

Hi Everyone!

Below is the Harriton Field Hockey Preseason Schedule and the expectations for the Fall 2019. If anything changes, I will be sure to communicate that to everyone.

**Medical Form/Parent Permission:**

The school district requires each athlete to have a physical form.

This can be done by your family physician. Or Dr. Smith will be at Harriton High School on June 10 from 5:30-8:30pm. The cost is \$30. If you are interested in using Dr. Smith, please contact the Athletic Trainer – Sarah Schroeder at [schroes@lmsd.org](mailto:schroes@lmsd.org)

Those who do not have a physical completed cannot participate in a fall sport. The form is available at the athletic office.

**Players NOT on my Mailing List:** If you know of someone who did not receive this information, please let me know and I can add them to my list.

**Week 1: 8/12-8/16**

**8/12 (Monday) – Tryouts**

8:00am – Mandatory Athletes and Coaches Meeting – Meet inside at the auditorium.

8:30am-10:00am – Practice on the turf

4:00-6:00pm – Practice on the turf/grass field

**8/13 – 8/16 (Tuesday-Friday) - Tryouts**

8:00am-10:00am – Practice on the turf

4:00-6:00pm – Practice on the turf/grass field

**\*We will have a play day at Garnet Valley this season. Once I have confirmation I will let everyone know.**

**Week 2: 8/19-8/23**

**8/19 - Monday**

8:00am-10:00am – Practice on the turf

4:00-6:00pm – Practice on the turf/grass field

**8/20 - Tuesday**

Scrimmage at West Chester Rustin High School

Varsity Time: 3:45pm

JV Time: 5:15pm

**8/21 & 8/22 – Wednesday & Thursday**

8:00am-10:00am – Practice on the turf

4:00-6:00pm – Practice on the turf/grass field

**8/23 (Friday)**

8:00am-10:00am – Practice on the turf

**8/24 (Saturday)**

8:00am-10:00am – Practice on the turf

**Week 3: 8/26-8/30****Starting the week of 8/26– Practice only at night**

During the regular season, JV will practice 3:30-5:30pm and Varsity will practice 4:00-6:00pm

**8/26 (Monday)**

3:30-5:30pm – JV practice on the grass field

4-6pm – Varsity/Swing practice (Location TBD)

**8/27 (Tuesday)**

3:30-5:30pm – JV practice on the grass field

4-6pm – Varsity/Swing practice (Location TBD)

**8/28 (Wednesday)**

3:30-5:30pm – JV practice on the grass field

4:00-6:00pm – Varsity/Swing practice (Location TBD)

**8/29 (Thursday)**

3:30-5:30pm – JV practice on the grass field

4:00-6:00pm – Varsity/Swing practice (Location TBD)

**8/30 (Friday)**

Game vs West Chester East

Time: TBD

**8/31-9/2 (Saturday-Monday)**

**No Practice 😊**

**9/3 (Tuesday)**

First day back to school

Varsity Game vs Shipley

**Equipment needed:**

- Physical Forms
- Goggles
- Mouth Guard
- Shin Guards
- Socks or Shin Guard Covers
- Sneakers

- Cleats
- Field Hockey Stick
- Water Bottle
- Pinnie
- Sun Screen
- Snacks
- No Jewelry

We will have an Athlete/Parent Meeting on Thursday, June 20 at 6:45pm. We will meet in the cafeteria at Harriton. We will go over the information above, expectations for the season and booster information.

If you have any questions, please feel free to reach out to me.

Coach Kirsten, Coach Hoh, and Coach Grady  
Harriton Field Hockey  
[TaylorKi@lmsd.org](mailto:TaylorKi@lmsd.org)