WOODINVILLE HIGHSCHOOL

Mrs. Krochmalny
Running Start Counselor
College and Career Counselor

19819 136th Avenue NE
Woodinville, WA 98072-8798
425.408.7400 phone   425.408.7402 fax

For 2019-2020 School Year

Dear Student and Parent/Guardian:

Please read the following WHS steps for Running Start Program!

New Running Start Students		
Step	**Who**	**Action**
Step 1	Student/Parent	Read through Woodinville High School Running Start Packet
Step 2	Student/Parent	a. Go to Community College Running Start webpage, sign- up for orientation meeting, b. Apply on line
Step 3	Student	Student must assess at College Level in order to be in program. There are two ways to meet this requirement: 1. Accuplacer Test (taken at college) 2. SBAC scores (see your counselor for scores)
Step 4	Student	Student schedules an appointment with their Counselor
Step 5	Student/Counselor	Counselor and Student review Counselor Approval Form ***Counselor will sign and submit to Mrs. Krochmalny***
Step 6	Mrs. Krochmalny	**Mrs. Krochmalny will send you a notification to your classroom and also an email to student/parent. (check your emails!)**

Woodinville HighSchool

"Counselor Running Start Approval Check list"

Student Name_____ No._____ Class of _____ GPA _____

Fall 20___ Winter 20_____Spring 20___   Counselor met with:____Student_____Parent

Waiver - is student on a waiver? (If yes, must return to their school of domain)   Yes   No

Graduation - Does student plan on WHS? If no please have out Non-Grad form. Yes   No

504 or IEP – Does student have accommodations?   Yes   No

Counselor did you review….

1. **Assessment** - Student has assessed at English 101   Yes   No
                                        Math   107   Yes   No

   ___ SBAC English   ___ SBAC Math   ___ Accuplacer English ___ Accuplacer Math

2. **Transcript** - If student is coming from out of district, has transcript been   Yes   No
   Posted to WHS Transcript? (mark yes if student is current WHS)

3. **Educational Plan** - Complete to assure all Running Start requirements   Yes   No
   can fully be met by **Winter Quarter Senior Year**.

4. **WHS Running Start Contract** - Review with student and/or parent   Yes   No

5. Counselor supports student to participate in Running Start   Yes   No
   Comments: _____
   _____
   _____

Counselor:

If you have **answered** questions **1- 5** as **"Yes"** Please give this form to Mrs. Krochmalny who will contact Student and Parents for a meeting.

_____   _____
Counselor Signature   Date

If student is not given an approval, please give student Appeal Form.

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WHS Running Start Contract 2019-2020

Last Name	First Name	Student Number	Class Of

FULL-TIME STATUS:

a) Meet with Mrs. Krochmalny (for Fall,Winter,Spring). https://www.meetme.so/RuthKrochmalny

b) **Student Status:**

    i) Must maintain Full-Time status(FT)- Running Start(RS) or Part-time (PT)- RS/WHS

    ii) If FT/RS is **"NOT"** maintained and **"ALL"** graduation requirements have been met, s/hewill earn an NSD Diploma and will **"NOT"** be able to participate in graduation ceremonies.

    iii) If FT/RS student does **"NOT"** register for any quarter (Fall,Winter,Spring) and graduation requirements have "**NOT**" been met, s/he will be withdrawn from WHS after 20 days of non-attendance.

    iv) If student drops below Full-time Status at any given time, on time graduation could be at risk. Please see page 3.

c) Students may "NOT" be late or leave early for running start classes. Failure to attend current WHS classes will result in an "F" for the courses missed.

d) Students may "NOT" drop WHS Spring courses to attend Spring Running Start Courses. Failure to attend any WHS Spring courses will result in an "F" for classesmissed.

e) Students may **"NOT" continue RS** if they complete all graduation requirements before **Fall Senior year. There is NO RS summer program.**

f) If a student fails to graduate on-time, s/he may return to RS and take **only graduation required course(s)**.

g) If college drops student due to GPA (or students with draws), this could jeopardize **on-time graduation. _Student must immediately return to WHS_**. Prior approval must be given before dropping a RS course. Student is responsible for officially dropping any RS classes.

h) **RS pays for courses numbered 100 and above college level courses).** Ex: **Math 141**

i) Students **MUST** select courses from "College Meeting Subject Area Graduation Requirements for Northshore School District High Schools" sheet to full-fill **graduation requirements**.

j) Not all post-secondary schools, especially those out of state will accept RS courses forcollege credit. Please check with university or colleges.

