

***To win the game is great; to play the game is greater; to love the game is the greatest of all.***

**For the coaches:**

- Provide feedback to the Director of Coaches on program development.
- Teach the players of his team the fundamentals of the game of hockey and good sportsmanship, and to be sure the players are properly equipped before playing.
- Be responsible for conducting practice sessions, and be in complete charge of his team during game and practice sessions.
- Assist Head Coaching staff in his/her selection of assistant coaches and a team manager at their discretion with the advisement and approval of the Executive Board.
- Organize, run and conduct practices as scheduled by the Ice Convener.
- Organize, run and conduct games as scheduled by each league.
- Communicate with parents/players/assistant coaches as needed to maintain continuity and organization of his/her team, including team and player performance progress, and focus points for areas of team and player performance on a continuing basis throughout the season.
- Maintain professional conduct and adhere to all rules as set forth by BCLHA, SWYL, CAHA and USA Hockey, including but not limited to players wearing proper equipment (i.e., helmets, mouth guards, elbow pads, etc.).
- Winning is a consideration, but not the only one, nor the most important one. Care more about the child than winning the game. Remember players are involved in hockey for fun and enjoyment.
- Be a positive role model to your players, display emotional maturity and be alert to the physical safety of players.
- Be generous with your praise when it is deserved, be consistent, honest, be fair and just, do not criticize players publicly, and study to learn to be a more effective communicator and coach, and don't yell at players.
- Adjust to personal needs and problems of players, be a good listener, never verbally or physically abuse a player or official, give all players the opportunity to improve their skills, gain confidence and develop self-esteem, teach the basics.
- Organize practices that are fun and challenging for your players. Familiarize yourself with the rules, techniques and strategies of hockey, encourage all your players to be team players.
- Maintain an open line of communication with your players' parents. Explain the goals and objectives of your association.
- Be concerned with the overall development of your players. Stress good health habits and clean living.

### **For the parents:**

- Talking with your players (please, PLEASE read attachments)
  - Before the game- Up to but not passing 30 minutes before gametime
  - During the game- only in terms of cheering! No instruction.
  - After the game-
    - Give your player three positives
    - Let them talk to you, do not initiate conversation
    - Practice patience in allowing them the opportunity to talk
- Do not force your children to participate in sports, but support their desires to play their chosen sport.
- Children are involved in organized sports for their enjoyment. Make it fun.
- Encourage your child to play by the rules. Remember children learn best by example, so applaud the good plays of both teams.
- Do not embarrass your child by yelling at players, coaches, or officials. By showing a positive attitude toward the game and all of its participants, your child will benefit.
- Emphasize skill development and practices and how they benefit your young athlete. Deemphasize games and competition in the lower age groups.
- Know and study the rules of the game, and support the officials on and off the ice. This approach will help in the development and support of the game. Any criticism of the officials only hurts the game.
- Applaud a good effort in victory and in defeat, and reinforce the positive points of the game. Never yell or physically abuse your child after a game or practice, it is destructive. Work toward removing the physical and verbal abuse in youth sport.
- Recognize the importance of volunteer coaches. They are very important to the development of your child and the sport. Communicate with them and support them.
- If you enjoy the game, learn all you can about the game, and volunteer!

**For the players:**

- Play for FUN!
- Full Warm-Ups worn to games (Jackets are to be zipped)
- Be on task and focused during pre game time
  
- Listen to your Captains and Co-captains
- Be Supportive, let the coaches be the critics
- Work to improve your skills.
- Be a team player—get along with your teammates.
- Learn teamwork, sportsmanship, and discipline.
- Be on time for practices and games. (1 hour for games, 30 minutes for practices/dressed 10 minutes before start time)
- Learn the rules, and play by them. Always be a good sport.
- Respect your coach, your teammates, your parents, opponents, and officials.
- Never argue with officials' decisions.

I understand that I need to use the above expectations guide me to make good decisions. I understand these expectations and their purpose. **I understand that if I am not living by these expectations consequences will occur, including but not limited to missing playing time.**

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Player

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Parents

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Coaches