

# St. Rose Shooting Clinic

Our mission is to instruct each player on the proper form of shooting through explanation, demonstration and repetition. We also will provide a basis for how to practice on your own.

Session 1:  
July 29 ~ August 1

Session 2:  
August 19 ~ August 22

4-6pm

5th-12th Grade



Accepting only  
24 players per session,  
register NOW!

STATE CHAMPS



St. Rose Girls' Basketball Team Wins Non-Public Title A Sectionals

Check it out!!!!

<https://m.youtube.com/watch?v=Ugc4lxDipeA&feature=youtu.be>

Shooters are the RAREST type of player!  
When you're the best shooter you're:

- *The team's first option on nearly every play*
- *The player other coaches FEAR the most*

# Camp Information & Registration

**Camp Director:** *Mary Beth Chambers*  
St. Rose Girls Varsity Head Coach/Shooting  
Instructor

**Coach:** *Lauren Bowler* -Holmdel HS Asst  
Coach/Shooting Instructor

**Camp Dates:** (Limited to 24 players per  
session)

Session 1: July 29 – Aug 1

Session 2: Aug 19 – 22

**Who:** Girls entering grades 5<sup>th</sup>-12<sup>th</sup>

**Cost:** \$120

**Location:** St. Rose High School

**Time:** 4-6pm

Please fill out registration below, make  
checks payable to St. Rose HS Athletics

**Mail to:** St. Rose HS Athletics, 607 7th  
Ave, Belmar NJ 07719

**or email** [mchambers@srhsnj.com](mailto:mchambers@srhsnj.com) ASAP to  
reserve your spot

## Registration

**Session**(circle one) July 29 - Aug 1 or  
August 19-22

**Adult t-shirt size:** (circle one) S M L XL

Name \_\_\_\_\_ Age \_\_\_\_\_ Grade(Fall 2019) \_\_\_\_\_

Address \_\_\_\_\_

Parent(s) Name(s) \_\_\_\_\_ Phone# \_\_\_\_\_

Emergency Contact Information

Name \_\_\_\_\_ Relation \_\_\_\_\_

Phone \_\_\_\_\_ Email address \_\_\_\_\_

**Waiver/release:** I hereby certify that the applicant is in good physical condition to take part in the basketball camp. If medical attention is required for illness or injury while attending the camp, I give my permission for such care and I certify that the applicant is covered by our medical insurance. St. Rose Girls Basketball Camp Directors, Staff, and the High School are not responsible for payment of medical fees caused by injury incurred while participating in the St. Rose Girls Basketball Shooting Camp. By signing below/We, the undersigned for ourselves, our heirs, executors and administrators, waive, release, and discharge St. Rose High School, its staff, officers, agents, employees, representatives, successors and assigns of and from all rights and claims for damages, injuries, or loss of person or property, which may be sustained or occur during participation in camp/clinic activities or while at camp whether or not damages, injuries, or loss is due to neglect.

I grant the camp the right and permission with respect to the photographs, video that may be taken of my child(ren) or which may be included with others. The camp withholds the ability to use, re-use, and republish, in whole or in part, individually or in conjunction with other photo/video, in any medium and for any purpose whatsoever, including (but not always by limitation) illustration, promotion, advertising, and trade.

Parent/Guardian Signature \_\_\_\_\_ Parent/Guardian Print \_\_\_\_\_ Date \_\_\_\_\_