

Organizational Process

The Barbers Hill ISD SHAC was organized in 2010. An application to join SHAC for 2017-2018 was posted on the district website. Applications were also available and given out to those interested at the Open Houses this year. Applications were received and five new members were selected. Representatives from the school district included a social worker and community members included an EMT/volunteer firefighter, a public health nurse, a teacher and an involved parent. These names were presented to Dr. Poole and the School Board and these members were appointed to serve SHAC in one, two or three year terms. Melissa Bishop, Director of Early Childhood Program, served as the Chair of SHAC, with Amy Meuth and Colleen Goundrey assisting as Co-chairs. Scheduled meetings were held on November 6, 2017, January 8, 2018, March 19, 2018, and May 14, 2018. Meeting time was 7-8:30 pm at the Professional Development Center.

November 6, 2017

The first meeting was organizational. Introductions were made and an overview of the SHAC policy, guidelines and terms for SHAC were discussed. By-laws were read and approved for 2017-2018. Information on H.B. 1018 was given and discussion followed regarding the requirements of the School Health Advisory Councils. Volunteers for the Physical Activity and Fitness Planning committee and the Community-Wide Health Fair planning committee were decided. Chelsea Clynes, Colleen Goundrey, Debbie LaGrange, Amy Meuth, Cindy Kirby, Denise Patton, Terri Monteith, Lesley Gershmel and Missi Bishop will serve on the Physical Activity and Fitness Planning committee while Chelsea Clynes, Heather Taylor, Cindy Kirby, Teeya Thornton, Jessica Watkins and Ashley Shibley serve the Community-Wide Health Fair committee. One project this year will be the fourth Community-Wide Health Fair, a tentative date for the Health Fair was set in May. The results of the Campus Coordinated School Health checklist completed by the BHISD principals will be the focus of the Physical Activity and Fitness Planning committee.

Wellness programs, including employee flu shot clinics and the employee Health Fair were discussed in the meeting.

January 8, 2018

The Community-Wide Health Fair date was set for May 5, 2018, the theme and advertising were discussed. Hope Novosad and Rachel Smith volunteered to join the Community-Wide Health Fair committee.

Colleen Goundrey, Coordinator of Health Services discussed health promotion programs happening around the district including "Maintain, No Gain", an Eagle Point exercise program that involves Insanity and Body Pump, Relay for Life and the MD Anderson Mobile Mammography Van that will be coming to BHISD.

The Campus Coordinated School Health checklists were discussed and it was decided that the Physical Activity and Fitness Planning subcommittee will be focusing on nutrition guidelines due to the results of the checklist. A meeting was planned for February 5th, 2018.

March 19, 2018

The Community-Wide Health Fair theme will be Cinco de Safety and arrangements are in the continuation process.

Around the district, the Strike Out Cancer game and Project Pink are upcoming.

The Physical Activity and Fitness Planning Subcommittee met on February 5th, 2018, Susan LeBlanc, School Nutrition director, met with subcommittee members Colleen Goundrey, Amy Meuth, Denise Patton and Lesley Gershmel to discuss the nutrition guidelines. Snacks for testing, school parties, attendance awards were some of the items discussed along with wellness information, advertising and nutrition values. After discussion and review of guidelines and procedures, the subcommittee agreed with the nutrition guidelines in place and discussed possibly having the Elementary campuses correlate a similar procedure when it comes to birthday celebrations.

May 14, 2018

The Community-Wide Health Fair was held on Saturday, May 5th and was the topic of discussion at the meeting. The theme was Cinco de Safety was successful and there were multiple vendors and volunteers that gave information and products out at the event. There were several winners in the raffles that took place at the Health fair, a few of the items that were won included bicycles and Eagle Pointe passes. A tentative date was set for the next Health Fair in May of 2019.

Around Barbers Hill ISD, the Aim for Success assembly is coming this month for the 6th and 7th graders and Project Pink will also be taking place soon for the High School freshmen girls.

Members of SHAC were thanked for their dedication and participation again this year. Terms discussed with SHAC members present. SHAC will resume meetings in November, 2018.

Respectfully submitted,

Colleen Goundrey

BHISD Coordinator of Health Services

Co-chair of BHISD SHAC