



@goUathletics

@PattonAthletics

## UCFSD Athletics Staff

**Pat Crater** 

Supervisor of Athletics

**Jodie Weaver** 

Office Manager

Joe Vogler

**Head Athletic Trainer & Athletics Coordinator** 

Kathy Walsh-Shell

**Athletic Trainer & FamilyID Manager** 

**Kevin Crossman** 

**Game Manager** 

# ATHLETICS

# Very Important People!

Paul Heron Head Groundskeeper

Dave Boyer Transportation Schedule

Mark Kline Head High School Custodian

Brett Culberson Head Middle School Custodian

**Game Workers & Officials** 

# ATHLETICS

# Quick Facts

- 28 High School Programs
- 18 Middle School Programs
- 3 Club Sports
- 1 Unified Team
- 1300 Approximate number of athletes
- 100 Approximate number of paid coaches
- 320 Approximate number of middle school games
- 610 Approximate number of high school games

# League Information

Unionville competes in the American Division of the Ches-Mont League

Patton competes in the Ches-Mont Middle School League

# District Information

PIAA is divided for administrative purposes into 12 geographic districts.

Unionville is a member of District One, which is the PIAA in our local and regional level

## State Information

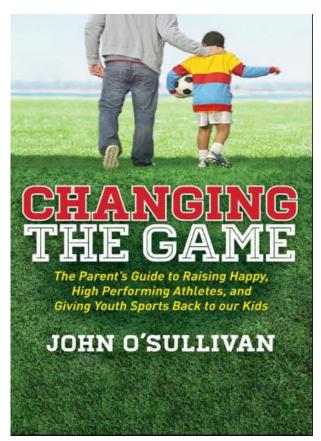
Unionville is a member of the PIAA, which organizes Inter-District Championship Contests (State Playoffs), and adopts, establishes and enforces rules

# What's Happening Around UCF



A Long Range Plan that promotes greater opportunity, student wellness and increases safety.

# What's Happening Around UCF



A community book read & presentation by John O'Sullivan

Date: Sept. 23rd

Details to follow

# What's Happening Around UCF

# The collaboration and development of an Athletics Code of Conduct

- Study our values as a community and align these values to our program
- Reflect on, and formalize, the expectations we have for athletes, coaches, spectators, and parents
- Support our athletes, coaches, and parents, as we strive for a positive experience for all

Unionville High School PIAA Interscholastic Sports Program

<u>Fall</u>

Cheerleading

**Cross Country** 

Golf

Field Hockey

**Football** 

Soccer

**Winter** 

Basketball

Cheerleading

Competitive Spirit

Swim/Dive

Wrestling

**Indoor Track** 

**Spring** 

Baseball

Lacrosse

Softball

**Tennis** 

Track & Field

**Boys Volleyball** 

**Girls Tennis** 

**Girls Volleyball** 

Patton Middle School PIAA Interscholastic Sports Program

## **Fall**

Cheerleading

**Cross Country** 

Girls Volleyball

Soccer

**Field Hockey** 

**Football** 

## **Winter**

**Basketball** 

Cheerleading

Wrestling

## **Spring**

Baseball

Lacrosse

Track & Field

Softball

# ATHLETICS

Unionville High School Club Sports

Rowing (HS ONLY)

Ice Hockey

Rugby (HS ONLY)

Unionville High School Unified Team

**Bocce (HS ONLY)** 

# ATHLETICS



#### Handbook

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Kathy Walsh-Shell Athletic Trainer & FamilyID Manager

Kevin Crossman Game Manager

UCFSD Coach Contact Information at https://www.ucfsd.org/athletics-home

Declan Boyle 2019-20 President Unionville Student-Athlete Advisory Committee

This handbook has been approved by UCFSD School Board of Directors, August 2019

# Highlights from the Handbook

#### Commitment to the team

- Teams practice or compete daily, Monday Friday, and UHS many teams are active on Saturdays as well. Depending on the sport, practice times can vary, many are immediately after school, some UHS teams practice in the evenings. Games will also occur during the week, including Saturdays (UHS only).
- A student-athlete is expected to be committed to the team. Practices and attendance at
  athletic contests are an essential part of that commitment and should be a very high priority.
  Missing practice or competition may hinder a student-athlete's individual skill; attitude and
  knowledge development; increase chance of injury; weaken his/her role with the team; and
  affect the team's performance and chances for success. Attendance at practice and games is
  mandatory unless excused by the coach under unusual circumstances.

