

Resources in Adolescent Sexual Health and Development (v 2.0)

This hyperlinked document is intended for teachers to obtain additional information, not as a resource guide to students. The following links have been selected by staff from the North Carolina Comprehensive Training Center to aid educators of youth about sexual health and development. These are but a few of the existing resources available through the internet to provide current information as well as support policy and strategy development.

- A Thin Line

<http://www.athinline.org/>

MTV's A Thin Line campaign was developed to empower people to identify, respond to, and stop the spread of digital abuse in their life and among peers. The campaign is built on the understanding that there's a "thin line" between what may begin as a harmless joke and something that could end up having a serious impact on you or someone else.

- The Adolescent Prevention Campaign of North Carolina

<http://appcnc.org/index.html>

The mission of the Adolescent Pregnancy Prevention Coalition of North Carolina is to support North Carolina communities in preventing adolescent pregnancy through advocacy, collaboration, and education.

- Advocates for Youth

<http://www.advocatesforyouth.org/index.php>

Advocates for Youth champions efforts to help young people make informed and responsible decisions about their reproductive and sexual health. Advocates believes it can best serve the field by boldly advocating for a more positive and realistic approach to adolescent sexual health.

- American Social Health Association

<http://www.ashastd.org/>

The American Social Health Association is a trusted, non-profit organization that has advocated on behalf of patients to help improve public health outcomes since 1914. We are America's authority for sexually transmitted disease information.

- Centers for Disease Control and Prevention: Division of Adolescent and School Health

<http://www.cdc.gov/HealthyYouth/>

CDC's Division of Adolescent and School Health (DASH) seeks to prevent the most serious health risk behaviors among children, adolescents and young adults.

- Choose Respect

<http://www.chooserespect.org/>

This is an initiative to help adolescents form healthy relationships to prevent dating abuse before it starts. This national effort is designed to motivate adolescents to challenge harmful beliefs about dating abuse and take steps to form respectful relationships. It includes resources for teens and communities.

- Cyberbullying Research Center

<http://www.cyberbullying.us/index.php>

The Cyberbullying Research Center is dedicated to providing up-to-date information about the nature, extent, causes, and consequences of cyberbullying among adolescents.

- Family Violence Prevention Fund

The Family Violence Prevention Fund works to prevent violence within the home, and in the community, to help those whose lives are devastated by violence because everyone has the right to live free of violence.

<http://www.endabuse.org/>

also: That's Not Cool: <http://www.thatsnotcool.com/>

- Food and Drug Administration (FDA) Birth Control Guide

<http://www.fda.gov/ForConsumers/ByAudience/ForWomen/ucm118465.htm>

This guide gives the basic facts about the different kinds of FDA-approved medicines and devices for birth control. Ask your doctor to tell you about all of the risks and benefits of using these products.

- National Campaign to Prevent Teen Pregnancy

<http://www.thenationalcampaign.org/>

The goal of the National Campaign is to reduce the rate of teen pregnancy by one-third between 2006 and 2015.

- North Carolina Comprehensive School Health Training Center

<http://www.ncshhc.appstate.edu/index.asp>

The North Carolina Comprehensive School Health Training Center is committed to strengthening the quality of Health Education within a coordinated school health program. The Training Center provides programs throughout the state for teachers, nurses, counselors, nutritionists, administrators, and public health educators to reduce health-risk behaviors in children and adolescents.

- North Carolina Department of Public Instruction: Healthful Living

<http://www.ncpublicschools.org/curriculum/healthfulliving/>

Healthful Living is a combination of health education and physical education. The two courses should complement each other. Students should experience a sequential educational program that will involve learning a variety of skills that enhance a person's quality of life.

- North Carolina Healthy Schools

<http://www.nchealthyschools.org/>

The goal of North Carolina Healthy Schools is to create a working infrastructure between education and health to enable schools and communities to create a Coordinated School Health Program.

- North Carolina State Center for Health Statistics

<http://www.schs.state.nc.us/SCHS/>

SCHS is responsible for data collection, health-related research, production of reports, and maintenance of a comprehensive collection of health statistics. We provide high quality health information for better informed decisions and effective health policies. The goal is to improve the health of all North Carolinians and their communities.

- Sex, Etc.

<http://www.sexetc.org/>

Sex, Etc. is part of the Teen-to-Teen Sexuality Education Project developed by Answer, a national organization dedicated to providing and promoting comprehensive sexuality education to young people and the adults who teach them.

- Sexuality Education and Information Council of the United States (SIECUS)
<http://siecus.org/>

SIECUS provides education and information about sexuality and sexual and reproductive health. They have educational materials as well as policy and advocacy tools.

- Teen's Health
<http://teenshealth.org/teen/>

TeensHealth is part of the KidsHealth family of websites. These sites, run by the nonprofit Nemours Center for Children's Health Media, provide accurate, up-to-date health information that's free of "doctor speak".