

### **Substance Abuse Program**

The board recognizes that the abuse of alcohol, and the use and abuse of controlled illegal, addictive, or harmful substances including marijuana (cannabis) and anabolic steroids is a societal problem and may represent an impairment to the normal development, well-being and academic performance of students. To ensure the safety, health and well-being of all students, the board is committed to the development of a program which emphasizes drug and alcohol abuse prevention, intervention, aftercare support and necessary corrective actions. The program will address the legal, social and health consequences of drug and alcohol use, and provide information about effective techniques for resisting peer pressure to use illicit drugs or alcohol. The program will be age-appropriate and developmentally based for all students in all grades.

The board recognizes the effects to the school, home and community resulting from the abuse of alcohol and the use and abuse of controlled illegal, addictive or harmful substances including anabolic steroids. While the primary obligation to seek assistance rests with the student and his/her parent(s)/guardian(s), school staff will work with the home and community to develop and implement a comprehensive prevention and intervention program. The board of directors will seek the support, cooperation and coordination of public and private agencies through formation of an advisory committee, including representatives from the instructional staff, students, parents, state and local law enforcement staff and the county coordinator of alcohol and drug treatment or a representative of a treatment provider.

The superintendent is directed to develop and implement procedures to assess the scope of the problem of the use of addictive substances such as alcohol, drugs and nicotine, and to reduce and/or eliminate the problems associated with the use of alcohol, drugs and nicotine.

Parents and interested community members are encouraged to visit the school and/or classroom to observe classroom activities and review instructional materials. At the conclusion of each year, the district will evaluate the effectiveness of the program.

### INSTRUCTION

2

To insure the safety, health and well being of all students, the Nooksack Valley School District No. 506 Board of Directors is committed to providing schools that are drug free. The board recognizes that the sale and use of alcohol and other controlled substances in our schools is harmful. Therefore, specific practices and procedures have been developed for our schools to enforce this policy. These practices and procedures are explained to students in the student's rights and responsibilities handbook.

To further address the elimination of the use of alcohol and other controlled substances by our students, the board recognizes that substance abuse is a societal problem. As such, the board realizes that substance abuse prevention, if it is to be effective, needs to be the responsibility of the entire community. Consequently, all segments of our community need to have ownership and work cooperatively in promoting substance abuse prevention.

The board further recognizes that comprehensive substance abuse prevention needs to address prevention, intervention, referral, aftercare support and other necessary corrective action. Specifically related to schools, the board has established the following program goals and objectives for prevention, intervention, referral, and aftercare support.

### PREVENTION

Goal: To promote a strong no-use message to alcohol and other drugs.

- Objectives: The program will:
1. Present accurate information concerning the effects and risks involved in the use of alcohol and other drugs.
  2. Provide opportunities for skill development that will assist students (especially those in high risk populations) on making a no-use decision concerning alcohol and other drugs.
  3. Provide opportunities for development of students social skills that will enhance their ability to resist the use of alcohol and other drugs.
  4. Enable students participation in the development and support of an alcohol and other drug(s)-free education environment.

### INTERVENTION

Goal: To identify and intervene with students exhibiting behaviors of concern.

- Objectives: The program will:
1. Provide information regarding alcohol and other drugs to all school personnel.
  2. Provide a process and procedure for identification of students exhibiting behaviors of concern.

3. Assist school personnel in the development of skills necessary to intervene with students exhibiting behaviors of concern.
4. Provide a plan for informing school and community members of the intervention process.

### REFERRAL

Goal: To access appropriate assistance in response to identified student problems.

Objectives: The program will:

1. Create a procedure for referring students for appropriate assessment.
2. Identify resources and/or the development of resources to meet the referral needs.
3. Develop a network to link school-based and community resources.
4. Create school and community awareness of an accessibility to appropriate helping resources.

### AFTERCARE SUPPORT

Goal: To support students in their recovery from the effects of alcohol and other drug abuse and chemical dependency.

Objectives: The program will:

1. Provide assistance to students in making a successful re-entry into the school setting.
2. Assist students in maintaining abstaining from alcohol and other drugs and in succeeding academically and socially in school.
3. Coordinate with appropriate community resources in providing necessary support services.
4. Create a supportive environment for recovering within the school setting.

In developing the school's role in substance abuse prevention, the board recognizes the negative effects to the school, home and community resulting from the abuse of alcohol and other controlled substances. While the primary obligation for seeking assistance rests with the student and his/her parent(s)/guardian(s), school staff shall work with the home and community, including local law enforcement agencies and other local agencies to develop and support comprehensive community-wide substance abuse prevention.

Cross References: 5203 - Staff Assistance Program  
3241 - Classroom Management, Corrective Actions Or Punishment

Legal References: RCW 28A.170.075 Findings - Intent  
RCW 28A.210.310 Prohibition on use of tobacco products on school property  
RCW 69.50.101 Definitions (as amended by 2012 c 8)  
RCW 69.51a.060 Crimes - Limitations of chapter  
Initiative Measure No. 502  
20 U.S.C. 7101 et seq. Safe and Drug-free Schools and Communities Act  
Title 21 Section 811, Controlled Substances Act

Management Resources: 2013 - February Issue

Adoption Date: August 18, 2016