STUDENT/PARENT RESPONSIBILITY:

k) Student must get prior approval and pay if more than 1.20 FTE.

l) RS Students are financially responsible: Books, registration, fees, parking, transportation, etc.

m) Taking RS courses could impact your future financial aid package. Contact FAFSA.

n) All RS courses must be taken for a letter grade (A,B,C,D,F) and will become a permanent part of the student's high school transcript.

o) Colleges will not communicate attendance or academic issues to the parent or to the highschool.

p) RS student must "Monitor" all RS deadlines.

q) Student may **NOT** miss any WHS class time due to RS courses.

r) If WHS has a modified schedule and results in student missing WHS class time, absence will be marked as school related.

s) Students with disabilities who have a 504 Accommodation Plan or Individual Education Plan (IEP) are responsible for informing and providing documentation to RS disabilities office.

t) **Running Start students who participates in a WHS sport, must meet WIAA eligibility standards. Please see Athletic Director Ms. Boyce or cboyce@nsd.org, 425.408.7415**

u) Student is required to pass all WHS graduation requirements by Winter Quarter Senior year.

i) If student must take a graduation requirement during Spring Quarter Senior year, they must submit an "**Academic Indicator**" to all professors (June) showing they are passing in order to participate in graduation ceremonies. See Mrs. Krochmalny.

STUDENT/PARENT RESPONSIBILITY cont'

v) Parents must call the WHS attendance office to excuse any absences during SBAC/PSAT testing, class meetings, or assemblies.

w) RS Students are only allowed on the Woodinville campus before school, after school, and during the periods they are scheduled at Woodinville. The only exception to this would be school-sanctioned events such as assemblies or class meetings.

x) Participating in Running Start does not guarantee junior or seniors a parking pass. All Running Start students must go through the regular parking lottery process.

y) Parent Vue or Student Vue can be used to track graduation status.

z) Be aware of College applications/ACT/SAT testing deadlines

aa) Student should check emails, online daily bulletins/PTSA newsletter and WHS website for up-to-date information. It is highly recommended to sign up for "WHS E-News" HERE. Please sign up for Remind 101. See attached.

bb) Student and Parent should sign up for Remind (pg 10). Reminders are sent out through text messaging.

We have read the Agreement for Participation in Running Start and understand all requirements.

_____   _____   _____
Student name (print)   Student signature   Date

_____   _____   _____
Parent/Guardian name (print)   Parent/Guardian signature   Date

Rev. June 2019

Student Name:_____ No._____ Class of:_____

Junior - Woodinville Part-time

Fall ____	Spring ____

Junior – Running Start

Fall ____	Winter ____	Spring ___

Senior - Woodinville Part-time

Fall ____	Spring ____

Senior – Running Start

Fall ____	Winter ____	Spring ___

2019 and Beyond Graduation Requirements	
English 9	1.00
English 10	1.00
English 11	1.00
English 12	1.00
Arts	1.00
Life Fitness	0.50
PE 9-12	1.00
Health	0.50
Algebra 1	1.00
Geometry	1.00
3rd Credit of Math	1.00
Career & Technical Ed	1.00
Physical Science	1.00
Biology	1.00
3rd Credit of Science	1.00
World History	1.00
U.S. History	1.00
Contemp. Nat'l/World ues	1.00
Flexible Credits	7.00
Total Credits Needed	24.00
Test Requirements	
English Language Arts	
Mathematics Standard	
High School & Beyond Plan - Naviance	
Washington State History	

Board Requirement – Successfully complete 2 courses *in any combination* of AP, IB, CHS, TP or RS, unless an alternative course of study is identified through the student's High School and Beyond Plan.

