

# June 2019 Talley Sr. High Lunch Menu

RSD is an equal opportunity provider. Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Corn Dog Spicy or Regular Breaded Chicken Patty with Bun Cheese or Pepperoni Pizza Turkey, Ham, Club, or Turkey &amp; Ham Sandwich PB&amp;J, Bagel, or Hummus Pal Pack Romaine &amp; Broccoli Slaw Cucumber Slices Corn Baby Carrots Strawberry Cup Applesauce Milk</p>	<p>4</p> <p>Beef Teriyaki with Rice Spicy Chicken Nuggets with Garlic Toast Cook's Choice Turkey, Ham, Club, or Turkey &amp; Ham Sandwich PB&amp;J, Bagel, or Hummus Pal Pack Romaine &amp; Broccoli Slaw Edamame Celery Sticks Red Bell Pepper Strips Fresh Oranges Pears Milk</p>	<p>5</p> <p>Chicken Nuggets or Bites with Roll Cheese or Pepperoni Pizza Cheeseburger Turkey, Ham, Club, or Turkey &amp; Ham Sandwich PB&amp;J, Bagel, or Hummus Pal Pack Romaine &amp; Broccoli Slaw Garbanzo Beans Broccoli Florets Baby Carrots Fresh Apple Mixed Fruit Milk</p>	<p>6</p> <p>Beef Nachos with Cheese Cup Chicken Tenders with Garlic Toast Spicy or Regular Breaded Chicken Patty with Bun Turkey, Ham, Club, or Turkey &amp; Ham Sandwich PB&amp;J, Bagel, or Hummus Pal Pack Romaine &amp; Broccoli Slaw Green Peas Cucumber Slices Cherry Tomatoes Banana Peach Cup Milk</p>	<p>7</p> <p>Fish Sandwich Mini Twin Burgers or Hamburger Mini Twin Rib BBQ Sandwich Cheese or Pepperoni Pizza Turkey, Ham, Club, or Turkey &amp; Ham Sandwich PB&amp;J, Bagel, or Hummus Pal Pack Romaine &amp; Broccoli Slaw Broccoli Florets Cauliflower Florets Baby Carrots Fresh Kiwi Raisins Milk</p>
<p>10</p> <p>Corn Dog Spicy or Regular Breaded Chicken Patty with Bun Cheese or Pepperoni Pizza Turkey, Ham, Club, or Turkey &amp; Ham Sandwich PB&amp;J, Bagel, or Hummus Pal Pack Romaine &amp; Broccoli Slaw Cucumber Slices Corn Baby Carrots Strawberry Cup Applesauce Milk</p>	<p>11</p> <p>Chicken Teriyaki with Rice Spicy Chicken Nuggets with Garlic Toast Chicken Soft Taco Turkey, Ham, Club, or Turkey &amp; Ham Sandwich PB&amp;J, Bagel, or Hummus Pal Pack Romaine &amp; Broccoli Slaw Edamame Celery Sticks Red Bell Pepper Strips Fresh Oranges Pears Milk</p>	<p>12</p> <p>Chicken Nuggets or Bites with Roll Cheese or Pepperoni Pizza Cheeseburger Turkey, Ham, Club, or Turkey &amp; Ham Sandwich PB&amp;J, Bagel, or Hummus Pal Pack Romaine &amp; Broccoli Slaw Garbanzo Beans Broccoli Florets Baby Carrots Fresh Apple Mixed Fruit Milk</p>	<p>13</p> <p>Macaroni &amp; Cheese Chicken Tenders with Garlic Toast Spicy or Regular Breaded Chicken Patty with Bun Turkey, Ham, Club, or Turkey &amp; Ham Sandwich PB&amp;J, Bagel, or Hummus Pal Pack Romaine &amp; Broccoli Slaw Green Peas Cucumber Slices Cherry Tomatoes Banana Peach Cup Milk</p>	<p>14</p> <p>Fish Sandwich Mini Twin Burgers or Hamburger Mini Twin Rib BBQ Sandwich Cheese or Pepperoni Pizza Turkey, Ham, Club, or Turkey &amp; Ham Sandwich PB&amp;J, Bagel, or Hummus Pal Pack Romaine &amp; Broccoli Slaw Broccoli Florets Cauliflower Florets Baby Carrots Fresh Kiwi Raisins Milk</p>
<p>17</p> <p>Corn Dog Spicy or Regular Breaded Chicken Patty with Bun Cheese or Pepperoni Pizza</p>	<p>18</p> <p>Cook's Choice Spicy Chicken Nuggets with Garlic Toast Quesadilla</p>	<p>19</p> <p>Chicken Nuggets or Bites with Roll Cheese or Pepperoni Pizza Beef Rib BBQ Sandwich</p>	<p>20</p> <p>Beef Nachos with Cheese Cup Chicken Tenders with Garlic Toast Spicy or Regular Breaded Chicken Patty with Bun</p>	<p>21</p> <p>Last Day of School Half-Day No Lunches Served</p>

Monday	Tuesday	Wednesday	Thursday	Friday
Turkey, Ham, Club, or Turkey & Ham Sandwich PB&J, Bagel, or Hummus Pal Pack Romaine & Broccoli Slaw Cucumber Slices Corn Baby Carrots Strawberry Cup Applesauce Milk	Turkey, Ham, Club, or Turkey & Ham Sandwich PB&J, Bagel, or Hummus Pal Pack Romaine & Broccoli Slaw Edamame Celery Sticks Red Bell Pepper Strips Fresh Oranges Pears Milk	Turkey, Ham, Club, or Turkey & Ham Sandwich PB&J, Bagel, or Hummus Pal Pack Romaine & Broccoli Slaw Garbanzo Beans Broccoli Florets Baby Carrots Fresh Apple Mixed Fruit Milk	Turkey, Ham, Club, or Turkey & Ham Sandwich PB&J, Bagel, or Hummus Pal Pack Romaine & Broccoli Slaw Green Peas Cucumber Slices Cherry Tomatoes Banana Peach Cup Milk	

### Free Summer Meals for Kids!

Calling all kids 1-18 years of age!

Come join us for free meals and activities this summer beginning June 24<sup>th</sup>!

Please visit the [Nutrition Services](#) website for locations and meal times throughout the area.

Available Daily: An assortment of fresh fruits and vegetables.

Cold deli sandwiches made to order.

Milk Options: Fat free white, low fat 1% white, and fat free chocolate. Soy milk available upon request.

Remember to take a ½ cup of fruit at breakfast and a ½ cup of fruit or vegetable at lunch for a complete meal!

Renton School District offers breakfast daily!

\*All grain items are whole-grain rich.