



April 2019

Dear Parents:

The staff at the Sabra M. Hamilton Health Center at Tilton School hopes that the upcoming year is filled with academic and personal achievements for your child.

The Sabra M. Hamilton Health Center is operated and staffed by registered nurses. The nurses manage the day to day health care needs of students such as dispensing medication and the initial medical assessment of students should they become ill. There will not be a fee for this initial assessment.

At times, your child may need to see a physician for routine medical treatment of common medical concerns (sore throat etc.). The nurses at the Health Center will assess your child and refer him/her to a provider for further assessment and treatment when appropriate. If the student needs to be seen outside of health center hours, or as an emergency, that treatment decision will be made by the nurses/Administrator of the Day/coach/parent. We will make every attempt to notify parents in the event of an emergency or acute illness. Standard fees for office visits for a physician/emergency department will apply as well as transportation cost for off campus appointments. If your insurance carrier requires prior authorization or a referral, it is your responsibility to notify your child's Primary Care Physician for this. Please be sure to inform the Health Center and your child if this is necessary. Please complete the Health Center Insurance and upload a copy of both sides of your child's insurance card into Magnus so that this information will be available when needed.

Many students at Tilton School have health insurance from countries outside the United States. Many providers will not bill insurance companies based outside of the U.S. Students, so we strongly encourage parents to choose to participate in the insurance plan available through the school or they will be required to provide payment directly to the provider.

Every student is required to have a physical within 12 months prior to the start of the school year. Please have your child's physician complete the enclosed physical form and TB review and documentation. Please upload these forms into Magnus by July 15, 2018. If your child is not scheduled for a physical or TB test until later in the summer, please just send an email to healthcenter@tiltonschool.org so the nurses are aware. Students from all Asian countries, please note that you MUST have a TB test planted and read prior to arrival at school or you will not be able to stay on school grounds. Most US students do not need to have a TB test UNLESS they have been out of the country for more than 1 month to one of the countries listed on the attached TB form. Please carefully read the TB guidelines included in the physical exam form.

Please carefully review the medication authorization form. It must be filled out by all, regardless of whether the student is currently taking medication. The Health Center is required to follow NH state laws regarding prescription medication. All medications must be prescribed by a US provider. NH State law prohibits parents from prescribing for their family members. If you need assistance with this, please contact the Health Center.

Every year some students arrive at Tilton School without a complete record of their immunization history. In most cases, these students are up to date but have neglected to obtain a copy of their immunization record. It is a requirement of the State of New Hampshire that all schools keep records on student immunization. A considerable amount of school nurse time is spent trying to track down these missing records to meet state requirements. The staff at the Health Center appreciates your efforts to provide your child's record of immunization. If your child has missed a needed immunization, please have this given during your child's school physical or prior to arrival at school, and bring the

appropriate documentation. Any student, who does not meet the State of New Hampshire's immunization requirements or provide appropriate proof of exemption, must be excluded from the dorm, classes and activities until all requirements are met.

We hope that your child has a healthy and successful school year at Tilton School. If you have any questions regarding the information in this package, please feel free to email us at healthcenter@tiltonschool.org or call us at (603) 286-1760. We will be open limited hours during the summer, but will return your call/email as soon as we can. All of these forms can also be found on The Tilton School web site.

Sincerely,
Barbara Hanson, RN
Deborah Raney, RN