Part-time WHS and RStart			RS Credit Conversion		
If I take this many Periods at WHS		I can take this many RS Credits	Running Start Credits	=	WHS Credits
1 Period	=	15.00	5.00	=	1.00
2 Periods	=	12.00	4.00	=	0.80
3 Periods	=	10.00	3.00	=	0.60
4 Periods	=	07.00	2.00	=	0.40
5 Periods	=	04.00	1.00	=	0.20
6 Periods	=	03.00			
7 Periods	=	03.00			

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College Courses Meeting Subject Area Graduation Requirements for Northshore School District High Schools

	Bellevue College www.bellevuecollege.edu 425.564.2026	Cascadia College www.cascadia.edu 425.352.8146	Edmonds Community College www.edcc.edu 425.640.1761	Everett Community College www.everettcc.edu 425.388.9211	Lake WA Institute of Technology www.lwtech.edu 425.739.8100 ext.435	Seattle Community Colleges www.seattlecolleges.com 206.587.3836	Shoreline Community College www.shoreline.edu 206.546.4591
ENGLISH	ENGL& 101, ENGL& 111, ENGL& 112, ENGL 131, ENGL 201, ENGL 210, ENGL 219, ENGL 220, ENGL 221, ENGL 226, ENGL 228, ENGL 229, ENGL& 235, ENGL 237, ENGL 238, ENGL 239, **ENGL& 244, ENGL& 245,** ENGL& 246, ENGL 253, ENGL 254, ENGL 255, ENGL 260, ENGL 261, ENGL 263, ENGL 264, ENGL 266, ENGL 271, ENGL 272	ENGL& 101, ENGL& 102, ENGL& 111, ENGL 211, ENGL 221, ENGL& 235, ENGL& 244, ENGL& 245, ENGL& 254, ENGL& 255, ENGL 277	ENGL& 101, ENGL& 102, ENGL& 111, ENGL& 244, ENGL& 245, ENGL& 246	ENGL& 101, ENGL& 102, ENGL 103, ENGL 105, ENGL& 111, ENGL 240, ENGL 253	ENGL& 101, ENGL& 102, ENGL& 111, ENGL& 235	ENGL& 101, ENGL& 102, ENGL& 111, ENGL& 112, ENGL 201, ENGL& 235, ENGL& 244, ENGL& 245, ENGL& 246, ENGL& 254, ENGL& 256, ENGL 257, ENGL 258	ENGL& 101, ENGL& 102, ENGL& 111, ENGL& 112, ENGL 200, ENGL& 244, ENGL& 245, ENGL& 246
US HISTORY	HIST& 148	HIST& 148	HIST 033, HIST& 148	HIST& 148	HIST& 148	HIST& 148	HIST& 137, HIST& 148
SENIOR SOCIAL STUDIES	POLS& 101, POLS& 202, POLS 175, POLS 204, INTST 201	POLS& 101, POLS& 202, POLS& 203, POLS& 204, GS 101, GS 150	POLS& 101, POLS& 202, POLS& 203, POLS& 204	POLS& 101, POLS& 202, POLS& 203, POLS& 204	POLS& 202	POLS& 101, POLS 112, POLS& 202, POLS& 203, POLS 220	POLS& 101, POLS& 202, POLS& 203, POLS 221, INTST 200, INTST 201
WORLD HISTORY	HIST 102, HIST 103	HIST& 126, HIST& 127, HIST& 128	HIST& 117, HIST& 118, HIST& 127	HIST 111, HIST 112	HIST& 126	HIST& 126, HIST& 127, HIST& 128	HIST& 117, HIST& 118, HIST 234, HIST 235, HIST 236
WASHINGTON STATE HISTORY	HIST& 214	HIST& 214	HIST 049, HIST& 214	HIST& 214	Not Available	HIST& 214	HIST& 214
HEALTH	HLTH 250	NUTR& 101	HLTH 100	PEHW 203	NUTR& 101	HEA 160, HEA 125	NUTR& 101
LIFE FITNESS	PE 110, PE 111, PE 112	Not Available	PE 100, PE 105, PE 162, HLTH 150	Not Available	FTNS 100	PEC 130, PEC 132, PEC 145, PEC 150, PEC 151, PEC 165	PE 134, PE 136, PE 139, PE 217, PE 236, PE 239
FINE ARTS, MATH, PE, SCIENCE	Any Fine Arts, Math, PE or Science courses level 100 or greater offered at the community college (see credit conversion information below).						
OCCUPATIONAL EDUCATION	Any Business, Technology, Vocational or Family and Consumer Education course level 100 or greater (see credit conversion information below).						

