Adlai E. Stevenson High School Counselor Recommendation Form (Brag Sheet)

Please complete this form to better assist your counselor when writing your letter of recommendation. Be sure to follow up each time you send a link to your counselor from a college (to ensure it was received).

Name			ID#
NameFirst		Last	
Date of Birth		Emaii	
I. FAMILY - Please list	t <u>all colleges</u> (includ		le the US) attended by: ircle the highest degree earned by eac
			2 yr Associate's/4 yr Bachelor's
			Master's/Doctorate
Parent/Guardian			2 yr Associate's/4 yr Bachelor's
			Master's/Doctorate
			2 yr Associate's/4 yr Bachelor's
			Master's/Doctorate
			2 yr Associate's/4 yr Bachelor's
			Master's/Doctorate
			2 yr Associate's/4 yr Bachelor's
			Master's/Doctorate
			2 yr Associate's/4 yr Bachelor's
			Master's/Doctorate
Other Family Members_			

II. ACTIVITIES (including work, summer programs, religious organizations, and SHS activities)

Activity	9 th	10 th	11 th	12 th	Description of involvement and role			
What activities do you value	the m	ost? W	Vhv? V	Vhat d	id you learn from your participation?			
,, 11 00 000 1, 111200 00 9 00 1 01	What activities do you value the most? Why? What did you learn from your participation?							
List, if any, awards, prizes, o	or reco	gnitio	n that v	you ha	ve received in or outside of high school:			
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III. COLLEGE/CAREER GOALS AND ACADEMIC INTEREST

Please list all colleges to which you are planning on applying. Is there a college that holds a special
tradition in your family history and, if so, how?
What major(s) and/or career(s) are you considering? What sparked interest in it? How have you explored
this already (e.g. independent reading, summer courses, internships, activities, shadowing)?
Is there anything unique about your course history/transcript that I should mention to colleges (e.g. a drop
in level, dropping a class at semester, choosing to stop a language due to pursuing other courses, elective
courses)?
courses):
Are you disaloging any aircumstances that have interfered with your academic success (a.g. family issues
Are you disclosing any circumstances that have interfered with your academic success (e.g. family issues,
learning differences, prolonged illness)? Please let me know how you are addressing this in your personal
statement and how, if at all, you would like me to address it in your letter.
What are some weaknesses that you have had in high school that you worked to improve (provide specific
examples of what you did to improve)?

IV. PERSONAL

What personal experiences, summer experiences, travel, special interest and/or hobbies have significant
importance to you and why?
Pick three descriptive words that your teachers, family, and/or friends would use to describe you and share
specific examples on why those words fit.
specific examples on why those words it.
List faculty or staff members (preferably junior year) who could give you a positive appraisal.
Counselor Notes Section: