culinary

- **Family Dinner Providers with Ronald McDonald House Charities**

- Description & Responsibilities: Provide dinner for at least 25 people, may use their facility to cook and prepare meal
- Requirements: Kids and teens welcome; may bring up to 10 people with you to help with food prep and cooking
- Time Commitment: Program runs 7 days a week including holidays so you can volunteer a little as one night and up to as many as you would like
- Address: 4403 Canal Street, New Orleans, LA 70119
- Website: <https://rmhc-sla.org/>

environment

- **Clean Energy Volunteer with Generation 180**

- Description: Dedicated to driving a cultural shift in energy awareness and advancing the transition to clean energy
- Responsibilities: Will build community support, advocate for schools to go solar, lead workshops, etc.
- Requirements: Kids and teens welcome; orientation/training
- Time Commitment: 3-4 hours a month and meetings 2-3 times a month
- Address: Generation 180, New Orleans, 70112
- Website: www.generation180.org/volunteer

history & theatre

- **Living history volunteer with Jean Lafitte National Historical Park and Preserve**

- Description: Helping visitors make intellectual and emotional connections to the historical resources of Chalmette Battlefield through demonstrations, talks, and hands-on activities
- Responsibilities: Will learn about the War of 1812 and the Battle of New Orleans along with a variety of skills such as outdoor cooking, washing laundry, sewing, knitting, etc.
- Time Commitment: Year-round and varied hours per month (will work with your schedule)
- Requirements: No previous experience needed, background check, orientation/training

- Address: 8606 West St. Bernard Highway, Chalmette, LA 70043
- Website: <http://www.nps.gov/jela>

medical & event planning

- **Volunteer Activities Coordinator with the American Cancer Society's Patrick F Taylor Hope Lodge**

- Description & Responsibilities: Will coordinate and plan activities and entertainment for cancer patients and their caregiver (bingo, games, crafts, speakers, music, etc.)
- Time Commitment: Flexible hours
- Requirements: None listed, contact for more information
- Address: 2609 River Road, New Orleans, LA 70121
- Website: <http://www.cancer.org>

music

- **Volunteer with Musicians on Call**

- Description & Responsibilities: Perform acoustically at the bedsides of patients with an MOC Volunteer Guide; will perform one song per room and talk/visit with patient and the family for a few minutes
- Requirements: Complete application, phone interview, driver's license needed, background check required, must be at least 16
- Time Commitment: Volunteer once a month for a year
- Address: Greater New Orleans Area
- Website: <http://www.musiciansoncall.org>

senior citizens

- **Several types of volunteer opportunities with Heart of Hospice**

- Description & Responsibilities:
 - *Direct-care*: spend time with patient, read, talk to, etc.
 - *Indirect-care*: writing cards, craft projects, etc.
 - *Administrative*: complete projects and tasks within the office, help with clerical duties and organization
 - *Special event/community education*: support team at community functions and educational appearances
- Time commitment: Flexible hours

- Requirements: Driver's license needed, background check required, must be 16 years old, complete orientation/training, will be under supervision of volunteer coordinator
- Address: 1700 Belle Chase Hwy, Bldg B, Ste 230, Gretna, LA 70056
- Website: <http://www.heartofhospice.net>

sports & individuals with special needs

● Volunteer with Special Olympics Louisiana

- Description: Provides year-round sports training and athletic competition in variety of Olympic-type sports for all children and adults with intellectual disabilities
- Responsibilities: Many different volunteer opportunities at events such as being a coach, sports official, setting up, escorting athletes, scoring, timing, medical, etc.
- Time Commitment: Need to look at upcoming events (typically take place over one day or a weekend)
- Requirements: Teens welcome, contact for more information
- Address: 1000 East Morris Ave., Hammond, LA 70403
- Website: <http://laso.org/events>

recreation

● Volunteer at Playworks Louisiana

- Description: As a Playworks volunteer, you'll be trained by one of our play experts who'll help you jump into the action and make a difference
- Responsibilities: As an *individual volunteer* you can help build young leaders on the playground; or as a *corporate group volunteer* you can improve employee collaboration through a playground transformation project
- Time Commitment: Flexible hours
- Requirements: Background check, must be at least 16 years old, orientation/training
- Address: 1050 South Jefferson Davis Pkwy, New Orleans, LA 70125
- Website: <https://www.playworks.org/louisiana/get-involved/volunteer/>

women & tech

- **Mentor with Electric Girls**

- Description & Responsibilities: Looking for enthusiastic, committed volunteers to help mentor the next generation of female tech leaders (ages 5-14); no electronics or CS skills needed
- Requirements: Teens welcome, attend orientation/training
- Time Commitment: Flexible hours
- Address: 1 Drexel Dr., New Orleans, LA 70125
- Website: <https://www.electricgirls.org>

other ideas...