College Credit to High School Credit Conversion

College Credit(s)	High School Credit Applied to Transcript
5	1.00
4	.80
3	.60
2	.40
1	.20

NOTE: Community College courses with "**&**" in the course title (shown in **bold**) indicate courses that are equivalent at community colleges across the state. A course **with this symbol** that appears on this list at one college may be taken for credit at any college, as long as it also contains the equivalency symbol (**&**) at the college where taken.

1/2017 ad

Running Start Enrollment Verification Form

Student

Student Name:	
Last Name / First Name / MI	
Home Phone:	Cell Phone:
Email Address:	SSID#:
Responsible Parent/Guardian:	
College:	College SID #:

- ☑ Check if this is a revision
- ☑ New Student
- ☑ Returning Student
- ☑ Student Enrolled in Multiple Colleges
- ☑ Spring Quarter Eligibility Adjustment Form (SQEAF) attached

High School Counselor & Running Start Advisor/Rep

School Yr: **19-20**   College Term: ☑ College Quarter ☐ College Semester

FALL

Fall, Winter, Spring Qtr. / 1st or 2nd sem.

High School: **Woodinville High School**   District: **Northshore School District**

Grade Level: ☐ Junior ☐ Senior ☐ 5th Yr Senior°

For the college term ᐃ above, the student will be enrolled in high school and skill center classes equaling _____ full-time equivalent (FTE).

Student may register for a maximum of _____ college credits, without incurring college tuition costs, based on the above stated high school/skill center FTE.

- * Weekly Minutes based on high school bell schedule.
- ⊗ For community and technical colleges only, students qualifying for 0.60 FTE college enrollment and registered for exactly 10 credits, will be granted a 1 credit waiver for the 10th credit. For four-year baccalaureate colleges, students who qualify for 0.60 FTE may only register for 9 credits.
- • A student enrolled in both high school and skill center classes and claimed for more than a combined 1.0 FTE qualifies for 0.20 Running Start FTE. When a student is enrolled in both the high school and skill center and taking less than 1.0 FTE, the standard Running Start calculation applies.
- ᐃ For the fall college quarter and students enrolled in a high school with a trimester schedule, use the student's first trimester schedule. For the winter college quarter and students enrolled in a high school with a semester schedule, use the student's second semester schedule.
- ° Available for meeting district, charter school, or tribal compact school's graduation requirements only (WAC 392-169-055(4)).

Comments: _____

Running Start Funding Limit Table

Enrolled High School		Available College	
Weekly Minutes *	FTE	Max Allowed FTE	Max Credits
0 - 341	0.00 - 0.20	1.00	15
342 - 457	0.21 - 0.27	0.93	14
458 - 557	0.28 - 0.33	0.87	13
558 - 674	0.34 - 0.40	0.80	12
675 - 790	0.41 - 0.47	0.73	11
791 - 890	0.48 - 0.53	0.67	10
891 - 1,007	0.54 - 0.60	0.60	9/10⊗
1,008 - 1,123	0.61 - 0.67	0.53	8
1,124 - 1,223	0.68 - 0.73	0.47	7
1,224 - 1,340	0.74 - 0.80	0.40	6
1,341 - 1,456	0.81 - 0.87	0.33	5
1,457 - 1,556	0.88 - 0.93	0.27	4
1,557 or more	0.94 - 1.00	0.20	3

