

CARMEL HIGH SCHOOL

MAIN CAFETERIA MENU

FALL

2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1 	GRILL COMFORT Chicken Bite Basket w/ Tater Tots Steamed Broccoli Pasta Bar	Assorted Grilled Chicken Basket w/ Baked French Fries Green Beans Chicken Mashed Potato Bowl Green Beans	Hot Dog Basket w/ Smiley Potatoes Roasted Butternut Squash Pasta Bar	Pulled Pork Basket w/ Waffle Fries California Blend Veggies French Toast Sticks w/ Sausage Links Triangle Tater Tots	Patty Melt Basket w/ Potato Wedges Green Beans Pasta Bar	
	WEEK 2 	Chicken Tender Basket w/ Tater Tots Steamed Broccoli Pasta Bar	Cuban OR Pork Tenderloin Basket w/ Baked French Fries Buttered Corn Chicken Smackers w/ Assorted Sauces & Dinner Roll Buttered Corn	Mini Corn Dog Basket w/ Smiley Potatoes Baked Beans Pasta Bar	Meatball Sub Basket w/ Waffle Fries Assorted Roasted Veggies Homemade Lasagna Assorted Roasted Veggies	Assorted Chicken Patty Basket w/ Potato Wedges Green Beans Pasta Bar
	WEEK 3 	Chicken Nugget Basket w/ Tater Tots Steamed Broccoli Pasta Bar	Spicy Chicken Sandwich Basket w/ Baked French Fries Green Beans Chicken Parmesan Pasta Green Beans	Cheeseburger Basket w/ Smiley Potatoes Honey Glazed Carrots Pasta Bar	State Fair Corn Dog Basket w/ Waffle Fries Buttered Corn Chicken & Waffles Baked Fruit Cobbler	Assorted Panini Basket w/ Potato Wedges Green Peas Pasta Bar
	CREATION STATION	Grilled Cheese Sandwich w/ Tomato Soup	Mac & Cheese Bar	Chicken Wing Bar	Ramen Bowl Bar	Loaded Potato Bar
	INTERNATIONAL	Rice Bowl w/ Assorted Sauces & Toppings	Nacho Bar	Chicken Burrito Bowl Fiesta Black Beans	Walking Taco Bar Refried Beans	Indian Curry Chicken & Rice -OR- Pizza Quesadilla
MAIN ST. PIZZARIA	Big Daddy Pizza	Smart Mouth Pizza	Homemade Calzones OR French Bread Pizza	Smart Mouth Pizza	Big Daddy Pizza	
SALAD BAR	Build your own—Deli Bar	Build your own—Salad Strawberry Spinach Salad	Build your own—Salad Broccoli Salad	Build your own—Deli Bar	Build your own—Salad Broccoli Salad	
WEEKLY ITEMS	Spicy Chicken Wrap Bistro Box Yogurt Parfait Hummus Entrée Plate	Turkey Club Sandwich Deluxe Chicken Sandwich Fiesta Southwest Salad Yogurt Parfait Hummus Entrée Plate	Chicken Tender Wrap Veggie Wrap Assorted Pasta Salad Yogurt Smoothie Hummus Entrée Plate	Spicy Chicken Wrap Deluxe Chicken Sandwich Popcorn Chicken Salad Yogurt Parfait Hummus Entrée Plate	Ham & Cheese Sub Sushi BLT Salad Yogurt Parfait Hummus Entrée Plate	



Contains
Pork

Breakfast Includes:

- 1 Entrée Choice
- 1-2 Fruit or Fruit Juice
- 1 Low-Fat or Fat-Free Milk

Student Lunch	\$2.65
Adult Lunch	\$3.40
Breakfast	\$1.35
Premium Meal	\$3.40

Lunch Includes:

- 1 Entrée Choice
- 1-2 Fruit Choice
- 1-2 Vegetable Choice
- 1 Low-Fat or Fat-Free Milk



Premium Priced
Entrée

BFAST Pancake Wrapped Sausage	Assorted Breakfast Sandwich	French Toast Sticks	Assorted Breakfast Sandwich	Ham & Cheese Flatbread
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August					September					October					November					December									
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F					
			1	2		2	3	4	5	6			1	2	3	4					1		2	3	4	5	6		
	5	6	7	8	9		9	10	11	12	13		7	8	9	10	11		4	5	6	7	8		9	10	11	12	13
	12	13	14	15	16		16	17	18	19	20		14	15	16	17	18		11	12	13	14	15		16	17	18	19	20
	19	20	21	22	23		23	24	25	26	27		21	22	23	24	25		18	19	20	21	22		23	24	25	26	27
	26	27	28	29	30		30						28	29	30	31			25	26	27	28	29		30	31			

This institution is an equal opportunity provider.

Nutrition or Allergen Question? Visit our website:
<http://www1.ccs.k12.in.us/district/food-services>

*Menu subject to change.