

K. A. R. E.

TO “CHANGE THE GAME”

K.A.R.E. is an acronym for:

Kindness

Acceptance

Respect

Empathy

If you and a group of your friends KARE to “CHANGE THE GAME “ here at NVMS, we would love to take a “selfie” of your group and post it at your favorite spot in the halls, cafeteria, gym etc.

Once you have the “selfie” taken by Mr. Harmon, in order to get it posted, you need to compose a pledge with action steps that will incorporate at least one of the four qualities in K.A.R.E.