

Coach's Duties

In accordance with district policy and the coach's job description, the coach has the duty to:

- A. Instruct Participants**
The coach should employ the latest methods and proper instruction when working with students to develop motor skills. If an injury occurs while using an improper instructional method, the district and its employees may be liable for negligence.
- B. Warn Participants**
The coach should inform all athletes and their parents of the inherent risks involved in participation in the particular sport, including the very small risk of infection with a blood-borne pathogen. The coach must describe, using a variety of methods, the catastrophic and common non-catastrophic injuries unique to the sport.
- C. Supervise Participants**
The coach will create a daily plan, showing how the coach plans to conduct general supervision of the sport, and how he/she will supervise specific drills and other components of the daily practice. Adequacy of supervision should be reviewed in terms of quality and quantity and should include factors such as: the age of the students, the size of the students, the equipment involved, the maturity level of the students, the first aid equipment and training available, the appropriate certification of supervisors where required, and the safety training of the personnel involved.
- D. Provide Safe Equipment and Facilities**
Equipment should be properly fitted and maintained. Athletes should be instructed on how to conduct a daily inspection. Facilities should be free of hazards and inspected regularly.
- E. Maintain Records of Injuries**
A report should be completed for each accident. Injury reports should be maintained for a period of five years after the student's 21st birthday.
- F. Assess Fitness of Participants**
The coach will assess the physical fitness, the medical condition, and the skill level of athletes prior to participation in sporting activities.
- G. Provide Equal Protection and Due Process**
While participation in co-curricular activities is a privilege, a student whose participation will be terminated based on an alleged violation of the conduct code must be afforded the opportunity of a fair hearing.
- H. Transport Athletes Safely**
A coach has a duty to see that athletes are safely transported to and from contests and to and from practices if practices are held at sites other than the immediate school grounds.
- I. Group Participants**
The coach has the duty to employ a recognized system of grouping for participants in a particular sport that will avoid unequal and unsafe participation. The system of grouping will be based upon skill level, age, maturity, sex, size and experience.
- J. Foresee Danger**
A coach should be able to reasonably anticipate foreseeable dangers that may occur if the, and take precautions protecting the children in his/her custody from such dangers.

K. Protect From Loss

A participant is required to present evidence that he/she is covered by an accident policy. A blanket catastrophic (“no fault”) insurance provides coverage for serious injuries.

The duties listed above are not meant to be comprehensive. In carrying out the duties of the assignment, a staff member is expected to act as a reasonable professional would act under similar circumstances. A staff member who supervises a sports activity is expected to know the intricacies of the activity that he/she is leading.

Summer Sports Activities/Clinics

Rules governing out-of-school and/or out-of-season student sports participation are as follows:

- A. A practice is defined as the teaching phase of a sport to any present, past or future squad member while as the student is in grade 7-12. Practices can take place during the school year or during the summer. The school may not sponsor, promote or direct activities which resemble out-of-season practices or contests during the school year or summer.

A school staff member who sponsors, promotes or directs such activities during the summer vacation will clearly indicate that he/she is operating independent of the school district. As such, the school district will be free of liability associated with the activity.

- B. Students will be advised that participation in a commercial summer camp or clinic or other similar type of activity will not begin until the conclusion of the final WIAA state tournament of the school year. Participants in a fall school sports program may not attend any summer camp/clinic in that sport after August 1 until the first fall sports turnout. The school should announce by school bulletin that summer sports camp/clinic is neither endorsed nor sponsored by the district.
- C. A coach (contracted or volunteer) may not sponsor, promote, coach or direct activities which resemble out-of-season practices or contests in the sport they coach to any of their squad members or future squad members (grades 7-12) until after the school year's final WIAA state tournament.
- D. The use of the school bulletin board, public address system or school newspaper for promotional purposes to announce sports clinics/camps will fall within the same guidelines as applied to other commercial endeavors.
- E. School facilities to be used for summer activity and/or sports camps may be rented consistent with the rates, rules and regulations applicable for other commercial uses.

A user will hold the district free and without harm from any loss or damage, liability or expense that may arise during or be caused in any way such use of school facilities. Authorization for use of school facilities will not be considered as endorsement of or approval of the activity group or organization, or the purposes it represents.

Athletic Code/Extra Curricular Activities Code

Nooksack Valley High School EXTRA CURRICULAR ACTIVITIES CODE

The purpose of Nooksack Valley High School is to prepare successful citizens by continually improving student achievement.

