

# Important Fall Sports Information



Participation in sports in the Troy School District is a privilege, not a right. Hard work, dedication, and a desire to compete are essential in being successful in athletics. Troy High offers 26 varsity and sub-varsity sports for those interested in interscholastic athletics. We strongly encourage students new to Troy High to get involved in sports. Research has proven that students perform better in the classroom when participating in athletics.

Below is a list of the fall sports and contact numbers of the coaches. If you have any questions about the program, please contact the appropriate coach. We are looking forward to an exciting fall season and hope you will join us in a positive and fun environment. The official MHSAA practices in the fall begin on August 12 for all sports except volleyball and Girls Swimming which is August 14. All athletes MUST have a physical and emergency card completed and signed prior to tryouts. Both must be presented to the coach before trying out for any team. NO EXCEPTIONS.

## FOOTBALL

Varsity Chris Frasier [cfrasier@troy.k12.mi.us](mailto:cfrasier@troy.k12.mi.us) 248-866-1421  
 JV-A Jason Taylor [taylorj@royaloakschools.org](mailto:taylorj@royaloakschools.org) 248-217-3734  
 JV-B Mike Pearcy [coachpearcy@yahoo.com](mailto:coachpearcy@yahoo.com) 734-674-9823  
**Preseason meeting for all levels** - Tuesday, June 4th at 3:30 PM in the Troy High Cafe  
**1<sup>st</sup> Day of Official Practice** - Monday, August 12, 9:00 am–Noon & 2-4pm

## VOLLEYBALL

Varsity Tom Vigilant [tvigilant@aol.com](mailto:tvigilant@aol.com) 248-819-4000  
 JV -A Jessica Higbee  
 9th Grace Halloran  
 Tryouts: August 13-16, 9-11:30 AM (Physical testing)  
 4:00-6:00 PM Varsity Practice  
 5:30-7:30 PM JV Practice  
 5:00-7:00 PM JV-B Practice

## BOYS' SOCCER

All Levels Monday, August 12 — Check in: 4:15-4:30 pm Tryouts: 5-7pm (Turf)  
 Tuesday, August 13 — Tryouts: 5-7pm (Turf)  
 Wednesday, August 14 — Tryouts: 12:00-2:00pm (Team selection will be done during this session!)  
 Varsity Jim Stachura [smcallamerican21@yahoo.com](mailto:smcallamerican21@yahoo.com) 248-709-2998  
 JV S.G. Aryan [sgaryan1109@wowway.com](mailto:sgaryan1109@wowway.com) 586-248-2508  
 9th Adam Zaretti  
 \*Players in Band Camp (Aug. 10-16) need to contact Coach Aryan **before** camp to set up tryout upon return.

## GIRLS' GOLF

Varsity John Getzan [getzan007@comcast.net](mailto:getzan007@comcast.net) 248-425-7115  
 JV Lisa Danhoff [ldanhoff@troy.k12.mi.us](mailto:ldanhoff@troy.k12.mi.us) 248-379-5476  
 Tryouts: Monday, August 12 @ 9am Location: Sanctuary Lake Golf Course

## CROSS COUNTRY

Boys Head Coach Mike Messina [mmessina@troy.k12.mi.us](mailto:mmessina@troy.k12.mi.us)  
 Girls Head Coach Matt Richardson [matthew810@yahoo.com](mailto:matthew810@yahoo.com) 586-945-6105  
**Sign up at** <http://www.troycolts.org> Athletics, team pages, click on Cross Country  
**Summer Conditioning starting Monday, June, 17, Mon-Fri 8am at the Ticket booth area by stadium. First practice is Wednesday, August 14 at THS track.**

## GIRLS' SWIM & DIVE

Varsity Eric Schuman [eric.schuman13@gmail.com](mailto:eric.schuman13@gmail.com) 248-730-2429  
 JV TBD  
**Swimming Tryouts begin** August 14 from 3:45-5:45 pm @ the pool.  
 Diving Bob Shurig [bob91450@gmail.com](mailto:bob91450@gmail.com) 248-515-8723  
**First practice for diving is Wednesday, August 14, practice time TBD.**

## BOYS' TENNIS

Varsity August 12-15 (9-11:30 am and 3-5:30pm) @ **Troy High**  
 Brian Miska [bmiska17@yahoo.com](mailto:bmiska17@yahoo.com) 248-229-6130  
 JV August 12-15 (11:30am-2:30pm) @ **Troy High**  
 John Kennedy [kennedyhouse@wowway.com](mailto:kennedyhouse@wowway.com) 248-635-4323

## SIDELINE CHEER

Varsity Samantha Mularski [samanthamularski@gmail.com](mailto:samanthamularski@gmail.com) 614-395-7604  
 JV Jenna Montalbano [jmontalbano@troy.k12.mi.us](mailto:jmontalbano@troy.k12.mi.us) 248-823-4097  
 Mandatory Parent Info. Meeting: Thursday, May 30th @ 7:00 PM in Lecture Hall  
 Try-outs: Monday, June 3rd 5-8 PM; Tuesday, June 4th @ 4:30 PM in Aux Gym

## BOYS' WATERPOLO

Varsity Jack Johansson [jackjohansson@gmail.com](mailto:jackjohansson@gmail.com) 313-407-8880  
 JV TBD  
 Informational meeting for incoming Freshmen at Athens Pool area on Wednesday, May 29th at 7:00 PM.  
 Captains' workouts begin July 8, team conditioning begins August 5th, and official practice starts August 12th.

If you need more information, you can call the Troy High Athletic Department at 248.823.2846 and speak with Beth Culp, the Athletic

**Athletics Physicals:** Physicals will be offered again this year at Athens High School on Thursday, June 5 (6-9pm) and Wednesday, July 10, (6-9pm). Cost is \$25.



**Fall Sports Parent Meeting:** The fall sports parent meeting will be held on Monday, August 19, at 7pm in the Main Gym. This is an opportunity to meet the coaches and learn about our athletic program. All parents are strongly encouraged to attend.

Go Colts !!