

Means Safety and Crisis Intervention Toolkit

Prepared By



HARBORVIEW
INJURY PREVENTION
& RESEARCH CENTER

Localized for Renton, WA

Means Safety: Controlling access to potentially dangerous objects, including medication, firearms, poisons and other household items.

Means Safety practices help prevent both unintentional and intentional injuries and deaths, especially among children, teens, and individuals of any age who are in crisis.

This Toolkit Includes:

Immediate Crisis Support Resources
Safe Storage: Medication & Poisons
Safe Storage: Firearms
Safe Disposal: Medication & Poisons
Safe Disposal: Firearms
Additional Resources

Immediate Crisis Support

Local

King County Crisis Clinic

Dial 2-1-1
24-Hour Crisis Line: 866-427-4747
King County: 800-621-4636 (M-F 8 a.m. –
6 p.m.)
TTY: 206-461-3610

King County Crisis Clinic will make next-day mental health appointments for individuals in crisis.

Teen Link

1-866-TEENLINK
866-833-6546
Teen-answered help line, 6-10 p.m.

National

National Suicide Prevention Lifeline

1-800-273-8255 (English)
1-888-628-9454 (Español)
1-800-799-4889 (TTY)
Tele-Interpreters service available for
other languages.
Available 24/7

Crisis Text Line

Text HOME to 741741 in the U.S.
Available 24/7



HIPRC Means Safety Toolkit: Renton

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Safe Storage: Medication & Poisons

Washington Poison Center

In an emergency, call 1-800-222-1222

Medication Storage Guidelines

- Put medicines, household cleaning products, and other dangerous substances out of children's reach and sight.
- For older children and teens, lock medication and poisons in a secure container or device. If the device has a key, keep it with you or in a safe place unauthorized users cannot access.
- Put medicines and household products away after every use. Never leave medicine out on a counter or at a sick child's bedside.
- Always relock the cap on a medicine bottle. If the bottle has a locking cap that turns, twist it until you hear the click or cannot twist anymore.
- Teach your children about medicine safety. Never tell children medicine is candy, even if they don't like to take their medicine.
- Ask family members, houseguests, and other visitors to keep purses, bags, or coats that have medicine in them up and away and out of sight in your home.

Source: Centers for Disease Prevention & Control

Safe Storage: Firearms

Firearm Safe Storage Guidelines

- Store firearms locked and unloaded.
- Use a gun safe, gun lock box, a trigger lock or a chamber lock. These devices are available from many firearm retailers and outdoor sporting goods stores.
- Store and lock ammunition in a separate place.
- If your locking device has a key, keep it with you or in a safe place that unauthorized users cannot access.
- Remove firearms from your home if you have a depressed or suicidal family member or frequent visitor.
- Ask family and friends to also use these safe storage steps.

Ask before your child visits. "If you have a firearm in your home, is it stored locked and unloaded?" Ask if the ammunition is stored separately. Ask about shotguns and rifles too, not just handguns. If you have doubts about the safety of someone else's home, invite them to visit your home instead.

Talk with your child. In addition to storing your firearms locked and unloaded, talk with your young children about the risk of firearm injury. Teach your child if she or he finds a firearm to leave it alone and tell an adult right away.

Source: LOK-IT-UP, Public Health – Seattle & King County



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Safe Disposal: Medication & Poisons

Washington Poison Center – Medication Disposal Directory

www.takebackyourmeds.org

Medication Drop-Off Locations (Renton)

Prescription Pad Valley Medical Center

3915 Talbot Rd S # 201
Renton, WA 98055
425-656-4050

Prescription Pad Pharmacy South

400 South 43rd Street
Renton, WA 98055
425-917-6226

Kaiser Permanente Renton Medical Center

275 Bronson Way NE
Renton, WA 98056
425-235-2800

United Care Pharmacy

18230 E Valley Hwy #188
Kent, WA 98032
425-656-2900

Renton Police Department

Police Department Lobby, inside Renton
City Hall.
1055 South Grady Way
Renton, WA 98057
425-430-7500

King County Sheriff's Dept. Precinct 3

Office hours: 8:30 a.m. – 4:00 p.m. M-F
22300 SE 231st Street
Maple Valley, WA 98038
206-477-6446

Updated November 2018

Poison & Hazardous Waste Disposal (King County)

www.hazwastehelp.org – Locations and limitations of waste disposal, varies by date

Safe Disposal: Firearms

Police Departments

At the Seattle Police Department or the Renton Police Department, individuals can make walk-in appointments to turn in unwanted guns or ammunition. When turning over a firearm:

1. Call ahead and let officers know you have items to bring in for destruction.
2. If you know how to safely unload the firearm before bringing it into the precinct, please do so.
3. Please do not bring a visible firearm into the precinct. Put the firearm in a bag or a box and tell the officer at the front desk that you are bringing a firearm in for destruction. Don't remove the firearm from the bag/box.
4. If you have a long gun or rifle, call the non-emergency number 206-625-5011 and ask that officers be dispatched to your location to pick up your weapon.

Source: www.seattle.gov/police



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Additional Resources

Washington Poison Control Center

Emergency Line: 1-800-222-1222

Poison Control: www.wapc.org

Medication Disposal: www.takebackyourmeds.org

Up and Away (Medication Safety)

www.upandaway.org

Español: www.upandaway.org/es/

CDC information on preventing access to medication for young children.

Medication Safety

www.safekids.org/medicinesafety

Tips for storing medicine safely in homes with children from Safe Kids Worldwide.

LOK-IT-UP (Firearm Safety)

www.lokitup.org

King County public health initiative to support safe storage of firearms.

Safety Resources: Firearms in the Home

www.seattlechildrens.org/safety-wellness/guns-in-the-home/

Advice on safe storage in homes with children from Seattle Children's Hospital, including free firearm storage giveaway events. Information also available in **Spanish** and **Russian**.

Partnership for the Safety of Children around Firearms

<http://ohioaap.org/firearmsafety>

Firearm safety information for families from the American Academy of Pediatrics in Ohio, including information sheets in **Spanish** and **Somali**.

Safer Homes, Suicide Aware (Medication and Firearm Safety)

www.saferhomescoalition.org

Information and resources around firearm and medication safe storage with a focus on suicide prevention.

Harborview Injury Prevention and Research Center

www.hiprc.org | hiprc@uw.edu | 206-744-9430

HIPRC conducts research, education and outreach on injury prevention, including means safety, suicide prevention, transportation safety, booster seats, concussions, and other topics. It is a program of Harborview Medical Center and the University of Washington.



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