

CARMEL HIGH SCHOOL GREYHOUND STATION

FALL

2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

Mini Corn Dogs
w/ Potato Wedges

Baked OR Green Beans

French Toast Sticks
& Sausage Patties
w/ Triangle Tater Tots

Baked Fruit Cobbler

Chicken Tenders
w/ Dinner Roll

Waffle Fries OR Corn

Pasta w/ Assorted Sauces

Green Beans

Assorted Rice Bowl

Steamed Broccoli

WEEK 2

Chicken Mashed Potato
Bowl w/ Dinner Roll

Steamed Broccoli

Breakfast Bowl -OR-
Biscuits & Gravy
w/ Sausage Links

Home-style Potatoes

Chicken Smackers
w/ Dinner Roll

Smiley Potatoes OR
Steamed Broccoli

Indian Curry
Chicken w/ Rice
-OR- Pizza Quesadillas

Green Beans

Chicken Wings
w/ Garlic Knot

Potato Wedges OR
Assorted Roasted Veggies

WEEK 3

Chicken Mashed Potato
Bowl w/ Dinner Roll

Buttered Corn

Assorted Nachos

Corn OR Refried Beans

Chicken Bites
w/ Breadstick

Spicy Fries OR
California Blend Veggies

Pasta w/ Assorted Sauces

Green Beans

Assorted Rice Bowl

Steamed Broccoli

Daily Lunch Items:

Milk Fresh Fruit Fresh Vegetables Hummus Entrée Plate Yogurt Parfait Garden Salad PBJ Uncrustable

WEEKLY ITEMS

Mozzarella Sticks w/ Marinara

Cheeseburgers

Chicken Patty Sandwich

Spicy Chicken Sub

 BLT Salad

French Bread Pizza OR Calzone

 BBQ Pork Sandwich

 Deluxe Chicken Sandwich

Black Bean Burger

Ham & Cheese Sub

 Cobb Salad

Smart Mouth Pizza

 Pork Tenderloin Sandwich

Chicken Patty Sandwich

 Turkey Bacon Club Sandwich

Fiesta Southwest Salad

Soft Pretzel w/ Cheese

Spicy Chicken Patty Sandwich

Hot Dog

Chicken Tender Wrap

Chicken Caesar Salad

Big Daddy Pizza

Grilled Cheese Sandwich

Assorted Hot Sandwiches

 Chicken & Bacon Wrap

Popcorn Chicken Salad

Sushi



Contains Pork

Breakfast Includes:

1 Entrée Choice
1-2 Fruit or Fruit Juice
1 Low-Fat or Fat-Free Milk

Student Lunch \$2.65
Adult Lunch \$3.40
Breakfast \$1.35
Premium Meal \$3.40

Lunch Includes:

1 Entrée Choice
1-2 Fruit Choice
1-2 Vegetable Choice
1 Low-Fat or Fat-Free Milk



Premium Priced Entrée

BREAKFAST

Pancake Wrapped Sausage

Cereal
Breakfast Bun
Assorted Breakfast Bars
Whole Grain Poptarts
PBJ Uncrustable

Breakfast Sandwich

Cereal
Breakfast Bun
Assorted Breakfast Bars
Whole Grain Poptarts
PBJ Uncrustable

French Toast Sticks

Cereal
Breakfast Bun
Assorted Breakfast Bars
Whole Grain Poptarts
PBJ Uncrustable

Breakfast Sandwich

Cereal
Breakfast Bun
Assorted Breakfast Bars
Whole Grain Poptarts
PBJ Uncrustable

Ham & Cheese Flatbread

Cereal
Breakfast Bun
Assorted Breakfast Bars
Whole Grain Poptarts
PBJ Uncrustable

August					September					October					November					December									
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F					
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	5	6	7	8	9		9	10	11	12	13		7	8	9	10	11		4	5	6	7	8		9	10	11	12	13
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	26	27	28	29	30		30						28	29	30	31			25	26	27	28	29		30	31			

This institution is an equal opportunity provider.

Nutrition or Allergen Question? Visit our website:
<http://www1.ccs.k12.in.us/district/food-services>

*Menu subject to change.