Recommended Running Start Classes:

College Course (Dept. & Number)	# of College Credits		High School Equivalency	# of HS Credits
		=		
		=		
		=		
		=		

Signature of High School Counselor	Date	Signature of College Running Start Advisor/Rep	Date
Ruth Krochmalny	425.408.7428		
High School Counselor Printed Name	Phone Number	College Running Start Advisor/Rep Printed Name	Phone Number

Student & Parent/Guardian

I understand that:
- The student is responsible for understanding when his or her choice of schedule will result in tuition charges. If the student enrolls for more high school and college credits than are identified in the Running Start State Funding Limit Table, the student is responsible for:
    1) paying all college tuition and fees associated with exceeding the college credits identified in the table; or
    2) withdrawing from the excess college or high school course(s).
- The student is required to pay any class/lab fees charged for college classes.
- Enrollment in specific college classes cannot be guaranteed – even if the classes are needed to fulfill high school graduation requirements.
- If the student begins Running Start in winter or spring term, eligibility for the previous term(s) that year is forfeited.
- To add/withdraw from a course, the student must complete the college Add/Drop process by the college deadline and notify the high school counselor.
- The student is responsible for ensuring that college courses completed as part of the Running Start program will meet high school graduation requirements.
- If the student plans to transfer, it is the student's responsibilitiy to determine college admissions policies/deadlines and whether credits will transfer.
- The student and parent's signatures below provide permission for the high school and college to share the Running Start student's academic records, which can include the student's grades, billing, registration, and attendance records regardless of whether FERPA rights belong to the student or parents. See the FERPA statement on the back of this form.
- After completing the college coursework, students are responsible for requesting offical college transcripts through the college's registrar office.

I acknowledge that I have read, understand, and will comply with the conditions of Running Start participation and the expectations of college course enrollment.

Student Signature (REQUIRED)	Date	Parent/Guardian Signature (REQUIRED)	Date

FORM SPI 1674 (3/2019) This is a two page form, with the details and instructions printed on page 2.
Questions: Students & Parents/Guardians contact local high school; High school and business administration staff, call OSPI at 360-725-6300.

remind

Mrs. Krochmalny
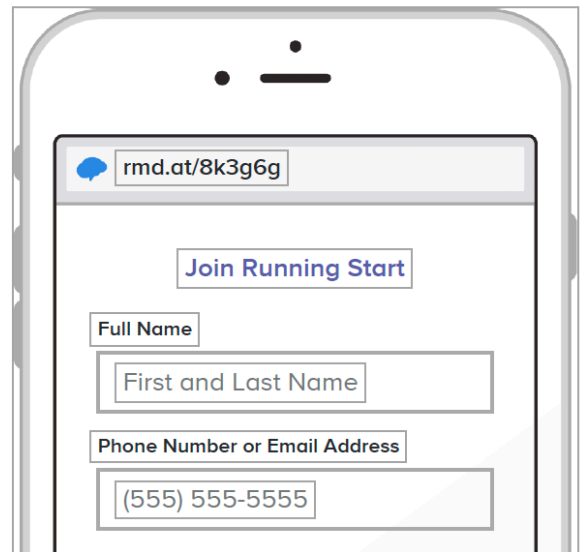Running Start
2019-2020

Pick a way to receive messages for **Running Start**:

A **If you have a smartphone, get push notifications.**

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/8k3g6g

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

rmd.at/8k3g6g

Join Running Start

Full Name

First and Last Name

Phone Number or Email Address

(555) 555-5555

B **If you don't have a smartphone, get text notifications.**

Text the message **@8k3g6g** to the number **81010**.

If you're having trouble with **81010**, try texting **@8k3g6g** to **(425) 274-2532**.

* Standard text message rates apply.

To

81010

Message

@8k3g6g

Don't have a mobile phone? Go to rmd.at/8k3g6g on a desktop computer to sign up for email notifications.