

Ryerson PTO Meeting
Minutes
January 15, 2019

Agenda Item	Notes
1. When Your Child Worries – presented by Dr. Negron and Mrs. Hartmann	-Difference between worry and anxiety – can be a spectrum -Strategies to ease worries -Seeking help – start with your child’s teacher, can ask pediatrician and school counseling staff about referrals (check with your insurance) -Relaxation techniques – breathing exercises, etc. – see handouts -Consider reading books with child that gives strategies by example
2. Reports	a. Teacher’s Report – see notes b. Treasurer’s Report –
3. Ryerson Popcorn & Movie Night	Friday Feb 8 @ 6:30
4. Mini Golf with Jeffrey School	Thursday Feb 28, 6-8 PM
5. Talent Show	Friday March 29, 6-8 PM
6. Upcoming Events	Winter Workshops – Jan 18 & 25 NO SCHOOL – MLK Holiday Jan 21 Early Dismissal, Teacher Conferences – Feb 6 & 7, dismissal @ 1 PM Ryerson Popcorn & Movie Night – Feb 8 February Break – NO SCHOOL – Feb 18 & 19 Mini Golf with Jeffrey School – Feb 28 Early Dismissal – Professional Development – Mar 8, dismissal @ 1 PM School Store Dates – Fridays 1/25, 2/22, 3/22
7. Open Forum	Deferred due to time
8. Next Meeting	Jeffrey PTO Meeting – Wednesday Jan 23 @ 7p – Tracy Lynch from Be SMART for Kids, a campaign to educate about kids, guns, and safety Next PTO Meeting – Tuesday March 20 @ 7p – Combined PTO meeting with Jeffrey and Island Ave

Submitted by: B. Emerson