

Bullying Prevention Websites and Resources

Original publication: May 14, 2012

Revision: April, 2018

This resource is a component of the [Bullying Prevention Toolkit](#) developed by the TSHAC to assist SHACs and districts in identifying and implementing anti-bullying policies and interventions shown to work. The full toolkit is available at the Texas School Health Advisory Committee's Resource [webpage](#).

Comprehensive Websites and Resources

Preventing Bullying Through Science, Policy, and Practice

This 2016 report evaluates the state of the science on biological and psychosocial consequences of peer victimization and the risk and protective factors that either increase or decrease peer victimization behavior and consequences.

[National Academies Press: - Preventing Bullying Through Science, Policy, and Practice](#)

- Chapter 5 summarizes the current status of bullying preventing programming; identifies components and considerations for bullying prevention that *are recommended* and *not recommended*
- Appendix D of the report lists Selected Federal Resources for Parents and Teachers

StopBullying.gov

Managed by the Department of Health & Human Services in partnership with the Department of Education and Department of Justice, StopBullying.gov is a user friendly site for educators, parents and children of all ages. StopBullying.gov provides information from various government agencies on [what bullying is](#), [what cyberbullying is](#), [who is at risk](#), and how you can [prevent](#) and [respond to bullying](#).

[StopBullying.gov](#)

StopBullying.gov Resource Inventory:

Includes federal and non-federal training materials, evidence-based program directories, articles, and other resources to address the problem of bullying.

[StopBullying.gov – All Resources](#)

PACER Center National Bullying Prevention Center

PACER's National Center for Bullying Prevention unites, engages, and educates communities nationwide to address bullying through creative, relevant, and interactive resources.

[PACER's National Bullying Prevention Center](#)

- [Classroom Toolkits and Activities](#)

- [What Parents Should Know About Bullying](#)
- [Teens Against Bullying](#)
- [Kids Against Bullying](#)

Region 14 ESC – Bully Prevention Resources

The Bully Prevention State Initiative provides information to school districts, parents, and students to help prevent, identify, and respond to bullying behavior. This initiative has been decentralized to Region 14 Education Service Center in collaboration with the Texas Education Agency.

[Region 14 – Bullying Prevention](#)

Olweus Bullying Prevention Program

Dr. Dan Olweus, pioneer of research on bullying problems, offers free webinars and information about bullying, state laws, funding, conferences, and resources for administrators, teachers, and parents. Resources, training, and curricula are available for purchase at:

[Violence Prevention Works](#)

Resources for Educators

Texas School Safety Center

The Texas School Safety Center has developed various resources to assist school districts in complying with bullying laws, including a [video](#) providing information about bullying laws in Texas and a [bullying checklist](#) for school to assist in determining if an action or actions constitute bullying (or cyberbullying) under the Texas Education Code.

[Texas Bullying Laws](#)

National School Safety Center

The National School Safety Center (NSSC) serves as an advocate for safe, secure and peaceful schools worldwide and as a catalyst for the prevention of school crime and violence. NSSC provides school communities and their school safety partners with quality information, resources, consultation, and training services. The NSSC identifies and promotes strategies, promising practices and programs that support safe schools for all students as part of the total academic mission.

[National School Safety Center – Bullying in Schools: Fact Sheet Series](#)

Ten Cost Effective Strategies for Bullying Prevention:

Article by Texas School Safety Center, which serves as a clearinghouse for the dissemination of safety and security information through research, training, and technical assistance for K-12 schools and junior colleges throughout the state of Texas.

[Ten Cost Effective Strategies for Bullying Prevention](#)

What Works Clearinghouse

The What Works Clearinghouse (WWC) reviews the existing research on different programs, products, practices, and policies in education. WWC's goal is to provide educators with the information they need to make evidence-based decisions.

[What Works Clearinghouse](#)

Welcoming Schools Resources

Welcoming Schools Resources, created by the Human Rights Campaign Foundation, is a resource for educators, administrators, and parents who want to help schools embrace family diversity, avoid gender stereotyping, and end name-calling and bullying. The website has resources to help bolster family engagement, school climate/anti-bullying initiatives, professional development, and classroom activities. Welcoming Schools is one of the few resources available for elementary schools that provide a LGBT inclusive, anti-bias approach to creating safe and supportive learning environments.