# Highlights from the Handbook

#### **Tardies**

- Athletes who are unexcused tardy but arrive before 8:35 AM are eligible to participate that day\*
- Athletes who are unexcused tardy but arrive after 8:35 AM are ineligible to participate that day
- Athletes who are excused tardy and arrive before 11:25 AM are eligible to participate that day\*
- Athletes who are excused tardy and arrive after 11:25 AM are ineligible to participate that day

\*Please note: Athletes who have exceeded the maximum number (10) of tardies (excused & unexcused) for the year may be required to provide a doctor's note when they report to school in order to be eligible to participate that day.

#### **Early Dismissals**

- Athletes who have an excused early dismissal may return to participate in their athletic activity later that day.
- Athletes who leave school because of illness may not participate in their athletic activity later that day without administrative approval.

#### **Absences**

Athletes who are absent from school are ineligible to participate that day. However, athletes who are going to be
absent from school during their season for reasons such as a college visit or an award ceremony must get approval
from their assistant principal prior to the date of the absence in order to be able to participate in their sport activity on
that date.

# Highlights from the Handbook

#### **Communicating Concerns**

Team selection, player utilization, and team strategy are determined solely by the coaching staff. We welcome all participants and parents/guardians to speak with the coach of their child's team if there are any other concerns. However, students are encouraged to speak directly to the coach regarding any concern prior to involving parents.

The following communication protocol shall be used when communicating concerns:

- 1. Student-athlete speaks with the coach
- 2. Parent speaks with the coach, preferably with student-athlete present
- 3. Parent speaks with the Supervisor of Athletics, preferably with the student-athlete present
- 4. Parent speaks with Patton or UHS Building Principal
- 5. Parent contacts the Superintendent's office

#### Official Start Dates





August 5th - Football (Heat Acc. Week)

August 12 - All other PIAA sports

\*Early Sept. - Ice Hockey

August 19th - Football (Heat Acc. Week)

September 3rd - All other PIAA Sports

\*Early Sept. - Ice Hockey

\*Early Sept. - Rowing

\*start date determined by individual club

### A few FYI's

#### What equipment and paperwork do I need to be on a team?

 Many sports require athletes to have some of their own equipment, such as cleats, bats, helmets, etc... The coach will provide a list of equipment at pre-season meetings. You will also need to register on FamiyID.

#### Do players get cut from teams at UCF?

In some sports cuts are necessary to create a manageable roster size. However, we do offer sports that do not cut. There are opportunities for all students to be part of a team in each season.

#### I never played a sport before; is it too late to start?

Now is a perfect time to start! Anybody with the right attitude can be an athlete.
 We encourage all students to try <u>at least</u> one sport. We are certain that there is an opportunity for all students to get involved and have fun in our program.

# Playing Time / Competition

- Middle School / Freshman Continuation of skills development and participation is stressed more than competition. Equal playing time is not guaranteed, but coaches are aware that all athletes who are meeting the team expectations are deserving of opportunities to compete.
- Junior Varsity At this level, competition is stressed more than equal playing time.
   Competing at the JV level prepares athletes for the varsity level of competition.
- Varsity This is the most competitive athletic program at UCFSD. The head coach determines playing time and positions according to the team needs. Playing time is not guaranteed.

# At all levels

Coaches consider attitude, commitment level, sportsmanlike behavior, and work ethic when determining playing time

Beliefs

# Safety always comes first

# Being a STUDENT-athlete ATHLETICS

Beliefs

# Value for all team members, regardless of talent

# Effective communication by all

Beliefs

# Multi-sport is the way to go!

The experience should be fun, rewarding, and full life-lessons

# Finding Additional Information

#### Navigating the website

- Coach contact information
- Season schedules
- Upcoming game schedule
- News and events

#### **Twitter**

@goUathletics

@goUathItraining

# ATHLETICS

## FamilyID - Online Registration for Sports

- Web based registration
  - <a href="https://www.familyid.com/organizations/unionville-chadds-ford-school-district-athletics">https://www.familyid.com/organizations/unionville-chadds-ford-school-district-athletics</a>
  - Link available on UCFSD Athletics website or by searching UCFSD on www.familyid.com
  - o If your child has a registration from a previous sport, their information is saved and can be populated into the new registration.
- Due dates:
  - UHS Football 7/29/19
  - All other UHS Sports 8/5/19
  - Patton Football 8/12/19
  - All other Patton Sports 8/26/19
  - Registration must be completed and approved in order for your child to participate in tryouts or practices.
- PIAA CIPPE Section 6 must be completed and uploaded in the Physician's Section of the registration. This form must be dated no earlier than 6/1/19.

