

Dear 2019 Cheerleaders and Family Members,

Hello! I hope that everyone is enjoying their summer and getting geared up for an exciting fall term and cheerleading season! For those of you who don't know me, I am Kayla Kolic, your cheerleading coach for the upcoming season. Whether we already know each other, or this will be our first opportunity to work together, I look forward to getting to know each of you, and supporting you as both athletes and students. I am also excited to be joined again by our assistant coach and assistant athletic director, Katy Phillips. She is excited to work with the team again this fall! We also have a great student leader, Nyla Rozier, who will be serving as your captain this season!

Your cheerleading season will begin with pre-season, which starts Monday, August 12, 2019 and lasts two weeks (through Friday, August 23th). Pre-season practices will run from 9:00 am – 3:00 pm during the week. We will not be having practices on Friday, August 16th, and Friday August 23rd. Please stay tuned for more detailed information pre-season, which will take place primarily on the Senior School campus! During pre-season, you will have the opportunity to get to know one another as a team, while also learning cheers, jumps, motions, stunts, and working on conditioning. Once classes begin, we will have practices Tuesday, Wednesday, and Thursday after school from 4-6pm. In addition to these practices, you will be expected to attend all football games (both home and away), as well as special events such as homecoming, and any scheduled pep rallies or other events that are added throughout the season. Further information about these events will be available later this summer, as will details about our lettering policy, uniforms, and so forth.

Please remember that prior to the start of pre-season, all athletic forms that were sent home must be completed and turned into the SSA Athletic Department. If your forms are not in, you will not be able to participate in pre-season.

Should you have any questions or need to get in touch with me, please don't hesitate to email or call. Thanks, and enjoy the rest of your summer!

Best,

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