



**Eden Prairie Schools
Wellness Advisory Committee**

Convener: Kristin Treptow, Child Nutrition Coordinator
Facilitator: Jason Mutzenberger, Executive Director of Business Services

Date: May 14, 2019 – Riley Creek Room (Administrative Services Center)
Time: 3:00 pm – 4:00 pm

Our Mission

Inspire each student to learn continuously so they are empowered to reach personal fulfillment and contribute purposefully to our ever-changing world.

Our Purpose

The school wellness committee is an advisory group including school staff, parents, and community members concerned with the health and well-being of students and staff. We will monitor the implementation and effectiveness of the school district's Local Wellness Policy according to the Healthy, Hunger-Free Kids act of 2010 and study and make recommendations regarding wellness related issues.

Agenda:

1. SHIP Grant Update and Champions-Hernan/Amanda
2. Wellness Mindfulness One Page Reference –Mary
3. Discuss topics for SHIP Grant school year 2019-2020-Amanda
 - Active Recess (elementary level)
 - Intramural after-school programming (secondary level)
 - Yoga calm (secondary level)
 - Paid training for PE teachers on new PE standards
 - Smarter Lunchrooms (elementary and secondary level)

Protocols:

1. Start and end on time
2. Reveal our interests and work toward the common good
3. Honor and respect multiple voices and ideas
4. Speak your truth with grace
5. Contribute to the conversation
6. Take care of self and others

Attendees:

Jason Mutzenberger, Exec Director Business Services
 Roxann Roushar, Director of Child Nutrition
 Kristin Treptow, Child Nutrition Coordinator
 Hernan Moncada, Principal
 Chuck Knuth, Community Member
 Sujata Costello, Community Member
 Zella Sahar, Student
 Jane Lough, Physical Ed Teacher
 Mary Cryer, Health Services
 Jackie Getchius, Community Member
 Amanda Nagy, Hennepin County Health Specialist
 Amy Antilla, Health Services

Meetings:

School Year 2018-19
 September 18, 2018
 November 13, 2018
 January 15, 2019
 March 12, 2019
 May 14, 2019