Fundamental Ideas for Restorative Practices

Fundamental Hypothesis:

"Human beings are happier, healthier and most likely to make positive changes in their behavior, when those in positions of authority do things with them, rather than to them or for them."

Other Key Ideas:

- Working from the "Family" Model
- Building a strong/solid "house"
- Becoming Restorative is like growing up Physically

Jo Ann Freiberg, Ph.D.

Joann.freiberg@ct.gov

Joann.freiberg@gmail.com

www.joannfreiberg.com

(860) 713-6805

Social Discipline Window

(limit-setting, discipline) CONTROL Ī Punitive Restorative

Neglectful

Permissive

SUPPORT

I O I

CO ₹

(encouragement, nurture)

Adapted by Paul MicCold and Ted Wachtel from Glaser, 1969