

# MINUTES

BARBERS HILL ISD SCHOOL HEALTH ADVISORY COUNCIL

Date/Time: 3/18/2019 7:06 PM | *Meeting called to order by* Colleen Goundrey

## In Attendance

Colleen Goundrey, Co-Chair; Amy Meuth, Co-Chair; Chelsea Clynes, Secretary; Patricia Maberry; Dr. Anthony Garbs; Jessica Watkins; Jennifer Hemstad; Rachel Smith; Teeya Thornton; Terri Monteith; Jef Farrell, Guest from the City of Mont Belvieu

## Approval of Minutes

Colleen went over minutes from January 14, 2019 meeting, no changes were documented.

A motion was made by Jessica Watkins to approve the January 14, 2019 minutes. The motion was seconded by Teeya Thornton.

## Physical Activity and Fitness Planning Subcommittee

Subcommittee met on February 11, 2019.

The committee spoke about several different programs sent by Ms. Lori Franklin-McCoy.

We would like to send out a survey to the high school parents asking questions about their satisfaction with the current sex education program.

Sandra Duree would like to know what questions will be asked and Colleen and Lesley are working on that list.

We are looking at the possibility of maybe pairing with Anahuac ISD, and Sandra also proposed a health elective.

Next meeting will be in April.

We will still do the Aim for Success program this year on May 16 and 17.

The growth and development will be done with 5<sup>th</sup> grade the first of May with Amy and Christy trying to do them at the same time.

## Community Health Fair Subcommittee

Jef Farrell, Park and Recreation Director for the City of Mont Belvieu came to discuss the pairing of the City of Mont Belvieu's Spring Outdoor Celebration (SOC) and the SHAC Health Fair.

Date for the SOC is May 4 from 11:00am – 4:00pm.

Texas Parks and Wildlife's goal is to get kids outdoors and the event is like an expo.

They have had 250-300 people the first few years.

There will be kayaking, reptiles, bird watching, butterfly groups, shooting area, archery, and if we participate, health and safety.

There will be no farmers market that day due to the SOC.

The SOC committee will be meeting March 27 from 9:00 – 10:00am at the City Maintenance Building on Perry Rd. Jessica and Chelsea will be attending.

Our ideas are placing the puppet show in the amphitheater. Dr. Garbs suggested wristbands to keep track of numbers.

We want to ask Jef if we can break down at 3:00 if it is slow, and we need to ask Jason if Eagle Pointe can still do tables and chairs.

Our next subcommittee meeting is scheduled for April 15 at 6:30pm at the PDC.

### What's Happening in BHISD

Eagle Pointe Exercise Class: finished week before spring break. "Pound Class" was a hit. Eagle Pointe will have the classes Mondays at 4:30pm at the Recreation Center.

Strike Out Cancer Baseball/Softball Game: Friday, March 22 at 4:30 or 5:00pm. There will be a T-shirt, bake sale, raffle, and homerun derby.

Elite Imaging: came out last week and will be coming out Friday. They are doing Ultrasounds and will have different packages that they can scan all over the body. We had 285 before spring break and 120 are expected on Thursday and Friday.

### Open Discussion and Questions

Relay for Life is the first Friday in April until midnight at the Royal Purple Raceway.

### Next Meeting

May 6, 2019, 7:00 PM in the PDC at the Kindergarten Center

SHAC Meeting

Meeting adjourned at 8:30 PM