



# Dimmitt Middle School



## Student Athlete Paperwork Check-Off Sheet

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

In order to turn out or compete at Dimmitt Middle School, student athletes must meet the following requirements.

### REQUIRED TO PARTICIPATE

\_\_\_\_\_ Purchase an ASB membership.

\_\_\_\_\_ Review the “Play it Safe” guidelines.

### Signed Forms

\_\_\_\_\_ RSD Athletics Emergency Coaches Card \_\_\_\_\_

### Copy Coach

\_\_\_\_\_ RSD Pre-Participation History

\_\_\_\_\_ Request for Waiver of Accident Plan (insurance waiver)

\_\_\_\_\_ Dimmitt Middle School Student Athlete Contract

\_\_\_\_\_ RSD Concussion Information Sheet

\_\_\_\_\_ Student Guide for Athletics in Middle School

\_\_\_\_\_ Sports specific Warning Letter (“Cautions, Considerations, & Responsibilities”)

### OPTIONAL

A Physical Examination is not required in middle school to participate in athletics. Though not required, we **STRONGLY RECOMMEND** that athletes have one prior to participation in sports.

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