## FamilyID - What to Expect After Registration

- You will receive two emails after registering
  - Confirmation of Registration
    - This will indicate if your registration is completed. If you do not receive this, it means you have not fully completed the registration.
  - Approval or "Correction Required" email
    - If a correction is required, the email will specify exactly what is missing or needs correction.
- Activity Fees
  - Can pay via FamilyID for a small fee
     (2.9%) or submit cash or check to Athletics
     Office for UHS or Main Office for Patton
     Athletes

Registration Status: Correction Required

Payment Status: None

Approval Status: Not Approved

Note from Unionville-Chadds Ford School District Athletics:

Good morning, thank you for submitting your child's registration. Please upload a completed Section 6 from the PIAA Form and resubmit after doing so. The form must be signed by the physician and dated no sooner than 1 June 2018. Here is a link to Section 6: https://drive.google.com/file/... Please do not resubmit until Section 6 is uploaded. Thanks!

Please contact Unionville-Chadds Ford School District Athletics with any questions.

Thank you for using FamilyID for online registration.

Sincerely,

Unionville-Chadds Ford School District Athletics

## FamilyID - Common Mistakes on Physical Form

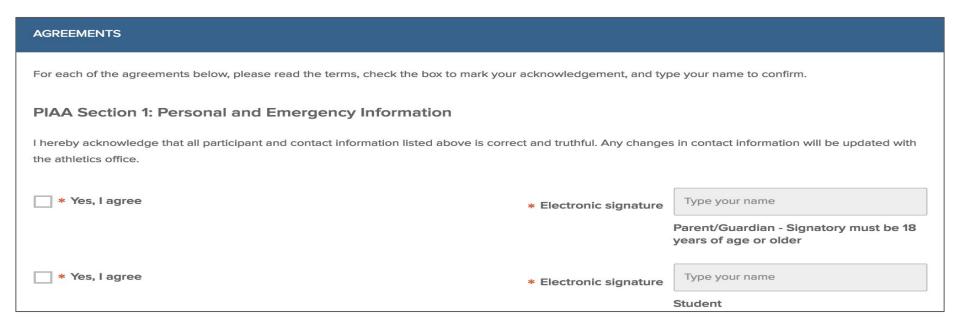
- Physical is not dated, not signed by provider, dated before June 1st, 2019, or "Cleared" is not checked.
- Physical indicates: "Cleared w/ recommendations for: \_\_\_\_\_\_"
  - We will need clearance from appropriate specialist in this case.

☐ CLEARED ☐ CLEARED, with recommendation(s) for further evaluation or treatment for:			
	ring types of sports (please check thos ☐ Non-contact ☐ Strenuous		■ Non-strenuous
Due to			
Recommendation(s)/Referral(s)			
		19	_icense #
Address		Phone (	( )
AME's Signature	MD, DO, PAC, CRNP, or SNP (circ	cle one) Certification Date of CIP	PE//

PLEASE CHECK PHYSICAL BEFORE YOU LEAVE DOCTOR'S OFFICE!

## FamilyID - Common Mistakes with Registration

- Registration submitted without Section 6 uploaded
- Agreements are signed by parent as both student and parent.



# Athletic Training Procedures

Athletes injured at UHS and Patton will be evaluated by a UCFSD Athletic Trainer

- If minor injury- athlete will get a letter to bring home with treatment tips.
- If moderate/significant injury- parents will be contacted

Depending on severity, athletes may need to be seen by a physician

- If seen by a physician/outside provider we need a doctor's note clearing athlete before returning to athletics.
- Athletes must check-in / be functionally tested by ATs before returning

\*Concussions & Skin Lesions have additional requirements

# Athletic Training Tips

#### We're here for the health & safety of all student-athletes!

Always have athletes bring proper clothing for the weather

Encourage healthy habits (proper rest, nutrition, sleep, etc.)

- Inform us of any medical conditions
  - Supply us with extra epipen, inhaler, etc. that we can keep in our med kits

Please let us know if there is anything we can do to help your child!

# Health Care Partnerships

#### **Premier Orthopedics**

Team Physician- Dr. David Yucha (Supervising physician for ATs)

Priority Appointments / May be consulted as final say for injury clearances

#### **ATI Physical Therapy**

Assistant Athletic Trainer

Physical Therapy appointment priority at Kennett Square clinic

#### West Chester University

**Athletic Training Student Interns** 

# Parent Meeting Locations

Patton Girls Soccer - Library

Patton Field Hockey - Library

Patton Football - Auditorium

UHS Girls Volleyball - Faculty Dining Room (attached to cafeteria)

UHS Field Hockey - Cafe LGI (attached to cafeteria)

**UHS Football - Cafeteria** 

**UHS Boys Soccer - LGI Room** 

General Athletic Inquiries - Auditorium Lobby