

Dear SSA Football Families,

We are very excited to enter another season of Shady Side football. As a staff we look forward to reconvening with our student-athletes and putting in the necessary work as we begin our journey.

Attached is our calendar of events for them 2019 season and the months leading up to our journey. This calendar will also be on the team snap page. If you are not signed up for the team snap page, please send me your email and I will add you to our list.

Our summer sessions are held on Mondays, Tuesdays, Wednesdays, & Thursdays from 5:00-8:00pm at the stadium. Our summer sessions start on Monday, June 17th, and conclude on Friday, July 26th. The only change in this Mon, Tues, Wed, Thurs schedule will be the week of the 4th of July. We will go Sunday-Tuesday (June 30-July 2) and take off from the 3rd to the 7th.

We are again required by the PIAA to participate in mandatory heat acclimatization before the start of August camp. We will fulfill this requirement starting Monday, August 5th through Friday the 9th. All players must have a completed physical form before starting heat acclimatization. Players who do not attend these mandatory sessions will by PIAA rule be ineligible to participate in the first scrimmage.

Preseason camp will begin on Monday, August 12th (8:00am-8:00pm). Camp week 1 will conclude with our scrimmage at 10:00 on Saturday, August 17.

Preseason week 2 will run from 8:00am-5:30pm. Our week 2 scrimmage is TBA.

Off dates - We have scheduled off weeks built into our calendar for time with family. These dates are:

June 9-16

July 3-7

July 27-August 4

If you have any questions, please don't hesitate to contact me. I look forward to seeing everyone soon. Thanks for your dedication to Shady Side football.

Chuck DiNardo
Head Football Coach

Email: cdinardo@shadysideacademy.org

Cell: 412-445-2962