Assets Athletics - Sports Selection Form

Student Name (print) _____ Grade Fall 2019_____

ILH Sports Sign-Up for 2019-2020 School Year

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This form is essential for the Athletic Department to determine if any new Assets teams need to be declared with the ILH office. The Athletic Department needs a sufficient number of athletes to establish a team. Make sure to return this form by Monday, July 15th, to ensure the athletic department will have all the information needed to make the best decision for future Assets teams.

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Select the sport(s) you are interested in by checking the appropriate space below. N/A means that particular sport is not available. **You may choose a maximum of one (1) sport per season (fall, winter, spring—total of 3)**.

	(Grades 7-9)	(Grades 9-11)	(Grades 9-12)
FALL SPORTS	**Intermediate**	**Junior Varsity**	**Varsity**
Bowling	N/A		
Cheerleading (PAC-5 Football)	Tryouts for the 2019-2020 school year are in May 2019.		
Cross Country			
Football		N/A	
Kayaking	N/A		
Tennis	see winter season		see spring season
Volleyball (Girls)		N/A	
WINTER SPORTS	**Intermediate**	**Junior Varsity**	**Varsity**
Basketball		N/A	
Canoe Paddling	N/A		
Soccer			
Swimming			
Tennis		see fall season	see spring season
Wrestling			
SPRING SPORTS	**Intermediate**	**Junior Varsity**	**Varsity**
Baseball (Boys)			
Golf			
Judo			
Softball (Girls)		N/A	
Tennis	see winter season	see fall season	
Track & Field			
Volleyball (Boys)			
Water Polo (Girls)		N/A	

PLEASE RETURN TO COACH MEDEIROS ON OR BEFORE MONDAY JULY 15th.
(High School Campus 913 Alewa Drive, Honolulu HI 96817 or email jmedeiros@assets-school.net)