

2019-2020
WOODINVILLE HIGH SCHOOL
FALL SPORTS – SUMMER INFORMATION

REGISTER FOR ATHLETICS

Register for all 19/20 sports from the WHS Register for Athletics website at <https://woodinville.nsd.org/athletics/register-for-athletics>. Sports physicals are good for two (2) years and must be current through the post season for the sport being participated in. The Athletic Office is closed Monday, June 24, through Friday, August 16. Athletic Secretary, Renae Hector, will be checking email periodically over the summer. Mrs. Hector can be reached at rhector@nsd.org with questions or to check on a physical expiration.

CROSS COUNTRY

Coaches: Jennifer Bolibol, jbolibol@nsd.org, and David Weed, dweed@nsd.org

Summer workouts: Begins on Tuesday, June 25, 8:00am at WHS. See the summer conditioning schedule on the team website.

First practice: August 26 at 8:00am

Team website: <https://woodinville.nsd.org/athletics/teams/crosscountry>

FOOTBALL

Coach: Wayne Maxwell, 425-408-7498, wmaxwell@nsd.org

Summer workouts: See the team website and scroll down to the Summer Practice Calendar

First practice: August 21 at 7:30am, Monday through Saturday

Team website: <https://www.woodinvillefootball.com/>

GOLF – MEN'S

Coach: Terry Agnew, tagnew@nsd.org

First day of tryouts: August 26, at Echo Falls Golf Course from 3:00pm-5:00pm

Tryout information:

- Tryouts will be held August 26-29, location and time subject to change based on course availability.
- A first round of cuts may be made after completion of day two (8/27) based on the number of participants.
- Final cuts will be made at the completion of day four (8/29).

Team website: <https://woodinville.nsd.org/athletics/teams/mensgolf>

SOCCER – WOMEN'S

Coach: M'ily Reiter, mreiter@nsd.org

Summer workouts: Check the WHS women's soccer website for summer training and tryout information

First day of tryouts: August 26, with two sessions

- Session #1: 9:00am-10:30am on the WHS baseball field
- Session #2: 3:00pm-5:00pm at Pop Keeney

Team website: <https://woodinville.nsd.org/athletics/teams/womenssoccer>

SOFTBALL – SLOWPITCH

Coach: Kim Benedict, kkocik@nsd.org

First practice: September 4, location and time TBA while the softball field is being updated.

Team website: <https://woodinville.nsd.org/athletics/teams/softball-slowpitch>

SWIM/DIVE – WOMEN'S

Coach: George Sayah, gsayah@nsd.org

First swim practice: August 26, 5:00am-6:00am at the Aqua Club in Kenmore. Contact Coach Sayah with any questions.

First dive practice: August 26, Juanita Pool, time TBA

Team website: <https://woodinville.nsd.org/athletics/teams/womensswim>

TENNIS – MEN'S

Coach: Betty Hummer, bhummer@nsd.org

First practice: August 26, 9:30am-12:30pm on the North Creek HS tennis courts or in the WHS Commons if raining. The WHS tennis courts will be unavailable, so the first week of practice is at NCHS. Coach will give more information on the first day of practice.

Team website: <https://woodinville.nsd.org/athletics/teams/menstennis>

VOLLEYBALL

Coach: Andrea Roelen, aroelen@nsd.org

Summer workouts: Check the team website for practice dates/times.

First day of tryouts: August 26, 8:30am

- Tryouts will be held Monday through Wednesday, 8/26-8/28
- Practices will be daily until the first day of school, except Sunday and Labor Day.

Team website: <https://whsvb.com/>

NON-WIAA SPORTS

ROWING, COED

Per NSD guidelines, each high school will have a rowing team IF they meet the following sign-up thresholds:

- Minimum of 20 students signed up with a minimum of 7 of a single gender
- Ability to hire coaches (2 coaches required for 20 athletes)

WATER POLO – MEN'S

Coach: Shawn Lettic, slettic@nsd.org

Students in all of the Northshore School District high schools will participate together. For more information please visit the Inglemoor boys water polo website at <https://inglemoor.nsd.org/athletics/teams/fall-sports/waterpolo-boys>