



# ST. ROSE

— Est. 1923 —

## HIGH SCHOOL

### Baseball Camp 2019

**Location:** 5114 West Hurley Pond Rd., Wall, NJ

**Ages:** 7-14

**When:** July 15<sup>th</sup> – July 18th

**Time:** Early drop off begins at 8:30 a.m. Camp is 9:00 a.m. to 1:30pm.

**Cost:** \$180 Payment is due by June 15th

**Teaching Objective:** For all children to improve their skills in baseball. The camp will focus on the fundamentals of the game while providing positive feedback to all campers. The camp will also include a fun filled environment where players enjoy and enrich their understanding of the game of baseball. Players will be placed into groups by age, experience, size, and skill level. Our daily camp program will consist of base running, form throwing, hitting stations, infield skills, outfield skills, catching skills, pitching skills, team defense, and regulation games. Each group will have a coach from the St. Rose baseball staff, run by St. Rose High School Head Baseball Coach Rich Lanko as well as St Rose High School Assistant coaches Owen Stewart, Jim Pinkert, and Tom Magrini.

**Equipment Needed:** Campers need to bring their glove, hat, helmet, bat, and baseball bag. They must wear uniform pants to participate in baseball activities and games.

**Lunch/Snack:** Campers must bring lunch and a snack in a cooler to be kept under the St. Rose pavilion. Campers should also bring their own water bottle that they can carry in their baseball bag to access throughout the day. Please be sure to provide plenty of water to last the entire day.

*Please return the bottom portion of the flyer.*

*Make checks payable to: St. Rose High School 607 7th Ave.. Belmar NJ, 07719*

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Camper Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

Parent Name \_\_\_\_\_

Emergency Contact/Name \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_

Phone number \_\_\_\_\_

List any allergies or medical concerns \_\_\_\_\_

**Shirt Size (Circle one)**

**Youth** S M L XL      **Adult** S M L XL

*If you have any other questions please call Rich Lanko at 732 580 4298*