

June 2019 Elementary Breakfast & Lunch Menu

RSD is an equal opportunity provider. Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Breakfast: Assorted Cereals Grahams Fruit Juice Fresh Fruit Milk</p> <p>Lunch: Chicken Wings Wheat Roll Whole Wheat Cracker Pal Pack Tossed Salad Berries Pears Corn Cherry Tomatoes Milk</p>	<p>4</p> <p>Breakfast: Breakfast Sandwich Fruit Juice Fresh Fruit Milk</p> <p>Lunch: Macaroni & Cheese Yogurt Pal Pack Tossed Salad Orange Wedges Applesauce Edamame Celery Sticks Baby Carrots Milk</p>	<p>5</p> <p>Breakfast: Mini Bagels Fruit Juice Fresh Fruit Milk</p> <p>Lunch: French Toast Turkey Sausage Muffin Pal Pack Tossed Salad Whole Apple Mixed Fruit Garbanzo Beans Red Peppers Milk</p>	<p>6</p> <p>Breakfast: Waffles Fruit Juice Fresh Fruit Milk</p> <p>Lunch: Cheese or Pepperoni Personal Pizza Cinnamon Breakfast Round Pal Pack Tossed Salad Bananas Peaches Peas Cucumber Slices Milk</p>	<p>7</p> <p>Breakfast: Assorted Cereals Grahams Fruit Juice Fresh Fruit Milk</p> <p>Lunch: Beef Hot Dog or Hamburger on a Bun Bagel Pal Pack Potato Salad Tossed Salad Sliced Apples Dried Cranberries Pineapple Chunks Broccoli and Cauliflower Crowns Sour Cherry & Lemon Sorbet Milk</p>
<p>10</p> <p>Breakfast: Assorted Cereals Grahams Fruit Juice Fresh Fruit Milk</p> <p>Lunch: Cheese Breadsticks Pizza Dipping Sauce Tossed Salad Berries Pears Corn Cherry Tomatoes Milk</p>	<p>11</p> <p>Breakfast: Stuffed Croissant Fruit Juice Fresh Fruit Milk</p> <p>Lunch: Chicken Teriyaki with Brown Rice Tossed Salad Orange Wedges Applesauce Edamame Celery Sticks Baby Carrots Milk</p>	<p>12</p> <p>Breakfast: Cinnamon Bun Fruit Juice Fresh Fruit Milk</p> <p>Lunch: Corn Dog Tossed Salad Whole Apple Mixed Fruit Garbanzo Beans Red Peppers Milk</p>	<p>13</p> <p>Breakfast: Pancakes Fruit Juice Fresh Fruit Milk</p> <p>Lunch: Chicken Patty on a Bun Tossed Salad Bananas Peaches Peas Cucumber Slices Milk</p>	<p>14</p> <p>Breakfast: Assorted Cereals Grahams Fruit Juice Fresh Fruit Milk</p> <p>Lunch: Cook's Choice Tossed Salad Sliced Apples Dried Cranberries Pineapple Chunks Broccoli and Cauliflower Crowns Milk</p>
<p>17</p> <p>Breakfast: Assorted Cereals Grahams Fruit Juice Fresh Fruit Milk</p> <p>Lunch: Cheese or Pepperoni Pizza</p>	<p>18</p> <p>Breakfast: Breakfast Sliders Fruit Juice Fresh Fruit Milk</p> <p>Lunch: Chicken Drumstick with Waffle Tossed Salad</p>	<p>19</p> <p>Breakfast: Assorted Breakfast Fruit Juice Fresh Fruit Milk</p> <p>Lunch: Cook's Choice Tossed Salad Whole Apple</p>	<p>20</p> <p>Breakfast: Assorted Breakfast Fruit Juice Fresh Fruit Milk</p> <p>Lunch: Cook's Choice Tossed Salad Bananas</p>	<p>21</p> <p>Breakfast: Assorted Breakfast Fruit Juice Fresh Fruit Milk</p> <p>Last Day of School Half-Day No Lunches Served</p>

Monday	Tuesday	Wednesday	Thursday	Friday
Tossed Salad Berries Pears Corn Cherry Tomatoes Milk	Orange Wedges Applesauce Edamame Celery Sticks Baby Carrots Milk	Mixed Fruit Garbanzo Beans Red Peppers Milk	Peaches Peas Cucumber Slices Milk	

Free Summer Meals for Kids!

Calling all kids 1-18 years of age!

Come join us for free meals and activities this summer beginning June 24th!

Please visit the [Nutrition Services](#) website for locations and meal times throughout the area.

Milk options: Fat free white, low fat 1% white, and fat free chocolate. Soy milk available upon request.

Remember to take at least a ½ cup of fruit at breakfast and at least a ½ cup of fruit or vegetable at lunch for a complete meal!

Renton School District offers breakfast daily! Students who qualify for Free or Reduced Lunch also qualify for Free Breakfast.

*All grain items are whole-grain rich.