[Welcoming Schools](#)

Resources for Students, Families, and Communities

National Suicide Prevention Lifeline 1-800-273-TALK (8255)

The Suicide Prevention Lifeline is a free, 24-hour hotline available to anyone in suicidal crisis or emotional distress. Calls will be routed to the nearest crisis center to the caller. Resources available to learn more about suicide prevention can be accessed at:

[Suicide Prevention Lifeline](#)

Born This Way Foundation

The Foundation is dedicated to creating a safe community that helps connect young people with the skills and opportunities they need to build a braver, kinder world.

[Born this Way Foundation](#)

Knowbullying App

Research shows that parents and caregivers who spend at least 15 minutes a day talking with their child can build the foundation for a strong relationship and help prevent bullying. The KnowBullying app, a free app from the Substance Abuse and Mental Health Services Administration (SAMHSA) has simple conversation starters to begin a discussion with a child. To learn more about the KnowBullying app, including an educational video from SAMHSA about the app, go to:

[Substance Abuse and Mental Health Services Administration](#)

inspirED

Created by Facebook, inspirED is a resource center designed by teens, educators and SEL experts to empower high schools to create a positive school climate and greater well being for young people. The inspirED site provides SEL activities, tools, and a 5-step process designed by teens, educators, and SEL researchers and practitioners to empower students and educators to work together to create positive change in their schools and themselves.

[inspirEd](#)

Connect for Respect – National PTA

Connect for Respect (C4R) is National PTA’s initiative to help students, parents and educators to create school climates full of safe and supportive peer relationships. The link provides free tools and resources that PTAs can use to on ways to engage students in improving the school climate and reducing bullying.

[Connect for Respect](#)

Center on the Social and Emotional Foundations for Early Learning (CSEFEL)

The Center on the Social and Emotional Foundations for Early Learning (CSEFEL) is a national resource center funded by the Office of Head Start and Child Care Bureau for disseminating research and evidence-based practices to early childhood programs across the country. *Free resources available for parents and caregivers.*

[Center on the Social and Emotional Foundations for Early Learning](#)

Eyes On Bullying Toolkit

The *Eyes on Bullying* Toolkit provides specific insights, strategies, activities, and resources to address bullying. It is designed especially for caregivers and parents of preschool and school-age children and youth to use in child care programs, afterschool, youth programs, and camps.

[Eyes on Bullying Toolkit](#)

Cyberbullying

Standing Up, Not Standing By: An Anti-Cyberbullying Toolkit for Educators

Common Sense Education provides a free K-12 curriculum resources, including cyberbullying lessons for each grade level.

[Common Sense Education – Anti-Cyberbullying Toolkit](#)

Stand Up to Cyberbullying

This video helps kids understand how to stand up for themselves and others when dealing with a cyberbully.

[Federal Trade Commission – Net Cetera: Stand Up to Cyberbullying](#)

Common Sense Media – Cyberbullying, Haters, and Trolls

Find age-specific guidelines, videos, and articles to help with tough conversations - whether [your kid is a bully](#) or is [being bullied](#). We answer [all your cyberbullying questions](#), offering age-appropriate advice, school resources, and more from parents and experts.

[Common Sense Media – Cyberbullying, Haters, and Trolls](#)

Attorney General of Texas

The Attorney General of Texas website includes tip sheets for kids and parents, videos, and other resources available for free.

[Attorney General of Texas – Cyber Safety](#)

External links to other sites appearing here are intended to be informational and do not represent an endorsement by the Texas Department of State Health Services (DSHS). These sites may also not be accessible to people with disabilities. For information about any of the initiatives listed, contact the sponsoring organization directly. For comments or questions about this publication, contact the School Health Program at (512) 776-7279 or via email at SchoolHealth@dshs.texas.gov. Copyright free. Permission granted to forward or make copies in its entirety as needed.

Texas Department of State Health Services
School Health Program MC 1925
P. O. Box 149347
Austin, Texas 78714-9347
[Texas School Health Program Webpage](#)