Churches	Museums
Hospitals	Libraries
Animal shelters	National parks
Retirement homes	Non-profit organizations
Political campaigns	American Red Cross

Food pantries...check out foodpantries.org

Lastly, visit volunteermatch.org...

You can find many more *volunteer* opportunities
by **location** and **interests** at this website!

Summer between 10th & 11th Grades

Split your summer into thirds

one third: branch out & try something new!

- Develop a passion or hobby (i.e. photography, a class at Tulane that is interesting to you)
- Attend a leadership conference

one third: dig deep and participate in service!

- Take advantage of summer service and/or exchange program at ASH
- Volunteer

one third: family time, relax, and recharge

- Join your family on your family vacation
- Go on a few college tours together to decide on which part of the country is a good fit for you

recommendations for the whole summer!

- Journal everything you're doing & include all the details! This is important stuff to know when you come back to school.
- Start listening to podcasts- know your current events and know how you feel about the issues (Mrs. Pierson's rec – 'Skimm'd from the Couch')
- Read something. What interests you? What do you feel passionate about? Deepen what you know about the topic! (For example: I'm reading *The Residence* – fascinating story of the service staff of the White House)

Summer between 11th & 12th Grades

keep exploring colleges

- Continue to explore the colleges Mrs. Pierson has recommended in Naviance.
- Visit the websites, request information, and go visit!
- Summer is not ideal for visiting colleges, but often the only time, so make the most of it!
- See Mrs. Pierson for her 'Tips to Make the Most of your College Visit!' list!
- Plan to visit colleges during Fall Break...organize the trip now! (buy plane tickets, reserve hotel room, etc.)

keep your college list long

- We can tighten/add/subtract your college list in August together.
- Many students (50%-75%!!) end up adding to their list after college visits in the Fall of senior year!

have the \$\$\$ talk

- Financial fit is as important as academic and social fit.
- Encourage your family to be very clear about what tuition they can and cannot afford.
- Use the **net price calculator** to determine affordability on every colleges financial aid website!

register for ACT/SAT!

- If you and Mrs. Pierson haven't figured out which test is best together, **now is the time you need to decide.**

- To register for the SAT:
<https://collegereadiness.collegeboard.org/sat/register>
- To register for the ACT: <https://www.act.org/content/act/en/products-and-services/the-act/registration.html>

those thinking about participating in athletics in college...

- Register with NCAA
- <https://web3.ncaa.org/ecwr3/>

naviance

- Use Naviance scattergrams and other tools to determine the likelihood of acceptance on your list.
- Update and correct all personal information in Naviance (spelling of name, address, DOB, SSN). **This is important so don't skip it!**
- Finish your resume and upload into Naviance by June 1, 2019.
- <https://www.naviance.com/>

register with common application!

- This usually opens mid-summer!
- Complete all sections through the activities section by August.
- Mrs. Pierson will help you 'perk it up' in August!
- <http://www.commonapp.org/>

brag sheet

- Complete Mrs. Pierson's brag sheet by 8/1/2019
- This is very important for recommendations!

essay

- Complete a draft of your college application essay.
- Check out <https://www.collegeessayguy.com/>
 - Use his free guide to help in writing your essay OR
 - You can also pay for his one-on-one services

school code

- Know your school code!!!
- **191985**

application day

- Attend **mandatory** Application Day. This is not an event you can miss.
- Date: **8/14/2019 (First day of school)**
 - *This will not be a half day for you. You will remain with me for the 2nd half of the day from 12:00-3:00PM. I will provide pizza for lunch.*
- Location: TBD
- At this event, we begin completing the Common Application together and any other applications for colleges that do not use the Common Application. We also discuss everything from how to request transcripts and letters of recommendation in Naviance to sending test scores to colleges.

other useful tools and resources

- Transitionyear.org...great website for beginning the process of deciding on colleges to apply to, picking a college after acceptance letters received, preparing the summer before college, and your first year in college!
- Take action and avoid procrastination before it starts! Read [Eat That Frog!: 21 Great Ways to Stop Procrastinating and Get More Done in Less Time](#)