

## Resources in Adolescent Sexual Health and Development

This hyperlinked document is intended for teachers to obtain additional information, not as a resource guide to students. The following links have been selected by staff from the North Carolina Comprehensive Training Center to aid educators of youth about sexual health and development. These are but a few of the existing resources available through the internet to support policy and strategy development.

- The Adolescent Prevention Coalition of North Carolina:  
<http://appcnc.org/index.html>

The mission of the Adolescent Pregnancy Prevention Coalition of North Carolina is to support North Carolina communities in preventing adolescent pregnancy through advocacy, collaboration, and education.

- American Social Health Association:  
<http://www.ashastd.org/>

The American Social Health Association is a trusted, non-profit organization that has advocated on behalf of patients to help improve public health outcomes since 1914. We are America's authority for sexually transmitted disease information.

- Centers for Disease Control and Prevention: Division of Adolescent and School Health  
<http://www.cdc.gov/HealthyYouth/>

CDC's Division of Adolescent and School Health (DASH) seeks to prevent the most serious health risk behaviors among children, adolescents and young adults.

- National Campaign to Prevent Teen Pregnancy:  
<http://teenpregnancy.org/>

The goal of the National Campaign is to reduce the rate of teen pregnancy by one-third between 2006 and 2015.

- North Carolina Comprehensive School Health Training Center:  
<http://www.ncshhc.appstate.edu/index.asp>

The North Carolina Comprehensive School Health Training Center is committed to strengthening the quality of Health Education within a coordinated school health program. The Training Center provides programs throughout the state for teachers, nurses, counselors, nutritionists, administrators, and public health educators to reduce health-risk behaviors in children and adolescents.

- North Carolina Department of Public Instruction: Healthful Living  
<http://www.ncpublicschools.org/curriculum/healthfulliving/>

Healthful Living is a combination of health education and physical education. The two courses should complement each other. Students should experience a sequential educational program that will involve learning a variety of skills that enhance a person's quality of life.

- North Carolina Healthy Schools:  
<http://www.nchealthyschools.org/>

The goal of North Carolina Healthy Schools is to create a working infrastructure between education and health to enable schools and communities to create a Coordinated School Health Program.

- North Carolina State Center for Health Statistics:  
<http://www.schs.state.nc.us/SCHS/>

SCHS is responsible for data collection, health-related research, production of reports, and maintenance of a comprehensive collection of health statistics. We provide high quality health information for better informed decisions and effective health policies. The goal is to improve the health of all North Carolinians and their communities.