

CARMEL HIGH SCHOOL FRESHMAN CENTER

FALL

2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK
1
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Mini Corn Dogs
w/ Potato Wedges

Baked OR Green Beans

🍖 French Toast Sticks
& Sausage Patties
w/ Triangle Tater Tots

Baked Fruit Cobbler

Chicken Tenders
w/ Dinner Roll

Waffle Fries OR Corn

Pasta w/ Assorted Sauces

Green Beans

Assorted Rice Bowl

Steamed Broccoli

WEEK
2
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Chicken Mashed Potato
Bowl w/ Dinner Roll

Steamed Broccoli

🍖 Breakfast Bowl -OR-
Biscuits & Gravy
w/ Sausage Links

Home-style Potatoes

Chicken Smackers
w/ Dinner Roll

Smiley Potatoes OR
Steamed Broccoli

Indian Curry
Chicken w/ Rice
-OR- Pizza Quesadillas

Green Beans

Chicken Wings
w/ Garlic Knot

Potato Wedges OR
Assorted Roasted Veggies

WEEK
3
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Chicken Mashed Potato
Bowl w/ Dinner Roll

Buttered Corn

🍖 Assorted Nachos

Corn OR Refried Beans

Chicken Bites
w/ Breadstick

Spicy Fries OR
California Blend Veggies

Pasta w/ Assorted Sauces

Green Beans

Assorted Rice Bowl

Steamed Broccoli

Daily Lunch Items:

Milk Fresh Fruit Fresh Vegetables Hummus Entrée Plate Yogurt Parfait Garden Salad PBJ Uncrustable

WEEKLY
ITEMS

Mozzarella Sticks w/ Marinara
Cheeseburgers
Chicken Patty Sandwich
Spicy Chicken Sub
🍷 BLT Salad

🍖 French Bread Pizza OR Calzone
🍖 BBQ Pork Sandwich
🍷 Deluxe Chicken Sandwich
Black Bean Burger
Ham & Cheese Sub
🍷 Cobb Salad

🍷🍷 Smart Mouth Pizza
🍷 Pork Tenderloin Sandwich
Chicken Patty Sandwich
🍷 Turkey Bacon Club Sandwich
Fiesta Southwest Salad

Soft Pretzel w/ Cheese
Spicy Chicken Patty Sandwich
Hot Dog
Chicken Tender Wrap
Chicken Caesar Salad

🍷 Big Daddy Pizza
Grilled Cheese Sandwich
Assorted Hot Sandwiches
🍷 Chicken & Bacon Wrap
Popcorn Chicken Salad
Sushi

Student Lunch \$2.65
Adult Lunch \$3.40
Breakfast \$1.35
Premium Meal \$3.40



Contains
Pork



Premium
Priced Entree

Lunch Includes:
1 Entrée Choice
1-2 Fruit Choice
1-2 Vegetable Choice
1 Low-Fat or Fat-Free Milk

August						September						October						November						December						
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This institution is an equal opportunity provider.

Nutrition or Allergen Question? Visit our website:
<http://www1.ccs.k12.in.us/district/food-services>

*Menu subject to change.