

# MINUTES

BARBERS HILL ISD SCHOOL HEALTH ADVISORY COUNCIL

Date/Time: 1/8/2018 7:06 PM | *Meeting called to order by Missy Bishop*

## In Attendance

Missy Bishop, Chairman; Colleen Goundrey, Co-Chair; Amy Meuth, Co-Chair; Chelsea Clynes, Secretary; Heather Taylor; Ashley Shibley; Lesley Gershmel; Terri Monteith; Rachel Smith; Hope Novosad; Cami Smith

## Approval of Minutes

Colleen went over minutes from November 6, 2017 meeting and changes were documented.

A motion was made by Missy Bishop to approve the November 6, 2017 minutes. The motion was seconded by Heather Taylor. Passed by unanimous vote.

## Introduction of Members

Colleen asked for introduction for those that missed the first meeting.

## Community Health Fair Subcommittee

The Community Health Fair is set for May 5 from 9am – 12pm at the Mont Belvieu City Park Pavilion. The proposed theme is Cinco de Mayo Safety.

Hope: FARE and AdvoCare and H-E-B

Heather: Mr. Ohler

Ashley: KONA Fire/Police

Colleen: Bike Safety and volunteers

Denise: Pilot Club

Jason: Eagle Pointe

Teeya: Sun Safety

Missy will look into what it would take to get our ad in the BH paper. Chelsea will work on a Facebook Page and list Hope and Cindy as admins. We would also like to see if someone would allow us to use some cooling fans.

## What's Happening in BHISD

Maintain, No Gain: Started before Thanksgiving and ended January 8.

Eagle Pointe Program: This will be an 8-week program that will end before spring break. Two instructors will teach Insanity and Body Pump.

Relay for Life/Eagles vs. Cancer Basketball Game: January 26 at 4:30pm with raffle.

Project Graduation Love Run/Walk: February 10

Mobile Mammography: MD Anderson Mobile Mammography unit will be out of February 1 for employees. They need a minimum of 15 to participate.

## Wellness Policy

The campus coordinated checklists were sent out last year and didn't do well. Colleen adjusted the checklist and took off two of the measures, and re-worded items. Colleen is waiting on results and will present at the next subcommittee meeting.

## Physical Activity and Fitness Planning Subcommittee

Next meeting is February 5, 2018 at 7:00pm at the PDC. They are focusing on nutrition guidelines.

## Subcommittee

### Physical Activity and Fitness Planning

Chelsea Clynes  
Colleen Goundrey  
Debbie LaGrange  
Amy Meuth  
Cindy Kirby  
Denise Patton  
Terri Monteith  
Lesley Gershmel  
Missi Bishop

### Community-Wide Health Fair

Chelsea Clynes  
Heather Taylor  
Cindy Kirby  
Teeya Thornton  
Jessica Watkins  
Ashley Shibley  
Hope Novosad  
Rachel Smith

## Open Discussion and Questions

Heather Taylor asked about flu. Cami Smith asked is the amount of money spent at lunch is there a way to put a limit. Susan LeBlanc will be at the subcommittee meeting on February 5, 2018 and we will ask her.

## Next Meeting

March 20, 2018, 7:00 PM in the PDC at the Kindergarten Center  
SHAC Meeting

May 15, 2018, 7:00 PM in the PDC at the Kindergarten Center  
SHAC Meeting

Meeting adjourned at 8:06 PM | Respectfully submitted by Chelsea Clynes