

MINUTES

BARBERS HILL ISD SCHOOL HEALTH ADVISORY COUNCIL

Date/Time: 11/6/2017 7:04 PM | *Meeting called to order by* Colleen Goundrey

In Attendance

Colleen Goundrey, Co-Chair; Amy Meuth, Co-Chair; Chelsea Clynes, Secretary; Heather Taylor; Jessica Watkins; Ashley Shibley; Debbie LaGrange; Cindy Kirby; Lesley Gershmel; Terri Monteith; Denise Patton

Approval of Minutes

No minutes, 1st meeting of the 2017-2018 school year

Introduction of Members

Colleen introduced Amy Meuth and herself as the co-chairs for the School Health Advisory Council (SHAC). She then introduced Melissa Bishop (not in attendance) as our Chairman for the year and started introductions for members that were present.

Discussion of Terms

Colleen went over the process of selecting members and terms for SHAC. Each member is to submit an application and the applicants are given to the BHISD School Board for approval and term limits.

Overview of SHAC

Colleen provided an overview of the SHAC policy and guidelines that was given to each member present. She went over why we have a SHAC, what the role of SHAC is, and who the SHAC is made up of.

Review of By-Laws

Colleen ran through the main points of the BHISD SHAC By-Laws. Our purpose was discussed including our Motto and Mission. Membership was discussed and it was noted that anyone not able to fulfill their term would need to submit in writing to the Chairman. We will meet a minimum of 4 times during the school year. There will be offices appointed. Melissa Bishop was appointed Chairperson, Colleen Goundrey and Amy Meuth were appointed co-chairpersons, and Chelsea Clynes was appointed the recording secretary for the 2017-2018 school year. Committees were discussed, as well as, voting procedures.

Terri Monteith asked if we could have students on the board and they received service hours for participation.

The by-laws were motioned for approval by Heather Taylor with all in approval and no opposition.

HB 1018

Colleen went over House Bill 1018 and the responsibility SHAC has in establishing a physical activity and fitness planning subcommittee to consider issues relating to students physical activity and fitness and make policy recommendations to increase physical activity and improve fitness among students.

HB 2018 recommendations need to be done and submitted to the school board by the end of the school year.

Subcommittee

Physical Activity and Fitness Planning

Chelsea Clynes
Colleen Goundrey
Debbie LaGrange
Amy Meuth
Cindy Kirby
Denise Patton
Terri Monteith
Lesley Gershmel
Missi Bishop

Community-Wide Health Fair

Chelsea Clynes
Heather Taylor
Cindy Kirby
Teeya Thornton
Jessica Watkins
Ashley Shibley

Wellness Policy

Colleen passed around a check-list done by the principals regarding coordinated school health. The Physical Activity and Fitness Planning Subcommittee will focus on the checklist for their project.

Projects

This year's project will be the Community-Wide Health Fair. This is the fourth year to have it and discussion was had regarding theme. The tentative date will be May 5, 2018.

Open Discussion and Questions

Cindy asked about a district-wide health fair and Chelsea and Colleen explained the wellness program going on. Also, the check list that was implemented for the wellness policy was passed around. Colleen announced that 294 flu shots were given. Colleen and Chelsea stated that 200 employees participated in the wellness program to get lab work done.

Next Meeting

December 5, 2017, 7:00 PM in the PDC at the Kindergarten Center
Physical Activity and Fitness Planning Subcommittee

January 9, 2018, 6:30 PM in the PDC at the Kindergarten Center
Health Fair Subcommittee

January 9, 2018, 7:00 PM in the PDC at the Kindergarten Center
SHAC Meeting

March 20, 2018, 7:00 PM in the PDC at the Kindergarten Center
SHAC Meeting

May 15, 2018, 7:00 PM in the PDC at the Kindergarten Center
SHAC Meeting

Meeting adjourned at 8:30 PM | Respectfully submitted by Chelsea Clynes