

Parent Reading Suggestions.....

- Wendy Mogel [The Blessing of a Skinned Knee](#)
[The Blessing of a B+](#)
- Madeline Levine [Teach Your Children Well: Parenting for Authentic Success](#)
- Donna Pincus [Growing Up Brave](#)
- Carol Dweck [Mindset: The New Psychology of Success](#)
- Muffy Mead Ferro [Confessions of a Slacker Mom](#)
- Frank Bruni [Where You Go Is Not Who You'll Be: An Antidote to the College Admissions Mania](#)
- Gretchen Rubin [Happiness Project](#)
[Better Than Before: Mastering the Habits of Our Everyday Lives](#)
- Phil Kilroy [Madeleine Sofie Barat: A Life](#)
- Lisa Damour [Untangled: Guiding Teenage Girls Through the Seven Transitions into Adulthood](#)
[Under Pressure: Confronting the Epidemic of Stress and Anxiety in Girls](#)
- Julie Lythcott-Haims [How to Raise an Adult](#)
- Rachel Simmons [Enough as She Is](#)
- Katty Kay, Claire Shipman, Jillellyn Riley [The Confidence Code for Girls](#)
- McGonigal, Kelly [The Upside of Stress: Why Stress is Good for You, and How to Get Good at It](#)