

2019 Senior Athlete Exit Survey

Sport(s) played your senior year: Cross Country/Track, Volleyball, Baseball, Basketball, Football, Tennis, Soccer, Softball, Swimming, Cheer, Wrestling

~ List 3 qualities that your coach had which made you and your team better.

Leader	Spiritual Growth	Caring	Love
Intensity	Dedication	Selfless	Diligent
Knowledgeable	Forgiveness	Encouraging	Godly
Skilled	Uplifting	Competitive	Patience
Uncommon	Easy to Talk to	Family Centered	Driven
Organized	Motivating	Understanding	Wise
Thoughtful	Relatable to Players	Christ centered	Positivity
Determination	Great character	Respect	Fairness
Made us work hard	Kindness	Held us accountable	Smart

- Someone who celebrated with me
- Wanted us to play our best no matter the outcome
- Gave us tools and knowledge to succeed
- Good preparation before games
- Spent quality time with the team
- Stressed team spirit
- Wanted to see us succeed
- Let us have fun.....not all serious

Mark the number which best explains your assessment.

1 (strongly disagree) 2 (disagree) 3 (uncertain) 4 (agree) 5 (strongly agree)

1. There was an intentional focus on centering our team on Christ. 4.5
 1 2 3 4 5

2. My coach came to practice prepared and excited to coach. 4.5
 1 2 3 4 5



3. Coach ensured that our team always put hard work into practices. 4.7
1 2 3 4 5
4. The captain(s) of my team served as good leaders. 4.4
1 2 3 4 5
5. The parents were supportive of the coach and his/ her decisions. 3.9
1 2 3 4 5
6. The athletic fields were properly maintained and enjoyable to play on. 4.4
1 2 3 4 5
7. My coach communicated well with me. 4.2
1 2 3 4 5
8. My coach provided a clear explanation of my role on the team. 4.2
1 2 3 4 5
9. I felt the expectations of my coach were appropriate and fair. 4.3
1 2 3 4 5
10. My coach recognized my effort. 4.1
1 2 3 4 5
11. I received individual instruction from my coach 4.3
1 2 3 4 5
12. Playing this sport made me more responsible 4.5
1 2 3 4 5
13. Having good sportsmanship was highly emphasized 4.6
1 2 3 4 5
14. Practices prepared me for competition 4.2
1 2 3 4 5
15. My coach supported me in participating in other sports 3.8
1 2 3 4 5

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~ Your favorite team moment:

Bonding with teammates in the locker room — State Playoff Game Wins
Playing in the State Championship Game — Christmas Party — Practices
Hanging out at Myrtle Beach — Spending time with teammates — Bus rides
Campbell Volleyball Camp — Conference Championship — Beating Hickory Grove
The entire team making cards for the children in the hospital
Making states in volleyball — Winning a state game in basketball
Winning the Christmas tournament in Atlanta — Just having the girls and each other
All the moments we lost, our coach would still make it fun and lighthearted
Dancing in the locker room after a basketball win
The whole team playing against the coach
Students flooding the field and feeling on top of the world after our playoff game win against High Point — Celebrating with my coaches after my state championship win
When I fell during conference meet, my teammates stood with me and encouraged me
Winning 2nd round of state playoffs against Cannon in basketball

~Did athletics at Metrolina help you love Godmore....less....or not really make a difference.

Helped me love God more through devotions and my teammates.
Love God more...I connected with people I would have never met.
Athletics helped me love God more. Before my last wrestling match all I could think of was the amazing ways God had helped my athletic career.
I wouldn't say Metrolina athletics made a difference as far as loving God.
More...it really helped with my attitude.
I was given the opportunity to pray at most meets and it pushed me to love God more.
My coaches really put an emphasis on being authentic.
We prayed and involved God in the sport. I'm glad we have the opportunity to do this.
More...our coaches are the best spiritual influences anyone could have.
I became closer to God through trials, and words my coaches gave me, and FCA camp.
I believe that athletics at Metrolina did help me grow closer to God because the coaches were intentional about sharing God's word.
More...it showed me a new way to glorify God through athletics.
It made me thank God for allowing me to play this sport.
Yes...the coaches always had a devotion for us to grow.

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~ Explain any additional thoughts and comments from your athletic experience, if any:

My coaches were very helpful on and off the field.

My coaches were always there for me whenever I needed to get in extra work, to throw, or hit. Most times they could meet me within the hour.

Overall my Metrolina athletic experience was great. The atmosphere and competition was amazing. There were certain team members who did not reflect the team in a good manner and it affected the entire team because the issues were not properly dealt with.

I really enjoyed playing my last year of volleyball and we grew as a team.

I loved playing for Metrolina and I will never forget it.

Great guidance...helped me focus on winning for Christ and giving Him glory.

Coming to Metrolina and playing football was the best decision regarding school I've ever made.

They were good overall but the favoritism is annoying.

I believe basketball helped me become a better person and experience friendships for my new school year.

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