This code is in effect during the entire school year, from the first day of fall practice and until the last day of the school year, regardless of the initiation date of the sport or activity. In addition, all school sponsored activities, between the last day of school and first day of fall practice will be subject to this code as well.

Assumption of Risk

Participation in interscholastic athletics can be a potentially dangerous activity involving multiple risks of injury. Such injuries can range from abrasions, bruises, sprains to catastrophic injuries resulting in crippling conditions, paralysis, brain damage, and even fatality. Severe injuries can impair a student's ability to earn a living, to engage in social and recreational activities, and to generally enjoy social life. Careful consideration should be given to the risks and dangers associated with interscholastic athletics before making a decision to participate.

Rules:

Participants must refrain from the following:

- 1. Use or possession of tobacco products*
- 2. Being present more than 5 minutes at a function where alcohol and/or drugs are being consumed/used or have been consumed or used*
- 3. Use or possession of intoxicating beverages and illegal drugs or drug paraphernalia*
- 4. Committing unlawful acts that have or could have resulted in a misdemeanor or higher penalty*
- 5. Serious and/or repeated violation of school rules*
- 6. Serious and/or repeated unsportsmanlike conduct*

Penalties for out of season offenses may include:

First offense:

- Suspension from 40% of season contests (i.e. the rest of the current season and the corresponding balance of the next season)
- Drug and alcohol evaluation (Paid by student)
- Random drug tests (Paid by student)

Second offense:

- Suspension from the equivalent of one complete season
- Drug and alcohol evaluation (Paid by student)
- Random drug tests (Paid by student)

Third offense:

- Suspension from all activities for one calendar year
- Drug and alcohol evaluation (Paid by student)
- Random drug tests (Paid by student)

Penalties for in season violation may include:

First offense:

- Suspension from 60% of season contest (i.e. the rest of the current season and the corresponding balance of the next season)
- Drug and alcohol evaluation (Paid by athlete)
- Random drug test (Paid by athlete)

Second offense:

- Suspensions from all activities for one calendar year

Third offense:

- Suspension from all activities for two calendar years

Penalties for Ejection from Athletic Contests:

- First ejection for unsportsmanlike conduct will result in application of WIAA rules, second ejection (same season) shall result in a first offense in-season conduct violation.
- All Extracurricular Activities Code violations will be cumulative from the freshmen to senior year.
- Athletes must finish the season in order for a suspension to be satisfied (regarding 40% suspension).
- Suspensions will be carried over to the next sport season if necessary.
- Coaches/Advisors may impose procedures or penalties that go above and beyond the code. Penalties that go above and beyond the code must be approved by the principal. In addition, coaches must present these penalties to the parents and students at the season parent meeting and obtain signatures of the parent and student on this documentation.

Honesty

Being honest with administrators when first questioned regarding a possible violation may reduce the suspension for first offenses.

Appeal of Suspension

The initial interpretation of the code can be appealed if desired by contacting the principal within three days of the initial decision. When an appeal is requested, an athletic board consisting of administration, coaches, teachers and community members will be assembled to hear the appeal. Their decision may be appealed to the principal.

Grade Requirements

All participants must maintain a cumulative **1.75 GPA** based on semester grades.

- If participants drop below a **1.75 GPA**, they must attend study table each scheduled school day in order to participate. If they fail to do this, they may not participate the following week.
- Participants must be passing **5 out of 6 classes**, and be enrolled in accordance with WIAA requirements.

All participants who have earned “**F**’s” on their previous grade check or report card must attend study table according to the guidelines in order to participate the next week.

Attendance

Participants will be in full attendance each class in order to participate that day. Pre-approved appointments, medical and dental appointments, are allowable exceptions, with proper

documentation provided. Athletes in physical education classes will suit up and participate in order to count as full attendance.

Administrative Decision

Administrative discretion may be utilized in situations or circumstances not covered by this conduct code. The signatures below prescribe that the participant and parent/guardian understand the conditions regarding the Nooksack Valley High School Athletic Code. As parent/guardian, I grant permission for my child to participate in extracurricular programs at Nooksack Valley High School.

Student
Signature_____Date_____

Parent/Guardian
Signature_____Date_____

ATHLETICS ~ PAY-TO-PLAY

Students will be required to pay a fee of \$ 50 per sport, with a max. of \$100 per athlete per year, and \$200 per family. The fee will partially offset uniform costs for that particular sport. This fee is refundable up until the first interscholastic event that involves the student.

Adoption Date: August 18, 2016